

CALIFORNIA HEALTHY KIDS SURVEY



Davis Joint Unified Elementary 2022-2023 Main Report





This report was prepared by WestEd, a research, development, and service agency, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education School Health Office. For contract information, contact:

Hilva Chan California Department of Education School Health and Safety Office Educator Excellence and Equity Division 1430 N Street Sacramento, CA 95814 hchan@cde.ca.gov

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PREFACE

HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2022-23 *California Healthy Kids Survey* (CHKS) for schools within this school district. The CHKS, along with its two companion surveys—the *California School Staff Survey* (CSSS) and the *California School Parent Survey* (CSPS)—form the California Department of Education's *California School Climate, Health, and Learning Survey* (CalSCHLS) System. CalSCHLS is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by CalSCHLS. The Appendix lists the schools that administered the survey in the district and their response rates.

These surveys grew out of the California Department of Education's (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and Local Control and Accountability Plan (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website (calschls.org). The California Safe and Supportive Schools website (ca-safe-supportive-schools.wested.org) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS Regional Centers offer data workshops and coaching to help identify local needs and develop action plans to meet those needs.

THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The elementary school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules, including a Social Emotional Health Module (SEHM), that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

Core Module

As outlined in Exhibit 1, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, positive development, and well-being. The primary focus of the survey is assessing student perceptions and experiences related to:

- school climate, connectedness, and learning engagement;
- perceived school safety and frequency of, and reasons for, harassment and bullying at school;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- mental health, supports for social-emotional learning, and positive behavior; and
- health-related and behavioral learning barriers (e.g., substance use, violence at school, physical health, mental health).

Social Emotional Health Module (Supplementary)

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strengthbased assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional competencies linked to student mental health and well-being, academic success, and life satisfaction. It includes 39 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs, including questions assessing emotional difficulties and life satisfaction.

SURVEY ADMINISTRATION AND SAMPLE

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Student participation was voluntary, anonymous, and confidential.

- Table A1.1 gives the target sample of students and the final number and percent of students who completed the survey (the participation response rate).
- The Appendix lists all the elementary schools in the district that were eligible to participate in the survey and the percentage of students enrolled in each of them that completed the survey.

THE REPORT

The report tables, organized by topic, provide the percentage of students that responded to each question response option. Percentages are rounded to the nearest whole number.

Race/Ethnic and Gender Results

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender. Districts can subscribe to the

District CalSCHLS data dashboard to disaggregate their CHKS results by the race/ethnicity or gender of students or by other demographic categories.

ONLINE DATA DASHBOARDS

Public Dashboard. Anyone can examine online key state and district CHKS results on the public CalSCHLS Data Dashboard (<u>calschls.org/reports-data/public-dashboards</u>). The dashboard can be used to graphically display statewide, county, and district key indicators from the Core Module, trends over time, and differences in survey outcomes by gender and afterschool program participation. In addition to displaying results interactively on the web, dashboard results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

The District Dashboard Option. Districts may also purchase a two-year subscription to a password protected, private data dashboard that displays up to eight years of CalSCHLS data at not only the district level but also the individual school level. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;
- make comparisons by gender, race/ethnicity, and afterschool participation; and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document which can be shared with stakeholders.

UNDERSTANDING AND USING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

Representativeness

Among the most important factors affecting the quality of survey results is the level of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

RESOURCES

<u>CalSCHLS.org</u> contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level (calschls.org/resources/factsheets).
- *Making Sense of School Climate* provides a discussion of CalSCHLS survey items that relate to school climate (<u>data.calschls.org/resources/S3_schoolclimateguidebook_final.pdf</u>).
- The California Center for School Climate (<u>ca-safe-supportive-</u> <u>schools.wested.org/california-center-for-school-climate/</u>) provides free support and trainings on school climate and data use to LEAs in California. The website provides archived virtual events and other school climate improvement resources.
- The *California Safe and Supportive Schools Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on <u>calschls.org/resources</u>.
- CDE's **California Safe and Supportive Schools** website (<u>ca-safe-supportive-</u> <u>schools.wested.org</u>) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.
- The CalSCHLS Item Crosswalk (<u>calschls.org/resources/#resources_and_tools</u>) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS Regional Centers. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS Regional Center 562.799.5164 or email <u>calschls@wested.org.</u>

Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- Staff and Parent Surveys. If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk (calschls.org/resources/#resources_and_tools) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.
- Secondary CHKS Results. Examine how the results for 5th graders compare with those for 7th, 9th, and 11th graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.
- Other Data. Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.
- Similar District and Statewide Results. The aggregated results from the 2019-2021 statewide CHKS elementary survey administration can be downloaded from the CalSCHLS website (calschls.org/docs/statewide_1921_elem_chks.pdf) to help interpret your results. If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison (calschls.org/reports-data/search-lea-reports). How you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

Data Workshop

To assist in your review of the survey results, you can request your CalSCHLS Regional Center to conduct a structured, customized *Data Workshop*. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS Regional Center (562.799.5164) or email <u>calschls@wested.org</u>.

Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available through the CalSCHLS Regional Centers to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

School Reports and School Climate Report Cards

If the schools in the district vary significantly in demographics, programs, or other characteristics, consider requesting individual reports for each school. Two types of reports are available:

- A full report with all the survey results
- A short, user-friendly, graphic **School Climate Report Card** that provides trends across key indicators of school climate and provides two-year state averages on those indicators (calschls.org/reports-data/#scrc).

Disaggregated Reports

The staff of the CalSCHLS Regional Centers can produce reports that show how results vary by subgroups. For example, what are the characteristics of youth who are low in perceived safety, school connectedness, or academic motivation compared to those who are high? This is particularly important given the LCAP requirements to address these needs. This helps in understanding the meaning of the results and developing interventions that target groups most in need.

Additional Analysis of Data

The complete dataset is available electronically for additional analysis (<u>calschls.org/reports-data</u>). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

Add Questions to Your Next Surveys

Determine what additional information is needed to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (562.799.5164) or email <u>calschls@wested.org</u>.

Exhibit 1

	Student Core	Student Social Emotional Health	Staff Survey	Parent Survey
Student Learning Engagement				
Academic mindset		\checkmark		
Academic motivation	\checkmark		✓	✓
Academic performance	\checkmark			
Attendance	\checkmark		\checkmark	
School boredom	\checkmark			
School connectedness	\checkmark			
Student Social-Emotional and Physical Well-being				
Alcohol, tobacco, and drug use	\checkmark		\checkmark	✓
Bedtime	✓			
Collaboration		\checkmark		
Empathy		\checkmark		
Gratitude		\checkmark		
Life satisfaction		\checkmark		
Optimism		✓		
Perceived safety	\checkmark		\checkmark	✓
Persistence		\checkmark		
Problem solving		\checkmark		
Self-efficacy		\checkmark		
Social-emotional competencies and health		✓	✓	
Social-emotional distress		\checkmark		
Violence and victimization (bullying)	✓		✓	✓
Zest		✓		
School Climate Conditions				
Academic rigor and norms			✓	✓
High expectations	\checkmark		\checkmark	✓
Meaningful participation and decision-making	✓		✓	✓
Parent involvement	✓		\checkmark	✓
Physical environment	\checkmark		\checkmark	✓
Relationships among staff			\checkmark	
Relationships among students		✓	\checkmark	\checkmark
Relationships between students and staff	\checkmark		\checkmark	\checkmark
Respect for diversity and cultural sensitivity			\checkmark	\checkmark
Teacher and other supports for learning	✓		✓	✓
School Climate Improvement Practices				
Bullying prevention	\checkmark		\checkmark	\checkmark
Discipline and order (policies, enforcement)	\checkmark		\checkmark	\checkmark
Services and policies to address student needs			\checkmark	
Social-emotional/behavioral supports	✓		\checkmark	\checkmark
Staff supports			\checkmark	

Major School-Related Domains and Constructs Assessed by CalSCHLS in Elementary Schools

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Thomas Hanson, Ph.D. CalSCHLS Director, WestEd

Tom Herman Administrator, School Health and Safety Office California Department of Education

Survey Module Administration

Survey Module	Administered
A. Core (Required)	Х
B. District Afterschool Module (DASM)	
C. Gang Risk Awareness Module (GRAM)	
D. Mental Health Supports Module	Х
E. Military-Connected School Module	
F. Social Emotional Health Module (SEHM)	
G. Supplemental Health Module	
H. Tobacco-Use Prevention Education (TUPE) Module	Х
Z. Custom Questions	

Core Module Results

1. Survey Sample

Table A1.1Student Sample Characteristics

	Grade 5
Student Sample Size	
Target sample	584
Final number	424
Response Rate	73%

Table A1.2Number of Respondents by Instructional Model

	Grade 5
In-school learning only	411
Remote learning only	13

2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate

	Grade 5	Table
School Engagement and Supports	%	
School connectedness ^{†#} (<i>In-School Only</i>)	70	A6.3
School connectedness ^{†ψ} (<i>Remote Only</i>)	80	A6.3
Academic motivation ^{\dagger}	80	A6.3
School boredom [†]	38	A6.9
Caring adults in school [†]	63	A6.3
High expectations-adults in school ^{\dagger}	81	A6.3
Meaningful participation [†]	34	A6.3
Facilities upkeep ^{$\dagger \Phi$}	66	A6.11
Parent involvement in schooling ^{\dagger}	68	A10.2
Social and emotional learning supports [†]	67	A7.1
Anti-bullying climate [†]	70	A9.6
School Safety and Cyberbullying		
Feel safe at school ^{†Φ}	77	A9.1
Feel safe on way to and from school ^{$\dagger \Phi$}	90	A9.1
Been hit or pushed ^{Φ}	35	A9.2
Mean rumors spread about you	39	A9.2
Called bad names or target of mean jokes	46	A9.2
Saw a weapon at school ^{§Φ}	11	A9.5
Cyberbullying [¶]	20	A9.3
School Disciplinary Environment		
Rule clarity [†]	76	A8.2
Students well behaved [†]	39	A8.4
Students treated fairly when break rules ^{\dagger}	55	A8.1
Students treated with respect [†]	79	A8.1

Notes: Cells are empty if there are less than 10 respondents.

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

[#]The scale was based on five survey questions for in-school respondents.

 ${}^{\psi} \textit{The scale was based on four questions for remote respondents.}$

 $^{\Phi}$ In-school only.

[§]Past year.

¶Past 30 days.

Table A	2.2
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	Grade 5 %	Table
Substance Use		
Alcohol or drug use ^{ϕ}	26	A11.1
Marijuana use $^{\phi}$	1	A11.1
Cigarette use ^{ϕ}	1	A12.1
$\operatorname{Vaping}^{\phi}$	1	A12.1
Routines		
Eating of breakfast	84	A4.1
Late bedtime (at 10 pm or later)	28	A4.2
Learning from Home		
Weekdays worked on schoolwork (5 days) $^{\P\delta}$	64	A5.1
Synchronous instruction (4 days or more) ^{$\ \delta\$}	9	A5.1
Meaningful opportunities ^{$\dagger \delta$}	42	A5.2
Mental Health		
Frequent sadness [†]	14	A13.1
Wellness [†]	72	A13.2

Key Indicators of Substance Use, Routines, Remote Learning, and Student Well-Being

Notes: Cells are empty if there are less than 10 respondents.

- ^{*\phi}Lifetime*.</sup>
- This morning.
- *Past 7 days.*
- ¶Past 30 days.
- $^{\delta}$ *Remote only.*

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

3. Demographics

Table A3.1

School Schedule, Past 30 Days

	Grade 5
In-School Model	97
Remote Learning Model	3

Question ES A.1: Which of the following best describes your school schedule during the past 30 days? Notes: Cells are empty if there are less than 10 respondents.

In-School Model - Respondents selecting "I went to school in person at my school building for the entire day, Monday through Friday."

Remote Learning Model - Respondents selecting "I participated in school from home for the entire day on most or all weekdays and did not go to school in person."

Table A3.2

Gender of Sample

	Grade 5 %
Female	51
Male	49

Question ES A.2: Are you female or male?

Table A3.3Race or Ethnicity

	Grade 5 %
American Indian or Alaska Native, non-Hispanic	1
Asian or Asian American, non-Hispanic	19
Black or African American, non-Hispanic	5
Hispanic or Latinx	13
Native Hawaiian or Pacific Islander, non-Hispanic	0
White, non-Hispanic	33
Multiracial, non-Hispanic	16
Something else, non-Hispanic	12

Question ES A.4: What is your race or ethnicity? (Mark All That Apply.)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latinx... Native Hawaiian or Pacific Islander... White... Something else.

Note: Cells are empty if there are less than 10 respondents.

Table A3.4Number of Days Attending Afterschool Program (In-School Only)

	Grade 5 %
0 days 1 day 2 days 3 days 4 days 5 days	78
1 day	4
2 days	3
3 days	3
4 days	1
5 days	11

Question ES A.6: How many days a week do you usually go to your school's afterschool program? Note: Cells are empty if there are less than 10 respondents.

4. Routines

Table A4.1Eating of Breakfast

	Grade 5 %
No	16
Yes	84

Question ES A.5: Did you eat breakfast this morning? Note: Cells are empty if there are less than 10 respondents.

Table A4.2

Bedtime

	Grade 5 %
Before 9:00 pm	20
Between 9:00 pm and 10:00 pm	53
Between 10:00 pm and 11:00 pm	19
Between 11:00 pm and midnight	5
After 12:00 am	4
Late bedtime (at 10 pm or later)	28

Question ES A.7: What time did you go to bed last night? Note: Cells are empty if there are less than 10 respondents.

5. Learning from Home

Table A5.1

Remote Learning Schedule and Instructional Time (Remote Only)

	Grade 5 %
Time spent on learning and/or completing schoolwork from home on the average weekday	
Less than 1 hour	9
Between 1 and 2 hours	27
Between 2 and 3 hours	18
Between 3 and 4 hours	27
Between 4 and 5 hours	18
More than 5 hours	0
Number of days in the past week participating in an online class from home where your teacher talked to students	
0 days	73
1 day	18
2 days	0
3 days	0
4 days	0
5 days	9
Number of weekdays participating in school from home for the entire school day	
0 days	18
1 day	0
2 days	0
3 days	18
4 days	0
5 days	64

Question ES A.9-11: In the past 30 days, how many weekdays in an average week did you participate in school from home for the entire school day?... On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)? Note: Cells are empty if there are less than 10 respondents.

Table A5.2 Interesting Activities Provided for Student in Remote Learning (Remote Only)

0	J	8
		Grade 5
		%
No, never		17
Yes, some of the time	2	42
Yes, most of the time		33
Yes, all of the time		8

Question ES A.14: Do the teachers and other grown-ups from your school provide you with interesting activities to do while you are learning from home?

6. School Performance, Supports, and Engagements

Table A6.1

Perceived School Performance

	Grade 5 %
One of the best students	19
Better than most students	31
About the same as others	39
Don't do as well as most others	11

Question ES A.38: How well do you do in your schoolwork? Note: Cells are empty if there are less than 10 respondents.

Table A6.2Truancy, Past 30 Days

	Grade 5 %
I did not miss any days of school in the past 30 days	56
1 day	22
2 days	9
3 or more days	13

Question ES A.8, 12: In the past 30 days, how often did you miss an entire day of school for any reason? [In-school only]... In the past 30 days, how often did you miss an entire day of school from home for any reason? [Remote only]

Table A6.3

	Grade 5 %	Table
Total school supports	59	
Caring adults in school	63	A6.4
High expectations-adults in school	81	A6.5
Meaningful participation at school	34	A6.6
School connectedness [#] (In-School Only)	70	A6.7
School connectedness ^{ψ} (<i>Remote Only</i>)	80	A6.7
Academic motivation	80	A6.8

School Environment, School Connectedness, and Academic Motivation Scales

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Scales are based on average of students reporting "Yes, most of the time" or "Yes, all of the time."

[#]*The scale was based on five survey questions for in-school respondents.*

 ${}^{\psi}$ The scale was based on four questions for remote respondents.

Table A6.4

	Grade 5
Caring adults in school	%
Average reporting "Yes, most of the time" or "Yes, all of the time"	63
Do the teachers and other grown-ups at school	
care about you?	
No, never	4
Yes, some of the time	22
Yes, most of the time	26
Yes, all of the time	48
listen when you have something to say?	
No, never	4
Yes, some of the time	32
Yes, most of the time	37
Yes, all of the time	26
make an effort to get to know you?	
No, never	9
Yes, some of the time	39
Yes, most of the time	31
Yes, all of the time	21

Question ES A.29, 39, 43: Do the teachers and other grown-ups at school care about you?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school make an effort to get to know you?

Table A6.5High Expectations-Adults in School Scale Questions

	Grade 5 %
High expectations-adults in school	%
Average reporting "Yes, most of the time" or "Yes, all of the time"	81
Do the teachers and other grown-ups at school	
tell you when you do a good job?	
No, never	5
Yes, some of the time	27
Yes, most of the time	42
Yes, all of the time	27
believe that you can do a good job?	
No, never	2
Yes, some of the time	17
Yes, most of the time	28
Yes, all of the time	53
want you to do your best?	
No, never	2
Yes, some of the time	4
Yes, most of the time	17
Yes, all of the time	77

Question ES A.30, 40, 44: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school believe that you can do a good job?... Do the teachers and other grown-ups at school want you to do your best?

Table A6.6Meaningful Participation at School Scale Questions

	Grade 5 %
Meaningful participation at school	/0
Average reporting "Yes, most of the time" or "Yes, all of the time"	34
Are you given a chance to help decide school activities or rules?	
No, never	39
Yes, some of the time	45
Yes, most of the time	10
Yes, all of the time	7
Do the teachers and other grown-ups at school ask you about your ideas?	
No, never	14
Yes, some of the time	50
Yes, most of the time	26
Yes, all of the time	10
Do the teachers and other grown-ups give you a chance to solve school problems?	
No, never	18
Yes, some of the time	37
Yes, most of the time	25
Yes, all of the time	20
Do you get to do interesting activities at/when you participate in school?	
No, never	6
Yes, some of the time	41
Yes, most of the time	36
Yes, all of the time	17

Question ES A.27, 28, 31-34: Are you given a chance to help decide school activities or rules? [In-school only]... Are you given a chance to help decide school activities or rules when you participate in school? [Remote only]... Do the teachers and other grown-ups at school ask you about your ideas?... Do the teachers and other grown-ups give you a chance to solve school problems?... Do you get to do interesting activities at school? [In-school only]... Do you get to do interesting activities when you participate in school? [Remote only] Note: Cells are empty if there are less than 10 respondents.

Grade 5 % Are you given a chance to help decide class activities or rules? No, never 35 Yes, some of the time 44 Yes, most of the time 16 6 Yes, all of the time Do your teachers ask you what you want to learn about? 61 No, never Yes, some of the time 30 Yes, most of the time 7 2 Yes, all of the time Do you do things to be helpful at school? No, never 3 42 Yes, some of the time Yes, most of the time 40 Yes, all of the time 16

Table A6.6 Meaningful Participation at School Scale Questions – Continued

Question ES A.35-37, 41, 42: Are you given a chance to help decide class activities or rules? [In-school only]... Are you given a chance to help decide class activities or rules when you participate in school? [Remote only]... Do your teachers ask you what you want to learn about?... Do you do things to be helpful at school? [In-school only]... Do you do things to be helpful when you participate in school? [Remote only]

Table A6.7

	Grade 5 %
School connectedness [#] (In-School Only)	70
Average reporting "Yes, most of the time" or "Yes, all of the time"	70
School connectedness ^{ψ} (<i>Remote Only</i>)	
Average reporting "Yes, most of the time" or "Yes, all of the time"	80
Do you feel close to people at/from this school?	
No, never	4
Yes, some of the time	35
Yes, most of the time	44
Yes, all of the time	17
Are you happy to be at/with this school?	
No, never	4
Yes, some of the time	28
Yes, most of the time	43
Yes, all of the time	25
Do you feel like you are part of this school?	
No, never	7
Yes, some of the time	24
Yes, most of the time	32
Yes, all of the time	36
Do teachers treat students fairly?	
No, never	3
Yes, some of the time	17
Yes, most of the time	41
Yes, all of the time	39

Question ES A.15-19, 23, 24: Do you feel close to people at school? [In-school only]... Do you feel close to people from this school? [Remote only]... Are you happy to be at this school? [In-school only]... Are you happy with this school? [Remote only]... Do you feel like you are part of this school?... Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]

Notes: Cells are empty if there are less than 10 respondents.

[#]The scale was based on five survey questions for in-school respondents.

 ${}^{\psi}$ *The scale was based on four questions for remote respondents.*

Table A6.7School Connectedness Scale Questions – Continued

	Grade 5 %
Do you feel safe at school? (In-School Only)	
No, never	4
Yes, some of the time	19
Yes, most of the time	45
Yes, all of the time	31

Question ES A.76: Do you feel safe at school? [In-school only] Note: Cells are empty if there are less than 10 respondents.

Table A6.8

	Grade 5
	%
Academic motivation	
<i>Average reporting "Yes, most of the time" or "Yes, all of the time"</i>	80
Do you finish all your school assignments?	
No, never	2
Yes, some of the time	11
Yes, most of the time	45
Yes, all of the time	42
When you get a bad grade, do you try even harder the next time?	
No, never	3
Yes, some of the time	13
Yes, most of the time	32
Yes, all of the time	52
Do you keep working and working on your schoolwork until you get it right?	
No, never	5
Yes, some of the time	26
Yes, most of the time	42
Yes, all of the time	26
Do you keep doing your schoolwork even when it's really hard for you?	
No, never	4
Yes, some of the time	16
Yes, most of the time	35
Yes, all of the time	45

Question ES A.60-63: Do you finish all your school assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your schoolwork even when it's really hard for you? Note: Cells are empty if there are less than 10 respondents

Table A6.9School Boredom

	Grade 5 %
No, never	14
Yes, some of the time	48
Yes, most of the time	19
Yes, all of the time	19

Question ES A.13, 59: Do you get really bored participating in school from home? [Remote only]... Do you get really bored at school? [In-school only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.10

School Pride

	Grade 5 %
Do you feel proud to belong to your school?	
No, never	12
Yes, some of the time	32
Yes, most of the time	27
Yes, all of the time	28

Question ES A.20: Do you feel proud to belong to your school? Note: Cells are empty if there are less than 10 respondents.

Table A6.11

Quality of School Physical Environment (In-School Only)

	Grade 5 %
Is your school building neat and clean?	
No, never	6
Yes, some of the time	28
Yes, most of the time	46
Yes, all of the time	20

Question ES A.25: Is your school building neat and clean? Note: Cells are empty if there are less than 10 respondents.

7. Supports for Learning at School

Table A7.1

Social and Emotional Learning Supports Scale Questions

	Grade 5 %
Social and emotional learning supports	70
Average reporting "Yes, most of the time" or "Yes, all of the time"	67
Does your school	
help students resolve conflicts with one another?	
No, never	6
Yes, some of the time	29
Yes, most of the time	34
Yes, all of the time	31
teach students to understand how other students think and feel?	
No, never	9
Yes, some of the time	34
Yes, most of the time	30
Yes, all of the time	27
teach students to feel responsible for how they act?	
No, never	8
Yes, some of the time	27
Yes, most of the time	35
Yes, all of the time	30
teach students to care about each other and treat each other with respect?	
No, never	3
Yes, some of the time	18
Yes, most of the time	28
Yes, all of the time	52

Question ES A.51-54: Does your school help students resolve conflicts with one another?... Does your school teach students to understand how other students think and feel?... Does your school teach students to feel responsible for how they act?... Does your school teach students to care about each other and treat each other with respect? Note: Cells are empty if there are less than 10 respondents.

Table A7.2Teachers Checking on how Students are Feeling

	Grade 5 %
No, never	15
Yes, some of the time	46
Yes, most of the time	24
Yes, all of the time	15

Question ES A.26: Do the teachers and other grown-ups from your school check on how you are feeling? Note: Cells are empty if there are less than 10 respondents.

Table A7.3

Students at School Motivated to Learn

	Grade 5 %
No, never	6
Yes, some of the time	53
Yes, most of the time	36
Yes, all of the time	5

Question ES A.21, 22: Are the students at your school motivated to learn? [In-school only]... Are the students from your school motivated to learn? [Remote only]

8. Fairness, Rule Clarity, and Positive Student Behavior

Table A8.1

Fairness Scale Questions

	Grade 5 %
Fairness	
Average reporting "Yes, most of the time" or "Yes, all of the time"	69
Do teachers treat students fairly?	
No, never	3
Yes, some of the time	17
Yes, most of the time	41
Yes, all of the time	39
Are the school rules fair?	
No, never	7
Yes, some of the time	33
Yes, most of the time	41
Yes, all of the time	18
Do teachers and other grown-ups at school treat students with respect?	
No, never	1
Yes, some of the time	20
Yes, most of the time	42
Yes, all of the time	37
Are students treated fairly when they break school rules?	
No, never	11
Yes, some of the time	33
Yes, most of the time	36
Yes, all of the time	20

Question ES A.23, 24, 45-47: Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]... Are the school rules fair?... Do teachers and other grown-ups at school treat students with respect?... Are students treated fairly when they break school rules? Note: Cells are empty if there are less than 10 respondents.

Table A8.2Clarity of Rules

	Grade 5 %
Do students know what the rules are?	
No, never	3
Yes, some of the time	21
Yes, most of the time	43
Yes, all of the time	33

Question ES A.50: Do students know what the rules are? Note: Cells are empty if there are less than 10 respondents.

Table A8.3

Positive Behavior Scale Questions

	Grade 5
D esitive heltowing \overline{A} (<i>In School Only</i>)	%
Positive behavior $$ (<i>In-School Only</i>)	
Average reporting "Yes, most of the time" or "Yes, all of the time"	90
Positive behavior ^{λ} (<i>Remote Only</i>)	
Average reporting "Yes, most of the time" or "Yes, all of the time"	
Do you follow the classroom rules?	
No, never	0
Yes, some of the time	7
Yes, most of the time	46
Yes, all of the time	46
Do you follow the playground rules at recess and lunch times? (<i>In-School Only</i>)	
No, never	2
Yes, some of the time	12
Yes, most of the time	44
Yes, all of the time	42
Do you listen when your teacher is talking?	
No, never	1
Yes, some of the time	10
Yes, most of the time	48
Yes, all of the time	41
Are you nice to other students?	
No, never	1
Yes, some of the time	8
Yes, most of the time	42
Yes, all of the time	50

Question ES A.64-67: Do you follow the classroom rules?... Do you follow the playground rules at recess and lunch times?... Do you listen when your teacher is talking?... Are you nice to other students? Notes: Cells are empty if there are less than 10 respondents.

 $\overline{\ }$ *The scale was based on four survey questions for in-school respondents.*

 $^{\lambda}$ *The scale was based on three questions for remote respondents.*

Table A8.4

Students at School Well Behaved

	Grade 5 %
No, never	7
Yes, some of the time	54
Yes, most of the time	37
Yes, all of the time	2

Question ES A.48, 49: Are students at this school well behaved? [In-school only]... Are students from this school well behaved? [Remote only]

9. School Violence, Victimization, and Safety

Table A9.1

Perceived Safety at or Outside of School (In-School Only)

	Grade 5 %
Do you feel safe at school?	70
No, never	4
Yes, some of the time	19
Yes, most of the time	45
Yes, all of the time	31
Do you feel safe on your way to and from school?	
No, never	2
Yes, some of the time	8
Yes, most of the time	37
Yes, all of the time	53

Question ES A.76, 77: Do you feel safe at school?... Do you feel safe on your way to and from school? Note: Cells are empty if there are less than 10 respondents.

Table A9.2Violence Victimization Scale Questions

	Grade 5	
Violence victimization (In-School Only)	%	
Average reporting "Yes"	40	
Do other kids hit or push you at school when they are not just playing around? (<i>In-School Only</i>)		
No, never	65	
Yes, some of the time	27	
Yes, most of the time	4	
Yes, all of the time	4	
Do other kids at/from school spread mean rumors or lies about you?		
No, never	61	
Yes, some of the time	29	
Yes, most of the time	5	
Yes, all of the time	4	
Do other kids at/from school call you bad names or make mean jokes about you?		
No, never	54	
Yes, some of the time	35	
Yes, most of the time	7	
Yes, all of the time	4	

Question ES A.69-71, 73, 74: Do other kids hit or push you at school when they are not just playing around? [In-school only]... Do other kids at school spread mean rumors or lies about you? [In-school only]... Do other kids from your school spread mean rumors or lies about you? [Remote only]... Do other kids at school call you bad names or make mean jokes about you? [In-school only]... Do other kids from your school call you bad names or make mean jokes about you? [Remote only]

Table A9.3Cyberbullying, Past 30 Days

	Grade 5 %
No, never	80
Yes, some of the time	10
Yes, most of the time	6
Yes, all of the time	4

Question ES A.68: During the past 30 days, did kids spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?

Note: Cells are empty if there are less than 10 respondents.

Table A9.4

Been Teased About Body Image

	Grade 5 %
No	69
Yes	31

Question ES A.78, 79: Have other kids at school ever teased you about what your body looks like? [In-school only]... Have other kids from your school ever teased you about what your body looks like? [Remote only] Note: Cells are empty if there are less than 10 respondents.

Table A9.5

Weapons (Gun or Knife) on School Property, Past Year (In-School Only)

	Grade 5 %
Brought a gun or knife to school	10
No	98
Yes	2
Saw another kid with a gun or knife at school	
No	89
Yes	11

Question ES A.72, 75: During the past year, did you ever bring a gun or knife to school?... During the past year, have you ever seen another kid with a gun or knife at school? Note: Cells are empty if there are less than 10 respondents.

Table A9.6

Anti-Bullying	Climate	Scale	Questions
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	Grade 5
Anti-bullying climate	%
Average reporting "Yes, most of the time" or "Yes, all of the time"	70
Teachers and other grown-ups make it clear that bullying is not allowed.	
No, never	3
Yes, some of the time	11
Yes, most of the time	21
Yes, all of the time	65
If you tell a teacher that you've been bullied, the teacher will do something to help.	
No, never	6
Yes, some of the time	16
Yes, most of the time	28
Yes, all of the time	50
Students at/from your school try to stop bullying when they see it happening.	
No, never	18
Yes, some of the time	37
Yes, most of the time	28
Yes, all of the time	17

Question ES A.55-58: Do the teachers and other grown-ups make it clear that bullying is not allowed?... If you tell a teacher that you've been bullied, will the teacher do something to help?... Do students at your school try to stop bullying when they see it happening? [In-school only]... Do students from your school try to stop bullying when they see it happening? [Remote only]

10. Home Supports and Involvement in Schooling

Table A10.1

High Expectations-Adults at Home Scale Questions

	Grade 5 %	
High expectations-adults at home		
Average reporting "Yes, most of the time" or "Yes, all of the time"	95	
Does a parent or some other grown-up at home		
believe that you can do a good job?		
No, never	1	
Yes, some of the time	5	
Yes, most of the time	19	
Yes, all of the time	75	
want you to do your best?		
No, never	1	
Yes, some of the time	4	
Yes, most of the time	9	
Yes, all of the time	86	

Question ES A.92, 93: Does a parent or some other grown-up at home believe that you can do a good job?... Does a parent or some other grown-up at home want you to do your best? Note: Cells are empty if there are less than 10 respondents.

Table A10.2

Parent Involvement in Schooling Scale Questions

	Grade 5 %
Parent involvement in schooling	70
Average reporting "Yes, most of the time" or "Yes, all of the time"	68
Does a parent or some other grown-up at home	
care about your schoolwork?	
No, never	2
Yes, some of the time	12
Yes, most of the time	27
Yes, all of the time	59
ask if you did your homework/schoolwork?	
No, never	9
Yes, some of the time	16
Yes, most of the time	34
Yes, all of the time	42
check your homework/schoolwork?	
No, never	18
Yes, some of the time	34
Yes, most of the time	24
Yes, all of the time	24
ask you about school?	
No, never	1
Yes, some of the time	14
Yes, most of the time	25
Yes, all of the time	59
ask you about your grades?	
No, never	21
Yes, some of the time	33
Yes, most of the time	24
Yes, all of the time	22

Question ES A.91, 94-99: Does a parent or some other grown-up at home care about your schoolwork?... Does a parent or some other grown-up at home ask if you did your homework? [In-school only]... Does a parent or some other grown-up at home check your homework? [In-school only]... Does a parent or some other grown-up at home ask if you did your schoolwork? [Remote only]... Does a parent or some other grown-up at home check your schoolwork? [Remote only]... Does a parent or some other grown-up at home check your schoolwork? [Remote only]... Does a parent or some other grown-up at home ask you about school?... Does a parent or some other grown-up at home ask you about your grades? Note: Cells are empty if there are less than 10 respondents. Davis Joint Unified Page 31

11. Alcohol and Other Drug (AOD) Use

Table A11.1

Use of Alcohol or Other Drugs, Lifetime

	Grade 5 %
Alcohol, one or two sips	23
Alcohol, a full glass	2
Inhalants (to get high)	1
Marijuana (smoke, vape, eat, or drink)	1
None of the above	74
Any of the above	26

Question ES A.84-86: Have you ever drunk beer, wine, or other alcohol?... Have you ever sniffed something through your nose to get "high"?... Have you ever used any marijuana (smoke, vape, eat, or drink)? Note: Cells are empty if there are less than 10 respondents.

Table A11.2Perception of Health Risk of Alcohol and Marijuana Use

	Grade 5 %
Alcohol	
No, not bad	3
Yes, a little bad	52
Yes, very bad	45
Marijuana (smoke, vape, eat, or drink)	
No, not bad	1
Yes, a little bad	5
Yes, very bad	63
I don't know what marijuana is	31

Question ES A.89, 90: Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?... Do you think using marijuana (smoke, vape, eat, or drink) is bad for a person's health? Note: Cells are empty if there are less than 10 respondents.

12. Tobacco Use and Vaping

Table A12.1

Cigarette Use and Vaping, Lifetime

	Grade 5 %
Ever smoked a cigarette	1
Part of a cigarette, like one or two puffs	1
A whole cigarette	0
Ever vaped	1

Question ES A.82, 83: Have you ever smoked a cigarette?... Have you ever vaped? Note: Cells are empty if there are less than 10 respondents.

Table A12.2Perception of Health Risk of Cigarette Use and Vaping

	Grade 5
Do you think smoking cigarettes is bad for a person's health?	%
No, not bad	1
Yes, a little bad	4
Yes, very bad	95
Do you think vaping is bad for a person's health?	
No, not bad	1
Yes, a little bad	8
Yes, very bad	91

Question ES A.87, 88: Do you think smoking cigarettes is bad for a person's health?... Do you think vaping is bad for a person's health?

13. Other Physical and Mental Health Risks

Table A13.1

Frequent Sadness

	Grade 5 %
No, never	19
Yes, some of the time	67
Yes, most of the time	12
Yes, all of the time	3

Question ES A.81: Do you feel sad? Note: Cells are empty if there are less than 10 respondents.

Table A13.2

Wellness

	Grade 5 %
Do you feel good and happy?	
No, never	4
Yes, some of the time	24
Yes, most of the time	57
Yes, all of the time	15

Question ES A.80: Do you feel good and happy? Note: Cells are empty if there are less than 10 respondents.

14. Race/Ethnic Breakdowns

Table A14.1

School Engagement and Supports by Race/Ethnicity

	Grade 5 %
School Connectedness ^{†#} (In-School Only)	70
American Indian or Alaska Native	
Asian or Asian American	77
Black or African American	61
Hispanic or Latinx	72
Native Hawaiian or Pacific Islander	
White	70
Mixed (two or more) ethnics	77
Something else	62
School Connectedness ^{†ψ} (<i>Remote Only</i>)	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Academic motivation [†]	
American Indian or Alaska Native	
Asian or Asian American	90
Black or African American	76
Hispanic or Latinx	82
Native Hawaiian or Pacific Islander	
White	79
Mixed (two or more) ethnics	77
Something else	73

Notes: Cells are empty if there are less than 10 respondents.

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

[#]The scale was based on five survey questions for in-school respondents.

 ${}^{\psi}$ *The scale was based on four questions for remote respondents.*

	Grade 5 %
School boredom [†]	10
American Indian or Alaska Native	
Asian or Asian American	23
Black or African American	47
Hispanic or Latinx	34
Native Hawaiian or Pacific Islander	
White	46
Mixed (two or more) ethnics	27
Something else	48
Caring adults in school †	
American Indian or Alaska Native	
Asian or Asian American	65
Black or African American	62
Hispanic or Latinx	71
Native Hawaiian or Pacific Islander	
White	62
Mixed (two or more) ethnics	68
Something else	54
High expectations-adults in school †	
American Indian or Alaska Native	
Asian or Asian American	84
Black or African American	74
Hispanic or Latinx	84
Native Hawaiian or Pacific Islander	
White	82
Mixed (two or more) ethnics	85
Something else	73

Table A14.1School Engagement and Supports by Race/Ethnicity – Continued

Table A14.1

	Grade 5 %
Meaningful participation [†]	70
American Indian or Alaska Native	
Asian or Asian American	35
Black or African American	41
Hispanic or Latinx	43
Native Hawaiian or Pacific Islander	
White	33
Mixed (two or more) ethnics	33
Something else	28
Facilities upkeep [†] (In-School Only)	
American Indian or Alaska Native	
Asian or Asian American	62
Black or African American	60
Hispanic or Latinx	68
Native Hawaiian or Pacific Islander	
White	70
Mixed (two or more) ethnics	72
Something else	64
Parent involvement in schooling ^{\dagger}	
American Indian or Alaska Native	
Asian or Asian American	71
Black or African American	70
Hispanic or Latinx	70
Native Hawaiian or Pacific Islander	
White	70
Mixed (two or more) ethnics	62
Something else	66

Table A14.1School Engagement and Supports by Race/Ethnicity – Continued

	Grade 5 %
Social and emotional learning supports †	70
American Indian or Alaska Native	
Asian or Asian American	67
Black or African American	67
Hispanic or Latinx	79
Native Hawaiian or Pacific Islander	
White	63
Mixed (two or more) ethnics	66
Something else	67
nti-bullying climate [†]	
American Indian or Alaska Native	
Asian or Asian American	72
Black or African American	74
Hispanic or Latinx	73
Native Hawaiian or Pacific Islander	
White	69
Mixed (two or more) ethnics	67
Something else	67

Table A14.2

School Safety by Race/Ethnicity (In-School Only)

	Grade 5 %
Feel safe at school [†]	
American Indian or Alaska Native	
Asian or Asian American	84
Black or African American	79
Hispanic or Latinx	69
Native Hawaiian or Pacific Islander	
White	74
Mixed (two or more) ethnics	88
Something else	69
Feel safe on way to and from school ^{\dagger}	
American Indian or Alaska Native	
Asian or Asian American	89
Black or African American	95
Hispanic or Latinx	91
Native Hawaiian or Pacific Islander	
White	91
Mixed (two or more) ethnics	90
Something else	86
Been hit or pushed	
American Indian or Alaska Native	
Asian or Asian American	29
Black or African American	21
Hispanic or Latinx	33
Native Hawaiian or Pacific Islander	
White	39
Mixed (two or more) ethnics	37
Something else	38

Table A14.2

School Safety by Race/Ethnicity – Continued	

	Grade 5 %
Mean rumors spread about you	70
American Indian or Alaska Native	
Asian or Asian American	29
Black or African American	21
Hispanic or Latinx	41
Native Hawaiian or Pacific Islander	
White	39
Mixed (two or more) ethnics	40
Something else	50
Called bad names or target of mean jokes	
American Indian or Alaska Native	
Asian or Asian American	46
Black or African American	47
Hispanic or Latinx	40
Native Hawaiian or Pacific Islander	
White	46
Mixed (two or more) ethnics	46
Something else	54
Saw a weapon at school [§] (<i>In-School Only</i>)	
American Indian or Alaska Native	
Asian or Asian American	10
Black or African American	16
Hispanic or Latinx	11
Native Hawaiian or Pacific Islander	
White	12
Mixed (two or more) ethnics	12
Something else	10

Notes: Cells are empty if there are less than 10 respondents. ${}^{\$}Past$ year.

Cyberbullying by Race/Ethnicity

	Grade 5 %	
yberbullying [¶]	<i>1</i> 0	
American Indian or Alaska Native		
Asian or Asian American	15	
Black or African American	21	
Hispanic or Latinx	28	
Native Hawaiian or Pacific Islander		
White	21	
Mixed (two or more) ethnics	16	
Something else	23	

Notes: Cells are empty if there are less than 10 respondents. [¶]*Past 30 days.*

Table A14.4

School Disciplinary Environment by Race/Ethnicity

	Grade 5 %
Rule clarity [†]	
American Indian or Alaska Native	
Asian or Asian American	69
Black or African American	89
Hispanic or Latinx	72
Native Hawaiian or Pacific Islander	
White	76
Mixed (two or more) ethnics	75
Something else	84
Students well behaved [†]	
American Indian or Alaska Native	
Asian or Asian American	40
Black or African American	26
Hispanic or Latinx	50
Native Hawaiian or Pacific Islander	
White	33
Mixed (two or more) ethnics	45
Something else	40
Students treated fairly when break rules [†]	
American Indian or Alaska Native	
Asian or Asian American	57
Black or African American	37
Hispanic or Latinx	56
Native Hawaiian or Pacific Islander	
White	56
Mixed (two or more) ethnics	57
Something else	58

 Table A14.4

 School Disciplinary Environment by Race/Ethnicity – Continued

	Grade 5
Students treated with respect ^{\dagger}	70
American Indian or Alaska Native	
Asian or Asian American	87
Black or African American	68
Hispanic or Latinx	80
Native Hawaiian or Pacific Islander	
White	79
Mixed (two or more) ethnics	81
Something else	71

Substance Use by Race/Ethnicity

	Grade 5	
Alcohol or drug use $^{\phi}$	%	
American Indian or Alaska Native		
	10	
Asian or Asian American	18	
Black or African American	16	
Hispanic or Latinx	36	
Native Hawaiian or Pacific Islander		
White	32	
Mixed (two or more) ethnics	27	
Something else	14	
Marijuana use $^{\phi}$		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American	5	
Hispanic or Latinx	2	
Native Hawaiian or Pacific Islander		
White	0	
Mixed (two or more) ethnics	0	
Something else	0	
Cigarette use ^{ϕ}		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American	0	
Hispanic or Latinx	2	
Native Hawaiian or Pacific Islander		
White	1	
Mixed (two or more) ethnics	2	
Something else	0	

Notes: Cells are empty if there are less than 10 respondents. $^{\phi} Lifetime.$

Substance Use by Race/Ethnicity – Continued

	Grade 5 %	
$Vaping^\phi$	70	
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American	0	
Hispanic or Latinx	5	
Native Hawaiian or Pacific Islander		
White	0	
Mixed (two or more) ethnics	0	
Something else	0	

Notes: Cells are empty if there are less than 10 respondents. $^{\phi}$ Lifetime.

Routines by Race/Ethnicity

	Grade 5 %
Eating of breakfast	70
American Indian or Alaska Native	
Asian or Asian American	80
Black or African American	85
Hispanic or Latinx	69
Native Hawaiian or Pacific Islander	
White	89
Mixed (two or more) ethnics	87
Something else	88
Late bedtime (at 10 pm or later)	
American Indian or Alaska Native	
Asian or Asian American	33
Black or African American	30
Hispanic or Latinx	33
Native Hawaiian or Pacific Islander	
White	21
Mixed (two or more) ethnics	29
Something else	27

Notes: Cells are empty if there are less than 10 respondents. This morning.

Table A14.7Learning from Home by Race/Ethnicity (Remote Only)

	Grade 5 %
Weekdays worked on schoolwork (5 days) [¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Synchronous instruction (4 days or more) ^{II}	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Meaningful opportunities [†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Past 7 days.

¶Past 30 days.

Mental Health by Race/Ethnicity

	Grade 5
	%
Frequent sadness [†]	
American Indian or Alaska Native	
Asian or Asian American	11
Black or African American	16
Hispanic or Latinx	11
Native Hawaiian or Pacific Islander	
White	19
Mixed (two or more) ethnics	11
Something else	13
Wellness [†]	
American Indian or Alaska Native	
Asian or Asian American	77
Black or African American	58
Hispanic or Latinx	73
Native Hawaiian or Pacific Islander	
White	73
Mixed (two or more) ethnics	76
Something else	67

Notes: Cells are empty if there are less than 10 respondents.

15. Gender Breakdowns

Table A15.1

Key Indicators of School Climate and Substance Use by Gender

	Grade 5	
	Female %	Male %
School Engagement and Supports	70	70
School connectedness ^{†#} (In-School Only)	71	71
School connectedness ^{†ψ} (<i>Remote Only</i>)		
Academic motivation [†]	81	80
School boredom [†]	33	42
Caring adults in school [†]	65	62
High expectations-adults in school [†]	83	80
Meaningful participation at school [†]	37	30
Facilities upkeep ^{†Φ}	67	66
Parent involvement in schooling [†]	72	66
Social and emotional learning supports [†]	69	65
Anti-bullying climate [†]	72	68

Notes: Cells are empty if there are less than 10 respondents.

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

[#]*The scale was based on five survey questions for in-school respondents.*

 ${}^{\psi}$ *The scale was based on four questions for remote respondents.*

 $^{\Phi}$ In-school only.

	Grade 5	
	Female	Male
School Safety and Cyberbullying	%	%
Feel safe at school ^{$\dagger \Phi$}	76	78
Feel safe on way to and from school ^{$\dagger \Phi$}	90	91
Been hit or pushed ^{Φ}	27	43
Mean rumors spread about you	45	32
Called bad names or target of mean jokes	44	48
Saw a weapon at school ^{§Φ}	9	13
Cyberbullying [¶]	20	18
School Disciplinary Environment		
Rule clarity [†]	75	77
Students well behaved [†]	34	44
Students treated fairly when break rules ^{\dagger}	60	51
Students treated with respect [†]	84	75
Substance Use		
Alcohol or drug use ^{ϕ}	19	32
Marijuana use $^{\phi}$	1	1
Cigarette use ^{ϕ}	1	1
$\operatorname{Vaping}^{\phi}$	1	0

Table A15.1

Key Indicators of School Climate and Substance Use by Gender – Continued

Notes: Cells are empty if there are less than 10 respondents.

 $^{\Phi}$ In-school only.

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

§Past year.

¶Past 30 days.

 $^{\phi}Lifetime.$

Table A15.2

	Grade 5	
	Female Male	
	%	%
Routines		
Eating of breakfast	86	84
Late bedtime (after 10 pm)	28	27
Learning from Home		
Weekdays worked on schoolwork (5 days) \mathbb{I}^{δ}		
Synchronous instruction (4 days or more) ^{$\ \delta\$}		
Meaningful opportunities ^{$\dagger \delta$}		
Mental Health		
Frequent sadness [†]	15	13
Wellness [†]	72	73
Notes: Cells are empty if there are less than 10 respondents.		
This morning.		
Past 30 days.		
Remote only.		

Key Indicators of Routines, Remote Learning, and Mental Health by Gender

"Past 7 days.

Mental Health Supports Module

1. Module Sample

Table D1.1

Student Sample for Mental Health Supports Module

	Grade 5
Student Sample Size	
Target sample	584
Final number	378
Response Rate	65%

2. Perceptions of Depression

Table D2.1

Feeling Stressed or Lonely, Past Month

	Grade 5
	%
In the past month, how often did you feel very stressed?	
Never	20
Sometimes	57
Most of the time	18
All of the time	6
In the past month, how often did you feel very lonely?	
Never	47
Sometimes	40
Most of the time	10
All of the time	3

Question ES D.1, 2: In the past month, how often did you feel very stressed?... In the past month, how often did you feel very lonely?

3. Supports and Perceptions about Depression Help

Table D3.1

Knowledge of Supports for Depression

	Grade 5 %
No	24
Yes	76

Question ES D.3: Do you know who to get help from at school when you feel very sad, stressed, lonely, or depressed?

Note: Cells are empty if there are less than 10 respondents.

Table D3.2

Personal Help-Seeking Attitudes

	Grade 5 %
If you felt very sad, stressed, lonely, or depressed, would you (Mark All That Apply.)	
Talk to a teacher or another adult from your school	34
Talk to your parents or someone in your family	70
Get help from a counselor or therapist	28
Talk to your friends	67
Be afraid to get help	21
Not know what to do	26

Question ES D.8: If you felt very sad, stressed, lonely, or depressed, would you... (Mark All That Apply.)... Talk to a teacher or another adult from your school?... Talk to your parents or someone in your family?... Get help from a counselor or therapist?... Talk to your friends?... Be afraid to get help?... Not know what to do? Notes: Cells are empty if there are less than 10 respondents.

Total percentages may exceed 100% for "mark all that apply" items.

Table D3.3Positive Perceptions about Seeking Help for Depression

	Grade 5 %
If you felt very sad, stressed, lonely, or depressed,	10
could talking to an adult help you feel better?	
No	22
Yes	51
I don't know	28
would kids at your school be nice to you?	
No	11
Yes	49
I don't know	40

Question ES D.6, 7: If you felt very sad, stressed, lonely, or depressed, could talking to an adult help you feel better?... If you felt very sad, stressed, lonely, or depressed, would kids at your school be nice to you? Note: Cells are empty if there are less than 10 respondents.

Table D3.4

Attitudes Toward Seeking Help for Depression Among Peers

	Grade 5 %
If someone your age felt very sad, stressed, lonely, or depressed,	
could talking to an adult help them feel better?	
No	10
Yes	49
I don't know	41
would kids at your school be nice to them?	
No	9
Yes	52
I don't know	38

Question ES D.4, 5: If someone your age felt very sad, stressed, lonely, or depressed, could talking to an adult help them feel better?... If someone your age felt very sad, stressed, lonely, or depressed, would kids at your school be nice to them?

4. Professional Help-Seeking for Depression

Table D4.1

Seeking Professional Help for Depression, Past Year

	Grade 5
In the past year,	%
did you want to talk to a counselor or therapist about your feelings?	
No	65
Yes	24
I don't know	11
did you get help from a counselor or therapist when you needed it?	
No, because I didn't need help	62
No, I didn't get help when I needed it	14
Yes, I got help when I needed it	25
where did you get help from a counselor or therapist? (Mark All That Apply.)	
Nowhere	56
At school	27
From a counselor or therapist not from my school	11
Somewhere else	10
I don't know	12

Question ES D.9-11: In the past year, did you want to talk to a counselor or therapist about your feelings?... In the past year, did you get help from a counselor or therapist when you needed it?... In the past year, where did you get help from a counselor or therapist? (Mark All That Apply.)... Nowhere... At school (in person, by phone, or online)... From a counselor or therapist not from my school (in person, by phone, or online)... Somewhere else... I don't know.

Notes: Cells are empty if there are less than 10 respondents.

Total percentages may exceed 100% for "mark all that apply" items.

Table D4.2	
School Referral to a Counselor or an Adult Professional	

	Grade 5 %
No	75
Yes	13
I don't know	12

Question ES D.12: In the past year, did an adult at school refer or connect you to a counselor or therapist outside of school to talk about your feelings?

Tobacco-Use Prevention Education Module

1. Module Sample

Table H1.1

Student Sample for Tobacco-Use Prevention Education Module

	Grade 5
Student Sample Size	
Target sample	584
Final number	372
Response Rate	64%

2. Tobacco Use and Vaping

Table H2.1

Use of Cigarettes and Vape Products, Past 30 Days

	Grade 5 %
In the last 30 days, have you	
smoked a cigarette?	
No	99
Yes	1
vaped?	
No	99
Yes	1

Question ES H.1, 2: Have you smoked a cigarette in the last 30 days?... Have you vaped in the last 30 days? Note: Cells are empty if there are less than 10 respondents.

3. Peer Smoking/Vaping Behavior and Attitudes

Table H3.1

Peer Smoking and Vaping Behavior

	Grade 5 %
Do any of your friends smoke cigarettes?	, e
No	99
Yes	1
Do any of your friends vape?	
No	98
Yes	2
In the last 30 days, have you seen any students	
smoke cigarettes at school? (In-School Only)	
No	99
Yes	1
vape at school? (In-School Only)	
No	98
Yes	2

Question ES H.5-8: Do any of your friends smoke cigarettes?... Do any of your friends vape?... In the last 30 days, have you seen any students smoke cigarettes at school?... In the last 30 days, have you seen any students vape at school?

Table H3.2

Peer Disapproval of Tobacco Use and Vaping

	Grade 5
How wrong would your close friends feel it would be if you	
smoked cigarettes?	
Very wrong	80
Wrong	17
A little wrong	2
Not at all wrong	1
vaped?	
Very wrong	80
Wrong	15
A little wrong	3
Not at all wrong	2

Question ES H.9, 10: How wrong would your close friends feel it would be if you smoked cigarettes?... How wrong would your close friends feel it would be if you vaped? Note: Cells are empty if there are less than 10 respondents.

4. Household Smoking and Vaping Rules

Table H4.1

Rules About Cigarette Smoking and Vaping in the Home

	Grade 5
Is smoking cigarettes allowed inside your home?	%
No	94
Yes	1
Don't know	5
Is vaping allowed inside your home?	
No	91
Yes	2
Don't know	7

Question ES H.3, 4: Is smoking cigarettes allowed inside your home?... Is vaping allowed inside your home? Note: Cells are empty if there are less than 10 respondents.

5. Perceived Accessibility and Intention to Use

Table H5.1

Perceived Difficulty of Obtaining Cigarettes and Vape Products

	Grade 5 %
How easy or difficult would it be if you wanted to	
get a cigarette?	
Very easy	5
Fairly easy	9
Fairly difficult	18
Very difficult	68
get a vape?	
Very easy	5
Fairly easy	7
Fairly difficult	15
Very difficult	73

Question ES H.13, 14: If you wanted to get a cigarette, how easy or difficult would it be?... If you wanted to get a vape, how easy or difficult would it be?

Table H5.2

Intentions to Smoke and Vape

	Grade 5 %
Do you think you will	
smoke a cigarette at any time during the next year?	
Definitely not	96
Probably not	4
Probably yes	1
Definitely yes	0
vape at any time during the next year?	
Definitely not	96
Probably not	3
Probably yes	1
Definitely yes	0

Question ES H.11, 12: Do you think you will smoke a cigarette at any time during the next year?... Do you think you will vape at any time during the next year?

6. Tobacco-Use Prevention Education Activities

Table H6.1

Dangers of Smoking and Vaping Discussed

	Grade 5 %
In the last 12 months, did any of your classes or school activities talk about	
how smoking cigarettes is bad for a person's health?	
No	73
Yes	27
how vaping is bad for a person's health?	
No	82
Yes	18

Question ES H.15, 16: In the last 12 months, did any of your classes or school activities talk about how smoking cigarettes is bad for a person's health?... In the last 12 months, did any of your classes or school activities talk about how vaping is bad for a person's health?

Appendix

2022-23 CHKS Elementary Survey Response Rates

Eligible Schools	5th	
	%	
Birch Lane Elementary	83	
Cesar Chavez Elementary	97	
Davis School for Independent Study	83	
Fairfield Elementary		
Fred T. Korematsu Elementary at Mace Ranch	75	
Marguerite Montgomery Elementary		
North Davis Elementary		
Patwin Elementary	100	
Pioneer Elementary	100	
Robert E. Willett Elementary	94	

Notes: Response rates are presented by grade level. Eligible schools listed are based on CBEDS 2022-23 public school and enrollment data files. Directly funded charter schools have been excluded from the list.