



FIDELITY RATING FORM: CHALLENGE DAY PROGRAM

Assess the Challenge Day Program by selecting one rating for each Fidelity Element. Use the following Fidelity Rating Rubrics to make your ratings. There are no scores to calculate. The intention is that users will identify elements without high fidelity and make changes in future implementation leading to higher fidelity.

Please note: This fidelity assessment is in no way an endorsement by CDE or WestEd of the Challenge Day Program.

Fidelity Rating Rubrics

High: The element as implemented was a precise match to the program element described, or varied in a small way that could be reasonably interpreted to match the general intent of the program designers. An example is a program designed for drug user intervention directed to drug users; or, for numerical elements (number of lessons, sessions, time on task, etc.) the program was within 10% of the recommendation.

Moderate: The element as implemented was somewhat different from the program element described. An example is a program designed for drug user intervention directed to groups with both drug users and nonusers; or, for numerical elements (number of lessons, sessions, time on task, etc.) the program was between 50% and 90% of the recommendation.

Low: The element as implemented was very different from the program element described. An example would be a program designed for drug user intervention directed instead to general population students; or, for numerical elements (number of lessons, sessions, time on task, etc.) the program was below 50% of the recommendation.

(A) Audience Category and Characteristics <i>Fidelity Elements</i>	Match to Ideal Program Element was...		
	High	Moderate	Low
<i>Students</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Adult Participants</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any "Low" rating: _____			

(B) Setting size (Individual or certain group size) <i>Fidelity Elements</i>	Match to Ideal Program Element was...		
	High	Moderate	Low
Challenge Day Committee: 3-5 members in addition to Coordinator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Student Selection: 80-100 students	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Adult Selection: minimum of 1 adult for every 4 students	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any "Low" rating: _____			

(C) Provider Characteristics <i>Fidelity Elements</i>	Match to Ideal Program Element was...		
	High	Moderate	Low
Challenge Day Committee: Coordinator, Counselor, select adult participants	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Counselor: school counselor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any "Low" rating: _____			

(D) Provider Training <i>Fidelity Elements</i>	Match to Ideal Program Element was...		
	High	Moderate	Low
Challenge Day Leader: certified leader from Challenge Day Organization	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any "Low" rating: _____			

(E) Topic Content <i>Fidelity Elements</i>	Match to Ideal Program Element was...		
	High	Moderate	Low
Challenge Day Committee: Follow all core elements in planning manual	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Challenge Day Forms: use all forms provided for permissions, planning, etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any "Low" rating: _____			

(F) Dosage <i>Fidelity Elements</i>	Match to Ideal Program Element was...		
	High	Moderate	Low
<i>Challenge Day Committee: Meet to receive job descriptions, then weekly 6 weeks prior to event</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Students: Participate in Challenge Day Event</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Adults: Participate in Challenge Day Event</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Counselor: Conduct participant counseling follow-up, as needed</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe program reasons for any "Low" rating: _____			