

# CALIFORNIA HEALTHY KIDS SURVEY



## Manhattan Beach Unified Secondary 2017-2018 Main Report

This report was prepared by WestEd, a research, development, and service agency, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education Coordinated School Health and Safety Office. For contract information, contact:

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Recommended citation:

Manhattan Beach Unified School District. *California Healthy Kids Survey, 2017-18: Main Report*. San Francisco: WestEd Health & Human Development Program for the California Department of Education.

Date prepared: 13 Nov 2018  
CDS code: 19753330000000

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# PREFACE

## HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from this school/district's 2017-18 *California Healthy Kids Survey* (CHKS), presented in tables organized by topic.

The CHKS, along with its two companion surveys—*California School Staff Survey* (CSSS) for staff and the *California School Parent Survey* (CSPS)—is a service of the California Department of Education (CDE). These three surveys form the *California School Climate, Health, and Learning Surveys* (CalSCHLS) System, the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents at the local level to provide key data on school climate and safety, learning supports and barriers, and stakeholder engagement, as well as youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major school-related domains and constructs assessed by CalSCHLS.

These surveys grew out of CDE's commitment to helping schools promote the successful cognitive, social, emotional, and physical development of all students; create more positive, engaging school environments for students, staff, and parents; and ensure college and career readiness. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the survey website ([chks.wested.org](http://chks.wested.org)), including *Helpful Resources for Local Control and Accountability Plans* ([chks.wested.org/resources/LCAP-Cal\\_SCHLS.pdf](http://chks.wested.org/resources/LCAP-Cal_SCHLS.pdf)). The California Safe and Supportive Schools website ([CaliforniaS3.wested.org](http://CaliforniaS3.wested.org)) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS Technical Assistance Center offers a Data Workshop to help identify local needs and develop action plans to meet those needs, including a *Listening to Students Workshop* for involving student voice in the process (see below).

## THE SURVEY

The California Department of Education (CDE) has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of these student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The secondary-school CHKS consists of a required general Core Module



and a series of optional, supplementary topic-focused modules that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

## **Core Module**

As outlined in Exhibit 1, the Core Module consists of key questions, identified by an expert advisory committee, that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, college and career readiness, positive development, and well-being. The great majority of the questions are school-specific, including the following indicators:

- Student grades, truancy, attendance rate and reasons for missing school, academic motivation, and school connectedness, as indicators of engagement;
- The levels of students' three fundamental developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- Perceived safety and the frequency and type of harassment and bullying at school; and
- Levels of violence, substance use, and crime-related behavior (e.g., weapons possession) at school.

The Core Module also includes a wide range of demographic questions to help districts identify and address the needs of significant and vulnerable student subgroups, including those required to be included in the LCAP efforts. These include race/ethnicity, gender, and socioeconomic status; homeless, migrant, and foster status; and English language proficiency.

**What's New?** For 2017-18, the following improvements are made to the Core Module:

- Added questions assessing frequency of school absences; lifetime frequency of heroin use, and vaping, eating, or drinking marijuana; perceived harm and availability of e-cigarettes; being an immigrant as a reason for being harassed or bullied;
- Modified sexual orientation question to better assess gender identity; and
- Expanded Opportunities for Meaningful Participation scale questions for better reliability.

## **Supplemental School Climate Module**

To further support school improvement efforts and the LCAP process, a supplementary School Climate Module is available. It provides additional data on student academic mindset, school academic supports, discipline/order, supports for social-emotional learning, bullying prevention and positive peer relationships, respect for diversity, and the quality of the physical environment (download from [chks.wested.org/administer/download/supplemental/#clim](https://chks.wested.org/administer/download/supplemental/#clim)). These questions are also included in the staff survey, so you can compare staff and student perceptions on the same constructs.

## **Supplemental Social Emotional Health Module (SEHM)**

The SEHM greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional competencies linked to student mental health and well-being, academic success, and college and career readiness. It includes 56 items that capture the totality of core adolescent psychological assets.



## **SURVEY ADMINISTRATION AND SAMPLING**

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Student participation was voluntary, anonymous, and confidential.

- Table A1.1 gives the target sample of students and the final number and percent of students who completed the survey (the participation response rate).
- Appendix I lists all the secondary schools in the district that were eligible to participate in the survey and the percentage of students enrolled in each of them that completed the survey (included in the district report).
- Appendix II provides detailed information about the survey content areas (included in the district report).

## **THE REPORT**

The survey results are reported in tables, organized by topic, that provide the percentages responding to each question response option by grade level. Because it is just as important to identify the positive behaviors of youth as it is to identify the risks they face, the tables reporting risk-behavior data include the percentages of youth who responded negatively (did not engage in the behavior).

### **Racial/Ethnic and Gender Results**

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender (see Sections 9 and 10). Schools can request supplementary reports disaggregating all their CHKS results by the race/ethnicity or gender of students or by other demographic categories (see Next Steps below).

## **UNDERSTANDING THE DATA**

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results, such as changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind. A more detailed discussion of these topics can be found in the *CHKS Guidebook to Data Use and Dissemination* (download [chks.wested.org/resources/chks\\_guidebook\\_3\\_datause.pdf](https://chks.wested.org/resources/chks_guidebook_3_datause.pdf)).

### **Sample Characteristics.**

Among the most important factors affecting the quality of survey results is the level and type of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70%. One indication of the survey's representativeness is how accurately the sample reflects the gender and ethnic composition of the student enrollment. Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

### **Changes Between Survey Administrations.**

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in

the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

## RESOURCES

The CHKS website contains numerous guidebooks and other resources for using and understanding survey results.

- *CHKS Guidebook to Data Use and Dissemination* provides step-by-step instructions on how to interpret survey results and effectively disseminate them (download [chks.wested.org/resources/chks\\_guidebook\\_3\\_datause.pdf](https://chks.wested.org/resources/chks_guidebook_3_datause.pdf)).
- CHKS factsheets ([chks.wested.org/using-results/factsheets](https://chks.wested.org/using-results/factsheets)) analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level.
- *Making Sense of School Climate* provides a discussion of all the CalSCHLS survey items that relate to school climate (download [californiaS3.wested.org/resources/S3\\_schoolclimateguidebook\\_final.pdf](https://californiaS3.wested.org/resources/S3_schoolclimateguidebook_final.pdf)).
- *Helpful Resources for Local Control and Accountability Plans* ([chks.wested.org/resources/LCAP\\_Cal\\_SCHLS.pdf](https://chks.wested.org/resources/LCAP_Cal_SCHLS.pdf)) describes how survey items align with LCAP priorities and indicators. Also available is an LCAP-related PowerPoint presentation ([chks.wested.org/training-support/workshops-presentations](https://chks.wested.org/training-support/workshops-presentations)).
- The *School Climate Connection Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on the CHKS or CaliforniaS3 websites.
- CDE's **California Safe and Supportive Schools** website ([CaliforniaS3.wested.org](https://CaliforniaS3.wested.org)) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.

## NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some followup steps you should take and some custom services (additional fees apply) available from the CalSCHLS TA Center to help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

### Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

First and foremost, engage students, staff, parents, and community stakeholders in reviewing and exploring the meaning of the results and obtain their input into how the school might better meet the identified needs and into the development of a detailed action plan. This communicates to stakeholders that you value their input into how to improve the schools and gives them an opportunity for meaningful participation. This helps enhance pupil engagement and parent involvement, two LCAP priorities. Their input, in turn, will help in identifying school needs and developing an effective response. It will also promote higher

rates of participation the next time the survey is administered, as stakeholders will see how the data has been used for positive purposes.

As part of this process, it is highly recommended that you conduct a structured *Listening to Students Workshop* in which you explore with students, as adults observe, the meaning of survey results and obtain their input on how to address the needs identified by the survey and school improvement in general. These workshops were found to be a highly effective in fostering school climate improvements as part of CDE's Safe and Supportive School Projects (see [CaliforniaS3.wested.org](https://www.californiaS3.wested.org)). For more information, email [schoolclimate@wested.org](mailto:schoolclimate@wested.org).

## Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the content of the following sources of related data.

- **Staff and Parent Surveys.** The results of this student survey should be compared to those obtained from the CalSCHLS surveys of school staff and parents. It is important to determine how consistent are student, staff, and parent perceptions and experiences. If you did not administer these companion surveys, consider doing so next time.
- **Elementary CHKS Results.** Examine how the results from 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> graders compare with those from 5<sup>th</sup> graders on common indicators to see the developmental trajectory in the results and explore what programs at the elementary level might help mitigate problems that are evident among older students.
- **Other Data.** Examine how the results compare with other data typically collected by schools that relate to the variables assessed, such as discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.

## Data Workshop

To assist in your review of the survey results, you can request the CalSCHLS TA Center to conduct a structured, customized Data Workshop. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies.

For more information, contact your CalSCHLS TA Center (call 888.841.7536) or email [schoolclimate@wested.org](mailto:schoolclimate@wested.org).

## Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services (additional fees apply) are available through the CalSCHLS TA Center to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

## School Reports and School Climate Report Cards

If the schools in the district vary significantly in demographics, programs, or other characteristics, consider requesting individual reports for each school (a fee applies). Two types of reports are available:

- A full report with all the survey results; and

- A short, user-friendly, graphic **School Climate Report Card** that provides results across eight domains of school climate and provides an overall **School Climate Index** score based on those domains. (View a sample report: visit [californiaS3.wested.org/resources/California\\_State\\_SCRC\\_1314.pdf](http://californiaS3.wested.org/resources/California_State_SCRC_1314.pdf)).

### **District School Climate Report Card**

For districts that survey all their schools, a district-level School Climate Report Card can be requested. This is a powerful, useful tool for guiding efforts to meet the school climate and pupil engagement priorities for the Local Control and Accountability Plan.

### **Disaggregated Reports**

The staff of the Regional TA Centers can produce full reports that look at how results vary by demographic subgroups (e.g., race/ethnicity as discussed above, or by youth who are low in academic motivation compared those who are high). This is particularly important given the LCAP requirement that districts identify and address the needs of underserved, vulnerable subgroups. This helps in understanding the meaning of the results and developing interventions that target groups most in need.

### **Analyze Dataset**

The complete dataset is available electronically for additional analysis (there is a small fee for preparation). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis from the CalSCHLS TA Center as a custom service.

### **Add Questions to Your Next Surveys**

Determine what additional information is needed from students to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

**Exhibit 1*****Major School-related Domains and Constructs Assessed by CalSCHLS in Secondary Schools***

	Student Core	Student School Climate	Student Social Emotional Health	Staff Survey	Parent Survey
<b>Student Well-Being</b>					
Academic mindset			✓		
Academic motivation	✓	✓		✓	✓
Academic performance (grades)	✓				
Alcohol, tobacco, and drug use	✓			✓	✓
Attendance (absences, truancy, reasons absent)	✓			✓	
Behavioral self-control			✓		
Collaboration			✓		
Emotional self-regulation			✓		
Empathy			✓		
Gratitude			✓		
Optimism			✓		
Perceived safety	✓			✓	✓
Persistence			✓		
Problem Solving			✓		
School connectedness	✓				
Self-awareness			✓		
Self-efficacy			✓		
Social-emotional competencies and health			✓	✓	
Social emotional distress			✓		
Violence and victimization (bullying)	✓			✓	✓
Zest			✓		
<b>School Climate</b>					
Academic rigor and norms				✓	✓
College and career supports		✓		✓	✓
Family support			✓		
High expectations	✓			✓	✓
Meaningful participation and decision-making	✓			✓	✓
Parent involvement	✓			✓	✓
Quality of physical environment	✓	✓		✓	✓
Relationships among staff				✓	
Relationships among students		✓	✓	✓	✓
Relationships between students and staff	✓			✓	✓
Respect for diversity and cultural sensitivity		✓		✓	✓
Teacher and other supports for learning		✓		✓	✓
<b>School Climate Improvement Practices</b>					
Bullying prevention		✓		✓	✓
Discipline and order (policies, enforcement)		✓		✓	✓
Services and policies to address student needs				✓	
Social-emotional/behavioral supports		✓		✓	✓
Staff supports				✓	

## **ACKNOWLEDGMENTS**

The CHKS and this report were developed by WestEd, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education Coordinated School Health and Safety Office. For more information, call the toll-free helpline at 888.841.7536, or visit the website at [chks.wested.org](http://chks.wested.org).

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# **2017-2018 Secondary Survey Results**



# Survey Module Administration

**Table 1**

***CHKS Survey Modules Administered***

Survey Module	Administered
A. Core (Required)	X
B. Alcohol and Other Drugs (AOD) Module	
C. Building Healthy Communities (BHC) Module	
D. Cal-Well Module	
E. Closing the Achievement Gap (CTAG) Module	
F. District Afterschool Module (DASM)	
G. Drug Free Communities (DFC) Module	
H. Gang Risk Awareness Module	
I. Gender & Sex-Based Harassment Module	
J. Military Connected School Module	
K. Physical Health & Nutrition Module	
L. Resilience & Youth Development Module	
M. Safety & Violence Module	
N. School Climate Module	
O. Sexual Behavior Module	
P. Social Emotional Health Module	
Q. Tobacco Module	
Z. Custom Questions	

# Core Module Results

## 1. Survey Sample

**Table A1.1**

***Student Sample for Core Module***

	Grade 7	Grade 9	Grade 11	NT <sup>A</sup>
<b><i>Student Sample Size</i></b>				
Target sample	467	687	587	–
Final number	424	534	493	–
<b>Response Rate</b>	91%	78%	84%	–

*Note:* <sup>A</sup>NT includes continuation, community day, and other alternative school types.

## 2. Summary of Key Indicators

**Table A2.1**

***Key Indicators of School Climate and Student Well-Being***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
<b>School Engagement and Supports</b>					
School connectedness <sup>†</sup>	28	19	20	–	A4.6
Academic motivation <sup>†</sup>	40	35	29	–	A4.6
Chronic truancy (twice a month or more often) <sup>§</sup>	2	5	14	–	A4.2
Caring adult relationships <sup>‡</sup>	32	28	30	–	A4.5
High expectations <sup>‡</sup>	42	38	36	–	A4.5
Meaningful participation <sup>‡</sup>	10	11	12	–	A4.5
Facilities upkeep	11	8	9	–	A4.13
<b>School Safety and Substance Use</b>					
School perceived as very safe or safe	78	61	71	–	A5.1
Experienced any harassment or bullying <sup>§</sup>	32	38	34	–	A5.2
Had mean rumors or lies spread about you <sup>§</sup>	38	40	35	–	A5.3
Been afraid of being beaten up <sup>§</sup>	12	10	5	–	A5.4
Been in a physical fight <sup>§</sup>	7	8	5	–	A5.4
Seen a weapon on campus <sup>§</sup>	4	8	6	–	A5.6
Been drunk or “high” on drugs at school, ever	0	8	14	–	A6.9
<b>Mental and Physical Health</b>					
Current alcohol or drug use <sup>¶</sup>	2	26	49	–	A6.5
Current binge drinking <sup>¶</sup>	1	10	30	–	A6.5
Very drunk or “high” 7 or more times	1	9	24	–	A6.7
Current cigarette smoking <sup>¶</sup>	0	3	3	–	A7.3
Current electronic cigarette use <sup>¶</sup>	2	19	31	–	A7.3
Experienced chronic sadness/hopelessness <sup>§</sup>	18	29	34	–	A8.4
Considered suicide <sup>§</sup>	na	17	14	–	A8.5

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup>*Average percent of respondents reporting “Strongly agree.”*

<sup>‡</sup>*Average percent of respondents reporting “Very much true.”*

<sup>§</sup>*Past 12 months.*

<sup>¶</sup>*Past 30 days.*

*na—Not asked of middle school students.*

### 3. Demographics

**Table A3.1**

***Gender of Sample***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Male	50	49	48	–
Female	50	51	52	–

*Question HS/MS A.3: What is your sex?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.2**

***Hispanic or Latino***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	90	85	81	–
Yes	10	15	19	–

*Question HS/MS A.5: Are you of Hispanic or Latino origin?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.3**

***Race***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
American Indian or Alaska Native	1	1	0	–
Asian	12	10	11	–
Black or African American	1	1	3	–
Native Hawaiian or Pacific Islander	0	1	1	–
White	65	64	65	–
Mixed (two or more) races	21	24	20	–

*Question HS/MS A.6: What is your race?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.4**  
***Living Situation***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
A home with one or more parent or guardian	98	97	99	–
Other relative's home	0	0	0	–
A home with more than one family	1	1	0	–
Friend's home	0	0	0	–
Foster home, group care, or waiting placement	0	0	0	–
Hotel or motel	0	0	0	–
Shelter, car, campground, or other transitional or temporary housing	0	0	0	–
Other living arrangement	1	1	1	–

*Question HS/MS A.8: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.5**  
***Highest Education of Parents***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Did not finish high school	0	2	2	–
Graduated from high school	1	2	4	–
Attended college but did not complete four-year degree	2	5	5	–
Graduated from college	92	89	88	–
Don't know	4	2	1	–

*Question HS/MS A.9: What is the highest level of education your parents or guardians completed? (Mark the educational level of the parent or guardian who went the furthest in school.)*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.6*****Free or Reduced Price Meals Eligibility***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	73	82	86	–
Yes	4	6	7	–
Don't know	23	12	7	–

*Question HS/MS A.10: Do you receive free or reduced-price lunches at school? (Receiving free or reduced-price lunches means that lunch at school is provided to you for free or you pay less for it.)*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.7*****Participation in Migrant Education Program, Past 3 Years***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	85	96	98	–
Yes	1	1	0	–
Don't know	14	3	2	–

*Question HS/MS A.11: In the past three years, were you part of the Migrant Education Program or did your family move to find seasonal or temporary work in agriculture or fishing?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.8*****Language Spoken at Home***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
English	94	92	92	–
Spanish	1	2	3	–
Mandarin	1	0	1	–
Cantonese	0	0	1	–
Taiwanese	0	0	0	–
Tagalog	0	0	0	–
Vietnamese	0	0	0	–
Korean	0	0	1	–
Other	3	5	3	–

*Question HS/MS A.12: What language is spoken most of the time in your home?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.9**  
**English Language Proficiency – All Students**

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>How well do you...</b>				
<b>understand English?</b>				
Very well	95	95	97	–
Well	5	5	3	–
Not well	0	0	0	–
Not at all	0	0	0	–
<b>speak English?</b>				
Very well	91	92	93	–
Well	9	7	6	–
Not well	0	1	1	–
Not at all	0	0	0	–
<b>read English?</b>				
Very well	86	90	94	–
Well	13	9	5	–
Not well	1	1	1	–
Not at all	0	0	0	–
<b>write English?</b>				
Very well	81	85	90	–
Well	17	13	9	–
Not well	2	2	1	–
Not at all	0	0	0	–
<b>English Language Proficiency Status</b>				
Proficient	84	88	92	–
Not proficient	16	12	8	–

*Question HS/MS A.13-16: How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English.*

*Notes: Cells are empty if there are less than 10 respondents.*

*English Language Proficiency was determined by creating a scale score using four survey questions - how well do you understand... speak... read... and write English. Response options are reverse coded so higher values indicate higher English proficiency level (“Not at all” (1); “Not well” (2); “Well” (3); and “Very well” (4)). The scale score was computed by averaging the survey responses. Respondents are categorized as “Proficient” or “Not Proficient” based on the English language proficiency scale.*

*Proficient: students with average item response > 3.5; and*

*Not Proficient: students with average item response ≤ 3.5.*



**Table A3.10*****English Language Proficiency – Students Speaking a Language Other Than English at Home***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b><i>How well do you...</i></b>				
<b>understand English?</b>				
Very well	75	85	87	–
Well	25	15	5	–
Not well	0	0	3	–
Not at all	0	0	5	–
<b>speak English?</b>				
Very well	67	78	77	–
Well	29	18	18	–
Not well	4	3	3	–
Not at all	0	3	3	–
<b>read English?</b>				
Very well	71	80	82	–
Well	21	18	8	–
Not well	8	3	8	–
Not at all	0	0	3	–
<b>write English?</b>				
Very well	67	80	69	–
Well	17	10	23	–
Not well	17	10	8	–
Not at all	0	0	0	–
<b><i>English Language Proficiency Status</i></b>				
Proficient	67	78	74	–
Not proficient	33	23	26	–

*Question HS/MS A.13-16: What language is spoken most of the time in your home?... How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English.*

*Notes: Cells are empty if there are less than 10 respondents.*

*English Language Proficiency was determined by creating a scale score using four survey questions - how well do you understand... speak... read... and write English. Response options are reverse coded so higher values indicate higher English proficiency level (“Not at all” (1); “Not well” (2); “Well” (3); and “Very well” (4)). The scale score was computed by averaging the survey responses. Respondents are categorized as “Proficient” or “Not Proficient” based on the English language proficiency scale.*

*Proficient: students with average item response > 3.5; and*

*Not Proficient: students with average item response ≤ 3.5.*

**Table A3.11*****Number of Days Attending Afterschool Program***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 days	73	71	78	–
1 day	7	3	0	–
2 days	8	3	3	–
3 days	4	3	4	–
4 days	2	5	3	–
5 days	7	16	12	–

*Question HS/MS A.17: How many days a week do you usually go to your school's afterschool program?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.12*****Military Connections***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	96	96	99	–
Yes	2	3	1	–
Don't know	2	1	0	–

*Question HS A.128/MS A.117: Is your father, mother, or guardian currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.13**  
***Sexual Orientation***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Straight (not gay)	81	83	84	–
Gay or Lesbian	2	2	4	–
Bisexual	3	5	7	–
I am not sure yet	8	5	4	–
Something else	1	2	0	–
Decline to respond	4	3	2	–

*Question HS A.129/MS A.118: Which of the following best describes you?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.14**  
***Gender Identity***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No, I am not transgender	95	96	97	–
Yes, I am transgender	1	1	1	–
I am not sure if I am transgender	1	1	1	–
Decline to respond	2	1	2	–

*Question HS A.130/MS A.119: Some people describe themselves as transgender when their sex at birth does not match the way they think or feel about their gender. Are you transgender?*

*Note: Cells are empty if there are less than 10 respondents.*

## 4. School Performance, Supports, and Engagement

**Table A4.1**

***Grades, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Mostly A's	34	39	37	–
A's and B's	44	38	36	–
Mostly B's	9	9	11	–
B's and C's	9	11	10	–
Mostly C's	1	1	3	–
C's and D's	2	2	3	–
Mostly D's	0	0	1	–
Mostly F's	0	0	0	–

*Question HS/MS A.18: During the past 12 months, how would you describe the grades you mostly received in school?*

*Notes: Cells are empty if there are less than 10 respondents.*

**Table A4.2**

***Truancy, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	81	71	40	–
1-2 times	9	15	22	–
A few times	7	8	19	–
Once a month	1	2	5	–
Twice a month	1	2	8	–
Once a week	1	1	3	–
More than once a week	0	2	3	–

*Question HS/MS A.21: During the past 12 months, about how many times did you skip school or cut classes?*

*Notes: Cells are empty if there are less than 10 respondents.*

**Table A4.3*****Absences, Past 30 Days***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
I did not miss any days of school in the past 30 days	52	47	31	–
1 day	26	28	27	–
2 days	13	14	21	–
3 or more days	9	11	21	–

*Question HS/MS A.19: In the past 30 days, how often did you miss an entire day of school for any reason?*

*Notes: Cells are empty if there are less than 10 respondents.*

**Table A4.4*****Reasons for Absence, Past 30 Days***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Does not apply; I didn't miss any school	49	44	28	–
Illness (feeling physically sick), including problems with breathing or your teeth	42	39	54	–
Were being bullied or mistreated at school	1	2	1	–
Felt very sad, hopeless, anxious, stressed, or angry	5	9	18	–
Didn't get enough sleep	8	16	28	–
Didn't feel safe at school or going to and from school	0	1	1	–
Had to take care of or help a family member or friend	1	3	4	–
Wanted to spend time with friends	1	1	4	–
Use alcohol or drugs	0	1	2	–
Were behind in schoolwork or weren't prepared for a test or class assignment	2	9	20	–
Were bored or uninterested in school	1	5	13	–
Had no transportation to school	0	1	1	–
Other reason	13	16	11	–

*Question HS/MS A.20: In the past 30 days, did you miss a day of school for any of the following reasons? (Mark All That Apply.)*

*Notes: Cells are empty if there are less than 10 respondents. Total percentages may exceed 100% for "mark all that apply" items.*

**Table A4.5**  
***School Environment Scales (Developmental Supports)***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
<b>Total school supports</b>					
<i>Average Reporting “Very much true”</i>	28	26	26	–	
High	33	28	31	–	
Moderate	52	54	52	–	
Low	14	18	17	–	
<b>Caring adults in school</b>					
<i>Average Reporting “Very much true”</i>	32	28	30	–	A4.7
High	39	35	37	–	
Moderate	50	52	55	–	
Low	12	12	8	–	
<b>High expectations-adults in school</b>					
<i>Average Reporting “Very much true”</i>	42	38	36	–	A4.8
High	51	47	44	–	
Moderate	42	47	50	–	
Low	6	6	6	–	
<b>Meaningful participation at school</b>					
<i>Average Reporting “Very much true”</i>	10	11	12	–	A4.9
High	10	8	10	–	
Moderate	43	40	40	–	
Low	47	52	51	–	

*Notes: Cells are empty if there are less than 10 respondents.*

*Table numbers refer to tables with item-level results for the survey questions that comprise each scale.*

**Table A4.6*****School Connectedness, Academic Motivation, and Parent Involvement Scales***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
<b>School Connectedness</b>					
<i>Average Reporting “Strongly agree”</i>	28	19	20	–	A4.10
High	67	51	52	–	
Moderate	27	38	40	–	
Low	6	11	8	–	
<b>Academic Motivation</b>					
<i>Average Reporting “Strongly agree”</i>	40	35	29	–	A4.11
High	40	32	28	–	
Moderate	43	46	45	–	
Low	16	22	27	–	
<b>Parent Involvement in School</b>					
<i>Average Reporting “Strongly agree”</i>	19	8	9	–	A4.12
High	36	20	20	–	
Moderate	43	43	43	–	
Low	21	37	38	–	

*Notes: Cells are empty if there are less than 10 respondents.*

*Table numbers refer to tables with item-level results for the survey questions that comprise each scale.*



**Table A4.7*****Caring Relationships Scale Questions***

<i>At my school, there is a teacher or some other adult...</i>	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Caring adults in school</b>				
<i>Average Reporting “Very much true”</i>	32	28	30	–
<b>who really cares about me.</b>				
Not at all true	11	12	6	–
A little true	29	34	30	–
Pretty much true	33	33	35	–
Very much true	27	21	29	–
<b>who notices when I’m not there.</b>				
Not at all true	11	12	12	–
A little true	26	26	29	–
Pretty much true	34	34	35	–
Very much true	29	28	24	–
<b>who listens to me when I have something to say.</b>				
Not at all true	6	5	4	–
A little true	18	20	18	–
Pretty much true	37	40	40	–
Very much true	40	35	38	–

*Question HS/MS A.35, 37, 39: At my school, there is a teacher or some other adult... who really cares about me... who notices when I am not there... who listens to me when I have something to say.*

*Notes: Cells are empty if there are less than 10 respondents.*

**Table A4.8*****High Expectations Scale Questions***

<i>At my school, there is a teacher or some other adult...</i>	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>High expectations-adults in school</b>				
<i>Average Reporting “Very much true”</i>	42	38	36	–
<b>who tells me when I do a good job.</b>				
Not at all true	7	5	7	–
A little true	21	26	26	–
Pretty much true	41	36	38	–
Very much true	31	33	30	–
<b>who always wants me to do my best.</b>				
Not at all true	4	4	4	–
A little true	12	15	16	–
Pretty much true	34	35	40	–
Very much true	51	46	41	–
<b>who believes that I will be a success.</b>				
Not at all true	6	7	6	–
A little true	18	21	22	–
Pretty much true	33	36	35	–
Very much true	43	37	37	–

*Question HS/MS A.36, 38, 40: At my school, there is a teacher or some other adult... who tells me when I do a good job... who always wants me to do my best... who believes that I will be a success.*

*Notes: Cells are empty if there are less than 10 respondents.*

**Table A4.9**  
**Meaningful Participation Scale Questions**

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Meaningful participation at school</b>				
<i>Average Reporting “Very much true”</i>	10	11	12	–
<b>At school...</b>				
<b>I do interesting activities.</b>				
Not at all true	10	11	10	–
A little true	32	29	27	–
Pretty much true	36	30	34	–
Very much true	22	30	29	–
<b>I help decide things like class activities or rules.</b>				
Not at all true	44	52	49	–
A little true	32	28	33	–
Pretty much true	16	12	12	–
Very much true	7	7	6	–
<b>I do things that make a difference.</b>				
Not at all true	20	33	25	–
A little true	40	37	42	–
Pretty much true	27	20	21	–
Very much true	13	11	12	–
<b>I have a say in how things work.</b>				
Not at all true	37	48	44	–
A little true	37	34	36	–
Pretty much true	19	12	11	–
Very much true	6	6	8	–
<b>I help decide school activities or rules.</b>				
Not at all true	58	71	68	–
A little true	28	20	20	–
Pretty much true	10	7	7	–
Very much true	3	2	6	–

*Question HS/MS A.41-45: At school... I do interesting activities... I help decide things like class activities or rules... I do things that make a difference... I have a say in how things work... I help decide school activities or rules.*

*Notes: Cells are empty if there are less than 10 respondents.*

**Table A4.10**  
***School Connectedness Scale Questions***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>School Connectedness</b>				
<i>Average Reporting “Strongly agree”</i>	28	19	20	–
<b>I feel close to people at this school.</b>				
Strongly disagree	2	4	3	–
Disagree	4	8	9	–
Neither disagree nor agree	13	16	15	–
Agree	48	47	42	–
Strongly agree	32	26	30	–
<b>I am happy to be at this school.</b>				
Strongly disagree	4	6	5	–
Disagree	6	7	9	–
Neither disagree nor agree	19	19	22	–
Agree	43	47	44	–
Strongly agree	28	22	20	–
<b>I feel like I am part of this school.</b>				
Strongly disagree	5	6	6	–
Disagree	7	9	14	–
Neither disagree nor agree	21	24	23	–
Agree	42	45	41	–
Strongly agree	25	17	15	–
<b>The teachers at this school treat students fairly.</b>				
Strongly disagree	6	5	5	–
Disagree	9	17	11	–
Neither disagree nor agree	23	23	27	–
Agree	42	42	44	–
Strongly agree	21	13	12	–
<b>I feel safe in my school.</b>				
Strongly disagree	3	5	5	–
Disagree	4	11	7	–
Neither disagree nor agree	16	24	22	–
Agree	43	43	43	–
Strongly agree	35	17	24	–

*Question HS/MS A.22-26: How strongly do you agree or disagree with the following statements?... I feel close to people at this school... I am happy to be at this school... I feel like I am part of this school... The teachers at this school treat students fairly... I feel safe in my school.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A4.11*****Academic Motivation Scale Questions***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Academic Motivation</b>				
<i>Average Reporting “Strongly agree”</i>	40	35	29	–
<b>I try hard to make sure that I am good at my schoolwork.</b>				
Strongly disagree	1	1	2	–
Disagree	1	3	4	–
Neither disagree nor agree	6	9	12	–
Agree	39	38	42	–
Strongly agree	53	48	41	–
<b>I try hard at school because I am interested in my work.</b>				
Strongly disagree	4	6	7	–
Disagree	16	18	18	–
Neither disagree nor agree	22	23	27	–
Agree	36	32	33	–
Strongly agree	22	20	15	–
<b>I work hard to try to understand new things at school.</b>				
Strongly disagree	1	2	3	–
Disagree	5	8	7	–
Neither disagree nor agree	15	18	21	–
Agree	44	44	41	–
Strongly agree	35	28	27	–
<b>I am always trying to do better in my schoolwork.</b>				
Strongly disagree	1	1	3	–
Disagree	2	5	7	–
Neither disagree nor agree	9	13	16	–
Agree	38	40	43	–
Strongly agree	50	42	31	–

*Question HS/MS A.31-34: How strongly do you agree or disagree with the following statements?... I try hard to make sure that I am good at my schoolwork... I try hard at school because I am interested in my work... I work hard to try to understand new things at school... I am always trying to do better in my schoolwork.*

*Notes: Cells are empty if there are less than 10 respondents.*

**Table A4.12*****Parent Involvement Scale Questions***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Parent Involvement in School</b>				
<i>Average Reporting “Strongly agree”</i>	19	8	9	–
<b>Teachers at this school communicate with parents about what students are expected to learn in class.</b>				
Strongly disagree	5	13	13	–
Disagree	14	24	26	–
Neither disagree nor agree	27	30	32	–
Agree	36	26	24	–
Strongly agree	18	7	5	–
<b>Parents feel welcome to participate at this school.</b>				
Strongly disagree	3	6	6	–
Disagree	8	13	16	–
Neither disagree nor agree	34	39	36	–
Agree	33	32	29	–
Strongly agree	22	9	13	–
<b>School staff takes parent concerns seriously.</b>				
Strongly disagree	7	7	9	–
Disagree	11	20	21	–
Neither disagree nor agree	32	37	37	–
Agree	35	27	23	–
Strongly agree	16	9	10	–

*Question HS/MS A.28-30: How strongly do you agree or disagree with the following statements?... Teachers at this school communicate with parents about what students are expected to learn in class... Parents feel welcome to participate at this school... School staff takes parent concerns seriously.*

*Notes: Cells are empty if there are less than 10 respondents.*

**Table A4.13*****Quality of School Physical Environment***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>My school is usually clean and tidy.</b>				
Strongly disagree	7	7	6	–
Disagree	20	20	20	–
Neither disagree nor agree	30	24	25	–
Agree	33	41	39	–
Strongly agree	11	8	9	–

*Question HS/MS A.27: How strongly do you agree or disagree with the following statements?... My school is usually clean and tidy.*

*Notes: Cells are empty if there are less than 10 respondents.*



## 5. School Violence, Victimization, and Safety

**Table A5.1**

***Perceived Safety at School***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Very safe	26	18	24	–
Safe	52	44	47	–
Neither safe nor unsafe	17	29	21	–
Unsafe	4	8	5	–
Very unsafe	1	3	3	–

*Question HS A.99/MS A.88: How safe do you feel when you are at school?*

*Notes: Cells are empty if there are less than 10 respondents.*

**Table A5.2*****Reasons for Harassment on School Property, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Race, ethnicity, or national origin</b>				
0 times	92	87	86	–
1 time	4	4	6	–
2 or more times	4	9	8	–
<b>Religion</b>				
0 times	94	90	91	–
1 time	3	3	2	–
2 or more times	3	6	6	–
<b>Gender (being male or female)</b>				
0 times	92	87	94	–
1 time	3	4	2	–
2 or more times	5	8	4	–
<b>Because you are gay or lesbian or someone thought you were</b>				
0 times	91	89	92	–
1 time	3	4	3	–
2 or more times	6	7	5	–
<b>A physical or mental disability</b>				
0 times	95	93	95	–
1 time	1	2	2	–
2 or more times	3	4	3	–
<b>You are an immigrant or someone thought you were</b>				
0 times	98	94	95	–
1 time	0	2	2	–
2 or more times	2	4	4	–
<b>Any of the above six reasons</b>	23	31	26	–

*Question HS A.115-120/MS A.105-110: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin... Your religion... Your gender... Because you are gay or lesbian or someone thought you were... A physical or mental disability... You are an immigrant or someone thought you were.*

*Notes: Cells are empty if there are less than 10 respondents.*

**Table A5.2*****Reasons for Harassment on School Property, Past 12 Months – Continued***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Any other reason</b>				
0 times	79	78	82	–
1 time	8	6	9	–
2 or more times	13	15	9	–
<b>Any harassment</b>	32	38	34	–

*Question HS A.115-121/MS A.105-111: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin... Your religion... Your gender... Because you are gay or lesbian or someone thought you were... A physical or mental disability... You are an immigrant or someone thought you were... Any other reason.*

*Notes: Cells are empty if there are less than 10 respondents.*

**Table A5.3*****Verbal Harassment at School, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b><i>During the past 12 months, how many times on school property have you...</i></b>				
<b>had mean rumors or lies spread about you?</b>				
0 times	62	60	65	—
1 time	20	19	16	—
2 to 3 times	9	12	13	—
4 or more times	9	9	6	—
<b>had sexual jokes, comments, or gestures made to you?</b>				
0 times	74	63	68	—
1 time	11	11	11	—
2 to 3 times	6	11	11	—
4 or more times	9	15	9	—
<b>been made fun of because of your looks or the way you talk?</b>				
0 times	73	66	70	—
1 time	13	14	9	—
2 to 3 times	5	9	11	—
4 or more times	9	10	10	—
<b>been made fun of, insulted, or called names?</b>				
0 times	62	63	69	—
1 time	16	13	10	—
2 to 3 times	7	11	11	—
4 or more times	15	13	9	—

*Question HS A.103-105, 114/MS A.93-95, 104: During the past 12 months, how many times on school property have you... had mean rumors or lies spread about you... had sexual jokes, comments, or gestures made to you... been made fun of because of your looks or the way you talk... been made fun of, insulted, or called names?*

*Notes: Cells are empty if there are less than 10 respondents.*

**Table A5.4*****Violence and Victimization on School Property, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b><i>During the past 12 months, how many times on school property have you...</i></b>				
<b>been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?</b>				
0 times	79	86	91	—
1 time	10	7	4	—
2 to 3 times	5	2	3	—
4 or more times	6	5	1	—
<b>been afraid of being beaten up?</b>				
0 times	88	90	95	—
1 time	7	6	3	—
2 to 3 times	3	2	2	—
4 or more times	2	2	1	—
<b>been threatened with harm or injury?</b>				
0 times	92	93	95	—
1 time	4	3	3	—
2 to 3 times	2	2	1	—
4 or more times	2	2	0	—
<b>been in a physical fight?</b>				
0 times	93	92	95	—
1 time	4	4	3	—
2 to 3 times	2	2	1	—
4 or more times	1	2	1	—
<b>been threatened or injured with a weapon (gun, knife, club, etc.)?</b>				
0 times	99	97	99	—
1 time	1	1	0	—
2 to 3 times	0	1	0	—
4 or more times	0	1	0	—
<b>been offered, sold, or given an illegal drug?</b>				
0 times	93	74	79	—
1 time	4	9	8	—
2 to 3 times	1	11	6	—
4 or more times	2	7	7	—

*Question HS A.100-102, 107, 111, 113/MS A.90-92, 97, 101, 103: During the past 12 months, how many times on school property have you... been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around... been afraid of being beaten up... been in a physical fight... been offered, sold, or given an illegal drug... been threatened or injured with a weapon (gun, knife, club, etc.) ... been threatened with harm or injury?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A5.5*****Property Damage on School Property, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Had your property stolen or deliberately damaged</b>				
0 times	83	85	86	–
1 time	11	9	10	–
2 to 3 times	3	3	3	–
4 or more times	2	2	1	–
<b>Damaged school property on purpose</b>				
0 times	97	95	97	–
1 time	2	3	2	–
2 to 3 times	0	1	1	–
4 or more times	0	1	0	–

*Question HS A.106, 108/MS A.96, 98: During the past 12 months, how many times on school property have you... had your property stolen or deliberately damaged, such as your car, clothing, or books... damaged school property on purpose?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A5.6*****Weapons Possession on School Property, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Carried a gun</b>				
0 times	100	99	100	–
1 time	0	0	0	–
2 to 3 times	0	0	0	–
4 or more times	0	0	0	–
<b>Carried any other weapon (such as a knife or club)</b>				
0 times	98	97	97	–
1 time	0	1	1	–
2 to 3 times	0	0	1	–
4 or more times	1	2	1	–
<b>Seen someone carrying a gun, knife, or other weapon</b>				
0 times	96	92	94	–
1 time	3	5	3	–
2 to 3 times	1	2	2	–
4 or more times	0	1	1	–

*Question HS A.109, 110, 112/MS A.99, 100, 102: During the past 12 months, how many times on school property have you... carried a gun... carried any other weapon (such as a knife or club)... seen someone carrying a gun, knife, or other weapon?*

*Note: Cells are empty if there are less than 10 respondents.*

## 6. Alcohol and Other Drug Use

**Table A6.1**

***Summary Measures of Level of AOD Use and Perceptions***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
Lifetime illicit AOD use to get “high” <sup>†</sup>	7	39	62	–	A6.2
Lifetime alcohol or drugs (any use)	7	41	64	–	A6.2
Lifetime very drunk or high (7 or more times)	1	9	24	–	A6.7
Lifetime drinking and driving involvement	19	8	22	–	A6.11
Current alcohol or drugs	2	26	49	–	A6.5
Current heavy drug uses	1	9	18	–	A6.5
Current heavy alcohol use (binge drinking)	1	10	30	–	A6.5
Current alcohol or drug use on school property	1	7	9	–	A6.8
Harmfulness of occasional marijuana use <sup>‡</sup>	44	26	18	–	A6.12
Difficulty of obtaining marijuana <sup>§</sup>	19	4	3	–	A6.13

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup>*Excludes prescription pain medication, Diet Pills, and prescription stimulant.*

<sup>‡</sup>*Great harm.*

<sup>§</sup>*Very difficult.*

**Table A6.2**  
**Summary of AOD Lifetime Use**

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol	6	33	60	—
Marijuana	1	25	45	—
Inhalants	1	5	3	—
Cocaine, Methamphetamine, or any amphetamines	na	3	4	—
Heroin	na	2	0	—
Ecstasy, LSD, or other psychedelics	na	5	6	—
Prescription pain killers, Diet Pills, or other prescription stimulant	na	12	17	—
Cold/Cough Medicines or other over-the-counter medicines to get “high”	na	4	3	—
Any other drug, pill, or medicine to get “high”	1	4	3	—
<b>Any of the above AOD use</b>	7	41	64	—
<b>Any illicit AOD use to get “high”<sup>†</sup></b>	7	39	62	—

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup>Excludes prescription pain medication, Diet Pills, and prescription stimulant.

na—Not asked of middle school students.



**Table A6.3**  
***Lifetime AOD Use***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Alcohol (one full drink)</b>				
0 times	94	67	40	–
1 time	4	8	7	–
2 to 3 times	1	9	7	–
4 or more times	1	17	46	–
<b>Marijuana (smoke, vape, eat, or drink)</b>				
0 times	99	75	55	–
1 time	0	5	7	–
2 to 3 times	0	5	7	–
4 or more times	1	15	31	–
<b>Inhalants</b>				
0 times	99	95	97	–
1 time	0	2	1	–
2 to 3 times	0	1	1	–
4 or more times	0	2	1	–
<b>Cocaine, Methamphetamine, or any amphetamines</b>				
0 times	na	97	96	–
1 time	na	0	1	–
2 to 3 times	na	2	1	–
4 or more times	na	1	1	–
<b>Heroin</b>				
0 times	na	98	100	–
1 time	na	1	0	–
2 to 3 times	na	0	0	–
4 or more times	na	1	0	–
<b>Ecstasy, LSD, or other psychedelics</b>				
0 times	na	95	94	–
1 time	na	1	1	–
2 to 3 times	na	2	4	–
4 or more times	na	1	1	–

*Question HS A.49-52, 54, 55/MS A.50-52: During your life, how many times have you used the following? One full drink of alcohol (such as a can of beer, glass of wine, wine cooler, or shot of liquor)... Marijuana (smoke, vape, eat, or drink)... Inhalants (things you sniff, huff, or breathe to get “high” such as glue, paint, aerosol sprays, gasoline, poppers, gases)... Cocaine, Methamphetamine, or any amphetamines (meth, speed, crystal, crank, ice)... Heroin... Ecstasy, LSD, or other psychedelics (acid, mescaline, peyote, mushrooms).*

*Notes: Cells are empty if there are less than 10 respondents.*

*na—Not asked of middle school students.*

**Table A6.3**  
**Lifetime AOD Use – Continued**

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Prescription pain medication or opioids, tranquilizers, or sedatives</b>				
0 times	na	93	91	–
1 time	na	2	2	–
2 to 3 times	na	3	4	–
4 or more times	na	2	2	–
<b>Diet Pills</b>				
0 times	na	96	97	–
1 time	na	1	1	–
2 to 3 times	na	1	1	–
4 or more times	na	2	1	–
<b>Ritalin™ or Adderall™ or other prescription stimulant</b>				
0 times	na	93	88	–
1 time	na	2	3	–
2 to 3 times	na	1	2	–
4 or more times	na	5	7	–
<b>Cold/Cough Medicines or other over-the-counter medicines to get “high”</b>				
0 times	na	96	97	–
1 time	na	2	1	–
2 to 3 times	na	1	1	–
4 or more times	na	1	1	–
<b>Any other drug, pill, or medicine to get “high” or for other than medical reasons</b>				
0 times	99	96	97	–
1 time	0	1	1	–
2 to 3 times	0	2	1	–
4 or more times	0	1	1	–

*Question HS A.56-60/MS A.54: During your life, how many times have you used the following?... Prescription pain medication or opioids (Vicodin™, OxyContin™, Percodan™, Lortab™), tranquilizers, or sedatives (Xanax™, Ativan™)... Diet Pills (Didrex, Dexedrine, Zinadrine, Skittles, M&M's)... Ritalin™ or Adderall™ or other prescription stimulant... Cold/Cough Medicines or other over-the-counter medicines to get “high”... Any other drug, pill, or medicine to get “high” or for other than medical reasons.*

*Notes: Cells are empty if there are less than 10 respondents.*

*na—Not asked of middle school students.*

**Table A6.4*****Lifetime Marijuana Consumption***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b><i>During your life, how many times have you used marijuana in any of the following ways...</i></b>				
<b>Smoke it?</b>				
0 times	99	81	62	—
1 time	0	5	6	—
2 to 3 times	0	4	7	—
4 or more times	1	11	26	—
<b>In an electronic or e-cigarette or other vaping device?</b>				
0 times	99	79	58	—
1 time	0	4	6	—
2 to 3 times	0	5	8	—
4 or more times	0	13	28	—
<b>Eat or drink it in products made with marijuana?</b>				
0 times	100	86	74	—
1 time	0	5	8	—
2 to 3 times	0	5	8	—
4 or more times	0	4	10	—

*Question HS A.64-66/MS A.58-60: During your life, how many times have you used marijuana in any of the following ways... Smoke it?... In an electronic or e-cigarette or other vaping device?... Eat or drink it in products made with marijuana?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.5*****Current AOD Use, Past 30 Days***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol (one or more drinks of alcohol)	2	19	43	–
Binge drinking (5 or more drinks in a row)	1	10	30	–
Marijuana (smoke, vape, eat, or drink)	1	18	29	–
Inhalants	0	2	1	–
Prescription drugs to get “high” or for reasons other than prescribed	na	3	2	–
Other drug, pill, or medicine to get “high” or for reasons other than medical	1	2	1	–
<b><i>Any drug use</i></b>	1	19	29	–
<b><i>Heavy drug use</i></b>	1	9	18	–
<b><i>Any AOD Use</i></b>	2	26	49	–
Two or more substances at the same time	na	6	15	–

*Question HS A.70-76/MS A.64-68: During the past 30 days, on how many days did you use... one or more drinks of alcohol... five or more drinks of alcohol in a row, that is, within a couple of hours... marijuana (smoke, vape, eat, or drink)... inhalants (things you sniff, huff, or breathe to get “high”)... prescription drugs to get “high” or for reasons other than prescribed ... any other drug, pill, or medicine to get “high” or for reasons other than medical... two or more substances at the same time (for example, alcohol with marijuana, ecstasy with mushrooms)?*

*Notes: Cells are empty if there are less than 10 respondents.*

*Heavy drug use was calculated based on pattern of combined current drug use on three or more days (marijuana, inhalants, prescription pain medicine to get “high” (high school only) and any other illegal drug/pill to get “high”).*

*na—Not asked of middle school students.*

**Table A6.6*****Frequency of Current AOD Use, Past 30 Days***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Alcohol (one or more drinks)</b>				
0 days	98	81	57	–
1 or 2 days	1	13	24	–
3 to 9 days	0	5	17	–
10 to 19 days	0	0	1	–
20 or more days	0	1	1	–
<b>Binge drinking (5 or more drinks in a row)</b>				
0 days	99	90	70	–
1 or 2 days	0	7	16	–
3 to 9 days	0	3	12	–
10 to 19 days	0	1	1	–
20 or more days	0	1	1	–
<b>Marijuana (smoke, vape, eat, or drink)</b>				
0 days	99	82	71	–
1 or 2 days	0	9	12	–
3 to 9 days	0	5	7	–
10 to 19 days	0	1	5	–
20 or more days	0	2	4	–

*Question HS A.70-72/MS A.64-66: During the past 30 days, on how many days did you use... one or more drinks of alcohol... five or more drinks of alcohol in a row, that is, within a couple of hours... marijuana (smoke, vape, eat, or drink)?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.7*****Lifetime Drunk or “High”***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Very drunk or sick after drinking alcohol</b>				
0 times	99	82	58	–
1 to 2 times	1	9	19	–
3 to 6 times	0	6	12	–
7 or more times	0	2	12	–
<b>“High” (loaded, stoned, or wasted) from using drugs</b>				
0 times	99	80	60	–
1 to 2 times	0	6	10	–
3 to 6 times	0	5	9	–
7 or more times	1	8	22	–
<b><i>Very drunk or “high” 7 or more times</i></b>	<b>1</b>	<b>9</b>	<b>24</b>	<b>–</b>

*Question HS A.61, 62/MS A.55, 56: During your life, how many times have you been... very drunk or sick after drinking alcohol... “high” (loaded, stoned, or wasted) from using drugs?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.8*****Current AOD Use on School Property, Past 30 Days***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Alcohol</b>				
0 days	100	97	98	–
1 to 2 days	0	2	1	–
3 or more days	0	2	1	–
<b>Marijuana (smoke, vape, eat, or drink)</b>				
0 days	100	95	94	–
1 to 2 days	0	3	2	–
3 or more days	0	3	4	–
<b>Any other drug, pill, or medicine to get “high” or for reasons other than medical?</b>				
0 days	100	97	98	–
1 to 2 days	0	1	1	–
3 or more days	0	2	1	–
<b>Any of the above</b>	1	7	9	–

*Question HS A.80-82/MS A.72-74: During the past 30 days, on how many days on school property did you use... at least one drink of alcohol... marijuana (smoke, vape, eat, or drink)... any other drug, pill, or medicine to get “high” or for reasons other than medical?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.9*****Lifetime Drunk or “High” on School Property***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	100	92	86	–
1 to 2 times	0	3	6	–
3 to 6 times	0	3	4	–
7 or more times	0	2	4	–

*Question HS A.63/MS A.57: During your life, how many times have you been... drunk on alcohol or “high” on drugs on school property?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.10**  
**Cessation Attempts**

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Alcohol</b>				
Does not apply, don't use	na	82	63	—
0 times	na	16	32	—
1 time	na	1	3	—
2 to 3 times	na	0	1	—
4 or more times	na	1	1	—
<b>Marijuana</b>				
Does not apply, don't use	na	83	69	—
0 times	na	11	24	—
1 time	na	3	5	—
2 to 3 times	na	1	2	—
4 or more times	na	2	1	—

*Question HS A.96, 97: How many times have you tried to quit or stop using... alcohol... marijuana?*

*Notes: Cells are empty if there are less than 10 respondents.*

*na—Not asked of middle school students.*



**Table A6.11*****Drinking While Driving, Lifetime***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Driven a car when you had been using alcohol or drugs, or been in a car driven by a friend who had been using</b>				
Never	na	92	78	—
1 time	na	3	7	—
2 times	na	2	4	—
3 to 6 times	na	2	5	—
7 or more times	na	2	6	—
<b>Have ridden in a car driven by someone who had been using alcohol or drugs</b>				
Never	81	na	na	na
1 time	10	na	na	na
2 times	3	na	na	na
3 to 6 times	2	na	na	na
7 or more times	4	na	na	na

*Question HS A.98/MS A.87: During your life, how many times have you ever driven a car when you had been using alcohol or drugs, or been in a car driven by a friend when he or she had been using?... In your life, how many times have you ridden in a car driven by someone who had been using alcohol or drugs?*

*Notes: Cells are empty if there are less than 10 respondents.*

*na—Not asked of middle/high school students.*

**Table A6.12*****Perceived Harm of AOD Use***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Alcohol - drink occasionally</b>				
Great	27	21	16	–
Moderate	27	32	27	–
Slight	26	33	40	–
None	20	14	17	–
<b>Alcohol - 5 or more drinks once or twice a week</b>				
Great	62	55	56	–
Moderate	19	27	28	–
Slight	6	9	10	–
None	13	8	5	–
<b>Marijuana - use occasionally</b>				
Great	44	26	18	–
Moderate	31	32	26	–
Slight	12	24	31	–
None	14	19	25	–
<b>Marijuana - use daily</b>				
Great	76	55	46	–
Moderate	9	22	28	–
Slight	2	12	15	–
None	13	12	11	–

*Question HS A.87-90/MS A.79-82: How much do people risk harming themselves physically and in other ways when they do the following?... Drink alcohol (beer, wine, liquor ) occasionally... Have five or more drinks of alcohol once or twice a week... Use marijuana occasionally (smoke, eat, or drink) ... Use marijuana daily.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.13*****Perceived Difficulty of Obtaining Alcohol and Marijuana***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Alcohol</b>				
Very difficult	14	3	2	–
Fairly difficult	12	8	4	–
Fairly easy	19	25	24	–
Very easy	16	47	57	–
Don't know	40	17	13	–
<b>Marijuana</b>				
Very difficult	19	4	3	–
Fairly difficult	13	9	4	–
Fairly easy	12	30	31	–
Very easy	8	34	45	–
Don't know	48	22	16	–

*Question HS A.93, 94/MS A.85, 86: How difficult is it for students in your grade to get any of the following if they really want them?... Alcohol... Marijuana.*

*Note: Cells are empty if there are less than 10 respondents.*

## 7. Tobacco Use

**Table A7.1**

*Summary of Key CHKS Tobacco Indicators*

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
<b>Use Prevalence and Patterns</b>					
Ever smoked a whole cigarette	0	5	13	–	A7.2
Current cigarette smoking <sup>†</sup>	0	3	3	–	A7.3
Current cigarette smoking at school <sup>†</sup>	0	1	0	–	A7.4
Ever tried smokeless tobacco	0	2	4	–	A7.2
Current smokeless tobacco use <sup>†</sup>	0	1	1	–	A7.3
Current smokeless tobacco use at school <sup>†</sup>	0	1	0	–	A7.4
Ever used electronic cigarettes	4	30	47	–	A7.2
Current use of electronic cigarettes <sup>†</sup>	2	19	31	–	A7.3
Current use of electronic cigarettes at school <sup>†</sup>	0	8	10	–	A7.4
<b>Cessation Attempts</b>					
Tried to quit or stop using cigarettes	na	2	3	–	A7.5
<b>Attitudes and Correlates</b>					
Harmfulness of occasional cigarette smoking <sup>‡</sup>	34	32	42	–	A7.6
Harmfulness of smoking 1 or more packs/day <sup>‡</sup>	80	79	89	–	A7.6
Difficulty of obtaining cigarettes <sup>§</sup>	15	5	3	–	A7.8

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup>Past 30 days.

<sup>‡</sup>Great harm.

<sup>§</sup>Very difficult.

na—Not asked of middle school students.

**Table A7.2**  
***Lifetime Tobacco Use***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>A cigarette, even one or two puffs</b>				
0 times	99	na	na	na
1 time	0	na	na	na
2 to 3 times	0	na	na	na
4 or more times	0	na	na	na
<b>A whole cigarette</b>				
0 times	100	95	87	—
1 time	0	2	3	—
2 to 3 times	0	2	4	—
4 or more times	0	1	6	—
<b>Smokeless tobacco</b>				
0 times	100	98	96	—
1 time	0	1	1	—
2 to 3 times	0	1	1	—
4 or more times	0	0	2	—
<b>An electronic cigarette or other vaping device</b>				
0 times	96	70	53	—
1 time	3	6	5	—
2 to 3 times	0	6	8	—
4 or more times	1	18	34	—

*Question HS A.46-48/MS A.46-49: During your life, how many times have you used the following? A cigarette, even one or two puffs... A whole cigarette... Smokeless tobacco (dip, chew, or snuff)... Electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens.*

*Notes: Cells are empty if there are less than 10 respondents.*

*na—Not asked of middle school students.*

**Table A7.3*****Any Current Use and Daily Use***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Cigarettes</b>				
Any	0	3	3	–
Daily (20 or more days)	0	0	0	–
<b>Smokeless tobacco</b>				
Any	0	1	1	–
Daily (20 or more days)	0	0	0	–
<b>Electronic cigarettes or other vaping device</b>				
Any	2	19	31	–
Daily (20 or more days)	0	3	8	–

*Question HS A.67-69/MS A.61-63: During the past 30 days, on how many days did you use... cigarettes... smokeless tobacco (dip, chew, or snuff )... electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A7.4**  
**Current Smoking on School Property, Past 30 Days**

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Cigarettes</b>				
0 days	100	99	100	–
1 or 2 days	0	1	0	–
3 to 9 days	0	0	0	–
10 to 19 days	0	0	0	–
20 or more days	0	0	0	–
<b>Smokeless tobacco</b>				
0 days	100	99	100	–
1 or 2 days	0	1	0	–
3 to 9 days	0	0	0	–
10 to 19 days	0	0	0	–
20 or more days	0	0	0	–
<b>Electronic cigarettes or other vaping device</b>				
0 days	100	92	90	–
1 or 2 days	0	4	4	–
3 to 9 days	0	2	2	–
10 to 19 days	0	0	1	–
20 or more days	0	2	3	–

*Question HS A.77-79/MS A.69-71: During the past 30 days, on how many days on school property did you use... cigarettes... smokeless tobacco (dip, chew, or snuff)... electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A7.5*****Cigarette Smoking Cessation Attempts***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Does not apply, don't use	na	94	91	–
0 times	na	4	6	–
1 time	na	1	2	–
2 to 3 times	na	1	0	–
4 or more times	na	1	1	–

*Question HS A.95: How many times have you tried to quit or stop using cigarettes?*

*Notes: Cells are empty if there are less than 10 respondents.*

*na—Not asked of middle school students.*

**Table A7.6*****Perceived Harm of Cigarette Smoking***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Smoke cigarettes occasionally</b>				
Great	34	32	42	–
Moderate	36	41	41	–
Slight	17	17	10	–
None	13	10	7	–
<b>Smoke 1 or more packs of cigarettes each day</b>				
Great	80	79	89	–
Moderate	6	7	5	–
Slight	2	4	1	–
None	13	10	4	–

*Question HS A.83, 84/MS A.75, 76: How much do people risk harming themselves physically and in other ways when they do the following?... Smoke cigarettes occasionally... Smoke 1 or more packs of cigarettes each day.*

*Note: Cells are empty if there are less than 10 respondents.*



**Table A7.7*****Perceived Harm of E-Cigarette Use Compared to Smoking***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Use e-cigarettes or vaping device occasionally compared to smoking cigarettes</b>				
Great	34	26	24	–
Moderate	34	36	39	–
Slight	20	26	28	–
None	12	11	9	–
<b>Use e-cigarettes or vaping devices several times a day compared to smoking cigarettes</b>				
Great	57	48	44	–
Moderate	22	30	38	–
Slight	9	12	12	–
None	11	9	6	–

*Question HS A.85, 86/MS A.77, 78: How much do people risk harming themselves physically and in other ways when they do the following?... Use e-cigarettes (electronic) or vaping device occasionally compared to smoking cigarettes... Use e-cigarettes or vaping devices several times a day compared to smoking cigarettes.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A7.8*****Perceived Difficulty of Obtaining Cigarettes and E-Cigarettes***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Cigarettes</b>				
Very difficult	15	5	3	–
Fairly difficult	17	13	10	–
Fairly easy	14	31	29	–
Very easy	8	19	28	–
Don't know	45	31	30	–
<b>E-Cigarettes or vaping device</b>				
Very difficult	10	2	2	–
Fairly difficult	10	4	1	–
Fairly easy	22	23	22	–
Very easy	21	56	62	–
Don't know	37	15	13	–

*Question HS A.91, 92/MS A.83, 84: How difficult is it for students in your grade to get any of the following if they really want them?... Cigarettes.... E-cigarettes (electronic) or vaping device*

*Note: Cells are empty if there are less than 10 respondents.*

## 8. Other Physical and Mental Health Risks

**Table A8.1**

***Cyber Bullying, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times (never)	77	68	75	–
1 time	12	15	12	–
2 to 3 times	7	9	8	–
4 or more times	3	8	6	–

*Question HS A.122/MS A.112: During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A8.2**

***Alone After School***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Never	30	na	na	na
1 day	24	na	na	na
2 days	18	na	na	na
3 days	11	na	na	na
4 days	4	na	na	na
5 days	14	na	na	na

*Question MS A.89: In a normal week, how many days are you home after school for at least one hour without an adult there?*

*Notes: Cells are empty if there are less than 10 respondents.*

*na—Not asked of high school students.*

**Table A8.3*****Eating of Breakfast***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	15	30	36	–
Yes	85	70	64	–

*Question HS A.126/MS A.115: Did you eat breakfast today?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A8.4*****Chronic Sad or Hopeless Feelings, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	82	71	66	–
Yes	18	29	34	–

*Question HS A.124/MS A.114: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A8.5*****Seriously Considered Attempting Suicide, Past 12 Months***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	na	83	86	–
Yes	na	17	14	–

*Question HS A.125: During the past 12 months, did you ever seriously consider attempting suicide?*

*Notes: Cells are empty if there are less than 10 respondents.*

*na—Not asked of middle school students.*

**Table A8.6*****Gang Involvement***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	97	96	96	–
Yes	3	4	4	–

*Question HS A.123/MS A.113: Do you consider yourself a member of a gang?*

*Note: Cells are empty if there are less than 10 respondents.*

## 9. Race/Ethnic Breakdowns

**Table A9.1**

***School Supports and Engagement by Race/Ethnicity - 7th Grade***

Percent of Students (%)	Grade 7						
	H/L	AI/AN	Asian	AA	NH/PI	White	Mixed
<b><i>School Environment</i></b>							
Total school supports <sup>‡</sup>	24		27			30	23
Caring adults in school <sup>‡</sup>	30		30			34	25
High expectations-adults in school <sup>‡</sup>	36		37			44	36
Meaningful participation at school <sup>‡</sup>	6		12			11	7
<b><i>School Connectedness</i></b> <sup>†</sup>	24		32			29	25
<b><i>Academic Motivation</i></b> <sup>†</sup>	31		51			41	32
<b><i>Parent Involvement in School</i></b> <sup>†</sup>	18		22			19	18

Notes: Cells are empty if there are less than 10 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races. <sup>†</sup>Average percent of respondents reporting “Strongly agree.” <sup>‡</sup>Average percent of respondents reporting “Very much true.”

**Table A9.2**

***School Supports and Engagement by Race/Ethnicity - 9th Grade***

Percent of Students (%)	Grade 9						
	H/L	AI/AN	Asian	AA	NH/PI	White	Mixed
<b><i>School Environment</i></b>							
Total school supports <sup>‡</sup>	22		21			28	23
Caring adults in school <sup>‡</sup>	21		19			31	24
High expectations-adults in school <sup>‡</sup>	33		33			40	35
Meaningful participation at school <sup>‡</sup>	11		12			12	10
<b><i>School Connectedness</i></b> <sup>†</sup>	16		12			20	18
<b><i>Academic Motivation</i></b> <sup>†</sup>	33		42			33	38
<b><i>Parent Involvement in School</i></b> <sup>†</sup>	10		5			9	6

Notes: Cells are empty if there are less than 10 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races. <sup>†</sup>Average percent of respondents reporting “Strongly agree.” <sup>‡</sup>Average percent of respondents reporting “Very much true.”

**Table A9.3*****School Supports and Engagement by Race/Ethnicity - 11th Grade***

Percent of Students (%)	Grade 11						
	H/L	AI/AN	Asian	AA	NH/PI	White	Mixed
<b><i>School Environment</i></b>							
Total school supports <sup>‡</sup>	27		28	22		26	25
Caring adults in school <sup>‡</sup>	30		30	23		32	27
High expectations-adults in school <sup>‡</sup>	34		41	27		37	33
Meaningful participation at school <sup>‡</sup>	16		14	16		11	15
<b><i>School Connectedness</i></b> <sup>†</sup>	18		19	15		22	18
<b><i>Academic Motivation</i></b> <sup>†</sup>	21		38	27		28	25
<b><i>Parent Involvement in School</i></b> <sup>†</sup>	10		12	17		9	8

Notes: Cells are empty if there are less than 10 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races. <sup>†</sup>Average percent of respondents reporting “Strongly agree.” <sup>‡</sup>Average percent of respondents reporting “Very much true.”

**Table A9.4*****School Supports and Engagement by Race/Ethnicity - Non-Traditional***

Percent of Students (%)	NT						
	H/L	AI/AN	Asian	AA	NH/PI	White	Mixed
<b><i>School Environment</i></b>							
Total school supports <sup>‡</sup>	—	—	—	—	—	—	—
Caring adults in school <sup>‡</sup>	—	—	—	—	—	—	—
High expectations-adults in school <sup>‡</sup>	—	—	—	—	—	—	—
Meaningful participation at school <sup>‡</sup>	—	—	—	—	—	—	—
<b><i>School Connectedness</i></b> <sup>†</sup>	—	—	—	—	—	—	—
<b><i>Academic Motivation</i></b> <sup>†</sup>	—	—	—	—	—	—	—
<b><i>Parent Involvement in School</i></b> <sup>†</sup>	—	—	—	—	—	—	—

Notes: Cells are empty if there are less than 10 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races. <sup>†</sup>Average percent of respondents reporting “Strongly agree.” <sup>‡</sup>Average percent of respondents reporting “Very much true.”

**Table A9.5*****Feeling Safe or Very Safe at School by Race/Ethnicity***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	76	62	62	–
American Indian or Alaska Native				–
Asian	82	50	81	–
Black or African American			50	–
Native Hawaiian or Pacific Islander				–
White	81	63	73	–
Mixed (two or more) races	66	63	70	–

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.6*****Harassment Due to Six Reasons at School in the Past 12 Months by Race/Ethnicity***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	17	39	33	–
American Indian or Alaska Native				–
Asian	39	40	38	–
Black or African American			40	–
Native Hawaiian or Pacific Islander				–
White	20	28	23	–
Mixed (two or more) races	23	30	29	–

*Notes: Cells are empty if there are less than 10 respondents.*

*The six reasons include race, ethnicity or national origin; religion; gender (being male or female); sexual orientation; a physical or mental disability; and immigrant status.*



**Table A9.7*****Any Harassment or Bullying at School in the Past 12 Months by Race/Ethnicity***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	24	45	40	–
American Indian or Alaska Native				–
Asian	41	40	46	–
Black or African American			47	–
Native Hawaiian or Pacific Islander				–
White	30	35	32	–
Mixed (two or more) races	35	41	36	–

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.8*****Any Alcohol Use at School in the Past 30 Days by Race/Ethnicity***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	0	6	1	–
American Indian or Alaska Native				–
Asian	0	0	0	–
Black or African American			0	–
Native Hawaiian or Pacific Islander				–
White	0	3	3	–
Mixed (two or more) races	0	2	2	–

*Notes: Cells are empty if there are less than 10 respondents.*

**Table A9.9*****Cigarette Smoking in the Past 30 Days by Race/Ethnicity***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	0	3	0	–
American Indian or Alaska Native				–
Asian	0	0	0	–
Black or African American			0	–
Native Hawaiian or Pacific Islander				–
White	0	3	5	–
Mixed (two or more) races	0	1	1	–

*Notes: Cells are empty if there are less than 10 respondents.*

**Table A9.10*****Any Alcohol Use in the Past 30 Days by Race/Ethnicity***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	2	23	28	–
American Indian or Alaska Native				–
Asian	0	6	21	–
Black or African American			19	–
Native Hawaiian or Pacific Islander				–
White	2	21	52	–
Mixed (two or more) races	2	16	31	–

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.11*****Any Marijuana Use in the Past 30 Days by Race/Ethnicity***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	0	27	27	–
American Indian or Alaska Native				–
Asian	0	4	13	–
Black or African American			6	–
Native Hawaiian or Pacific Islander				–
White	1	17	35	–
Mixed (two or more) races	0	22	22	–

*Notes: Cells are empty if there are less than 10 respondents.*

**Table A9.12*****Chronic Sad or Hopeless Feelings in the Past 12 Months by Race/Ethnicity***

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	26	26	38	–
American Indian or Alaska Native				–
Asian	16	22	31	–
Black or African American			38	–
Native Hawaiian or Pacific Islander				–
White	16	28	33	–
Mixed (two or more) races	25	30	37	–

*Note: Cells are empty if there are less than 10 respondents.*

## 10. Gender Breakdowns

**Table A10.1**  
***School Supports and Engagement by Gender***

	Grade 7		Grade 9		Grade 11		NT	
	Female	Male	Female	Male	Female	Male	Female	Male
	%	%	%	%	%	%	%	%
<b><i>School Environment</i></b>								
Total school supports <sup>‡</sup>	28	28	25	27	24	28	—	—
Caring adults in school <sup>‡</sup>	32	32	27	30	28	33	—	—
High expectations-adults in school <sup>‡</sup>	42	43	38	39	33	38	—	—
Meaningful participation at school <sup>‡</sup>	10	11	10	13	12	13	—	—
<b><i>School Connectedness</i></b> <sup>†</sup>	26	31	16	21	17	24	—	—
<b><i>Academic Motivation</i></b> <sup>†</sup>	43	38	39	30	33	24	—	—
<b><i>Parent Involvement in School</i></b> <sup>†</sup>	16	21	7	10	8	11	—	—

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup>Average percent of respondents reporting “Strongly agree.”

<sup>‡</sup>Average percent of respondents reporting “Very much true.”

**Table A10.2**
**Select Perceived Safety, Harassment, Alcohol and Other Drug Use, and Mental Health Measures by Gender**

	Grade 7		Grade 9		Grade 11		NT	
	Female	Male	Female	Male	Female	Male	Female	Male
	%	%	%	%	%	%	%	%
<b>Perceived Safety at School</b>								
Feel safe or very safe at school	74	82	55	67	66	78	–	–
<b>Harassment/Bullying at School</b>								
<i>During the past 12 month at school, have you been...</i>								
harassed/bullied for any of the six reasons	28	18	33	28	30	23	–	–
harassed/bullied for any reasons	35	29	40	36	36	32	–	–
<b>Current ATOD Use</b>								
<i>During the past 30 days, did you...</i>								
have at least one drink of alcohol at school	0	0	2	4	2	2	–	–
smoke cigarettes	0	0	3	4	5	2	–	–
have at least one drink of alcohol	1	2	21	17	47	39	–	–
use marijuana	0	1	19	17	27	31	–	–
<b>Mental Health</b>								
Chronic sad or hopeless feelings, past 12 months	19	16	39	18	43	24	–	–

*Note: Cells are empty if there are less than 10 respondents.*

# Appendix I

**Table APP.1**

***2017-18 CHKS Secondary Survey Response Rates***

Eligible Schools	7th %	9th %	11th %	NT %
Manhattan Beach Middle	91			
Mira Costa High		78	84	

*Notes: Response rates are presented by grade level. Eligible schools listed are based on CBEDS 2017-18 public school and enrollment data files. Directly funded charter schools have been excluded from the list.*

# Appendix II

## California Healthy Kids Survey Content Overview

This brief guide to key CHKS Core Module indicators is designed to help survey users more easily understand and interpret their findings.<sup>1</sup> References are provided to the tables in CHKS reports where results for the indicators discussed can be found. References are also made to relevant CHKS reports and factsheets and What Works Briefs (guides to best practices) that provide further information. These valuable resources can be downloaded, respectively, from the CHKS and California Safe and Supportive Schools websites ([chks.wested.org/using-results/factsheets](http://chks.wested.org/using-results/factsheets); [californias3.wested.org/tools/research](http://californias3.wested.org/tools/research); [californias3.wested.org/tools/wwb](http://californias3.wested.org/tools/wwb)).

Special attention is directed toward indicators related to the requirements of California's Local Control and Accountability Plans (LCAP).<sup>2</sup> For a summary of state-level LCAP-related baseline data, see CHKS Factsheet #15.

### MAIN CONTENT FOCUS: SCHOOL CLIMATE AND THE NEEDS OF THE WHOLE CHILD

The main purpose of the CHKS Core Module is to assess indicators of school climate, pupil engagement, and student supports, all three key priorities required of Local Control and Accountability Plans. It seeks to provide schools with essential data to determine the degree to which they provide the conditions and supports that all youth need to succeed in school and developmentally thrive. Twenty-nine items assessing seven domains are used to calculate a School Climate Index (SCI) score that is included in a *School Climate Report Card* that districts can request at the district and school level. The items used in the SCI assess school connectedness, developmental supports (e.g., caring adult relationships), perceived safety, bullying, and victimization.

School climate, as measured by the CHKS, is strongly related to student performance on standardized academic tests. Data show that, for high school students, as CHKS School Climate Index (SCI) scores increased—as the schools became safer, more supportive, and more engaging—test performance as measured by the state's Academic Performance Index (API) increased as well (School Climate Factsheet #3).

In a ground-breaking analysis, a positive school climate was a distinguishing characteristic of California secondary schools that “beat the odds” and consistently performed better on the state's standardized tests than *would be predicted* based on the characteristics of their students (i.e., comparing schools with similar student demographics). The higher (more positive) the CHKS School Climate Index score, the greater the probability there was for beating the odds. School climate was more strongly associated with beating the odds than a school's level of personnel resources (School Climate Factsheet #6).<sup>3</sup>

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<sup>1</sup> To see how local results compare with state averages in California, download a copy of the latest Biennial Statewide CHKS report ([chks.wested.org/reports](http://chks.wested.org/reports)). The Biennial report provides results from a randomly-selected, representative state sample. County level reports are also available on the CHKS website.

<sup>2</sup> For a guide to how CalSCHLS survey items align with LCAP indicator requirements, download *Helpful Resources for Local Control and Accountability Plans* at [surveydata.wested.org/resources/LCAP\\_Cal\\_SCHLS.pdf](http://surveydata.wested.org/resources/LCAP_Cal_SCHLS.pdf).

<sup>3</sup> Voight, Austin, & Hanson, (2013). Download [www.wested.org/online\\_pubs/hd-13-10.pdf](http://www.wested.org/online_pubs/hd-13-10.pdf)

More generally, the CHKS Core Module provides data to help understand the degree to which schools address the needs of the Whole Child. CHKS data show that California secondary schools made greater progress in raising standardized test scores over a one-year period when they had higher percentages of students who: (1) were less engaged in risky behaviors such as substance use and violence; (2) were more likely to eat nutritiously and exercise; and (3) reported experiencing caring adult relationships and high expectations at school. These results suggest that addressing the health and developmental needs of youth is a critical component of a comprehensive strategy for meeting accountability demands for improved academic performance (CHKS Factsheet #3).

## GRADE-LEVEL PATTERNS

More than twenty years of survey administration has demonstrated that as youth progress through secondary school, they become: (1) less likely to feel connected to school and be academically motivated; and (2) more likely to report truancy, involvement in substance use, and chronic sadness and hopelessness.

- **Seventh graders** report the highest rates of harassment and victimization, as well as participation in a physical fight and seeing a weapon on campus.
- **Ninth graders** report the lowest rates of developmental support and perceived safety.
- In interpreting the results for **11th graders** take into consideration that many youth who are most disengaged and involved in high risk behaviors may have already dropped out of school or did not participate in the survey because of truancy or absenteeism.
- Across risk behaviors and problem indicators, **nontraditional (continuation school) students** reported prevalence rates at least twice those of 11th graders in a comprehensive school setting. They also exhibited lower perceived school safety, school connectedness, and developmental supports. Continuation school students are a highly vulnerable population in need of a wide range of academic, social, emotional, and behavioral supports and intervention services (CHKS Factsheet #7).

## DEMOGRAPHIC CHARACTERISTICS AND POPULATION SUBGROUP DIFFERENCES

### Demographic Characteristics (Tables A3.1-3.14)

A wide range of data on the demographic and background characteristics of the survey respondents is provided (in 14 tables) to help users gain a better sense of how representative the survey sample is compared to the student population overall. This also enables users to analyze their data to determine how survey results vary by important subgroups in the school and help them identify, and target programs at, the youth most in need. School districts can use these data to meet the Local Control and Accountability Plan (LCAP) requirement to demonstrate actions across state priorities in regard to six numerically significant subgroups: ethnicity, socioeconomically (SES) disadvantaged, English learners, pupils with disabilities, foster youth, and homeless youth—all categories assessed by the CHKS. In the standard CHKS report, and in the Query CHKS system, breakdowns for selected key indicators are provided by race/ethnicity and gender. Districts/schools



can request reports disaggregating all their results by demographic characteristics from their Regional CHKS Technical Assistance Center.

### **Racial-Ethnic Identification (Tables A3.2-3.3)**

Respondents self-report their identification with six racial/ethnic groups plus mixed (two or more) race. Comparing these data with other evidence of the racial-ethnic composition of student enrollment provides insight into how representative are the survey results. In one study of CHKS data, both academic performance and school well-being—the degree to which students feel safe at, supported by, and connected to the school—varied consistently and persistently across schools by racial/ethnic groupings. They were lowest in schools with large proportions of African American and Hispanic students, as well as in low-income schools. Controlling for socioeconomic status and other school demographic characteristics reduced these racial/ethnic group differences, but they still remained. This suggests that school climate factors related to student well-being may also play a role in the racial-ethnic achievement gap. One strategy to close the gap thus may be to enhance learning supports that foster caring adult relationships, high expectations, meaningful participation, safety, and connectedness in schools serving large proportions of low-income African American and Hispanic students (CHKS Factsheet #8).

In the majority of cases, with notable exceptions for Asians, *the racial/ethnic gaps in performance, engagement, perceived support, and safety are greater within-schools than between-schools*. African American, Latino, and Asian students feel less safe, engaged, and supported than their White peers *within the same school*. Inequities in these factors, for the various racial/ethnic groups, can possibly contribute to the achievement gap. Further, these findings suggest that practices designed to ensure equal access to academic resources, opportunities, learning supports, and promotion of common experiences may be effective in ameliorating the gap (CHKS Factsheet #13).

### **Foster Care Youth (Table A3.4)**

Compared to youth who live with their parents, foster care youth report much higher rates of substance abuse, poor school attendance and grades, more violence-related behaviors, more harassment, and higher depression risk. They were also more likely to be low in caring adult relationships and total environmental assets (CHKS Factsheet #6).

## **SPECIFIC CONTENT AREAS**

### **Self-Reported Grades (Table A4.1)**

The CHKS asks students to indicate what grades they mostly received in school in the past 12 months. Although self-reports are not as accurate as actual report card data, they provide a general sense of the school performance of the survey respondents from their self-perception. To learn more about the factors that might be causing poor performance, request a CHKS report showing how all the survey results vary by level of performance.

### **Absenteeism and Truancy (Tables A4.2-4.3)**

Before top teachers with quality curriculums and engaging activities can even attempt to improve academic performance, the students have to show up. The CHKS report provides data to identify what proportion of respondents are at risk of chronic absenteeism (missed 3 or more of the past 30

school days), what were the reasons for absences, and the level of truancy. Users can request reports looking at the characteristics of youth based on the absenteeism and truancy to guide efforts to improve the LCAP pupil engagement priority.

Poor attendance is a marker of a wider variety of other problems, including low school connectedness and learning engagement. Both the US Department of Education and the California Office of the Attorney General have launched initiatives designed to raise awareness about and combat chronic absenteeism, generally defined as missing 10% of school days. According to a report by Attendance Works, the nation's large and persistent education achievement gaps are rooted in a largely hidden crisis of chronic absenteeism, especially among low-income and minority children.<sup>4</sup> Biennial State CHKS data (Table A4.3) indicate that generally, after illness, the most important reasons for being absent in secondary school are not getting enough sleep and anxiety or stress, followed by being behind in school work, and being bored or uninterested in school.

Among high school staff statewide, truancy is the top-rated of fourteen potential school problems assessed by the California School Staff Survey (Table A8.4). Truancy has been identified as one of the most powerful predictors of both poor achievement and delinquency.<sup>5</sup> Truants are also more likely to use drugs and have deviant friends.

### **Developmental Supports (Tables A4.5, A4.7-4.9)**

Research shows that when schools (or families or communities) provide three developmental supports measured by the CHKS—**caring adult relationships, high expectations, and opportunities for meaningful participation**—students are more likely to report more positive academic, social-emotional, and health outcomes, including higher grades, school connectedness, attendance, and perceived safety. CHKS results overall suggest that the great majority of students do not receive sufficient levels of support and that the supports received are lower in high school than in middle school, even though student need for them is arguably higher (CHKS Factsheets #1 and #3; School Climate Factsheets #1 and #2, What Works Briefs #1 and #2).

### **School Connectedness (Table A4.6)**

School connectedness is one of the indicators of school climate that a California school district must address in its LCAP. Research shows that school connectedness is associated with multiple positive academic, social-emotional, and health outcomes. The CHKS five-item School Connectedness Scale is an important differentiator between low-performing and high-performing high schools and has value as an indicator of school quality. School connectedness appears to have increased in California in the second half of the last decade, but it still declines markedly after elementary school. A substantial majority of high school students are not highly connected to their schools. This may be related at least in part to their lower levels of developmental support. The lowest rates of both connectedness and test scores are in low-income schools. The online Query

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<sup>4</sup> Attendance Works & Everyone Graduates Center. (2017, September). *Portraits of Change: Aligning School and Community Resources to Reduce Chronic Absence*. Available at [www.attendanceworks.org/research/attendance-works-reports](http://www.attendanceworks.org/research/attendance-works-reports)

<sup>5</sup> Robins & Ratcliff, (1978). *Long Range Outcomes Associated With School Truancy*. Rockville, MD: Public Health Service (DHEW). Garry, E. M., & Department of Justice, Washington, DC. Office of Juvenile Justice and Delinquency Prevention. (1996). *Truancy: First Step to a Lifetime of Problems*. Cairns, R. B., Cairns, B. D., & Neckerman, H. J. (1989). Early school dropout: Configurations and determinants. *Child Dev*, 60(6), 1437-52.

CHKS system shows how key survey indicators vary by school connectedness (see School Climate Factsheet #5, What Works Brief #4).

### **Perceived Safety (Table A5.1)**

Perceived safety is another indicator districts/schools are required to monitor as part of their LCAP. Perceived school safety is more than the antithesis of violence. Perceived school safety is psychological as well as physical. Feelings of insecurity can have multiple sources, not all of which correctly reflect the level of danger and violence on a school campus, such as verbal bullying. Both physical and psychological safety are essential for high quality teaching and learning. If students report low levels of perceived school safety, pay close attention to all the indicators related to bullying and victimization, as well as mental health. Schools may want to request comparisons of students' perceptions of their own safety with the actual level of violence and other safety-related indicators self-reported by students. A follow-up focus group or Student Listening Circle asking why students do not feel safe is recommended (see School Climate What Works Brief #3).

### **Violent and Nonviolent Misbehavior on School Property (Tables A5.2-5.6)**

The CHKS asks students a wide range of questions to ascertain the scope and nature of physical and verbal violence and victimization that occurs on campus, as well as vandalism. Physical violence and weapons on campus (Tables A5.4, A5.6) have long been a major public concern. Equally disruptive are the uncounted acts of bullying, teasing, and other nonviolent misbehavior among youth, such as substance use and sales on campus.<sup>6</sup> These behaviors adversely affect not only students' ability to learn and willingness to attend school, but also the overall school environment, the ability of teachers to teach, and the willingness of adults to enter the teaching profession<sup>7</sup> (see School Climate What Works Briefs #5 and #6).

### **Harassment (Tables A5.2-5.3)**

Nonviolent harassment in any form—threats, intimidation, rumors, and ostracism—can instill a sense of vulnerability, isolation, frustration, and fear among its victims, leading to engagement in health risk behaviors or avoidance behaviors such as missing school and social isolation. This type of misbehavior, vastly more common than any other, ruins the school day for many students. In *Bruised Inside* (2000), the National Association of Attorneys General describes harassment by peers as one of the two causes for kids to express anger using guns, knives, and fists.<sup>8</sup>

The CHKS asks about the frequency with which students experienced any bullying/harassment related to six bias-related categories (gender, race/ethnicity, disability, sexual identity, religion, immigrant status), as well as for any other reason. Analysis of this data show that victims of harassment are more likely to not feel safe at, and connected to, school; to have higher truancy; and to experience lower developmental (resilience) supports at school. They report higher rates of fighting and weapons possession at school, as well as risk of depression. Students who report bias-related harassment, particularly for disability and sexual orientation, have poorer well-being than

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<sup>6</sup> Juvonen, J., & Graham, S. (2001). *Peer harassment in school: The plight of the vulnerable and victimized*. New York: Guilford Press.

<sup>7</sup> Barton, P. E. (2001). *Facing the hard facts in education reform*. Princeton, NJ: Educational Testing Service.

<sup>8</sup> Horn, D. M., National Association of Attorneys General., & Washington (State). (2000). *Bruised inside: What our children say about youth violence, what causes it, and what we need to do about it: A report of the National Association of Attorneys General (NAAG)*. Washington, DC: National Association of Attorneys General.

students who were only harassed for other reasons (CHKS Factsheets #4 and #10; see also School Climate What Works Brief #7).

### **Substance Abuse (Tables A6.1-6.11)**

The misuse of alcohol and other drugs continues to be among the most important issues confronting the nation. For schools, the problem is particularly relevant. Years of research have shown that adolescent substance use is closely connected to academic performance and contributes to raising the level of truancy and absenteeism, special education, disciplinary problems, disengagement and dropout rates, teacher turnover, and property damage. Reflecting this, on the California School Staff Survey (Table A9.12), high school staff statewide are more likely to perceive alcohol and drug use as moderate to severe problems at their schools than all of seven violence-related indicators (49% for both alcohol and drugs in 2004-06), ranking them among the top 3 of 14 problem indicators.

Use at school is especially troubling (Tables A6.8-6.9). It reflects a level of drug involvement so pervasive that the potential repercussions for violation of school rules are disregarded by these youths. This is behavior that threatens not only the user's learning ability but also school efforts to educate all youth. An analysis of CHKS data found that that substance use and intoxication at school, being offered drugs at school, and lifetime intoxication, were significantly related to changes in California achievement test scores one year later. Schools with proportionately large numbers of students who reported these behaviors exhibited smaller gains in test scores than other schools<sup>9</sup> (CHKS Factsheet #3; see also School Climate What Works Brief #8).

### **Cigarette Smoking (Tables A7.1-7.4)**

Current smokers are significantly more likely than nonsmokers to engage in alcohol and other drug use, be involved in violence and gang membership, and experience school-related problems and disengagement. To a lesser extent, current smokers are also more likely than nonsmokers to be victims of violence and harassment, feel unsafe at school, and experience incapacitating sadness and loneliness. These results suggest that efforts to reduce student smoking may be more successful if embedded in approaches that address a broad range of risk behaviors and problems (CHKS Factsheet #2 and #5).

### **Mental Health (Tables A8.4-8.5)**

The CHKS Core provides two measures for assessing mental health among students: (1) whether they experience chronic, incapacitating sadness or hopelessness; and (2) whether they ever contemplated suicide. Students who experience chronic sadness, compared to their peers who do not, are at elevated risk of a wide range of educational, health, social, and emotional problems, including lower school attendance, performance, and connectedness. They also report lower levels of the developmental supports in their schools and communities that have been shown to mitigate these problems. Similar findings are found among youth who have contemplated suicide (CHKS Factsheets #11 and #12).

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<sup>9</sup> Hanson, T. L., Austin, G. A., & Lee-Bayha, J. (2004). *Ensuring that No Child is Left Behind: How are Student Health Risks & Resilience Related to the Academic Progress of Schools*. San Francisco: WestEd.