CALIFORNIA SAFE AND SUPPORTIVE SCHOOLS

FIDELITY RATING FORM: BOTVIN'S LIFE SKILLS

Assess the Botvin's Life Skills program by selecting one rating for each Fidelity Element. Use the following Fidelity Rating Rubrics to make your ratings. There are no scores to calculate. The intention is that users will identify elements without high fidelity and make changes in future implementation leading to higher fidelity.

Please note: This fidelity assessment is in no way an endorsement by CDE or WestEd of the Botivin's Life Skills program.

Fidelity Rating Rubrics

High: The element as implemented was a precise match to the program element described, or varied in a small way that could be reasonably interpreted to match the general intent of the program designers. An example is a program designed for drug user intervention directed to drug users; or, for numerical elements (number of lessons, sessions, time on task, etc.) the program was within 10% of the recommendation.

Moderate: The element as implemented was somewhat different from the program element described. An example is a program designed for drug user intervention directed to groups with both drug users and nonusers; or, for numerical elements (number of lessons, sessions, time on task, etc.) the program was between 50% and 90% of the recommendation.

Low: The element as implemented was very different from the program element described. An example would be a program designed for drug user intervention directed instead to general population students; or, for numerical elements (number of lessons, sessions, time on task, etc.) the program was below 50% of the recommendation.

(A) Audience Category and Characteristics	Match to Ideal Program Element was…		
Fidelity Elements	High	Moderate	Low
Students – Selected Grade Levels/classes	❏	❏	❏
Describe program reasons for any "Low" rating: _____			

(B) Setting size *(Individual or certain group size)*	Match to Ideal Program Element was…		
Fidelity Elements	High	Moderate	Low
Selected classes: *# students in selected classes/grade level*	❏	❏	❏
Describe program reasons for any "Low" rating: _____			

(C) Provider Characteristics	Match to Ideal Program Element was…		
Fidelity Elements	High	Moderate	Low
Teacher: *certificated teachers in selected classes for program delivery*	❏	❏	❏
Describe program reasons for any "Low" rating: _____			

(D) Provider Training	Match to Ideal Program Element was…		
Fidelity Elements	High	Moderate	Low
Teacher: *specialized one day training with Botvin's Life Skills Training trainer; includes behavioral rehearsal, coaching and feedback*	❏	❏	❏
Describe program reasons for any "Low" rating: _____			

(E) Topic Content	Match to Ideal Program Element was…		
Fidelity Elements	High	Moderate	Low
Botvin's Life Skills Training Program for high school grades (Level 3)	❏	❏	❏
Smoking & Biofeedback video	❏	❏	❏
Describe program reasons for any "Low" rating: _____			

(F) Dosage	Match to Ideal Program Element was…		
Fidelity Elements	High	Moderate	Low
5 lessons, 40 minutes long over five weeks	❏	❏	❏
Describe program reasons for any "Low" rating: _____			