

CALIFORNIA HEALTHY KIDS SURVEY



Mountain View Los Altos Secondary 2024-2025 Main Report

This report was prepared by WestEd, a research, development, and service agency, under contract from the California Department of Education School Health Office. For contract information, contact:

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Recommended citation:

Mountain View-Los Altos Union High School District. *California Healthy Kids Survey, 2024-2025: Main Report*. San Francisco: WestEd for the California Department of Education.

Date prepared: 1 Aug 2025
CDS code: 43696090000000

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PREFACE

HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2024-25 *California Healthy Kids Survey* (CHKS) for schools within this school district. The CHKS, along with its two companion surveys—the *California School Staff Survey* (CSSS) and the *California School Parent Survey* (CSPS)—form the California Department of Education’s *California School Climate, Health, and Learning Survey* (CalSCHLS) System. CalSCHLS is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by CalSCHLS. Appendix I lists the schools that administered the survey in the district and their response rates; Appendix II provides more information about CHKS questions.

These surveys grew out of the California Department of Education’s (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website (calschls.org). The California Safe and Supportive Schools website (ca-safe-supportive-schools.wested.org) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS technical advisor team offers data workshops and coaching to help identify local needs and develop action plans to meet those needs.

THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs. Appendix II is a brief guide to key CHKS Core Module indicators designed to help survey users more easily understand and interpret their findings.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The secondary-school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules that districts can elect to administer.

Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

Core Module

As summarized in Appendix II, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, college and career readiness, positive development, and well-being. The majority of the questions are school-specific, including the following indicators:

- student grades, truancy, boredom at school, attendance, academic motivation, and school connectedness, as indicators of engagement;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- perceived school safety, bullying, and victimization; and
- violence perpetration, substance use, and crime-related behavior (e.g., weapons possession).

The Core Module also assesses indicators of student well-being in general, including the scope and nature of substance use and mental health and wellness (chronic sadness, social and emotional distress, life satisfaction, and contemplation of suicide). These questions provide insight into important barriers to learning and development.

A wide range of demographic questions help districts identify differences among student groups and to better address the needs of significant and vulnerable students, including those required to be included in LCAP efforts. These include differences in the results related to race/ethnicity, gender, sexual orientation, and socioeconomic status; homeless and foster status; and English language proficiency.

Behavioral Health Module (Supplementary)

The Behavioral Health Module (BHM) is a multiform survey module that assesses secondary student well-being indicators (i.e., social isolation, body image and disordered eating, responses to trauma, stress-associated health conditions, and precursors to and consequences of substance use) and protective factors (i.e., home adult supports, peer supports, and school mental health supports). This module assesses almost all of the measures that were assessed on the 2022-23 Mental Health Supports Module, Student Trauma Module, and Alcohol and Other Drugs (AOD) Module—which have been discontinued. The BHM assesses more content while minimizing the survey length for individual students by using a multiform instrument. Students are randomly administered one of two BHM survey forms to reduce survey burden and collect representative data on more aspects of behavioral health. Because the BHM is administered to all schools participating in the Biennial State CHKS, statewide comparison data will be available for all BHM results.

School Climate Module (Supplementary)

To further support school improvement efforts and the LCAP process, a supplementary School Climate Module is available. It provides additional data on student academic mindset, school academic supports, discipline/order, supports for social-emotional learning, bullying prevention, peer relationships, respect for diversity, and the quality of the physical environment (calschls.org/survey-administration/downloads).

Social Emotional Health Module (Supplementary)

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-

emotional capacities linked to student mental health and well-being and academic success. It includes 43 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs.

SURVEY ADMINISTRATION AND SAMPLE

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Each student’s participation was voluntary, anonymous, and confidential.

- Table A1.1 describes the target sample of students and the final number and percent of students who completed the survey (the participation response rate).
- Appendix I lists all the secondary schools in the district that were eligible to participate in the survey and the percentage of their enrolled students that completed the survey (included in the district report).

THE REPORT

The report tables, organized by topic, provide the percentage of students that responded to each question response option by grade level. Percentages are rounded to the nearest whole number.

LCAP Subgroup Results

Summary tables provide key findings (e.g., safety, school connectedness, bullying and harassment, developmental supports) disaggregated by each of the LCAP subgroups (race/ethnic subgroups, socioeconomically disadvantaged students, English learners and long-term English learners, students with disabilities, students in foster care, and unhoused youth). Results are also disaggregated by gender. Districts can subscribe to the District CalSCHLS data dashboard to disaggregate their CHKS results by these and other factors (i.e., students who report different levels of caring relations with adults at school).

ONLINE DATA DASHBOARDS

Public Dashboard. Anyone can examine online key state, county, and district CHKS results on the public CalSCHLS Data Dashboard (calschls.org/reports-data/dashboard). The dashboard can be used to graphically display statewide, county, and district key indicators from the Core and School Climate Modules, trends over time, and disparities in survey outcomes across subgroups. Group differences across LCAP subgroups and other characteristics (e.g., chronic sadness) can be examined. In addition to displaying results interactively on the web, dashboard results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

The District Dashboard Option. Districts may also purchase a two-year subscription to a password-protected, private data dashboard that displays up to 11 years of CalSCHLS data at not only the district level but also the *individual school level*. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;

- make comparisons across groups such as race/ethnicity, sexual orientation, gender identity, and many other characteristics (LCAP subgroups, chronic sadness, caring relationships); and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document which can be shared with stakeholders.

UNDERSTANDING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

Representativeness

Among the most important factors affecting the quality of survey results is the level and type of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). One indication of the survey's representativeness is how accurately the sample reflects the gender and ethnic composition of the student enrollment. Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

RESOURCES

CalSCHLS.org contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level (calschls.org/resources/factsheets).
- *Making Sense of School Climate* provides a discussion of CalSCHLS survey items that relate to school climate (data.calschls.org/resources/S3_schoolclimateguidebook_final.pdf).
- The **California Center for School Climate** (ccsc.wested.org) website houses school climate resources and guides, and archived virtual events.
- The *California Safe and Supportive Schools Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on ca-safe-supportive-schools.wested.org/subscribe/.
- CDE's **California Safe and Supportive Schools** website (ca-safe-supportive-schools.wested.org) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.

- The **CalSCHLS Item Crosswalk** (calschls.org/resources/#resources_and_tools) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS technical advisor team. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor (calschls.org/contact) or email calschls@wested.org.

Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- **Staff and Parent Surveys.** If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk (calschls.org/resources/#resources_and_tools) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.
- **Elementary CHKS Results.** Examine how the results from 9th and 11th graders compare with those from 5th and 7th graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.
- **Other Data.** Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.

- **Similar District and Statewide Results.** The results from the biennial state administration of the CHKS, which provide representative state norms, can be downloaded from the CalSCHLS website (data.calschls.org/resources/Biennial_State_1921.pdf) or examined on the CalSCHLS Data Dashboard (calschls.org/reports-data/dashboard). If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison (calschls.org/reports-data/search-lea-reports). How you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

Data Workshop

To assist in your review of the survey results, you can request your CalSCHLS technical advisor to conduct a structured, customized *Data Workshop*. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor (calschls.org/contact) or email calschls@wested.org.

Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

School Reports, School Climate Report Cards, Mental Health Reports, and School Boredom Reports

If the schools in the district vary significantly in demographics, programs, or other characteristics, consider requesting individual reports for each school. Four types of reports are available:

- A full report with all the survey results
- A short, user-friendly, graphic **School Climate Report Card** that provides trends across key indicators of school climate and provides two-year state averages on those indicators (calschls.org/reports-data/#slcr)
- A graphic **Mental Health Report** that describes key indicators of mental health by grade level and by survey administration year (calschls.org/reports-data/#slcr)
- A **School Boredom Report** that describes how much students value school and how bored they feel at school (calschls.org/reports-data/#slcr)

Disaggregated Reports

CalSCHLS staff can produce full reports that look at how results vary by demographic subgroups (e.g., race/ethnicity), or by other characteristics of youth, such as those who are low in academic motivation compared to those who are high. This can be valuable for identifying what subgroups need to be targeted with what resources and programs. Given the LCAP requirement that districts identify and address the needs of underserved subgroups, doing this would be a natural next step for addressing subgroup disparities.

Additional Analysis of Data

The complete dataset is available electronically for additional analysis (calschls.org/reports-data). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different

subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

Add Questions to Your Next Surveys

Determine what additional information is needed from students to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (562.799.5460) or email calschls@wested.org.

Exhibit 1***Major School-Related Domains and Constructs Assessed by CalSCHLS in Secondary Schools***

	Student Core	Student School Climate	Student Social Emotional Health	Staff Survey	Parent Survey
Student Learning Engagement					
Academic mindset			✓		
Academic motivation	✓	✓		✓	✓
Academic performance (grades)	✓				
Attendance (absences and reasons absent)	✓			✓	
School boredom	✓				
School connectedness	✓				
Student Social-Emotional and Physical Well-being					
Alcohol, tobacco, and drug use	✓			✓	✓
Behavioral self-control			✓		
Bedtime	✓				
Collaboration			✓		
Emotional self-regulation			✓		
Empathy			✓		
Gratitude			✓		
Life satisfaction	✓				
Optimism	✓				
Perceived safety	✓			✓	✓
Persistence			✓		
Problem solving			✓		
Self-awareness			✓		
Self-efficacy			✓		
Social-emotional competencies and health			✓	✓	
Social-emotional distress	✓				
Violence and victimization (bullying)	✓			✓	✓
Zest			✓		
School Climate Conditions					
Academic rigor and norms				✓	✓
College and career supports				✓	✓
Family support			✓		
High expectations	✓			✓	✓
Meaningful participation and decision-making	✓			✓	✓
Parent involvement	✓			✓	✓
Physical environment	✓	✓		✓	✓
Relationships among staff				✓	
Relationships among students		✓	✓	✓	✓
Relationships between students and staff	✓			✓	✓
Respect for diversity and cultural sensitivity		✓		✓	✓
Teacher and other supports for learning		✓		✓	✓
School Climate Improvement Practices					
Bullying prevention		✓		✓	✓
Discipline and order (policies, enforcement)		✓		✓	✓
Services and policies to address student needs				✓	
Social-emotional/behavioral supports		✓		✓	✓
Staff supports				✓	

ACKNOWLEDGMENTS

The CHKS and this report were developed by WestEd, under contract from the California Department of Education, School Health and Safety Office. Special recognition to Cindy Zheng, at WestEd, who oversees the generation of CalSCHLS reports and data quality assurance.

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Survey Module Administration

Table 1

CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. Behavioral Health Module (BHM)	
C. Closing the Achievement Gap (CTAG) Module	
D. Community Health Module (CHM)	
E. Community Schools Module	
F. District Afterschool Module (DASM)	
G. Drug-Free Communities (DFC) Module	
H. Gang Risk Awareness Module (GRAM)	
I. Gender Identity & Sexual Orientation-Based Harassment Module	
J. Military-Connected School Module	
K. Physical Health & Nutrition Module	
L. Resilience & Youth Development Module (RYDM)	
M. Safety & Violence Module	
N. School Climate Module (SCM)	
O. Sexual Behavior Module	
P. Social Emotional Health Module (SEHM)	
Q. Tobacco Module	
Z. Custom Questions	X

Core Module Results

1. Survey Sample

Table A1.1

Student Sample for Core Module

	NT ^A
<i>Student Sample Size</i>	
Target sample	72
Final number	58
Response Rate	81%

Note: ^ANT includes continuation, community day, and other alternative school types.

Table A1.2

Number of Respondents by Instructional Model

	NT
In-school learning only	55
Remote learning only	3

2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate

	NT %	Table
School Engagement and Supports		
School connectedness [†]	62	A6.4
School connectedness ^{†ψ} (<i>Remote Only</i>)		A6.4
Academic motivation [†]	71	A6.4
School is really boring [±]	16	A6.11
School is worthless and a waste of time [±]	9	A6.11
Current absenteeism (≥3 times) [¶]	39	A6.2
Trouble focusing on schoolwork ^σ	27	A6.10
Caring adult relationships [‡]	78	A6.4
High expectations [‡]	85	A6.4
Meaningful participation [‡]	32	A6.4
Facilities upkeep ^σ	85	A6.15
Promotion of parental involvement in school [†]	67	A6.4
School Safety and Cyberbullying		
School perceived as very safe or safe	84	A8.1
Experienced any harassment or bullying [§]	8	A8.2
Had mean rumors or lies spread about you [§]	10	A8.3
Been afraid of being beaten up [§]	8	A8.3
Been in a physical fight [§]	6	A8.4
Seen a weapon on campus [§]	4	A8.6
Cyberbullying [§]	13	A8.3

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

^ψ*The scale was based on four questions for remote respondents.*

[±]*Rating of 7 or higher.*

[¶]*Past 30 days.*

^σ*Percent of respondents reporting “Agree” or “Strongly agree.”*

[‡]*Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

[§]*Past 12 months.*

Table A2.2**Key Indicators of Substance Use, Health Routines, and Remote Schooling**

	NT %	Table
Substance Use		
Current alcohol or drug use [¶]	18	A9.5
Current tobacco use [¶]	0	A10.8
Current marijuana use [¶]	16	A9.5
Current binge drinking [¶]	7	A9.5
Very drunk or “high” 7 or more times, ever	9	A9.7
Been drunk or “high” on drugs at school, ever	6	A9.9
Current cigarette smoking [¶]	0	A10.5
Current use of vape products [¶]	7	A10.6
Current tobacco vaping [¶]	0	A10.6
Current marijuana vaping [¶]	4	A10.6
Health Routines		
Eating of breakfast [‡]	37	A4.1
Bedtime (at 12 am or later)	46	A4.2
Remote Schooling		
Remote learning frequency (5 days per week) ^{¶δ}		A5.1
Synchronous instruction (4 days or more) ^{‡δ}		A5.1
Interest in schoolwork done from home ^{σδ}		A5.3
Meaningful opportunities ^{θδ}		A5.2

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

[‡]Today.

^δRemote only.

[‡]Past 7 days.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

^θPercent of respondents reporting “Pretty much true” or “Very much true.”

Table A2.3
Key Indicators of Student Well-Being

	NT %	Table
Social and Emotional Health		
Social emotional distress [‡]	23	A7.5
Experienced chronic sadness/hopelessness [§]	32	A7.1
Considered suicide [§]	11	A7.2
Optimism [‡]	43	A7.3
Life satisfaction [⊕]	65	A7.4
	NT	
California Student Wellness Index [∘]	104.3	NP

Notes: Cells are empty if there are less than 10 respondents.

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

[§]Past 12 months.

[⊕]Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.

[∘]To construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.

NP-Not presented in an individual table.

3. Demographics

Table A3.1

School Schedule, Past 30 Days

	NT %
In-School Model	95
Remote Learning Model	5

Question HS/MS A.1: Which of the following best describes your school schedule during the past 30 days?

Notes: Cells are empty if there are less than 10 respondents.

In-School Model - Respondents selecting “I went to school in person at my school building for the entire day, Monday through Friday.”

Remote Learning Model - Respondents selecting “I participated in school from home for the entire day on most or all weekdays and did not go to school in person.”

Table A3.2

Gender of Sample

	NT %
Male	45
Female	48
Nonbinary	3
Something else	3

Question HS/MS A.3: What is your gender?

Note: Cells are empty if there are less than 10 respondents.

Table A3.3

Gender Identity

	NT %
No, I am not transgender	93
Yes, I am transgender	2
I am not sure if I am transgender	0
Decline to respond	5

Question HS/MS A.4: Some people describe themselves as transgender when how they think or feel about their gender is different from the sex they were assigned at birth. Are you transgender?

Note: Cells are empty if there are less than 10 respondents.

Table A3.4***Sexual Orientation***

	NT %
Heterosexual (straight)	88
Lesbian or Gay	0
Bisexual	0
Something else	0
Not sure	4
Decline to respond	9

Question HS/MS A.5: Which of the following best describes you?

Note: Cells are empty if there are less than 10 respondents.

Table A3.5***Race or Ethnicity***

	NT %
American Indian or Alaska Native, non-Hispanic	2
Asian or Asian American, non-Hispanic	7
Black or African American, non-Hispanic	2
Hispanic or Latino/a	65
Native Hawaiian or Pacific Islander, non-Hispanic	5
White, non-Hispanic	4
Multiracial, non-Hispanic	5
Something else, non-Hispanic	11

Question HS/MS A.6: What is your race or ethnicity? (Mark All That Apply)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latino/a... Native Hawaiian or Pacific Islander... White... Something else.

Note: Cells are empty if there are less than 10 respondents.

Table A3.6
Living Arrangements and Housing Status

	NT %
A home with one or more parent or guardian	88
Other relative's home	4
A home with more than one family	5
Friend's home	2
Foster home, group care, or waiting placement	2
Hotel or motel	0
Shelter, car, campground, or other transitional or temporary housing	0
Other living arrangement	0

Question HS/MS A.9: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.

Note: Cells are empty if there are less than 10 respondents.

Table A3.7
Living Situation

	NT %
Home with one or more parent or guardian	88
Foster home	2
Homeless	2
Other living arrangement	9

Question HS/MS A.9: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.

Notes: Cells are empty if there are less than 10 respondents.

Category "Homeless" includes "Friend's home," "Hotel or motel," and "Shelter, car, campground, or other transitional or temporary housing."

Category "Other living arrangement" includes "Other relative's home," "A home with more than one family," and "Other living arrangement."

Table A3.8***Parental Education***

	NT %
Did not finish high school	24
Graduated from high school	30
Attended college but did not complete four-year degree	11
Graduated from college	13
Don't know	22

Question HS/MS A.10: What is the highest level of education your parents or guardians completed? (Mark the educational level of the parent or guardian who went the furthest in school.)

Note: Cells are empty if there are less than 10 respondents.

Table A3.9***Special Education Services***

	NT %
No	68
Yes	9
Don't know	23
Prefer not to say	0

Question HS/MS A.15: Do you have an IEP (Individualized Education Plan) or get special education services?

Note: Cells are empty if there are less than 10 respondents.

Table A3.10***English Learner Program Designation***

	NT %
No	74
Yes	7
Don't know	19

Question HS/MS A.13: Are you in the English Learner Program at school?

Note: Cells are empty if there are less than 10 respondents.

Table A3.11***English Learner (EL) Program Duration and Long-Term English Learner (LTEL) Status***

	NT %
Not currently in English Learner Program	93
Less than 7 years (EL)	7
7 years or more (LTEL)	0

Question HS/MS A.13, 14: Are you in the English Learner Program at school?... How many years have you been in the English Learner Program across all schools you've attended?

Notes: Cells are empty if there are less than 10 respondents.

Category "Less than 7 years (EL)" includes responses "Less than 3 years," "3 to 4 years," and "5 to 6 years."

Table A3.12***Language Spoken at Home***

	NT %
English	40
Spanish	53
Mandarin	0
Cantonese	0
Taiwanese	0
Tagalog	0
Vietnamese	0
Korean	0
Arabic	0
Other	7

Question HS/MS A.12: What language is spoken most of the time in your home?

Note: Cells are empty if there are less than 10 respondents.

Table A3.13

English Language Proficiency Among Students Speaking a Language Other Than English at Home

	NT %
<i>How well do you...</i>	
understand English?	
Very well	76
Well	24
Not well	0
Not at all	0
speak English?	
Very well	65
Well	29
Not well	6
Not at all	0
read English?	
Very well	50
Well	47
Not well	3
Not at all	0
write English?	
Very well	53
Well	44
Not well	3
Not at all	0
<i>English Language Proficiency Status</i>	
Proficient	56
Not proficient	44

Question HS/MS A.12, 12A-12D: What language is spoken most of the time in your home?... How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English.

Notes: Cells are empty if there are less than 10 respondents.

English Language Proficiency was determined by creating a scale score using four survey questions: how well do you understand... speak... read... and write English? Response options are reverse coded so higher values indicate higher English proficiency level (“Not at all” (1); “Not well” (2); “Well” (3); and “Very well” (4)). The scale score was computed by averaging the survey responses. Respondents are categorized as “Proficient” or “Not Proficient” based on the English language proficiency scale.

Proficient: students with average item response > 3.5; and

Not Proficient: students with average item response ≤ 3.5.

Table A3.14***Number of Days Attending Afterschool Program***

	NT %
I do not attend my school's afterschool program	94
1 day	2
2 days	4
3 days	0
4 days	0
5 days	0

Question HS/MS A.19: How many days a week do you usually go to your school's afterschool program?

Note: Cells are empty if there are less than 10 respondents.

Table A3.15***Military Connections***

	NT %
No	95
Yes	2
Don't know	4

Question HS/MS A.11: Is your father, mother, or guardian currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?

Note: Cells are empty if there are less than 10 respondents.

4. Health Routines

Table A4.1

Eating of Breakfast

	NT %
No	63
Yes	37

Question HS/MS A.17: Did you eat breakfast today?

Note: Cells are empty if there are less than 10 respondents.

Table A4.2

Bedtime

	NT %
Before 7:00 pm	0
7:00-7:59 pm	0
8:00-8:59 pm	2
9:00-9:59 pm	12
10:00-10:59 pm	21
11:00-11:59 pm	19
12:00-12:59 am	18
After 1:00 am	28
<i>Bedtime at 12 am or later</i>	46

Question HS/MS A.16: What time did you go to bed last night?

Note: Cells are empty if there are less than 10 respondents.

5. Remote Schooling

Results in this section are applicable to students who indicated that they attend school remotely. Responses from students attending school in-person are not included.

Table A5.1

Remote Schooling Schedule and Instructional Time (Remote Only)

	NT %
Time spent on learning and completing schoolwork from home on the average weekday	
Less than 1 hour	
Between 1 and 2 hours	
Between 2 and 3 hours	
Between 3 and 4 hours	
Between 4 and 5 hours	
More than 5 hours	
Number of days in the past week participating in an online class from home where your teacher talked to students	
0 days	
1 day	
2 days	
3 days	
4 days	
5 days	
Number of weekdays participating in school from home for the entire school day	
0 days	
1 day	
2 days	
3 days	
4 days	
5 days	

Question HS/MS A.20-22: In the past 30 days, how many weekdays in an average week did you participate in school from home for an entire school day?.. On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?

Note: Cells are empty if there are less than 10 respondents.

Table A5.2

Interesting Activities Provided for Student in Remote Schooling (Remote Only)

	NT
	%
Not at all true	
A little true	
Pretty much true	
Very much true	

Question HS/MS A.49: There is a teacher or some other adult from my school... who provides me with interesting activities to do while I am participating in school from home.

Note: Cells are empty if there are less than 10 respondents.

Table A5.3

Interest in Schoolwork Done from Home (Remote Only)

	NT
	%
Strongly disagree	
Disagree	
Neither disagree nor agree	
Agree	
Strongly agree	

Question HS/MS A.40: How strongly do you agree or disagree with the following statements?... I am interested in the schoolwork I do when participating in school from home.

Note: Cells are empty if there are less than 10 respondents.

6. School Performance, Engagement, and Supports

Table A6.1
Grades, Past 12 Months

	NT %
Mostly A's	5
A's and B's	21
Mostly B's	21
B's and C's	23
Mostly C's	13
C's and D's	9
Mostly D's	2
Mostly F's	5

Question HS/MS A.24: During the past 12 months, how would you describe the grades you mostly received in school?

Note: Cells are empty if there are less than 10 respondents.

Table A6.2
Absences, Past 30 Days

	NT %
I did not miss any days of school in the past 30 days	12
1 day	11
2 days	39
3 or more days	39

Question HS/MS A.18, 23: In the past 30 days, how often did you miss an entire day of school for any reason? [In-School only]. In the past 30 days, how often did you miss an entire day of remote learning classes for any reason? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.3***Reasons for Absence, Past 30 Days***

	NT %
Does not apply; I didn't miss any school	18
Illness (feeling physically sick), including problems with breathing or your teeth	63
Were being bullied or mistreated at school	0
Felt very sad, hopeless, anxious, stressed, or angry	14
Didn't get enough sleep	36
Didn't feel safe at school or going to and from school	0
Had to take care of or help a family member or friend	13
Wanted to spend time with friends	7
Used alcohol or drugs	0
Were behind in schoolwork or weren't prepared for a test or class assignment	4
Were bored or uninterested in school	13
Had no transportation to school	15
Other reason	7

Question HS/MS A.25, 26: In the past 30 days, did you miss a day of school for any of the following reasons? (Mark All That Apply.) [In-School only]... In the past 30 days, did you miss a day of school from home for any of the following reasons? (Mark All That Apply.) [Remote only]

Notes: Cells are empty if there are less than 10 respondents.

Total percentages may exceed 100% for "mark all that apply" items.

Table A6.4***School Environment, School Connectedness, Academic Motivation, and Promotion of Parental Involvement Scales***

	NT %	Table
Total school supports	66	
Caring relationships-adults in school [‡]	78	A6.5
High expectations-adults in school [‡]	85	A6.6
Meaningful participation at school [‡]	32	A6.7
School connectedness [†]	62	A6.8
School connectedness ^{†ψ} <i>(Remote Only)</i>		A6.8
Academic motivation [†]	71	A6.9
Promotion of parental involvement in school [†]	67	A6.13

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Scales are based on average of respondents reporting “Pretty much true” or “Very much true.”*

[†]*Scales are based on average of respondents reporting “Agree” or “Strongly agree.”*

^ψ*The scale was based on four questions for remote respondents.*

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Table A6.5
Caring Relationships Scale Questions

	NT %
Caring relationships-adults in school	
<i>Average reporting “Pretty much true” or “Very much true”</i>	78
<i>There is a teacher or some other adult from my school... who really cares about me.</i>	
Not at all true	4
A little true	24
Pretty much true	35
Very much true	37
<i>who notices when I’m not there.</i>	
Not at all true	4
A little true	19
Pretty much true	41
Very much true	37
<i>who listens to me when I have something to say.</i>	
Not at all true	2
A little true	15
Pretty much true	46
Very much true	37

Question HS/MS A.47, 50, 53: There is a teacher or some other adult from my school... who really cares about me... who notices when I’m not there... who listens to me when I have something to say.

Note: Cells are empty if there are less than 10 respondents.

Table A6.6***High Expectations Scale Questions***

	NT %
High expectations-adults in school	
<i>Average reporting “Pretty much true” or “Very much true”</i>	85
<i>There is a teacher or some other adult from my school... who tells me when I do a good job.</i>	
Not at all true	2
A little true	15
Pretty much true	38
Very much true	45
<i>who always wants me to do my best.</i>	
Not at all true	2
A little true	9
Pretty much true	41
Very much true	48
<i>who believes that I will be a success.</i>	
Not at all true	2
A little true	15
Pretty much true	43
Very much true	41

Question HS/MS A.48, 51, 54: There is a teacher or some other adult from my school... who tells me when I do a good job... who always wants me to do my best... who believes that I will be a success.

Note: Cells are empty if there are less than 10 respondents.

Table A6.7
Meaningful Participation Scale Questions

	NT %
Meaningful participation at school	
<i>Average reporting “Pretty much true” or “Very much true”</i>	32
At school/When I participate in school,...	
I do interesting activities.	
Not at all true	13
A little true	33
Pretty much true	42
Very much true	13
I help decide things like class activities or rules.	
Not at all true	39
A little true	35
Pretty much true	17
Very much true	9
I do things that make a difference.	
Not at all true	35
A little true	37
Pretty much true	26
Very much true	2
I have a say in how things work.	
Not at all true	35
A little true	35
Pretty much true	26
Very much true	4
I help decide school activities or rules.	
Not at all true	43
A little true	35
Pretty much true	15
Very much true	7

Question HS/MS A.55-64: At school [In-School only],... When I participate in school [Remote only],... I do interesting activities... I help decide things like class activities or rules... I do things that make a difference... I have a say in how things work... I help decide school activities or rules.

Note: Cells are empty if there are less than 10 respondents.

Table A6.8
School Connectedness Scale Questions

	NT %
School connectedness	
<i>Average reporting “Agree” or “Strongly agree”</i>	62
School connectedness^ψ (Remote Only)	
<i>Average reporting “Agree” or “Strongly agree”</i>	
I feel close to people at/from this school.	
Strongly disagree	7
Disagree	14
Neither disagree nor agree	45
Agree	27
Strongly agree	7
I am happy with/to be at this school.	
Strongly disagree	4
Disagree	5
Neither disagree nor agree	36
Agree	45
Strongly agree	11
I feel like I am part of this school.	
Strongly disagree	2
Disagree	5
Neither disagree nor agree	36
Agree	42
Strongly agree	15

Question HS/MS A.27-34: How strongly do you agree or disagree with the following statements?... I feel close to people at this school. [In-School only]... I feel close to people from this school. [Remote only]... I am happy to be at this school. [In-School only]... I am happy with this school. [Remote only]... I feel like I am part of this school.... The teachers at this school treat students fairly. [In-School only]... The teachers treat students fairly. [Remote only]... I feel safe in my school. [In-School only]

Notes: Cells are empty if there are less than 10 respondents.

^ψThe scale was based on four questions for remote respondents.

Table A6.8
School Connectedness Scale Questions – Continued

	NT %
The teachers at this school treat students fairly/The teachers treat students fairly.	
Strongly disagree	2
Disagree	0
Neither disagree nor agree	13
Agree	45
Strongly agree	41
I feel safe in my school.	
Strongly disagree	2
Disagree	4
Neither disagree nor agree	13
Agree	56
Strongly agree	25

Question HS/MS A.32-34 How strongly do you agree or disagree with the following statements?... The teachers at this school treat students fairly. [In-School only]... The teachers treat students fairly. [Remote only]...I feel safe in my school. [In-School only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.9***Academic Motivation Scale Questions***

	NT %
Academic motivation	
<i>Average reporting “Agree” or “Strongly agree”</i>	71
I try hard to make sure that I am good at my schoolwork.	
Strongly disagree	0
Disagree	2
Neither disagree nor agree	18
Agree	56
Strongly agree	24
I try hard on my schoolwork because I am interested in it.	
Strongly disagree	0
Disagree	7
Neither disagree nor agree	33
Agree	49
Strongly agree	11
I work hard to try to understand new things when doing my schoolwork.	
Strongly disagree	0
Disagree	5
Neither disagree nor agree	25
Agree	53
Strongly agree	16
I am always trying to do better in my schoolwork.	
Strongly disagree	2
Disagree	0
Neither disagree nor agree	24
Agree	51
Strongly agree	24

Question HS/MS A.41-44: How strongly do you agree or disagree with the following statements?... I try hard to make sure that I am good at my schoolwork... I try hard on my schoolwork because I am interested in it... I work hard to try to understand new things when doing my schoolwork... I am always trying to do better in my schoolwork.

Note: Cells are empty if there are less than 10 respondents.

Table A6.10
Maintaining Focus on Schoolwork

	NT %
It is hard for me to stay focused when doing my schoolwork.	
Strongly disagree	5
Disagree	29
Neither disagree nor agree	39
Agree	18
Strongly agree	9

Question HS/MS A.39: How strongly do you agree or disagree with the following statements?... It is hard for me to stay focused when doing my schoolwork.

Note: Cells are empty if there are less than 10 respondents.

Table A6.11
School Boredom and Value of School

	NT %
School boredom	
Low (0-3)	25
Moderate (4-6)	59
High (7-10)	16
Value of school	
High (0-3)	71
Moderate (4-6)	20
Low (7-10)	9

Question HS/MS A.45, 46: How strongly do you agree or disagree with the following statements?... School is really boring (school boredom)... School is worthless and a waste of time (value of school). Response categories range from 0 (strongly disagree) to 10 (strongly agree).

Note: Cells are empty if there are less than 10 respondents.

Table A6.12
School Boredom Profile Groups

Value of School	School Boredom	NT %
High Value	Low Boredom	21
	Moderate Boredom	45
	High Boredom	5
Moderate Value	Moderate Boredom	14
	High Boredom	5
Low Value	High Boredom	5

Question HS/MS A.45, 46: How strongly do you agree or disagree with the following statements?... School is really boring (school boredom)... School is worthless and a waste of time (value of school). Response categories range from 0 (strongly disagree) to 10 (strongly agree)

Notes: Cells are empty if there are less than 10 respondents.

Students are classified as high on value of school if they selected 0, 1, 2, or 3, moderate if they selected 4, 5, or 6, and low if they selected 7, 8, 9, or 10.

Students are classified as high on school boredom if they selected 7, 8, 9, or 10, moderate if they selected 4, 5, or 6, and low if they selected 0, 1, 2, or 3.

Percentages may not add up to 100% because categories with very low responses are not reported.

Table A6.13***Promotion of Parental Involvement Scale Questions***

	NT %
Promotion of parental involvement in school	
<i>Average reporting “Agree” or “Strongly agree”</i>	67
Teachers at this school communicate with parents about what students are expected to learn in class.	
Strongly disagree	2
Disagree	0
Neither disagree nor agree	30
Agree	46
Strongly agree	21
Parents feel welcome to participate at this school.	
Strongly disagree	2
Disagree	2
Neither disagree nor agree	34
Agree	50
Strongly agree	13
School staff take parent concerns seriously.	
Strongly disagree	2
Disagree	0
Neither disagree nor agree	27
Agree	46
Strongly agree	25

Question HS/MS A.36-38: How strongly do you agree or disagree with the following statements?... Teachers at this school communicate with parents about what students are expected to learn in class... Parents feel welcome to participate at this school... School staff take parent concerns seriously.

Note: Cells are empty if there are less than 10 respondents.

Table A6.14
Checking Student Well-Being

	NT %
A teacher or some other adult from my school checks on how I am feeling.	
Not at all true	4
A little true	26
Pretty much true	39
Very much true	31

Question HS/MS A.52: There is a teacher or some other adult from my school... who checks on how I am feeling.
Note: Cells are empty if there are less than 10 respondents.

Table A6.15
Quality of School Physical Environment

	NT %
My school is usually clean and tidy.	
Strongly disagree	2
Disagree	0
Neither disagree nor agree	13
Agree	64
Strongly agree	21

Question HS/MS A.35: How strongly do you agree or disagree with the following statements?... My school is usually clean and tidy.
Note: Cells are empty if there are less than 10 respondents.

7. Social and Emotional Health

Table A7.1

Chronic Sad or Hopeless Feelings, Past 12 Months

	NT %
No	68
Yes	32

Question HS A.153/MS A.146: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?

Note: Cells are empty if there are less than 10 respondents.

Table A7.2

Seriously Considered Attempting Suicide, Past 12 Months

	NT %
No	89
Yes	11

Question HS A.154/MS A.147: During the past 12 months, did you ever seriously consider attempting suicide?

Note: Cells are empty if there are less than 10 respondents.

Table A7.3

Optimism Scale Questions

	NT %
Optimism	
<i>Average reporting “Pretty much true” or “Very much true”</i>	43
Each day I look forward to having a lot of fun.	
Not at all true	24
A little true	37
Pretty much true	27
Very much true	12
I usually expect to have a good day.	
Not at all true	25
A little true	29
Pretty much true	24
Very much true	22
Overall, I expect more good things to happen to me than bad things.	
Not at all true	33
A little true	22
Pretty much true	20
Very much true	25

Question HS A.160-162/MS A.153-155: Please tell us how true each statement is of you... Each day I look forward to having a lot of fun... I usually expect to have a good day... Overall, I expect more good things to happen to me than bad things.

Note: Cells are empty if there are less than 10 respondents.

Table A7.4
Life Satisfaction Scale Questions

	NT %
Life satisfaction	
<i>Average reporting “Satisfied” or “Very satisfied”</i>	65
<i>I would describe my satisfaction with...</i>	
my family life as...	
Very dissatisfied	4
Dissatisfied	2
A little dissatisfied	4
A little satisfied	19
Satisfied	43
Very satisfied	28
my friendships as...	
Very dissatisfied	2
Dissatisfied	4
A little dissatisfied	0
A little satisfied	17
Satisfied	49
Very satisfied	28
my school experience as...	
Very dissatisfied	2
Dissatisfied	2
A little dissatisfied	2
A little satisfied	34
Satisfied	40
Very satisfied	19

Question HS A.163-165/MS A.156-158: Please describe your level of satisfaction below. I would describe my satisfaction with... my family life as... my friendships as... my school experience as...

Note: Cells are empty if there are less than 10 respondents.

Table A7.4
Life Satisfaction Scale Questions – Continued

	NT %
<i>I would describe my satisfaction with...</i>	
myself as...	
Very dissatisfied	4
Dissatisfied	4
A little dissatisfied	6
A little satisfied	26
Satisfied	32
Very satisfied	28
where I live as...	
Very dissatisfied	6
Dissatisfied	6
A little dissatisfied	0
A little satisfied	28
Satisfied	28
Very satisfied	32

Question HS A.166, 167/MS A.159, 160: Please describe your level of satisfaction below. I would describe my satisfaction with... myself as... where I live as...

Note: Cells are empty if there are less than 10 respondents.

Table A7.5
Social Emotional Distress Scale Questions

	NT %
Social emotional distress	
<i>Average reporting “Pretty much true” or “Very much true”</i>	23
I had a hard time relaxing.	
Not at all true	45
A little true	39
Pretty much true	8
Very much true	8
I felt sad and down.	
Not at all true	51
A little true	27
Pretty much true	14
Very much true	8
I was easily irritated.	
Not at all true	43
A little true	16
Pretty much true	22
Very much true	20
It was hard for me to cope and I thought I would panic.	
Not at all true	69
A little true	8
Pretty much true	18
Very much true	6
It was hard for me to get excited about anything.	
Not at all true	61
A little true	27
Pretty much true	8
Very much true	4

Question HS A.155-159/MS A.148-152: Over the past 30 days, how true do you feel these statements are about you?... I had a hard time relaxing... I felt sad and down... I was easily irritated... It was hard for me to cope and I thought I would panic... It was hard for me to get excited about anything.

Note: Cells are empty if there are less than 10 respondents.

8. School Violence, Victimization, and Safety

Table A8.1

Perceived Safety at School

	NT %
Very safe	37
Safe	47
Neither safe nor unsafe	14
Unsafe	0
Very unsafe	2

Question HS A.117/MS A.110: How safe do you feel when you are at school?

Note: Cells are empty if there are less than 10 respondents.

Table A8.2
Reasons for Harassment, Past 12 Months

	NT %
Race, ethnicity, or national origin	
0 times	100
1 time	0
2 or more times	0
Religion	
0 times	100
1 time	0
2 or more times	0
Gender	
0 times	100
1 time	0
2 or more times	0
Because you are gay, lesbian, or bisexual or someone thought you were	
0 times	98
1 time	0
2 or more times	2
A physical or mental disability	
0 times	100
1 time	0
2 or more times	0
Any of the above five reasons	2
Any of the above five reasons (2 or more times)	2

Question HS A.137-141, 144-148/MS A.130-134, 137-141: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin [In-school only]... Your religion [In-school only]... Your gender [In-school only]... Because you are gay, lesbian, or bisexual or someone thought you were [In-school only]... A physical or mental disability [In-school only]... During the past 12 months, how many times did students from your school harass you or bully you for any of the following reasons?... Your race, ethnicity, or national origin [Remote only]... Your religion [Remote only]... Your gender [Remote only]... Because you are gay, lesbian, or bisexual or someone thought you were [Remote only]... A physical or mental disability. [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A8.2***Reasons for Harassment, Past 12 Months – Continued***

	NT %
You are an immigrant or someone thought you were	
0 times	100
1 time	0
2 or more times	0
Any other reason	
0 times	94
1 time	2
2 or more times	4
<i>Any harassment</i>	8

Question HS A.137-150/MS A.130-143: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin [In-school only]... Your religion [In-school only]... Your gender [In-school only]... Because you are gay, lesbian, or bisexual or someone thought you were [In-school only]... A physical or mental disability [In-school only]... You are an immigrant or someone thought you were [In-school only]... Any other reason [In-school only]... During the past 12 months, how many times did students from your school harass you or bully you for any of the following reasons?... Your race, ethnicity, or national origin [Remote only]... Your religion [Remote only]... Your gender [Remote only]... Because you are gay, lesbian, or bisexual or someone thought you were [Remote only]... A physical or mental disability [Remote only]... You are an immigrant or someone thought you were [Remote only]... Any other reason. [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A8.3
School Violence Victimization Scale Questions

	NT %
School violence victimization	
<i>Average reporting “1 or more times”</i>	8
<i>During the past 12 months, how many times on school property have you...</i>	
been pushed, shoved, slapped, hit, or kicked by someone who wasn’t just kidding around?	
0 times	94
1 time	4
2 to 3 times	0
4 or more times	2
been afraid of being beaten up?	
0 times	92
1 time	4
2 to 3 times	0
4 or more times	4
<i>During the past 12 months, how many times have you...</i>	
had mean rumors or lies spread about you?	
0 times	90
1 time	6
2 to 3 times	2
4 or more times	2
had sexual jokes, comments, or gestures made to you?	
0 times	92
1 time	6
2 to 3 times	0
4 or more times	2

Question HS A.118, 119, 121, 122, 133, 134/MS A.111, 112, 114, 115, 126, 127: During the past 12 months, how many times on school property have you... been pushed, shoved, slapped, hit, or kicked by someone who wasn’t just kidding around? [In-school only]... been afraid of being beaten up? [In-school only]... had mean rumors or lies spread about you? [In-school only]... had sexual jokes, comments, or gestures made to you? [In-School only]... During the past 12 months, how many times did students from your school... spread mean rumors or lies spread about you? [Remote only]... make sexual jokes, comments, or gestures toward you? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A8.3
School Violence Victimization Scale Questions – Continued

	NT %
<i>During the past 12 months, how many times on school property have you...</i>	
had your property stolen or deliberately damaged?	
0 times	96
1 time	2
2 to 3 times	0
4 or more times	2
been made fun of because of your looks or the way you talk?	
0 times	91
1 time	6
2 to 3 times	2
4 or more times	2
been made fun of, insulted, or called names?	
0 times	93
1 time	2
2 to 3 times	0
4 or more times	6
During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone? (Cyberbullying)	
0 times (never)	87
1 time	7
2 to 3 times	2
4 or more times	4

Question HS A.123, 124, 132, 135, 136, 151/MS A.116, 117, 125, 128, 129, 144: During the past 12 months, how many times on school property have you... been made fun of because of your looks or the way you talk? [In-school only]... had your property stolen or deliberately damaged, such as your car, clothing, or books? [In-school only]... been made fun of, insulted, or called names? [In-school only]... During the past 12 months, how many times did students from your school... make fun of you because of your looks or the way you talk? [Remote only]...make fun of you, insult you, or call you names? [Remote only]... During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?
Note: Cells are empty if there are less than 10 respondents.

Table A8.4

School Violence Perpetration Scale Questions

	NT %
School violence perpetration	
<i>Average reporting “1 or more times”</i>	4
<i>During the past 12 months, how many times on school property have you...</i>	
been in a physical fight?	
0 times	94
1 time	4
2 to 3 times	0
4 or more times	2
been offered, sold, or given an illegal drug?	
0 times	94
1 time	2
2 to 3 times	2
4 or more times	2
damaged school property on purpose?	
0 times	94
1 time	2
2 to 3 times	2
4 or more times	2
carried a gun?	
0 times	98
1 time	0
2 to 3 times	0
4 or more times	2
carried any other weapon (such as a knife or club)?	
0 times	98
1 time	0
2 to 3 times	0
4 or more times	2

Question HS A.120, 125-128/MS A.113, 118-121: During the past 12 months, how many times on school property have you... been in a physical fight?... been offered, sold, or given an illegal drug?... damaged school property on purpose?... carried a gun?... carried any other weapon (such as a knife or club)?

Note: Cells are empty if there are less than 10 respondents.

Table A8.5

Threats and Injuries with Weapons at School, Past 12 Months

	NT %
<i>During the past 12 months, how many times on school property have you...</i>	
been threatened with harm or injury?	
0 times	96
1 time	2
2 to 3 times	0
4 or more times	2
been threatened or injured with a weapon (gun, knife, club, etc.)?	
0 times	96
1 time	2
2 to 3 times	0
4 or more times	2

Question HS A.129, 131/MS A.122, 124: During the past 12 months, how many times on school property have you... been threatened or injured with a weapon (gun, knife, club, etc.)?... been threatened with harm or injury?
Note: Cells are empty if there are less than 10 respondents.

Table A8.6

Weapons Possession on School Property, Past 12 Months

	NT %
<i>During the past 12 months, how many times on school property have you...</i>	
seen someone carrying a gun, knife, or other weapon?	
0 times	96
1 time	2
2 to 3 times	0
4 or more times	2

Question HS A.130/MS A.123: During the past 12 months, how many times on school property have you... seen someone carrying a gun, knife, or other weapon?
Note: Cells are empty if there are less than 10 respondents.

9. Alcohol and Other Drug Use

Table A9.1

Summary Measures of Level of AOD Use and Perceptions

	NT %	Table
Lifetime alcohol or drug use	42	A9.2
Lifetime marijuana use	31	A9.2
Lifetime very drunk or high (7 or more times)	9	A9.7
Current alcohol or drug use [¶]	18	A9.5
Current marijuana use [¶]	16	A9.5
Current heavy drug use [¶]	9	A9.5
Current heavy alcohol use (binge drinking) [¶]	7	A9.5
Current alcohol or drug use on school property [¶]	2	A9.8
Harmfulness of occasional marijuana use ^B	28	A9.11
Difficulty of obtaining marijuana ^C	9	A9.12

Notes: Cells are empty if there are less than 10 respondents.

[¶]*Past 30 days.*

^B*Great harm.*

^C*Very difficult.*

Table A9.2
Summary of AOD Lifetime Use

	NT %
Alcohol	35
Marijuana	31
Inhalants	4
Cocaine, methamphetamine, or any amphetamines	2
Ecstasy, LSD, or other psychedelics	2
Prescription pain medication (opioids)	4
Cold/cough medicines or other over-the-counter medicines to get “high”	2
Any other drug, pill, or medicine to get “high”	5
<i>Any of the above AOD use</i>	42

Note: Cells are empty if there are less than 10 respondents.

Table A9.3
Lifetime AOD Use

	NT %
Alcohol (one full drink)	
0 times	65
1 time	13
2 to 3 times	7
4 or more times	15
Marijuana (smoke, vape, eat, or drink)	
0 times	69
1 time	11
2 to 3 times	6
4 or more times	15
Inhalants	
0 times	96
1 time	0
2 to 3 times	2
4 or more times	2
Cocaine, methamphetamine, or any amphetamines	
0 times	98
1 time	0
2 to 3 times	2
4 or more times	0
Ecstasy, LSD, or other psychedelics	
0 times	98
1 time	0
2 to 3 times	2
4 or more times	0
Prescription pain medication	
0 times	96
1 time	2
2 to 3 times	0
4 or more times	2

Question HS A.68-71, 73, 74/MS A.69-71: During your life, how many times have you used the following? One full drink of alcohol (such as a can of beer, glass of wine, hard seltzer, or shot of liquor)... Marijuana (smoke, vape, eat, or drink)... Inhalants (things you sniff, huff, or breathe to get “high” such as glue, paint, aerosol sprays, gasoline, poppers, gases)... Cocaine, methamphetamine, or any amphetamines (meth, speed, crystal, crank, ice)... Ecstasy, LSD, or other psychedelics (acid, mescaline, peyote, mushrooms)... Prescription pain medication (Vicodin, OxyContin, Percodan, Fentanyl).

Note: Cells are empty if there are less than 10 respondents.

Table A9.3

Lifetime AOD Use – Continued

	NT %
Cold/cough medicines or other over-the-counter medicines to get “high”	
0 times	98
1 time	0
2 to 3 times	2
4 or more times	0
Any other drug, pill, or medicine to get “high” or for reasons other than medical	
0 times	95
1 time	2
2 to 3 times	2
4 or more times	2

Question HS A.75, 76/MS A.73: During your life, how many times have you used the following?... Cold/cough medicines or other over-the-counter medicines to get “high”... Any other drug, pill, or medicine to get “high” or for reasons other than medical.

Note: Cells are empty if there are less than 10 respondents.

Table A9.4
Methods of Marijuana Consumption

	NT
	%
<i>During your life, how many times have you used marijuana in any of the following ways...</i>	
Smoke it?	
0 times	76
1 time	6
2 to 3 times	7
4 or more times	11
In a vaping device?	
0 times	78
1 time	7
2 to 3 times	2
4 or more times	13
Eat or drink it in products made with marijuana?	
0 times	81
1 time	4
2 to 3 times	2
4 or more times	13
<i>Ever used marijuana in all three ways</i>	11

Question HS A.69, 80-82/MS A.70, 77-79: During your life, how many times have you used the following?... Marijuana (smoke, vape, eat, or drink)... During your life, how many times have you used marijuana in any of the following ways... Smoke it?... In a vaping device (vape pens, mods, or portable vaporizers)?... Eat or drink it in products made with marijuana?

Note: Cells are empty if there are less than 10 respondents.

Table A9.5***Current AOD Use, Past 30 Days***

	NT %
Alcohol (one or more drinks of alcohol)	11
Binge drinking (5 or more drinks in a row)	7
Marijuana (smoke, vape, eat, or drink)	16
Inhalants	2
Prescription drugs to get “high” or for reasons other than prescribed	2
Other drug, pill, or medicine to get “high” or for reasons other than medical	2
<i>Any drug use</i>	16
<i>Heavy drug use</i>	9
<i>Any AOD Use</i>	18
Two or more substances at the same time	9

Question HS A.86-92/MS A.83-87: During the past 30 days, on how many days did you use... one or more drinks of alcohol?... five or more drinks of alcohol in a row, that is, within a couple of hours?... marijuana (smoke, vape, eat, or drink)?... inhalants (things you sniff, huff, or breathe to get “high”)?... prescription drugs to get “high” or for reasons other than prescribed?... any other drug, pill, or medicine to get “high” or for reasons other than medical?... two or more substances at the same time (for example, alcohol with marijuana, ecstasy with mushrooms)?

Notes: Cells are empty if there are less than 10 respondents.

Heavy drug use was calculated based on pattern of combined current drug use on three or more days (marijuana, inhalants, prescription pain medicine to get “high” (high school only), or any other illegal drug/pill to get “high”).

Table A9.6
Frequency of Current AOD Use, Past 30 Days

	NT %
Alcohol (one or more drinks)	
0 days	89
1 or 2 days	4
3 to 9 days	6
10 to 19 days	0
20 to 30 days	2
Binge drinking (5 or more drinks in a row)	
0 days	93
1 or 2 days	2
3 to 9 days	4
10 to 19 days	0
20 to 30 days	2
Marijuana (smoke, vape, eat, or drink)	
0 days	84
1 or 2 days	11
3 to 9 days	0
10 to 19 days	2
20 to 30 days	4

Question HS A.86-88/MS A.83-85: During the past 30 days, on how many days did you use... one or more drinks of alcohol?... five or more drinks of alcohol in a row, that is, within a couple of hours?... marijuana (smoke, vape, eat, or drink)?

Note: Cells are empty if there are less than 10 respondents.

Table A9.7

Lifetime Drunk or “High”

	NT %
Very drunk or sick after drinking alcohol	
0 times	85
1 to 2 times	9
3 to 6 times	0
7 or more times	5
“High” (loaded, stoned, or wasted) from using drugs	
0 times	71
1 to 2 times	15
3 to 6 times	5
7 or more times	9
<i>Very drunk or “high” 7 or more times</i>	9

Question HS A.77, 78/MS A.74, 75: During your life, how many times have you been... very drunk or sick after drinking alcohol?... “high” (loaded, stoned, or wasted) from using drugs?

Note: Cells are empty if there are less than 10 respondents.

Table A9.8***Current AOD Use on School Property, Past 30 Days***

	NT %
Alcohol	
0 days	100
1 to 2 days	0
3 or more days	0
Marijuana (smoke, vape, eat, or drink)	
0 days	98
1 to 2 days	2
3 or more days	0
Any other drug, pill, or medicine to get “high” or for reasons other than medical	
0 days	100
1 to 2 days	0
3 or more days	0
<i>Any of the above</i>	2

Question HS A.96-98/MS A.91-93: During the past 30 days, on how many days on school property did you... have at least one drink of alcohol?... use marijuana (smoke, vape, eat, or drink)?... use any other drug, pill, or medicine to get “high” or for reasons other than medical?

Note: Cells are empty if there are less than 10 respondents.

Table A9.9***Lifetime Drunk or “High” on School Property***

	NT %
0 times	94
1 to 2 times	4
3 to 6 times	2
7 or more times	0

Question HS A.79/MS A.76: During your life, how many times have you been... drunk on alcohol or “high” on drugs on school property?

Note: Cells are empty if there are less than 10 respondents.

Table A9.10
Cessation Attempts

	NT %
Alcohol	
Does not apply, don't use	81
0 times	13
1 time	0
2 to 3 times	2
4 or more times	4
Marijuana	
Does not apply, don't use	77
0 times	6
1 time	6
2 to 3 times	4
4 or more times	8

Question HS A.68, 69, 114, 115: During your life, how many times have you used the following?... One full drink of alcohol (such as a can of beer, glass of wine, hard seltzer, or shot of liquor)... Marijuana (smoke, vape, eat, or drink)... How many times have you tried to quit or stop using... alcohol?... marijuana?

Notes: Cells are empty if there are less than 10 respondents.

Respondents reporting "0 times" on lifetime alcohol and marijuana use are coded as "Does not apply, don't use" on alcohol and marijuana cessation attempts, respectively.

Table A9.11
Perceived Harm of AOD Use

	NT %
Alcohol - drink occasionally	
Great	30
Moderate	13
Slight	17
None	41
Alcohol - 5 or more drinks once or twice a week	
Great	37
Moderate	19
Slight	6
None	39
Marijuana - use occasionally	
Great	28
Moderate	17
Slight	17
None	39
Marijuana - use daily	
Great	31
Moderate	20
Slight	11
None	37

Question HS A.104-107/MS A.99-102: How much do people risk harming themselves physically and in other ways when they do the following?... Drink alcohol (beer, wine, liquor) occasionally... Have five or more drinks of alcohol once or twice a week... Use marijuana occasionally (smoke, vape, eat, or drink) ... Use marijuana daily.
Note: Cells are empty if there are less than 10 respondents.

Table A9.12***Perceived Difficulty of Obtaining Alcohol, Marijuana, and Prescription Drugs to Get “High”***

	NT %
Alcohol	
Very difficult	11
Fairly difficult	8
Fairly easy	19
Very easy	15
Don't know	47
Marijuana	
Very difficult	9
Fairly difficult	8
Fairly easy	13
Very easy	21
Don't know	49
Prescription drugs to get “high” or for reasons other than prescribed	
Very difficult	13
Fairly difficult	6
Fairly easy	11
Very easy	13
Don't know	57

Question HS A.110-112/MS A.105-107: How difficult is it for students in your grade to get any of the following if they really want them?... Alcohol... Marijuana... Prescription drugs to get “high” or for reasons other than prescribed.

Note: Cells are empty if there are less than 10 respondents.

10. Use of Tobacco and Vaping Devices

Table A10.1
Summary of Key CHKS Tobacco Indicators

	NT %	Table
Use Prevalence and Patterns		
Ever smoked a whole cigarette	6	A10.2
Current cigarette smoking [¶]	0	A10.5
Current cigarette smoking at school [¶]	0	A10.9
Ever tried smokeless tobacco	9	A10.2
Current smokeless tobacco use [¶]	0	A10.5
Current smokeless tobacco use at school [¶]	0	A10.9
Ever used vape products	24	A10.2
Current use of vape products [¶]	7	A10.5
Current tobacco vaping [¶]	0	A10.6
Current marijuana vaping [¶]	4	A10.6
Current vaping at school [¶]	4	A10.9
Lifetime tobacco use	20	A10.2
Current tobacco use [¶]	0	A10.8
Cessation Attempts		
Tried to quit smoking or vaping tobacco or nicotine	9	A10.14
Attitudes and Correlates		
Harmfulness of occasional cigarette smoking ^B	30	A10.15
Harmfulness of smoking 1 or more packs/day ^B	46	A10.15
Harmfulness of vaping occasionally ^B	30	A10.16
Harmfulness of vaping several times a day ^B	44	A10.16
Difficulty of obtaining cigarettes ^C	11	A10.17
Difficulty of obtaining vape products ^C	11	A10.17
Anti-Tobacco Policy		
School bans tobacco use and vaping	81	A10.18

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

^BGreat harm.

^CVery difficult.

Table A10.2
Lifetime Tobacco Use and Vaping

	NT %
A whole cigarette	
0 times	94
1 time	0
2 to 3 times	6
4 or more times	0
Smokeless tobacco	
0 times	91
1 time	2
2 to 3 times	5
4 or more times	2
Vape products	
0 times	76
1 time	5
2 to 3 times	9
4 or more times	9
<i>Lifetime tobacco use</i>	
No	80
Yes	20

Question HS A.65-67/MS A.66-68: During your life, how many times have you used the following?... A cigarette, even one or two puffs... A whole cigarette... Smokeless tobacco (dip, chew, snuff, snus, or nicotine pouches)... Vape products.

Notes: Cells are empty if there are less than 10 respondents.

Lifetime tobacco use includes using a whole cigarette or smokeless tobacco, or vaping tobacco or nicotine.

Table A10.3
Substances Ever Vaped

	NT %
Vaped tobacco or nicotine	
0 times	85
1 time	2
2 to 3 times	5
4 or more times	7
Vaped marijuana or THC	
0 times	81
1 time	7
2 to 3 times	6
4 or more times	6
Vaped other product	
0 times	87
1 time	4
2 to 3 times	5
4 or more times	4

Question HS A.67, 67A-67C/MS A.68, 68A-68C: During your life, how many times have you used the following?... Vape products... Vaped tobacco or nicotine... Vaped marijuana or THC... Vaped other product.

Note: Cells are empty if there are less than 10 respondents.

Table A10.4
Ever Vaped Multiple Substances

	NT %
Never vaped tobacco/nicotine or marijuana/THC	80
Vaped tobacco or nicotine only	2
Vaped marijuana or THC only	6
Vaped tobacco/nicotine and marijuana/THC	13

Question HS A.67, 67A, 67B/MS A.68, 68A, 68B: During your life, how many times have you used the following?... Vape products... Vaped tobacco or nicotine... Vaped marijuana or THC.

Note: Cells are empty if there are less than 10 respondents.

Table A10.5***Any Current and Daily Use of Cigarettes, Smokeless Tobacco, and Vape Products***

	NT %
Cigarettes	
Any	0
Daily (20 or more days)	0
Smokeless tobacco	
Any	0
Daily (20 or more days)	0
Vape products	
Any	7
Daily (20 or more days)	2

Question HS A.83-85/MS A.80-82: During the past 30 days, on how many days did you use... cigarettes?... smokeless tobacco (dip, chew, snuff, snus, or nicotine pouches)?... vape products?

Note: Cells are empty if there are less than 10 respondents.

Table A10.6
Substances Vaped, Past 30 Days

	NT %
Vaped tobacco or nicotine	
0 days	100
1 or 2 days	0
3 to 9 days	0
10 to 19 days	0
20 to 30 days	0
Vaped marijuana or THC	
0 days	96
1 or 2 days	0
3 to 9 days	2
10 to 19 days	2
20 to 30 days	0
Vaped other product	
0 days	96
1 or 2 days	4
3 to 9 days	0
10 to 19 days	0
20 to 30 days	0

Question HS A.85, 85A-85C/MS A.82, 82A-82C: During the past 30 days, on how many days did you use... vape products?... vaped tobacco or nicotine?... vaped marijuana or THC?... vaped other product?

Note: Cells are empty if there are less than 10 respondents.

Table A10.7
Vaped Multiple Substances, Past 30 Days

	NT %
Did not vape tobacco/nicotine or marijuana/THC	96
Vaped tobacco or nicotine only	0
Vaped marijuana or THC only	4
Vaped tobacco/nicotine and marijuana/THC	0

Question HS A.85, 85A, 85B/MS A.82, 82A, 82B: During the past 30 days, on how many days did you use... vape products?... vaped tobacco or nicotine?... vaped marijuana or THC?

Note: Cells are empty if there are less than 10 respondents.

Table A10.8**Current Tobacco Use, Past 30 Days**

	NT %
No	100
Yes	0

Question HS A.83-85, 85A/MS A.80-82, 82A: During the past 30 days, on how many days did you use... cigarettes?... smokeless tobacco (dip, chew, snuff, snus, or nicotine pouches)?... vape products?... During the past 30 days, on how many days did you use vape products?... Vaped tobacco or nicotine.

Notes: Cells are empty if there are less than 10 respondents.

Current tobacco use includes using cigarettes or smokeless tobacco, or vaping tobacco or nicotine.

Table A10.9**Current Cigarette Smoking, Smokeless Tobacco Use, and Vaping on School Property, Past 30 Days**

	NT %
Cigarettes	
0 days	100
1 or 2 days	0
3 to 9 days	0
10 to 19 days	0
20 to 30 days	0
Smokeless tobacco	
0 days	100
1 or 2 days	0
3 to 9 days	0
10 to 19 days	0
20 to 30 days	0
Vape	
0 days	96
1 or 2 days	2
3 to 9 days	2
10 to 19 days	0
20 to 30 days	0

Question HS A.93-95/MS A.88-90: During the past 30 days, on how many days on school property did you... smoke cigarettes?... use smokeless tobacco (dip, chew, snuff, snus, or nicotine pouches)?... vape?

Note: Cells are empty if there are less than 10 respondents.

Table A10.10
Substances Vaped on School Property, Past 30 Days

	NT %
Vaped tobacco or nicotine	
0 days	100
1 or 2 days	0
3 to 9 days	0
10 to 19 days	0
20 to 30 days	0
Vaped marijuana or THC	
0 days	100
1 or 2 days	0
3 to 9 days	0
10 to 19 days	0
20 to 30 days	0
Vaped other product	
0 days	98
1 or 2 days	2
3 to 9 days	0
10 to 19 days	0
20 to 30 days	0

Question HS A.95, 95A-95C/MS A.90, 90A-90C: During the past 30 days, on how many days on school property did you... vape?... vape tobacco or nicotine?... vape marijuana or THC?... vape other product?

Note: Cells are empty if there are less than 10 respondents.

Table A10.11
Vaped Multiple Substances on School Property, Past 30 Days

	NT %
Did not vape tobacco/nicotine or marijuana/THC	100
Vaped tobacco or nicotine only	0
Vaped marijuana or THC only	0
Vaped tobacco/nicotine and marijuana/THC	0

Question HS A.95, 95A, 95B/MS A.90, 90A, 90B: During the past 30 days, on how many days on school property did you... vape?... vape tobacco or nicotine?... vape marijuana or THC?

Note: Cells are empty if there are less than 10 respondents.

Table A10.12

Current Tobacco Use on School Property, Past 30 Days

	NT %
No	100
Yes	0

Question HS A.93-95, 95A/MS A.88-90, 90A: During the past 30 days, on how many days on school property did you... smoke cigarettes?... use smokeless tobacco (dip, chew, snuff, snus, or nicotine pouches)?... vape?... During the past 30 days, on how many days on school property did you... Vape tobacco or nicotine.

Notes: Cells are empty if there are less than 10 respondents.

Current tobacco use includes using cigarettes or smokeless tobacco, or vaping tobacco or nicotine.

Table A10.13

Secondhand Smoke on School Property, Past 30 Days

	NT %
Breathed the smoke or vapor from someone who was using cigarettes or e-cigarettes	
0 days	100
1 day	0
2 days	0
3-9 days	0
10-19 days	0
20-30 days	0

Question HS A.99/MS A.94: During the past 30 days, on how many days on school property did you... breathe the smoke or vapor from someone who was using cigarettes or e-cigarettes?

Note: Cells are empty if there are less than 10 respondents.

Table A10.14
Cigarette Smoking and Vaping Cessation Attempts

	NT %
Does not apply, don't use	89
0 times	2
1 time	2
2 to 3 times	2
4 or more times	6

Question HS A.65, 67, 113: During your life, how many times have you used the following? A whole cigarette... Vape products... How many times have you tried to quit or stop using... smoking or vaping tobacco or nicotine?

Notes: Cells are empty if there are less than 10 respondents.

Respondents reporting "0 Times" on lifetime cigarette or vape product use are coded as "Does not apply, don't use" on cigarette smoking and vaping cessation attempts.

Table A10.15
Perceived Harm of Cigarette Smoking

	NT %
Smoke cigarettes occasionally	
Great	30
Moderate	20
Slight	15
None	35
Smoke 1 or more packs of cigarettes each day	
Great	46
Moderate	11
Slight	7
None	35

Question HS A.100, 101/MS A.95, 96: How much do people risk harming themselves physically and in other ways when they do the following?... Smoke cigarettes occasionally... Smoke 1 or more packs of cigarettes each day.

Note: Cells are empty if there are less than 10 respondents.

Table A10.16

Perceived Harm of Vaping Tobacco or Nicotine

	NT %
Vape tobacco or nicotine occasionally	
Great	30
Moderate	24
Slight	11
None	35
Vape tobacco or nicotine several times a day (100 puffs or more)	
Great	44
Moderate	13
Slight	7
None	35

Question HS A.102, 103/MS A.97, 98: How much do people risk harming themselves physically and in other ways when they do the following?... Vape tobacco or nicotine occasionally... Vape tobacco or nicotine several times a day (100 puffs or more).

Note: Cells are empty if there are less than 10 respondents.

Table A10.17***Perceived Difficulty of Obtaining Cigarettes and Vape Products***

	NT %
Cigarettes	
Very difficult	11
Fairly difficult	9
Fairly easy	9
Very easy	15
Don't know	55
Vape products	
Very difficult	11
Fairly difficult	4
Fairly easy	13
Very easy	19
Don't know	53

Question HS A.108, 109/MS A.103, 104: How difficult is it for students in your grade to get any of the following if they really want them?... Cigarettes... Vape products.

Note: Cells are empty if there are less than 10 respondents.

Table A10.18***School Bans Tobacco Use and Vaping***

	NT %
No	4
Yes	81
Don't know	15

Question HS A.116/MS A.108: Does your school ban tobacco use and vaping on school property and at school sponsored events?

Note: Cells are empty if there are less than 10 respondents.

11. Other Health Risks

Table A11.1
Gang Involvement

	NT
	%
No	98
Yes	2

Question HS A.152/MS A.145: Do you consider yourself a member of a gang?

Note: Cells are empty if there are less than 10 respondents.

12. Race/Ethnicity Breakdowns

Table A12.1

School Engagement and Supports by Race/Ethnicity

	NT %
School Connectedness[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	60
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
School Connectedness^{†ψ} (<i>Remote Only</i>)	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Academic Motivation[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	71
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[†] *Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

^ψ *The scale was based on four questions for remote respondents.*

Table A12.1

School Engagement and Supports by Race/Ethnicity – Continued

	NT %
School is really boring[±]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	14
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
School is worthless and a waste of time[±]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	8
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Current absenteeism (≥3 times)[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	38
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[±]*Rating of 7 or higher.*

[¶]*Past 30 days.*

Table A12.1***School Engagement and Supports by Race/Ethnicity – Continued***

	NT %
Trouble focusing on schoolwork^σ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	30
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Caring adult relationships[‡]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	78
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
High expectations[‡]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	84
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

Table A12.1***School Engagement and Supports by Race/Ethnicity – Continued***

	NT %
Meaningful participation[‡]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	33
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Facilities upkeep^σ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	89
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Promotion of parental involvement in school[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	69
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[‡] *Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

^σ *Percent of respondents reporting “Agree” or “Strongly agree.”*

[†] *Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

Table A12.2
School Safety by Race/Ethnicity

	NT %
School perceived as very safe or safe	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	80
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Experienced harassment due to five reasons^{^§}	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	3
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Experienced any harassment or bullying[§]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	9
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[^]The five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

[§]Past 12 months.

Table A12.2
School Safety by Race/Ethnicity – Continued

	NT %
Had mean rumors or lies spread about you[§]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	15
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Been afraid of being beaten up[§]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	9
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Been in a physical fight[§]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	9
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A12.2
School Safety by Race/Ethnicity – Continued

	NT %
Seen a weapon on campus[§]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	6
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A12.3
Cyberbullying by Race/Ethnicity

	NT %
Cyberbullying[§]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	17
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A12.4
Substance Use by Race/Ethnicity

	NT %
Current alcohol or drug use[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	22
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Current tobacco use[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	0
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Current marijuana use[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	19
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[¶]*Past 30 days.*

Table A12.4
Substance Use by Race/Ethnicity – Continued

	NT %
Current binge drinking[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	6
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Very drunk or “high” 7 or more times, ever	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	8
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Been drunk or “high” on drugs at school, ever	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	9
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A12.4
Substance Use by Race/Ethnicity – Continued

	NT %
Current alcohol use[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	11
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Current alcohol use at school[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	0
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Current cigarette smoking[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	0
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A12.4
Substance Use by Race/Ethnicity – Continued

	NT %
Current use of vape products[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	11
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Current tobacco vaping[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	0
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Current marijuana vaping[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	6
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[¶]*Past 30 days.*

Table A12.5
Health Routines by Race/Ethnicity

	NT %
Eating of breakfast¹	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	32
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Bedtime (at 12 am or later)	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	41
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

¹Today.

Table A12.6

Remote Schooling by Race/Ethnicity (Remote Only)

	NT %
Remote learning frequency (5 days per week)[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Synchronous instruction (4 days or more)[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Interest in schoolwork done from home^σ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

[¶]Past 7 days.

^σ Percent of respondents reporting “Agree” or “Strongly agree.”

Table A12.6

Remote Schooling by Race/Ethnicity – Continued (Remote Only)

	NT %
Meaningful opportunities^θ	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

^θPercent of respondents reporting “Pretty much true” or “Very much true.”

Table A12.7
Social and Emotional Health by Race/Ethnicity

	NT %
Social emotional distress[‡]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	26
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Experienced chronic sadness/hopelessness[§]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	39
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Considered suicide[§]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	8
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[‡] Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

[§] Past 12 months.

Table A12.7
Social and Emotional Health by Race/Ethnicity – Continued

	NT %
Optimism[‡]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	40
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	
Life satisfaction[‡]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	64
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

[‡]*Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.*

Table A12.7
Social and Emotional Health by Race/Ethnicity – Continued

	NT
California Student Wellness Index^o	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	102.7
Native Hawaiian or Pacific Islander	
White	
Multiracial	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

^o*To construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.*

13. Gender Breakdowns

Table A13.1
School Engagement and Supports by Gender

	NT %
School Connectedness[†]	
Male	70
Female	56
Nonbinary	
Something else	
School Connectedness^{†ψ} (<i>Remote Only</i>)	
Male	
Female	
Nonbinary	
Something else	
Academic Motivation[†]	
Male	72
Female	71
Nonbinary	
Something else	
School is really boring[±]	
Male	20
Female	11
Nonbinary	
Something else	
School is worthless and a waste of time[±]	
Male	16
Female	4
Nonbinary	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[†] *Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

^ψ *The scale was based on four questions for remote respondents.*

[±] *Rating of 7 or higher.*

Table A13.1
School Engagement and Supports by Gender – Continued

	NT %
Current absenteeism (≥ 3 times)[¶]	
Male	42
Female	39
Nonbinary	
Something else	
Trouble focusing on schoolwork^σ	
Male	32
Female	25
Nonbinary	
Something else	
Caring adult relationships[‡]	
Male	74
Female	79
Nonbinary	
Something else	
High expectations[‡]	
Male	83
Female	85
Nonbinary	
Something else	
Meaningful participation[‡]	
Male	40
Female	27
Nonbinary	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[¶]*Past 30 days.*

^σ*Percent of respondents reporting “Agree” or “Strongly agree.”*

[‡]*Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

Table A13.1
School Engagement and Supports by Gender – Continued

	NT %
Facilities upkeep^σ	
Male	83
Female	85
Nonbinary	
Something else	
Promotion of parental involvement in school[‡]	
Male	55
Female	81
Nonbinary	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

Table A13.2
School Safety by Gender

	NT %
School perceived as very safe or safe	
Male	83
Female	88
Nonbinary	
Something else	
Experienced harassment due to five reasons^{λ§}	
Male	0
Female	0
Nonbinary	
Something else	
Experienced any harassment or bullying[§]	
Male	4
Female	8
Nonbinary	
Something else	
Had mean rumors or lies spread about you[§]	
Male	0
Female	19
Nonbinary	
Something else	
Been afraid of being beaten up[§]	
Male	4
Female	8
Nonbinary	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

^λThe five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

[§]Past 12 months.

Table A13.2
School Safety by Gender – Continued

	NT %
Been in a physical fight[§]	
Male	0
Female	12
Nonbinary	
Something else	
Seen a weapon on campus[§]	
Male	0
Female	8
Nonbinary	
Something else	

*Notes: Cells are empty if there are less than 10 respondents.
[§]Past 12 months.*

Table A13.3
Cyberbullying by Gender

	NT %
Cyberbullying[§]	
Male	0
Female	22
Nonbinary	
Something else	

*Notes: Cells are empty if there are less than 10 respondents.
[§]Past 12 months.*

Table A13.4
Substance Use by Gender

	NT %
Current alcohol or drug use[¶]	
Male	4
Female	29
Nonbinary	
Something else	
Current tobacco use[¶]	
Male	0
Female	0
Nonbinary	
Something else	
Current marijuana use[¶]	
Male	4
Female	25
Nonbinary	
Something else	
Current binge drinking[¶]	
Male	0
Female	14
Nonbinary	
Something else	
Very drunk or “high” 7 or more times, ever	
Male	4
Female	11
Nonbinary	
Something else	
Been drunk or “high” on drugs at school, ever	
Male	8
Female	4
Nonbinary	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A13.4
Substance Use by Gender – Continued

	NT %
Current alcohol use[¶]	
Male	0
Female	21
Nonbinary	
Something else	
Current alcohol use at school[¶]	
Male	0
Female	0
Nonbinary	
Something else	
Current cigarette smoking[¶]	
Male	0
Female	0
Nonbinary	
Something else	
Current use of vape products[¶]	
Male	0
Female	11
Nonbinary	
Something else	
Current tobacco vaping[¶]	
Male	0
Female	0
Nonbinary	
Something else	
Current marijuana vaping[¶]	
Male	0
Female	4
Nonbinary	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A13.5
Health Routines by Gender

	NT %
Eating of breakfast[†]	
Male	31
Female	39
Nonbinary	
Something else	
Bedtime (at 12 am or later)	
Male	54
Female	43
Nonbinary	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[†]*Today.*

Table A13.6

Remote Schooling by Gender (Remote Only)

	NT %
Remote learning frequency (5 days per week)[¶]	
Male	
Female	
Nonbinary	
Something else	
Synchronous instruction (4 days or more)[¶]	
Male	
Female	
Nonbinary	
Something else	
Interest in schoolwork done from home^σ	
Male	
Female	
Nonbinary	
Something else	
Meaningful opportunities^θ	
Male	
Female	
Nonbinary	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

[¶]Past 7 days.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

^θPercent of respondents reporting “Pretty much true” or “Very much true.”

Table A13.7
Social and Emotional Health by Gender

	NT %
Social emotional distress[‡]	
Male	10
Female	31
Nonbinary	
Something else	
Experienced chronic sadness/hopelessness[§]	
Male	21
Female	38
Nonbinary	
Something else	
Considered suicide[§]	
Male	8
Female	8
Nonbinary	
Something else	
Optimism[‡]	
Male	51
Female	39
Nonbinary	
Something else	
Life satisfaction[‡]	
Male	76
Female	52
Nonbinary	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

[§]Past 12 months.

[‡]Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.

Table A13.7
Social and Emotional Health by Gender – Continued

	NT
California Student Wellness Index^o	
Male	111.3
Female	98.4
Nonbinary	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

^oTo construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.

14. Parental Education Breakdowns

Table A14.1
School Engagement and Supports by Parental Education

	NT %
School Connectedness[†]	
Less than high school	78
High school graduate	57
Some college	
College degree	
Don't know	47
School Connectedness^{†ψ} (<i>Remote Only</i>)	
Less than high school	
High school graduate	
Some college	
College degree	
Don't know	
Academic Motivation[†]	
Less than high school	79
High school graduate	73
Some college	
College degree	
Don't know	57
School is really boring[±]	
Less than high school	8
High school graduate	25
Some college	
College degree	
Don't know	8

Notes: Cells are empty if there are less than 10 respondents.

[†] *Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

^ψ *The scale was based on four questions for remote respondents.*

Table A14.1***School Engagement and Supports by Parental Education – Continued***

	NT %
School is worthless and a waste of time[±]	
Less than high school	0
High school graduate	6
Some college	
College degree	
Don't know	25
Current absenteeism (≥3 times)[¶]	
Less than high school	15
High school graduate	50
Some college	
College degree	
Don't know	42
Trouble focusing on schoolwork^σ	
Less than high school	8
High school graduate	31
Some college	
College degree	
Don't know	42
Caring adult relationships[‡]	
Less than high school	89
High school graduate	64
Some college	
College degree	
Don't know	69

Notes: Cells are empty if there are less than 10 respondents.

[±]Rating of 7 or higher.

[¶]Past 30 days.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

Table A14.1***School Engagement and Supports by Parental Education – Continued***

	NT %
High expectations[‡]	
Less than high school	92
High school graduate	72
Some college	
College degree	
Don't know	83
Meaningful participation[‡]	
Less than high school	28
High school graduate	24
Some college	
College degree	
Don't know	36
Facilities upkeep^σ	
Less than high school	92
High school graduate	80
Some college	
College degree	
Don't know	82
Promotion of parental involvement in school[†]	
Less than high school	78
High school graduate	69
Some college	
College degree	
Don't know	58

Notes: Cells are empty if there are less than 10 respondents.

^σ Percent of respondents reporting “Agree” or “Strongly agree.”

[‡] Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

[†] Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

Table A14.2
School Safety by Parental Education

	NT %
School perceived as very safe or safe	
Less than high school	100
High school graduate	80
Some college	
College degree	
Don't know	73
Experienced harassment due to five reasons^{λ§}	
Less than high school	0
High school graduate	0
Some college	
College degree	
Don't know	0
Experienced any harassment or bullying[§]	
Less than high school	9
High school graduate	6
Some college	
College degree	
Don't know	0
Had mean rumors or lies spread about you[§]	
Less than high school	20
High school graduate	13
Some college	
College degree	
Don't know	0

Notes: Cells are empty if there are less than 10 respondents.

^λ*The five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.*

[§]*Past 12 months.*

Table A14.2
School Safety by Parental Education – Continued

	NT %
Been afraid of being beaten up[§]	
Less than high school	0
High school graduate	13
Some college	
College degree	
Don't know	0
Been in a physical fight[§]	
Less than high school	9
High school graduate	13
Some college	
College degree	
Don't know	0
Seen a weapon on campus[§]	
Less than high school	0
High school graduate	13
Some college	
College degree	
Don't know	0

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A14.3
Cyberbullying by Parental Education

	NT %
Cyberbullying[§]	
Less than high school	9
High school graduate	19
Some college	
College degree	
Don't know	8

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A14.4***Substance Use by Parental Education***

	NT %
Current alcohol or drug use[¶]	
Less than high school	33
High school graduate	19
Some college	
College degree	
Don't know	8
Current tobacco use[¶]	
Less than high school	0
High school graduate	0
Some college	
College degree	
Don't know	0
Current marijuana use[¶]	
Less than high school	25
High school graduate	19
Some college	
College degree	
Don't know	8
Current binge drinking[¶]	
Less than high school	25
High school graduate	6
Some college	
College degree	
Don't know	0

Notes: Cells are empty if there are less than 10 respondents.

[¶]*Past 30 days.*

Table A14.4
Substance Use by Parental Education – Continued

	NT %
Very drunk or “high” 7 or more times, ever	
Less than high school	17
High school graduate	13
Some college	
College degree	
Don’t know	0
Been drunk or “high” on drugs at school, ever	
Less than high school	0
High school graduate	0
Some college	
College degree	
Don’t know	8
Current alcohol use[¶]	
Less than high school	33
High school graduate	13
Some college	
College degree	
Don’t know	0
Current alcohol use at school[¶]	
Less than high school	0
High school graduate	0
Some college	
College degree	
Don’t know	0

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A14.4
Substance Use by Parental Education – Continued

	NT %
Current cigarette smoking[¶]	
Less than high school	0
High school graduate	0
Some college	
College degree	
Don't know	0
Current use of vape products[¶]	
Less than high school	0
High school graduate	13
Some college	
College degree	
Don't know	8
Current tobacco vaping[¶]	
Less than high school	0
High school graduate	0
Some college	
College degree	
Don't know	0
Current marijuana vaping[¶]	
Less than high school	0
High school graduate	6
Some college	
College degree	
Don't know	0

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A14.5
Health Routines by Parental Education

	NT %
Eating of breakfast¹	
Less than high school	38
High school graduate	19
Some college	
College degree	
Don't know	33
Bedtime (at 12 am or later)	
Less than high school	54
High school graduate	50
Some college	
College degree	
Don't know	33

Notes: Cells are empty if there are less than 10 respondents.

¹*Today.*

Table A14.6

Remote Schooling by Parental Education (Remote Only)

	NT %
Remote learning frequency (5 days per week)[¶]	
Less than high school	
High school graduate	
Some college	
College degree	
Don't know	
Synchronous instruction (4 days or more)[¶]	
Less than high school	
High school graduate	
Some college	
College degree	
Don't know	
Interest in schoolwork done from home^σ	
Less than high school	
High school graduate	
Some college	
College degree	
Don't know	
Meaningful opportunities^θ	
Less than high school	
High school graduate	
Some college	
College degree	
Don't know	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

[¶]Past 7 days.

^σ Percent of respondents reporting “Agree” or “Strongly agree.”

^θ Percent of respondents reporting “Pretty much true” or “Very much true.”

Table A14.7
Social and Emotional Health by Parental Education

	NT %
Social emotional distress[‡]	
Less than high school	18
High school graduate	26
Some college	
College degree	
Don't know	18
Experienced chronic sadness/hopelessness[§]	
Less than high school	36
High school graduate	40
Some college	
College degree	
Don't know	8
Considered suicide[§]	
Less than high school	0
High school graduate	13
Some college	
College degree	
Don't know	0
Optimism[‡]	
Less than high school	50
High school graduate	46
Some college	
College degree	
Don't know	30

Notes: Cells are empty if there are less than 10 respondents.

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

[§]Past 12 months.

Table A14.7***Social and Emotional Health by Parental Education – Continued***

	NT %
Life satisfaction[‡]	
Less than high school	76
High school graduate	61
Some college	
College degree	
Don't know	
	NT
California Student Wellness Index[∘]	
Less than high school	107.3
High school graduate	103.5
Some college	
College degree	
Don't know	

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.*

[∘]*To construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.*

15. English Learner Breakdowns

Table A15.1
School Engagement and Supports by English Learner Status

	NT %
School Connectedness[†]	
Not English learner	59
English learner	
Don't know	74
School Connectedness^{†ψ} (<i>Remote Only</i>)	
Not English learner	
English learner	
Don't know	
Academic Motivation[†]	
Not English learner	65
English learner	
Don't know	84
School is really boring[±]	
Not English learner	22
English learner	
Don't know	0
School is worthless and a waste of time[±]	
Not English learner	10
English learner	
Don't know	9
Current absenteeism (≥3 times)[¶]	
Not English learner	40
English learner	
Don't know	36

Notes: Cells are empty if there are less than 10 respondents.

[†] Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

^ψ The scale was based on four questions for remote respondents.

[±] Rating of 7 or higher.

[¶] Past 30 days.

Table A15.1***School Engagement and Supports by English Learner Status – Continued***

	NT %
Trouble focusing on schoolwork^σ	
Not English learner	22
English learner	
Don't know	55
Caring adult relationships[‡]	
Not English learner	74
English learner	
Don't know	88
High expectations[‡]	
Not English learner	81
English learner	
Don't know	100
Meaningful participation[‡]	
Not English learner	31
English learner	
Don't know	33
Facilities upkeep^σ	
Not English learner	85
English learner	
Don't know	90
Promotion of parental involvement in school[‡]	
Not English learner	61
English learner	
Don't know	88

Notes: Cells are empty if there are less than 10 respondents.

^σ Percent of respondents reporting “Agree” or “Strongly agree.”

[‡] Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

Table A15.2
School Safety by English Learner Status

	NT %
School perceived as very safe or safe	
Not English learner	84
English learner	
Don't know	90
Experienced harassment due to five reasons^{λ§}	
Not English learner	3
English learner	
Don't know	0
Experienced any harassment or bullying[§]	
Not English learner	8
English learner	
Don't know	0
Had mean rumors or lies spread about you[§]	
Not English learner	8
English learner	
Don't know	9
Been afraid of being beaten up[§]	
Not English learner	3
English learner	
Don't know	20
Been in a physical fight[§]	
Not English learner	3
English learner	
Don't know	10
Seen a weapon on campus[§]	
Not English learner	3
English learner	
Don't know	0

Notes: Cells are empty if there are less than 10 respondents.

^λThe five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

[§]Past 12 months.

Table A15.3
Cyberbullying by English Learner Status

	NT %
Cyberbullying[§]	
Not English learner	13
English learner	
Don't know	9

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A15.4
Substance Use by English Learner Status

	NT %
Current alcohol or drug use[¶]	
Not English learner	18
English learner	
Don't know	18
Current alcohol or drug use[¶]	
Not English learner	0
English learner	
Don't know	0
Current marijuana use[¶]	
Not English learner	15
English learner	
Don't know	18
Current binge drinking[¶]	
Not English learner	8
English learner	
Don't know	0
Very drunk or "high" 7 or more times, ever	
Not English learner	13
English learner	
Don't know	0

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A15.4
Substance Use by English Learner Status – Continued

	NT %
Been drunk or “high” on drugs at school, ever	
Not English learner	5
English learner	
Don’t know	9
Current alcohol use[¶]	
Not English learner	13
English learner	
Don’t know	0
Current alcohol use at school[¶]	
Not English learner	0
English learner	
Don’t know	0
Current cigarette smoking[¶]	
Not English learner	0
English learner	
Don’t know	0
Current use of vape products[¶]	
Not English learner	5
English learner	
Don’t know	9
Current tobacco vaping[¶]	
Not English learner	0
English learner	
Don’t know	0
Current marijuana vaping[¶]	
Not English learner	5
English learner	
Don’t know	0

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A15.5
Health Routines by English Learner Status

	NT %
Eating of breakfast[†]	
Not English learner	36
English learner	
Don't know	45
Bedtime (at 12 am or later)	
Not English learner	55
English learner	
Don't know	18

Notes: Cells are empty if there are less than 10 respondents.

[†]*Today.*

Table A15.6

Remote Schooling by English Learner Status (Remote Only)

	NT %
Remote learning frequency (5 days per week)[¶]	
Not English learner	
English learner	
Don't know	
Synchronous instruction (4 days or more)[¶]	
Not English learner	
English learner	
Don't know	
Interest in schoolwork done from home^σ	
Not English learner	
English learner	
Don't know	
Meaningful opportunities^θ	
Not English learner	
English learner	
Don't know	

Notes: Cells are empty if there are less than 10 respondents.

[¶]*Past 30 days.*

[¶]*Past 7 days.*

^σ*Percent of respondents reporting "Agree" or "Strongly agree."*

^θ*Percent of respondents reporting "Pretty much true" or "Very much true."*

Table A15.7
Social and Emotional Health by English Learner Status

	NT %
Social emotional distress[‡]	
Not English learner	20
English learner	
Don't know	22
Experienced chronic sadness/hopelessness[§]	
Not English learner	34
English learner	
Don't know	18
Considered suicide[§]	
Not English learner	11
English learner	
Don't know	9
Optimism[‡]	
Not English learner	43
English learner	
Don't know	52
Life satisfaction[¶]	
Not English learner	63
English learner	
Don't know	70

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

[§]*Past 12 months.*

[¶]*Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.*

Table A15.7***Social and Emotional Health by English Learner Status – Continued***

	NT
California Student Wellness Index^o	
Not English learner	105.3
English learner	
Don't know	104.1

Notes: Cells are empty if there are less than 10 respondents.

^oTo construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.

16. Long-Term English Learner (LTEL) Breakdowns

Table A16.1

School Engagement and Supports by English Learner (EL) Program Duration

	NT %
School Connectedness[†]	
Not currently in English Learner Program	59
Less than 7 years (EL)	
7 years or more (LTEL)	
School Connectedness^{†ψ} (<i>Remote Only</i>)	
Not currently in English Learner Program	
Less than 7 years (EL)	
7 years or more (LTEL)	
Academic Motivation[†]	
Not currently in English Learner Program	65
Less than 7 years (EL)	
7 years or more (LTEL)	
School is really boring[±]	
Not currently in English Learner Program	22
Less than 7 years (EL)	
7 years or more (LTEL)	
School is worthless and a waste of time[±]	
Not currently in English Learner Program	10
Less than 7 years (EL)	
7 years or more (LTEL)	
Current absenteeism (≥3 times)[¶]	
Not currently in English Learner Program	40
Less than 7 years (EL)	
7 years or more (LTEL)	

Notes: Cells are empty if there are less than 10 respondents.

[†] *Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

^ψ *The scale was based on four questions for remote respondents.*

[±] *Rating of 7 or higher.*

[¶] *Past 30 days.*

Table A16.1***School Engagement and Supports by English Learner (EL) Program Duration – Continued***

	NT %
Trouble focusing on schoolwork^σ	
Not currently in English Learner Program	22
Less than 7 years (EL)	
7 years or more (LTEL)	
Caring adult relationships[‡]	
Not currently in English Learner Program	74
Less than 7 years (EL)	
7 years or more (LTEL)	
High expectations[‡]	
Not currently in English Learner Program	81
Less than 7 years (EL)	
7 years or more (LTEL)	
Meaningful participation[‡]	
Not currently in English Learner Program	31
Less than 7 years (EL)	
7 years or more (LTEL)	
Facilities upkeep^σ	
Not currently in English Learner Program	85
Less than 7 years (EL)	
7 years or more (LTEL)	
Promotion of parental involvement in school[‡]	
Not currently in English Learner Program	61
Less than 7 years (EL)	
7 years or more (LTEL)	

Notes: Cells are empty if there are less than 10 respondents.

^σ Percent of respondents reporting “Agree” or “Strongly agree.”

[‡] Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

Table A16.2
School Safety by English Learner (EL) Program Duration

	NT %
School perceived as very safe or safe	
Not currently in English Learner Program	84
Less than 7 years (EL)	
7 years or more (LTEL)	
Experienced harassment due to five reasons^{λ§}	
Not currently in English Learner Program	3
Less than 7 years (EL)	
7 years or more (LTEL)	
Experienced any harassment or bullying[§]	
Not currently in English Learner Program	8
Less than 7 years (EL)	
7 years or more (LTEL)	
Had mean rumors or lies spread about you[§]	
Not currently in English Learner Program	8
Less than 7 years (EL)	
7 years or more (LTEL)	
Been afraid of being beaten up[§]	
Not currently in English Learner Program	3
Less than 7 years (EL)	
7 years or more (LTEL)	
Been in a physical fight[§]	
Not currently in English Learner Program	3
Less than 7 years (EL)	
7 years or more (LTEL)	
Seen a weapon on campus[§]	
Not currently in English Learner Program	3
Less than 7 years (EL)	
7 years or more (LTEL)	

Notes: Cells are empty if there are less than 10 respondents.

^λThe five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

[§]Past 12 months.

Table A16.3
Cyberbullying by English Learner (EL) Program Duration

	NT %
Cyberbullying[§]	
Not currently in English Learner Program	13
Less than 7 years (EL)	
7 years or more (LTEL)	

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A16.4
Substance Use by English Learner (EL) Program Duration

	NT %
Current alcohol or drug use[¶]	
Not currently in English Learner Program	18
Less than 7 years (EL)	
7 years or more (LTEL)	
Current tobacco use[¶]	
Not currently in English Learner Program	0
Less than 7 years (EL)	
7 years or more (LTEL)	
Current marijuana use[¶]	
Not currently in English Learner Program	15
Less than 7 years (EL)	
7 years or more (LTEL)	
Current binge drinking[¶]	
Not currently in English Learner Program	8
Less than 7 years (EL)	
7 years or more (LTEL)	
Very drunk or “high” 7 or more times, ever	
Not currently in English Learner Program	13
Less than 7 years (EL)	
7 years or more (LTEL)	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A16.4**Substance Use by English Learner (EL) Program Duration – Continued**

	NT %
Been drunk or “high” on drugs at school, ever	
Not currently in English Learner Program	5
Less than 7 years (EL)	
7 years or more (LTEL)	
Current alcohol use[¶]	
Not currently in English Learner Program	13
Less than 7 years (EL)	
7 years or more (LTEL)	
Current alcohol use at school[¶]	
Not currently in English Learner Program	0
Less than 7 years (EL)	
7 years or more (LTEL)	
Current cigarette smoking[¶]	
Not currently in English Learner Program	0
Less than 7 years (EL)	
7 years or more (LTEL)	
Current use of vape products[¶]	
Not currently in English Learner Program	5
Less than 7 years (EL)	
7 years or more (LTEL)	
Current tobacco vaping[¶]	
Not currently in English Learner Program	0
Less than 7 years (EL)	
7 years or more (LTEL)	
Current marijuana vaping[¶]	
Not currently in English Learner Program	5
Less than 7 years (EL)	
7 years or more (LTEL)	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A16.5***Health Routines by English Learner (EL) Program Duration***

	NT %
Eating of breakfast[†]	
Not currently in English Learner Program	36
Less than 7 years (EL)	
7 years or more (LTEL)	
Bedtime (at 12 am or later)	
Not currently in English Learner Program	55
Less than 7 years (EL)	
7 years or more (LTEL)	

Notes: Cells are empty if there are less than 10 respondents.

[†]*Today.*

Table A16.6

Remote Schooling by English Learner (EL) Program Duration (Remote Only)

	NT %
Remote learning frequency (5 days per week)[¶]	
Not currently in English Learner Program	
Less than 7 years (EL)	
7 years or more (LTEL)	
Synchronous instruction (4 days or more)[¶]	
Not currently in English Learner Program	
Less than 7 years (EL)	
7 years or more (LTEL)	
Interest in schoolwork done from home^σ	
Not currently in English Learner Program	
Less than 7 years (EL)	
7 years or more (LTEL)	
Meaningful opportunities^θ	
Not currently in English Learner Program	
Less than 7 years (EL)	
7 years or more (LTEL)	

Notes: Cells are empty if there are less than 10 respondents.

[¶]*Past 30 days.*

[¶]*Past 7 days.*

^σ*Percent of respondents reporting “Agree” or “Strongly agree.”*

^θ*Percent of respondents reporting “Pretty much true” or “Very much true.”*

Table A16.7***Social and Emotional Health by English Learner (EL) Program Duration***

	NT %
Social emotional distress[‡]	
Not currently in English Learner Program	20
Less than 7 years (EL)	
7 years or more (LTEL)	
Experienced chronic sadness/hopelessness[§]	
Not currently in English Learner Program	34
Less than 7 years (EL)	
7 years or more (LTEL)	
Considered suicide[§]	
Not currently in English Learner Program	11
Less than 7 years (EL)	
7 years or more (LTEL)	
Optimism[‡]	
Not currently in English Learner Program	43
Less than 7 years (EL)	
7 years or more (LTEL)	
Life satisfaction[¶]	
Not currently in English Learner Program	63
Less than 7 years (EL)	
7 years or more (LTEL)	

Notes: Cells are empty if there are less than 10 respondents.

[‡]*Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

[§]*Past 12 months.*

[¶]*Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.*

Table A16.7***Social and Emotional Health by English Learner (EL) Program Duration – Continued***

	NT
California Student Wellness Index^o	
Not currently in English Learner Program	105.3
Less than 7 years (EL)	
7 years or more (LTEL)	

Notes: Cells are empty if there are less than 10 respondents.

^oTo construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.

17. Special Education Breakdowns

Table A17.1

School Engagement and Supports by Individualized Education Plan (IEP) Placement

	NT %
School Connectedness[†]	
No IEP	61
IEP	
Don't know	66
Prefer not to say	
School Connectedness^{†ψ} (<i>Remote Only</i>)	
No IEP	
IEP	
Don't know	
Prefer not to say	
Academic Motivation[†]	
No IEP	69
IEP	
Don't know	81
Prefer not to say	
School is really boring[±]	
No IEP	16
IEP	
Don't know	15
Prefer not to say	
School is worthless and a waste of time[±]	
No IEP	8
IEP	
Don't know	15
Prefer not to say	

Notes: Cells are empty if there are less than 10 respondents.

[†] *Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

^ψ *The scale was based on four questions for remote respondents.*

[±] *Rating of 7 or higher.*

Table A17.1***School Engagement and Supports by Individualized Education Plan (IEP) Placement – Continued***

	NT %
Current absenteeism (≥ 3 times)[¶]	
No IEP	41
IEP	
Don't know	15
Prefer not to say	
Trouble focusing on schoolwork^σ	
No IEP	18
IEP	
Don't know	46
Prefer not to say	
Caring adult relationships[‡]	
No IEP	84
IEP	
Don't know	64
Prefer not to say	
High expectations[‡]	
No IEP	89
IEP	
Don't know	75
Prefer not to say	
Meaningful participation[‡]	
No IEP	30
IEP	
Don't know	34
Prefer not to say	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

Table A17.1***School Engagement and Supports by Individualized Education Plan (IEP) Placement – Continued***

	NT %
Facilities upkeep^σ	
No IEP	86
IEP	
Don't know	85
Prefer not to say	
Promotion of parental involvement in school[†]	
No IEP	66
IEP	
Don't know	77
Prefer not to say	

Notes: Cells are empty if there are less than 10 respondents.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

[†]Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

Table A17.2***School Safety by Individualized Education Plan (IEP) Placement***

	NT %
School perceived as very safe or safe	
No IEP	83
IEP	
Don't know	85
Prefer not to say	
Experienced harassment due to five reasons^{λ§}	
No IEP	3
IEP	
Don't know	0
Prefer not to say	
Experienced any harassment or bullying[§]	
No IEP	6
IEP	
Don't know	8
Prefer not to say	
Had mean rumors or lies spread about you[§]	
No IEP	12
IEP	
Don't know	8
Prefer not to say	
Been afraid of being beaten up[§]	
No IEP	9
IEP	
Don't know	8
Prefer not to say	

Notes: Cells are empty if there are less than 10 respondents.

^λThe five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

[§]Past 12 months.

Table A17.2***School Safety by Individualized Education Plan (IEP) Placement – Continued***

	NT %
Been in a physical fight[§]	
No IEP	9
IEP	
Don't know	0
Prefer not to say	
Seen a weapon on campus[§]	
No IEP	6
IEP	
Don't know	0
Prefer not to say	

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A17.3***Cyberbullying by Individualized Education Plan (IEP) Placement***

	NT %
Cyberbullying[§]	
No IEP	19
IEP	
Don't know	0
Prefer not to say	

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A17.4
Substance Use by Individualized Education Plan (IEP) Placement

	NT %
Current alcohol or drug use[¶]	
No IEP	24
IEP	
Don't know	0
Prefer not to say	
Current tobacco use[¶]	
No IEP	0
IEP	
Don't know	0
Prefer not to say	
Current marijuana use[¶]	
No IEP	22
IEP	
Don't know	0
Prefer not to say	
Current binge drinking[¶]	
No IEP	11
IEP	
Don't know	0
Prefer not to say	
Very drunk or "high" 7 or more times, ever	
No IEP	11
IEP	
Don't know	8
Prefer not to say	
Been drunk or "high" on drugs at school, ever	
No IEP	6
IEP	
Don't know	0
Prefer not to say	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A17.4

Substance Use by Individualized Education Plan (IEP) Placement – Continued

	NT %
Current alcohol use[¶]	
No IEP	17
IEP	
Don't know	0
Prefer not to say	
Current alcohol use at school[¶]	
No IEP	0
IEP	
Don't know	0
Prefer not to say	
Current cigarette smoking[¶]	
No IEP	0
IEP	
Don't know	0
Prefer not to say	
Current use of vape products[¶]	
No IEP	11
IEP	
Don't know	0
Prefer not to say	
Current tobacco vaping[¶]	
No IEP	0
IEP	
Don't know	0
Prefer not to say	
Current marijuana vaping[¶]	
No IEP	5
IEP	
Don't know	0
Prefer not to say	

Notes: Cells are empty if there are less than 10 respondents.

[¶]*Past 30 days.*

Table A17.5***Health Routines by Individualized Education Plan (IEP) Placement***

	NT %
Eating of breakfast[†]	
No IEP	33
IEP	
Don't know	31
Prefer not to say	
Bedtime (at 12 am or later)	
No IEP	41
IEP	
Don't know	62
Prefer not to say	

Notes: Cells are empty if there are less than 10 respondents.

[†]*Today.*

Table A17.6

Remote Schooling by Individualized Education Plan (IEP) Placement (Remote Only)

	NT %
Remote learning frequency (5 days per week)[¶]	
No IEP	
IEP	
Don't know	
Prefer not to say	
Synchronous instruction (4 days or more)[¶]	
No IEP	
IEP	
Don't know	
Prefer not to say	
Interest in schoolwork done from home^σ	
No IEP	
IEP	
Don't know	
Prefer not to say	
Meaningful opportunities^θ	
No IEP	
IEP	
Don't know	
Prefer not to say	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

[¶]Past 7 days.

^σPercent of respondents reporting "Agree" or "Strongly agree."

^θPercent of respondents reporting "Pretty much true" or "Very much true."

Table A17.7***Social and Emotional Health by Individualized Education Plan (IEP) Placement***

	NT %
Social emotional distress[‡]	
No IEP	24
IEP	
Don't know	17
Prefer not to say	
Experienced chronic sadness/hopelessness[§]	
No IEP	33
IEP	
Don't know	25
Prefer not to say	
Considered suicide[§]	
No IEP	8
IEP	
Don't know	0
Prefer not to say	
Optimism[‡]	
No IEP	44
IEP	
Don't know	44
Prefer not to say	
Life satisfaction[‡]	
No IEP	63
IEP	
Don't know	72
Prefer not to say	

Notes: Cells are empty if there are less than 10 respondents.

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

[§]Past 12 months.

[‡]Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.

Table A17.7***Social and Emotional Health by Individualized Education Plan (IEP) Placement – Continued***

	NT
California Student Wellness Index^o	
No IEP	103.2
IEP	
Don't know	107.3
Prefer not to say	

Notes: Cells are empty if there are less than 10 respondents.

^oTo construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.

18. Living Situation Breakdowns

Table A18.1
School Engagement and Supports by Living Situation

	NT %
School Connectedness[†]	
Home with one or more parent or guardian	61
Foster home	
Homeless	
Other living arrangement	
School Connectedness^{†ψ} (<i>Remote Only</i>)	
Home with one or more parent or guardian	
Foster home	
Homeless	
Other living arrangement	
Academic Motivation[†]	
Home with one or more parent or guardian	70
Foster home	
Homeless	
Other living arrangement	
School is really boring[±]	
Home with one or more parent or guardian	14
Foster home	
Homeless	
Other living arrangement	
School is worthless and a waste of time[±]	
Home with one or more parent or guardian	8
Foster home	
Homeless	
Other living arrangement	

Notes: Cells are empty if there are less than 10 respondents.

[†] *Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.*

^ψ *The scale was based on four questions for remote respondents.*

[±] *Rating of 7 or higher.*

Table A18.1***School Engagement and Supports by Living Situation – Continued***

	NT %
Current absenteeism (≥ 3 times)[¶]	
Home with one or more parent or guardian	36
Foster home	
Homeless	
Other living arrangement	
Trouble focusing on schoolwork^σ	
Home with one or more parent or guardian	27
Foster home	
Homeless	
Other living arrangement	
Caring adult relationships[‡]	
Home with one or more parent or guardian	78
Foster home	
Homeless	
Other living arrangement	
High expectations[‡]	
Home with one or more parent or guardian	86
Foster home	
Homeless	
Other living arrangement	
Meaningful participation[‡]	
Home with one or more parent or guardian	32
Foster home	
Homeless	
Other living arrangement	

Notes: Cells are empty if there are less than 10 respondents.

[¶]*Past 30 days.*

^σ*Percent of respondents reporting “Agree” or “Strongly agree.”*

[‡]*Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.*

Table A18.1***School Engagement and Supports by Living Situation – Continued***

	NT %
Facilities upkeep^σ	
Home with one or more parent or guardian	87
Foster home	
Homeless	
Other living arrangement	
Promotion of parental involvement in school[†]	
Home with one or more parent or guardian	67
Foster home	
Homeless	
Other living arrangement	

Notes: Cells are empty if there are less than 10 respondents.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

[†]Average percent of respondents reporting “Agree” or “Strongly agree” across survey questions that comprise the scale.

Table A18.2
School Safety by Living Situation

	NT %
School perceived as very safe or safe	
Home with one or more parent or guardian	87
Foster home	
Homeless	
Other living arrangement	
Experienced harassment due to five reasons^{λ§}	
Home with one or more parent or guardian	2
Foster home	
Homeless	
Other living arrangement	
Experienced any harassment or bullying[§]	
Home with one or more parent or guardian	6
Foster home	
Homeless	
Other living arrangement	
Had mean rumors or lies spread about you[§]	
Home with one or more parent or guardian	7
Foster home	
Homeless	
Other living arrangement	
Been afraid of being beaten up[§]	
Home with one or more parent or guardian	9
Foster home	
Homeless	
Other living arrangement	

Notes: Cells are empty if there are less than 10 respondents.

^λThe five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

[§]Past 12 months.

Table A18.2
School Safety by Living Situation – Continued

	NT %
Been in a physical fight[§]	
Home with one or more parent or guardian	4
Foster home	
Homeless	
Other living arrangement	
Seen a weapon on campus[§]	
Home with one or more parent or guardian	4
Foster home	
Homeless	
Other living arrangement	

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A18.3
Cyberbullying by Living Situation

	NT %
Cyberbullying[§]	
Home with one or more parent or guardian	13
Foster home	
Homeless	
Other living arrangement	

Notes: Cells are empty if there are less than 10 respondents.

[§]Past 12 months.

Table A18.4
Substance Use by Living Situation

	NT %
Current alcohol or drug use[¶]	
Home with one or more parent or guardian	16
Foster home	
Homeless	
Other living arrangement	
Current tobacco use[¶]	
Home with one or more parent or guardian	0
Foster home	
Homeless	
Other living arrangement	
Current marijuana use[¶]	
Home with one or more parent or guardian	14
Foster home	
Homeless	
Other living arrangement	
Current binge drinking[¶]	
Home with one or more parent or guardian	8
Foster home	
Homeless	
Other living arrangement	
Very drunk or “high” 7 or more times, ever	
Home with one or more parent or guardian	10
Foster home	
Homeless	
Other living arrangement	
Been drunk or “high” on drugs at school, ever	
Home with one or more parent or guardian	4
Foster home	
Homeless	
Other living arrangement	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A18.4
Substance Use by Living Situation – Continued

	NT %
Current alcohol use[¶]	
Home with one or more parent or guardian	10
Foster home	
Homeless	
Other living arrangement	
Current alcohol use at school[¶]	
Home with one or more parent or guardian	0
Foster home	
Homeless	
Other living arrangement	
Current cigarette smoking[¶]	
Home with one or more parent or guardian	0
Foster home	
Homeless	
Other living arrangement	
Current use of vape products[¶]	
Home with one or more parent or guardian	8
Foster home	
Homeless	
Other living arrangement	
Current tobacco vaping[¶]	
Home with one or more parent or guardian	0
Foster home	
Homeless	
Other living arrangement	
Current marijuana vaping[¶]	
Home with one or more parent or guardian	4
Foster home	
Homeless	
Other living arrangement	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

Table A18.5
Health Routines by Living Situation

	NT %
Eating of breakfast[†]	
Home with one or more parent or guardian	40
Foster home	
Homeless	
Other living arrangement	
Bedtime (at 12 am or later)	
Home with one or more parent or guardian	42
Foster home	
Homeless	
Other living arrangement	

Notes: Cells are empty if there are less than 10 respondents.

[†]*Today.*

Table A18.6

Remote Schooling by Living Situation (Remote Only)

	NT %
Remote learning frequency (5 days per week)[¶]	
Home with one or more parent or guardian	
Foster home	
Homeless	
Other living arrangement	
Synchronous instruction (4 days or more)[¶]	
Home with one or more parent or guardian	
Foster home	
Homeless	
Other living arrangement	
Interest in schoolwork done from home^σ	
Home with one or more parent or guardian	
Foster home	
Homeless	
Other living arrangement	
Meaningful opportunities^θ	
Home with one or more parent or guardian	
Foster home	
Homeless	
Other living arrangement	

Notes: Cells are empty if there are less than 10 respondents.

[¶]Past 30 days.

[¶]Past 7 days.

^σPercent of respondents reporting “Agree” or “Strongly agree.”

^θPercent of respondents reporting “Pretty much true” or “Very much true.”

Table A18.7
Social and Emotional Health by Living Situation

	NT %
Social emotional distress[‡]	
Home with one or more parent or guardian	22
Foster home	
Homeless	
Other living arrangement	
Experienced chronic sadness/hopelessness[§]	
Home with one or more parent or guardian	28
Foster home	
Homeless	
Other living arrangement	
Considered suicide[§]	
Home with one or more parent or guardian	11
Foster home	
Homeless	
Other living arrangement	
Optimism[‡]	
Home with one or more parent or guardian	40
Foster home	
Homeless	
Other living arrangement	
Life satisfaction[‡]	
Home with one or more parent or guardian	67
Foster home	
Homeless	
Other living arrangement	

Notes: Cells are empty if there are less than 10 respondents.

[‡]Average percent of respondents reporting “Pretty much true” or “Very much true” across survey questions that comprise the scale.

[§]Past 12 months.

[‡]Average percent of respondents reporting “Satisfied” or “Very satisfied” across survey questions that comprise the scale.

Table A18.7

Social and Emotional Health by Living Situation – Continued

	NT
California Student Wellness Index^o	
Home with one or more parent or guardian	105.0
Foster home	
Homeless	
Other living arrangement	

Notes: Cells are empty if there are less than 10 respondents.

^oTo construct the index, the ten items that comprise both the social emotional distress and life satisfaction scales were each recoded such that the lowest possible score on each item was zero. These scores were then added together, resulting in a total raw score that could vary between 0 and 40. To calculate the scale score for the Student Wellness Index, the raw score was divided by the maximum possible score (40). Additionally, for clearer comparisons across groups and for interpreting future trends across time, a standardized version of the Student Wellness Index was constructed based on statewide data from the 2021-23 Biennial State CHKS. The standardized score (presented in the table) is scaled to have a mean score of 100 and a standard deviation of 15.

Z. Mountain View-Los Altos Union High Custom Questions

1. Module Sample

Table Z1.1

Student Sample for Custom Questions

	NT ^A
<i>Student Sample Size</i>	
Target sample	72
Final number	52
Response Rate	72%

Note: ^ANT includes continuation, community day, and other alternative school types.

2. Custom Questions

Table Z2.1

How old were you when you had your first drink of alcohol other than a few sips?

	Grade	
	NT %	Total %
I have never had a drink of alcohol other than a few sips	61	61
8 years old or younger	6	6
11 or 12 years old	2	2
13 or 14 years old	8	8
15 or 16 years old	20	20
17 years old or older	4	4

Question HS Z.1.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.2

How old were you when you tried marijuana for the first time?

	Grade	
	NT %	Total %
I have never tried marijuana	66	66
8 years old or younger	2	2
11 or 12 years old	8	8
13 or 14 years old	8	8
15 or 16 years old	16	16

Question HS Z.2.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.3***During the past 12 months, how many times have you been in a physical fight?***

	Grade	
	NT %	Total %
0 times	80	80
1 time	8	8
2 or 3 times	6	6
4 or more times	6	6

*Question HS Z.3.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.4*****During the past 12 months, how many times have you been in a physical fight in which you were injured and had to be treated by a doctor or nurse?***

	Grade	
	NT %	Total %
0 times	96	96
1 time	4	4

*Question HS Z.4.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.5*****During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?***

	Grade	
	NT %	Total %
0 times	92	92
2 or 3 times	4	4
4 or more times	4	4

*Question HS Z.5.**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.6***During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?***

	Grade	
	NT %	Total %
0 times	96	96
2 or 3 times	2	2
4 or 5 times	2	2

*Question HS Z.6.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.7*****During the past 12 months, did you make a plan about how you would attempt suicide?***

	Grade	
	NT %	Total %
No	90	90
Yes	10	10

*Question HS Z.7.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.8*****During the past 12 months, how many times did you actually attempt suicide?***

	Grade	
	NT %	Total %
0 times	90	90
1 time	8	8
2 or 3 times	2	2

*Question HS Z.8.**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.9

If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Grade	
	NT %	Total %
I did not attempt suicide in the past 12 months	80	80
No	14	14
Yes	6	6

Question HS Z.9.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.10

When you rode a bicycle during the past 12 months, how often did you wear a helmet?

	Grade	
	NT %	Total %
I did not ride a bicycle during the past 12 months	58	58
Never wore a helmet	24	24
Rarely wore a helmet	12	12
Most of the time wore a helmet	2	2
Always wore a helmet	4	4

Question HS Z.10.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.11***During the past 12 months, did you have a regular check up with a doctor when you were not sick or injured?***

	Grade	
	NT %	Total %
No	47	47
Yes	53	53

*Question HS Z.11.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.12*****During the past 12 months, did you visit a dentist for an examination, teeth cleaning or dental work?***

	Grade	
	NT %	Total %
No	42	42
Yes	58	58

*Question HS Z.12.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.13*****How old were you when you had sexual intercourse for the first time?***

	Grade	
	NT %	Total %
I have never had sexual intercourse	62	62
13 years old	2	2
14 years old	11	11
15 years old	9	9
16 years old	13	13
17 years old or older	4	4

*Question HS Z.13.**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.14***During the past 3 months, with how many people did you have sexual intercourse?***

	Grade	
	NT %	Total %
I have never had sexual intercourse	59	59
I had sexual intercourse, but not during the past 3 months	17	17
1 person	15	15
2 people	4	4
4 people	2	2
6 or more people	2	2

*Question HS Z.14.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.15*****Did you drink alcohol or use drugs before you had sexual intercourse the last time?***

	Grade	
	NT %	Total %
I have never had sexual intercourse	58	58
No	40	40
Yes	2	2

*Question HS Z.15.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.16*****The last time you had sexual intercourse did you or your partner use a condom?***

	Grade	
	NT %	Total %
I have never had sexual intercourse	58	58
No	8	8
Yes	33	33

*Question HS Z.16.**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.17

The last time you had sexual intercourse, which method(s) did you or your partner use to prevent pregnancy? (Mark All That Apply.)

	Grade	
	NT %	Total %
I have never had sexual intercourse	58	58
No method was used to prevent pregnancy	7	7
Birth control pills	13	13
Condoms	29	29
Depo-Provera or other injectables	2	2
Withdrawal	7	7
Some other method	7	7
Not sure	4	4

Question HS Z.17.

Notes: Columns are not displayed if there are less than 10 respondents. Total percentages may exceed 100% for “mark all that apply” items.

Table Z2.18

Have you ever been forced to have sexual intercourse when you did not want to?

	Grade	
	NT %	Total %
No	98	98
Yes	2	2

Question HS Z.18.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.19

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

	Grade	
	NT %	Total %
0 days	21	21
1 day	4	4
2 days	4	4
3 days	15	15
4 days	17	17
5 days	15	15
6 days	2	2
7 days	23	23

Question HS Z.19.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.20

On an average school day, how many hours do you play video or computer games or use a computer for something that is not schoolwork? (Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other social networking tools, and the Internet.)

	Grade	
	NT %	Total %
I do not play video or computer games or use a computer for something that is not schoolwork	27	27
Less than 1 hour per day	15	15
1 hour per day	10	10
2 hours per day	17	17
3 hours per day	4	4
4 hours per day	19	19
5 or more hours per day	8	8

Question HS Z.20.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.21

During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

	Grade	
	NT %	Total %
I did not date or go out with anyone during the past 12 months	45	45
0 times	51	51
1 time	2	2
6 or more times	2	2

Question HS Z.21.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.22

During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?

	Grade	
	NT %	Total %
I did not drive a car or other vehicle during the past 30 days	55	55
0 days	32	32
1 or 2 days	2	2
3 to 5 days	2	2
10 to 19 days	4	4
All 30 days	4	4

Question HS Z.22.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.23***Over the past 30 days how satisfied have you been with your weight?***

	Grade	
	NT %	Total %
Very dissatisfied	15	15
Dissatisfied	15	15
Neither dissatisfied nor satisfied	48	48
Satisfied	15	15
Very satisfied	7	7

*Question HS Z.23.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.24*****Over the past 30 days how satisfied have you been with your shape?***

	Grade	
	NT %	Total %
Very dissatisfied	15	15
Dissatisfied	9	9
Neither dissatisfied nor satisfied	48	48
Satisfied	17	17
Very satisfied	11	11

*Question HS Z.24.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.25*****Which of the following are you trying to do about your weight?***

	Grade	
	NT %	Total %
Lose weight	69	69
Gain weight	20	20
Stay the same weight	2	2
I am not trying to do anything about my weight	9	9

*Question HS Z.25.**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.26

During the past 12 months, how many times did you do something to purposely hurt yourself, such as cutting, scratching, or burning yourself?

	Grade	
	NT %	Total %
0 times	91	91
1 time	2	2
2 or 3 times	2	2
4 or 5 times	2	2
6 or more times	2	2

Question HS Z.26.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.27

I have an adult at my school that I can talk to about my problems.

	Grade	
	NT %	Total %
Strongly disagree	4	4
Disagree	13	13
Agree	63	63
Strongly agree	20	20

Question HS Z.27.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.28

I know where to go or who to contact at school for help when I am very sad, stressed, lonely, or depressed.

	Grade	
	NT %	Total %
Strongly disagree	7	7
Disagree	15	15
Agree	50	50
Strongly agree	28	28

Question HS Z.28.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.29***People at my school talk openly about mental health.***

	Grade	
	NT %	Total %
Strongly disagree	7	7
Disagree	22	22
Agree	54	54
Strongly agree	17	17

*Question HS Z.29.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.30*****My school encourages students to take care of their mental health.***

	Grade	
	NT %	Total %
Strongly disagree	2	2
Disagree	11	11
Agree	59	59
Strongly agree	28	28

*Question HS Z.30.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.31*****If you were feeling very sad, stressed, lonely or depressed, would you... (Mark all that apply.)***

	Grade	
	NT %	Total %
Talk to a teacher or another adult from your school	31	31
Talk to your parents or someone else in your family	27	27
Get help from a counselor or therapist	47	47
Talk to your friends	47	47
Be afraid to get help	7	7
Not know what to do	18	18

*Question HS Z.31.**Notes: Columns are not displayed if there are less than 10 respondents. Total percentages may exceed 100% for “mark all that apply” items.*

Table Z2.32

In the past year, did you want to talk to a counselor or therapist about feeling very sad, stressed, lonely or depressed?

	Grade	
	NT %	Total %
No	72	72
Yes	24	24
I don't know	4	4

Question HS Z.32.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.33

In the past year, did you get help from a counselor or therapist when you needed it?

	Grade	
	NT %	Total %
Does not apply, I didn't need help	59	59
No, I didn't get help when I needed it	11	11
Yes, I got help when I needed it	30	30

Question HS Z.33.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.34

In the past year, where did you get help from a counselor or therapist? (Mark all that apply.)

	Grade	
	NT %	Total %
Nowhere	56	56
At school (in person, by phone or online)	33	33
From a counselor or therapist not from my school (in person, by phone or online)	13	13
Somewhere else	2	2
I don't know	2	2

Question HS Z.34.

Notes: Columns are not displayed if there are less than 10 respondents. Total percentages may exceed 100% for "mark all that apply" items.

Table Z2.35

In the past year, did an adult at school refer or connect you to a counselor or therapist outside of school to talk about your feelings?

	Grade	
	NT %	Total %
No	54	54
Yes	33	33
I don't know	13	13

Question HS Z.35.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.36

If you were very sad, stressed, lonely or depressed, would any of these things stop you from talking to a counselor or therapist? (Mark all that apply.)

	Grade	
	NT %	Total %
I would not know where to go for help	18	18
There isn't anyone I can talk to	2	2
They wouldn't understand	9	9
People would think there is something wrong with me	5	5
My parents might find out	7	7
Other students might find out	0	0
I wouldn't have a way to pay for it	5	5
I wouldn't want to talk to a counselor or therapist	7	7
Other reasons	14	14
Does not apply, none of these things would stop me from talking to a counselor or therapist	48	48

Question HS Z.36.

Notes: Columns are not displayed if there are less than 10 respondents. Total percentages may exceed 100% for "mark all that apply" items.

Table Z2.37

Do you feel pressure to consider yourself a member of a gang?

	Grade	
	NT %	Total %
No	98	98
Yes	2	2

Question HS Z.37.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.38***On average, how many hours of sleep do you get a night?***

	Grade	
	NT %	Total %
Less than 5 hours	13	13
Between 5-6 hours	28	28
Between 6-7 hours	15	15
Between 7-8 hours	28	28
Between 8-9 hours	11	11
Between 9-10 hours	2	2
More than 10 hours	2	2

*Question HS Z.38.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.39*****How comfortable and welcome do you feel on campus?***

	Grade	
	NT %	Total %
Very comfortable and welcomed	52	52
Comfortable and welcomed	22	22
Neutral	15	15
A little comfortable and welcomed	9	9
Not comfortable and welcomed	2	2

*Question HS Z.39.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.40*****How emotionally supported do you feel on campus?***

	Grade	
	NT %	Total %
Very emotionally supported	35	35
Emotionally supported	20	20
Neutral	39	39
A little emotionally supported	2	2
Not emotionally supported	4	4

*Question HS Z.40.**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.41***How socially supported do you feel on campus?***

	Grade	
	NT %	Total %
Very socially supported	33	33
Socially supported	24	24
Neutral	35	35
A little socially supported	4	4
Not socially supported	4	4

*Question HS Z.41.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.42*****How academically supported do you feel on campus?***

	Grade	
	NT %	Total %
Very academically supported	53	53
Academically supported	27	27
Neutral	18	18
A little academically supported	2	2

*Question HS Z.42.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.43*****Overall, how is school going for you?***

	Grade	
	NT %	Total %
Very well	40	40
Well	36	36
Okay	13	13
Neutral	7	7
Not well	4	4

*Question HS Z.43.**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.44***Which of the following strategies do you use for self-care? (Mark All That Apply.)***

	Grade	
	NT %	Total %
Exercise	58	58
Meditation	20	20
Mindfulness practices	16	16
Family time	33	33
Friend time	58	58
Spending time alone	71	71
Listening to music	71	71
Sports	27	27
Art	16	16
Music	60	60
Being with a pet	40	40
Other	11	11
None	2	2

*Question HS Z.44.**Notes: Columns are not displayed if there are less than 10 respondents. Total percentages may exceed 100% for “mark all that apply” items.***Table Z2.45*****How many hours per week do you spend on self-care?***

	Grade	
	NT %	Total %
0-59 minutes	20	20
1-2 hours	25	25
2-3 hours	16	16
3-4 hours	9	9
4-5 hours	5	5
5-6 hours	7	7
More than 6 hours	18	18

*Question HS Z.45.**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.46***How many hours per week do you spend interacting with your friends?***

	Grade	
	NT %	Total %
0-59 minutes	14	14
1-2 hours	7	7
2-3 hours	14	14
3-4 hours	16	16
4-5 hours	9	9
5-6 hours	5	5
More than 6 hours	36	36

*Question HS Z.46.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.47*****How many hours per week do you spend interacting with your family?***

	Grade	
	NT %	Total %
0-59 minutes	9	9
1-2 hours	9	9
2-3 hours	14	14
3-4 hours	14	14
4-5 hours	9	9
5-6 hours	5	5
More than 6 hours	40	40

*Question HS Z.47.**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.48***How many hours per week do you spend doing things you enjoy?***

	Grade	
	NT %	Total %
0-59 minutes	16	16
1-2 hours	11	11
2-3 hours	16	16
3-4 hours	5	5
4-5 hours	14	14
5-6 hours	2	2
More than 6 hours	36	36

*Question HS Z.48.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.49*****Overall, how do you feel about your school/home/social life balance?***

	Grade	
	NT %	Total %
I have a good school/home/social life balance.	77	77
My life balance is negatively impacted by my school life.	9	9
My life balance is negatively impacted by my home life.	9	9
My life balance is negatively impacted by my social life.	5	5

*Question HS Z.49.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.50*****How would you rate your overall emotional health over the last 30 days?***

	Grade	
	NT %	Total %
Poor	14	14
Average	51	51
Good	16	16
Very good	19	19

*Question HS Z.50.**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.51

Have any of the following impacted your life functioning (eating, sleep, school, routines, etc.) over the last 30 days? (Mark All That Apply.)

	Grade	
	NT %	Total %
Stress	49	49
Anxiety	40	40
Sadness	26	26
Hopelessness	16	16
Loneliness or isolation	19	19
Loss of a loved one	7	7
Conflict with friends	7	7
Physical illness	9	9
Other	7	7
None of the above	28	28

Question HS Z.51.

Notes: Columns are not displayed if there are less than 10 respondents. Total percentages may exceed 100% for “mark all that apply” items.

Table Z2.52

When you think about interactions with friends or family, when was the last time that you felt like someone asked how you were? Like, really asked how you were honestly doing?

	Grade	
	NT %	Total %
In the past week	38	38
In the past month	7	7
In the past 6 months	7	7
I can't remember	48	48

Question HS Z.52.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.53***If you are having an issue (like feeling depressed or anxious), do you have an adult that you can talk to at school?***

	Grade	
	NT %	Total %
No	28	28
Yes	73	73

*Question HS Z.53.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.54*****If you were struggling emotionally (i.e., depression, anxiety, thoughts of suicide), how likely are you to talk to an adult at school about it?***

	Grade	
	NT %	Total %
Very likely	23	23
Likely	18	18
Unlikely	26	26
Very unlikely	18	18
Not at all	15	15

*Question HS Z.54.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.55*****If you were struggling emotionally (i.e., depression, anxiety, thoughts of suicide), how likely are you to talk to your parents about it?***

	Grade	
	NT %	Total %
Very likely	28	28
Likely	15	15
Unlikely	28	28
Very unlikely	10	10
Not at all	20	20

*Question HS Z.55.**Note: Columns are not displayed if there are less than 10 respondents.*

Table Z2.56

If you were struggling emotionally (i.e., depression, anxiety, thoughts of suicide), how likely are you to talk to your friends about it?

	Grade	
	NT %	Total %
Very likely	31	31
Likely	28	28
Unlikely	21	21
Very unlikely	10	10
Not at all	10	10

Question HS Z.56.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.57

If a friend were struggling emotionally (i.e., depression, anxiety, thoughts of suicide), who would you most likely reach out to for help? (Mark All That Apply.)

	Grade	
	NT %	Total %
A teacher	37	37
A parent	32	32
A friend	42	42
Look for resources online	26	26
A school counselor	24	24
Seek emergency help	13	13
Not sure	26	26

Question HS Z.57.

Notes: Columns are not displayed if there are less than 10 respondents. Total percentages may exceed 100% for “mark all that apply” items.

Table Z2.58***How many teachers and other school employees understand the mental health needs of their students?***

	Grade	
	NT %	Total %
Almost all	39	39
Most	24	24
Some	13	13
Few	3	3
Not sure	21	21

*Question HS Z.58.**Note: Columns are not displayed if there are less than 10 respondents.***Table Z2.59*****If your school offered more mental health resources (e.g., group counseling or group conversations), how likely would you be to use them?***

	Grade	
	NT %	Total %
Very likely	15	15
Likely	15	15
Unlikely	40	40
Very unlikely	8	8
Not at all	23	23

*Question HS Z.59.**Note: Columns are not displayed if there are less than 10 respondents.*

Appendix I

2024-25 CHKS Secondary Survey Response Rates

Eligible Schools	NT %
Alta Vista High	81

Notes: Response rates are presented by grade level. Eligible schools listed are based on CBEDS 2024-25 public school and enrollment data files. Directly funded charter schools have been excluded from the list.

Appendix II

CHKS Content Overview, 2024-25

This brief guide to key CHKS Core Module indicators is designed to help survey users more easily understand and interpret their findings.¹ References are provided to the tables in CHKS reports where results for the indicators discussed can be found. References are also made to other relevant CHKS reports, factsheets, and resources that can be downloaded from the CalSCHLS website (calschls.org) for further information. What Works Briefs that provide guidance on best practices related to areas assessed by the survey are available from the California Safe and Supportive Schools website (ca-safe-supportive-schools.wested.org/resources).

Special attention is directed toward indicators related to the requirements of California’s Local Control and Accountability Plans (LCAP). For a summary of state-level LCAP-related baseline CHKS data, see Factsheet #15.²

MAIN CONTENT FOCUS: SCHOOL CLIMATE AND THE NEEDS OF THE WHOLE CHILD

The main purpose of the CHKS Core Module is to assess indicators of school climate, pupil engagement, and student supports, all three key priorities required of the LCAP. It provides schools with essential data to determine the degree to which they provide the conditions and supports that all youth need to succeed in learning and developmentally thrive. Forty-nine items assessing 14 school climate domains included in a *School Climate Report Card (SCRC)*.³ All districts receive a district-level SCRC and can request school-level SCRCs. The items used in the SCRC assess school connectedness, developmental supports (e.g., caring adult relationships), and safety, including bullying and victimization.

School climate, as measured by the CHKS, is strongly related to student learning and academic performance. Data for high school students show that as school climate improves—as the schools became safer, more supportive, and more engaging—academic performance increased as well.⁴

In a ground-breaking analysis, a positive school climate was a distinguishing characteristic of California secondary schools that “beat the odds” academically and consistently performed better on the state’s standardized tests than *would be predicted* based on the characteristics of their students (i.e., comparing schools with similar student demographics). The more positive the school climate, the greater the probability there was for beating the odds. School climate was more strongly associated with beating the odds than a school’s level of personnel resources.⁵

In addition, the CHKS Core Module provides data to help understand the degree to which schools address the needs of the whole child. CHKS data show that California secondary schools made greater progress in raising standardized test scores over a one-year period when they had higher percentages of students who reported: (1) being less engaged in risky behaviors such as substance use and violence; (2) being more likely to eat nutritiously and exercise; and (3) experiencing caring adult relationships and high

¹ To see how local results compare with state averages in California, download a copy of the latest Biennial State CHKS report (calschls.org/reports-data/#state-level_reports). The Biennial State data are derived from a randomly-selected, representative state sample. County-level reports are also available on the CHKS website. Biennial State CHKS and county-level data can also be examined interactively on the CalSCHLS Data Dashboard (calschls.org/reports-data/dashboard).

² Austin. (2016). Download calschls.org/docs/factsheet-15.pdf

³ See calschls.org/reports-data/#scrc

⁴ O’Malley & Hanson. (2012). Download data.calschls.org/resources/S3factsheet3_API_20120716.pdf

⁵ Voight, Austin, & Hanson. (2013). Download www.wested.org/online_pubs/hd-13-10.pdf

expectations at school.⁶ These results suggest that addressing the health and developmental needs of youth is a critical component of a comprehensive strategy for meeting accountability demands for improved academic performance.

GRADE-LEVEL PATTERNS

More than 20 years of survey administration has demonstrated that as youth progress through secondary school, they become: (1) less likely to report feeling connected to school and being academically motivated; and (2) more likely to report truancy, involvement in substance use, and chronic sadness and hopelessness. Here are some additional grade-level patterns in CHKS data:

- **Seventh graders** report the highest rates of harassment and victimization, as well as participation in a physical fight and seeing a weapon on campus.
- **Ninth graders** report the lowest rates of developmental support.
- **Nontraditional (continuation school) students** report risk behavior (e.g., binge drinking, fighting at school) prevalence rates at least twice those of 11th graders in traditional comprehensive high schools.⁷ They also exhibit lower perceived school safety, school connectedness, and developmental supports. Continuation school students are a highly vulnerable population in need of a wide range of academic, social, emotional, and behavioral supports and intervention services.⁸

DEMOGRAPHIC CHARACTERISTICS AND POPULATION GROUP DIFFERENCES (Section 3)

Indicators of the demographic and background characteristics of the survey respondents help users gain a better sense of how representative the survey sample is compared to the student population overall. They also enable users to analyze how survey results vary by important groups in the school and help them to identify, and target programs for, youth most in need. School districts can use these data to meet LCAP requirements to demonstrate actions across state priorities in regard to socioeconomically disadvantaged students, English learners, and foster youth, as well as other indicators such as race/ethnicity, homeless youth, and LGBTQ youth.

In the standard CHKS report, breakdowns for selected key indicators are provided by all the LCAP priority groups such as race/ethnicity, gender, parental education, English learner and long-term English learner status, disability status, foster youth, and unhoused youth. For selected key indicators, the CalSCHLS Data Dashboard (calschls.org/reports-data/dashboard) can be used to display group differences across these same groups as well as additional groups (e.g., chronic sadness, caring relationships). Districts/schools can also subscribe to the District CalSCHLS private data dashboard to disaggregate their CHKS results by these groups for each school (email calschls@wested.org).

Racial-Ethnic Group Identification

Respondents self-report their identification with six racial/ethnic groups. In one study of CHKS data, both academic performance and school well-being—the degree to which students feel safe at, supported by, and connected to the school—varied consistently and persistently across schools by racial/ethnic groupings.⁹ They were highest in schools with large proportions of white and Asian students, as well as

⁶ Hanson & Austin. (2003). Download data.calschls.org/resources/FACTSHEET-3.pdf

⁷ In interpreting the results for 11th graders, note that many youth who are most disengaged and involved in high risk behaviors may have already dropped out of school or did not participate in the survey because of truancy or absenteeism.

⁸ Austin, Dixon, & Bailey. (2007). Download data.calschls.org/resources/FACTSHEET-7.pdf

⁹ Austin, Hanson, Bono, & Zheng. (2008). Download data.calschls.org/resources/factsheet_8.pdf

in middle- and high-income schools. Controlling for socioeconomic status and other school demographic characteristics reduced these racial/ethnic group differences, but the disparities still remained. This suggests that school climate factors related to student well-being may also play a role in racial/ethnic group differences in achievement. One strategy to close the gap may be to enhance learning supports that foster caring adult relationships, high expectations, meaningful participation, safety, and connectedness in schools serving large proportions of low-income African American and Hispanic students.

In the majority of cases, with notable exceptions for Asians, *the racial/ethnic gaps in performance, engagement, perceived support, and safety are greater within-schools than between-schools*.¹⁰ White students feel more safe, engaged, and supported than their African American, Hispanic, and Asian peers *within the same school*.¹¹ Inequities in these factors can possibly contribute to the achievement differences. Further, these findings suggest that practices designed to ensure equitable access to academic resources, opportunities, learning supports, and promotion of common experiences may be effective in ameliorating the gap.

Youth in Foster Care

Compared to youth who live with their parents, youth in foster care settings report much higher rates of substance abuse, poor school attendance and grades, more violence-related behaviors, more harassment, and higher depression risk.^{12 13} They were also more likely to be low in caring adult relationships and total developmental support.

Unhoused Youth

Homeless youth are substantially more likely than other youth to engage in substance use, have lower attendance at school and struggle with academic performance, feel less safe at school and experience greater levels of harassment and bullying, and exhibit higher levels of chronic sadness.¹⁴ Like youth in foster care, unhoused youth were also more likely to be low in caring adult relationships at school.

Sexual Orientation and Gender Identity

Lesbian, gay, bisexual, transgender, and questioning or queer (LGBTQ) youth are at elevated risk for bullying and violence victimization, mental health problems, drug and alcohol use, and exhibiting poor performance in school.^{15 16} For example, analysis of the Biennial State CHKS data indicate that LGBTQ youth¹⁷ are:

- about 30 percentage points more likely than non-LGBTQ youth to experience harassment and bullying at school;
- 30-to-40 percentage points more likely to exhibit chronic sadness;
- 2-to-3 times more likely to smoke cigarettes, binge drink, and to have been drunk or high at school; and

¹⁰ Hanson, Austin, & Li. (2012). Download data.calschls.org/resources/FACTSHEET-13_20120405.pdf

¹¹ See calschls.org/my-surveys/

¹² Austin, Jones, & Annon. (2007). Download data.calschls.org/resources/FACTSHEET-6.pdf

¹³ See calschls.org/my-surveys/

¹⁴ See calschls.org/my-surveys/

¹⁵ Hanson, T., Zhang, G., Cerna, R., Stern, A., & Austin, G. (2019) Understanding the experiences of LGBTQ youth in California. San Francisco, CA: WestEd. [Download wested.org/resources/lgbtq-students-in-california/](https://download.wested.org/resources/lgbtq-students-in-california/)

¹⁶ Russell, S. T., & Fish, J. N. (2016). Mental health in lesbian, gay, bisexual, and transgender (LGBT) youth. *Annual Review of Clinical Psychology*, 12, 465-487. <https://doi.org/10.1146/annurev-clinpsy-021815-093153>

¹⁷ See calschls.org/my-surveys/

- receive substantially fewer social supports from teachers and peers at school than their counterparts who do not identify as LGBTQ.

Because of such disparities, it is important to examine disparities across LGBTQ and non-LGBTQ youth to identify needs and support the development of practices that promote the healthy development and safety of all youth.

SCHOOL PERFORMANCE, ENGAGEMENT, AND SUPPORTS (Section 6)

A major focus of the CHKS is providing data to gauge the level of pupil engagement, an LCAP state priority on which districts are required to show improvement. Enhancing student engagement has been identified as the key to addressing problems of low achievement, high levels of student misbehavior, alienation, and high dropout rates.¹⁸ CHKS and other surveys consistently show that as youth progress through the school system, indicators of engagement decline.

It is important to look at engagement from three perspectives: behavioral, emotional, and cognitive. The CHKS provides data on all three types. As discussed below, the Academic Motivation scale, school boredom, and self-reported grades provide insight into cognitive engagement; the School Connectedness scale and school value item into emotional engagement; and attendance data into behavioral engagement. Another behavioral engagement indicator on the survey is substance use at school. Research shows that student engagement is malleable and that all three types of engagement are influenced by the level to which students perceive the school as having a positive environment.

The CHKS Developmental Supports scales provide insight into whether students experience three protective factors in their school (caring relationships, high expectations, and opportunities for meaningful participation). These protective factors characterize a positive school climate and are linked to school connectedness and positive academic, behavioral, and health outcomes. Other school climate factors assessed are the level of parent involvement and the quality of the school physical environment, both also LCAP priorities. The likelihood that students will be motivated and engaged is increased to the extent that their teachers, family, and friends effectively support their purposeful involvement in learning and in school.

Self-Reported Grades

The CHKS asks students to indicate what grades they received in school in the past 12 months. Although self-reports are not as accurate as actual report card data, they provide a general sense of the school performance of the survey respondents from their self-perception.

Academic Motivation

A four-item scale gauges student academic motivation by asking how strongly they agree that they try hard to do well on schoolwork, try hard because they are interested in the work, work hard to understand new things at school, and always try to do better. On the 2019-21 State CHKS, the percentage of students agreeing with the questions on this scale ranged from 64 percent in 11th grade to 71 percent in 7th.¹⁹

In order to achieve rigorous academic goals, students need not only a challenging and engaging curriculum, but they need to be emotionally connected to their learning. Student perceptions of the school environment and their degree of school connectedness influence their achievement motivation. But students may be behaviorally and/or emotionally invested in a given activity without actually exerting the

¹⁸ Wang, M-T, & Eccles, J. (2013). School context, achievement motivation, and academic engagement: A longitudinal study of school engagement using a multidimensional perspective. *Learning and Instruction*, 28, 12-23. <https://doi.org/10.1016/j.learninstruc.2013.04.002>

¹⁹ Download data.calschls.org/resources/Biennial_State_1921.pdf

necessary mental effort to understand and master the knowledge, craft, or skill that the activity promotes. This scale provides insight into the overall level of that mental effort.

In addition, the supplementary School Climate Module includes Student Learning Environment and Learning Engagement Climate scales and a series of questions about supports for learning and academic rigor.

School Boredom – School Value

Boredom is commonly experienced among secondary students, but its meaning and effects vary from student to student. Student boredom can be associated with specific subjects and academic tasks or it can be a pervasive response to school activities. Frequent boredom is associated with poor academic and mental health outcomes. Two CHKS questions ask about students’ school boredom (school is really boring) and how much they value their schooling experience (school is worthless and a waste of time). Combined, these two survey questions are used to identify School Boredom Mindset Profiles.^{20,21,22}

				School Boredom											
				School is really boring											
				Low Boredom			Moderate Boredom			High Boredom					
				0 Disagree	1	2	3	4	5	6	7	8	9	10 Agree	
Value of School	School is worthless, a waste of time	High Value	0 Disagree	1 Optimal			2			3					
			1	High Value–Low Boredom			High Value–Moderate Boredom			High Value–High Boredom					
			2	Students did not think school was boring and valued school highly			Students valued school highly with moderate-level school boredom			Students indicated school was very boring, yet they valued it highly					
		Moderate Value	3	4 Moderate Value–Low Boredom			5			6					
			4				Moderate Value–Moderate Boredom			Moderate Value–High Boredom					
			5				Students with moderate-level school boredom and school value			Students indicated school was very boring, and valued it at a moderate level					
		Low Value	6	7 Low Value–Low Boredom			8 Low Value–Moderate Boredom			9 Low Value–High Boredom					
			7										Suboptimal		
			8												
			9												
10 Agree	Only a low percentage of students’ responses place them in groups 4, 7, and 8.						Students indicated school was very boring, and valued it at a very low level								

²⁰ Furlong, M. J., Smith, D. C., Springer, T., & Dowdy, E. (2021). Bored with school! Bored with life? Well-being characteristics associated with a school boredom mindset. *Journal of Positive School Psychology*, 5(1), 42–64.
<https://www.covitalityucsb.info/ewExternalFiles/10.%20Furlong%20et%20al%20Boredom-JPSP.pdf>

²¹ Branstetter, R. (2021). What do kids mean when they say they’re bored at school? Greater Good Magazine.
https://greatergood.berkeley.edu/article/item/what_do_kids_mean_when_they_say_theyre_bored_at_school

²² See D. Michael Furlong’s RISE 360 School Boredom Resource to learn more about school boredom and how these two items are combined to identify School Boredom Mindset Profiles
https://rise.articulate.com/share/evs7SLqtz3xvWkgVnQjW6YNu1vFyRm6_#/

Students with high school boredom and low school-value, a suboptimal profile, report substantially poorer well-being than students with low boredom combined with elevated school-value, an optimal profile. Moreover, students with high school boredom and high school-value may be experiencing episodic or task-specific boredom, which requires different types of support than students who exhibit the suboptimal pattern. The percentage of students falling in each of these profile groups is presented in the CHKS report so that school personnel can monitor the boredom experiences of students to best address their academic and social-emotional needs.

Absenteeism

Before good teachers with quality curriculums and engaging activities can improve academic performance, the students have to show up. The CHKS provides data to identify what proportion of respondents are at risk of chronic absenteeism (missed 3 or more days during the past 30 days) and what were the reasons for absences.

Poor attendance is a marker of a wider variety of other problems, including low school connectedness and learning engagement. Both the US Department of Education and the California Office of the Attorney General have launched initiatives designed to raise awareness about and combat chronic absenteeism, generally defined as missing 10 percent of school days. According to a report by Attendance Works, the nation’s large and persistent achievement gaps are rooted in a largely hidden crisis of chronic absenteeism, especially among low-income and minority children.²³

Biennial State CHKS data indicate that the most common reasons for being absent in secondary school, after illness, are generally not getting enough sleep and anxiety or stress, followed by being behind in schoolwork, and being bored or uninterested in school, another good indicator of disengagement.²⁴

Developmental Supports

Research shows that when schools (or families or communities) provide three developmental supports—**caring adult relationships, high expectations, and opportunities for meaningful participation**—students are more likely to report more positive academic, social-emotional, and health outcomes, including higher grades, school connectedness, attendance, and perceived safety. CHKS measures these supports using multi-item scales. Results overall suggest that the great majority of students do not receive sufficient levels of support and that the supports received are lower in high school than in middle school, even though student need for them is arguably higher.^{25 26 27 28 29 30}

School Connectedness

School connectedness is one of the indicators of school climate that a California school district must address in its LCAP. Research shows that school connectedness is associated with multiple positive

²³ Attendance Works & Everyone Graduates Center. (2017, September). *Portraits of Change: Aligning School and Community Resources to Reduce Chronic Absence*. Download www.attendanceworks.org/portraits-of-change/

²⁴ Austin, Hanson, Bala, & Zheng. (2023). Download data.calschls.org/resources/18th_Biennial_State_1921.pdf

²⁵ Hanson & Austin. (2002). Download data.calschls.org/resources/factsheet.pdf

²⁶ Hanson & Austin. (2002). Download data.calschls.org/resources/FACTSHEET-3.pdf

²⁷ Hanson. (2011). Download data.calschls.org/resources/S3factsheet1_caring_20120223.pdf

²⁸ Hanson. (2012). Download data.calschls.org/resources/S3factsheet2_participation_20120224.pdf

²⁹ O’Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief1_CaringRelationships_final.pdf

³⁰ O’Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief2_MeaningfulPart_final.pdf

academic, social-emotional, and health outcomes.³¹ It also shows that youth who feel safe at school, experience caring adults, and have opportunities for engagement and other developmental supports are more likely to feel connected to the school. The CHKS five-item School Connectedness scale is an important differentiator between low-performing and high-performing high schools and has value as an indicator of school quality. The online Query CalSCHLS system (calschls.org/reports-data/query-calschls/) enables examination of how key survey indicators vary by school connectedness.

School connectedness declines markedly after elementary school. A substantial minority of middle and high school students are not connected to their schools. On the 2017-19 State CHKS, the average percentage of students agreeing to these scale questions declined from 62 percent in 7th grade to 53 percent in 11th, a decline similar to that found for the Academic Motivation scale.³² This may be related at least in part to their lower levels of developmental support. Prior analyses have indicated that the lowest rates of both connectedness and test scores are in low-income schools.^{33 34}

Parent Involvement

Parent involvement, including promoting parental participation in school programs, is one of the LCAP state priorities. A three-item scale assesses student perceptions (level of agreement) of three components of parent involvement: teachers communicating with parents about what students are expected to learn in class, parents feeling welcome to participate at this school, and school staff taking parent concerns seriously. The same questions also are asked on the staff and parent surveys so that perceptions can be compared across all three stakeholder groups. A large and growing body of evidence has linked school success to the manner and degree to which a school communicates with parents, engages them both in school activities and education, and fosters a school climate that parents perceive as warm, inviting, and helpful.³⁵

Facilities and Physical Environment

As an indicator of student perceptions of the school's physical environment, the CHKS includes a question asking students how much they agree the school "is usually clean and tidy." Additional questions are included in the supplementary School Climate Module. An analysis of 2018/20 data from the questions on both modules found that a plurality of students report that their school facilities are in good condition, but a non-trivial minority of students were dissatisfied with the condition of their school facilities.³⁶ Between 20 percent and 25 percent of students disagree or strongly disagree on the quality of the physical environment items. Almost one-third of schools serving 11th graders were categorized as having low quality physical environments based on student reports on the clean and tidy item. Student perceptions of the quality of their school's physical environment were strongly related to student achievement.

SCHOOL VIOLENCE, VICTIMIZATION, AND SAFETY (Section 8)

The CHKS asks students a wide range of questions to ascertain the scope and nature of physical and verbal violence and victimization that occurs on campus, as well as vandalism, and the overall level of school

³¹ National Research Council and the Institute of Medicine. (2004). *Engaging schools: Fostering high school students' motivation to learn*. Washington, D.C.: The National Academies Press.

³² Austin, Hanson, Zhang, & Zheng. (2020). Download data.calschls.org/resources/Biennial_State_1719.pdf. *School Connectedness was not assessed on the 2019-21 State CHKS because the majority of students did not attend school in-person in 2020-21 due to the COVID-19 pandemic*.

³³ Austin, Hanson, & Voight. (2013). Download data.calschls.org/resources/S3factsheet5_connectedness_20130827.pdf

³⁴ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief4_Connectedness_final.pdf

³⁵ Wilder, S. (2014). Effects of parental involvement on academic achievement. A meta-synthesis. *Educational Review*, 66:3, 377-397.

³⁶ Hanson & Zheng. (2021). Download calschls.org/docs/facilities_030221.pdf

safety.³⁷ Physical violence and weapons on campus have long been a major public concern. Equally disruptive are the uncounted acts of bullying, teasing, and other nonviolent misbehavior among youth, such as substance use and sales on campus.³⁸ These behaviors adversely affect not only students' ability to learn and willingness to attend school, but also the overall school environment, the ability of teachers to teach, and the willingness of adults to enter the teaching profession.^{39 40 41}

Perceived Safety

Perceived safety is another indicator that districts/schools are required to monitor as part of their LCAP school climate priority. School safety is more than the antithesis of violence. Perceived school safety is psychological as well as physical. Feelings of insecurity can have multiple sources, not all of which correctly reflect the level of danger and violence on a school campus, such as verbal bullying. Both physical and psychological safety are essential for high quality teaching and learning. It is a key factor in students feeling connected to school. Another indicator important for attendance is the percentage of students who report missing school because they didn't feel safe (Table A6.3).

If students report low levels of perceived school safety, further examination of all the indicators related to bullying and victimization is warranted. Consider conducting follow-up student voice and feedback sessions such as focus groups or Student Listening Circles and integrating questions on why students do not feel safe.⁴²

Harassment and Victimization

Most of the safety-related questions on the survey assess victimization. Because a relatively small number of students can victimize a large number of their peers, victimization questions provide important insight into the overall school climate. Nonviolent harassment in any form—threats, intimidation, rumors, and ostracism—can instill a sense of vulnerability, isolation, frustration, and fear among its victims, leading to engagement in health risk behaviors or avoidance behaviors such as missing school and social isolation. This type of misbehavior, vastly more common than any other, ruins the school day for many students.

The CHKS asks about the frequency with which students experienced any bullying/harassment related to six bias-related categories (gender, race/ethnicity, disability, sexual identity, religion, immigrant status), as well as for any other reason (Table A8.2). About three-in-ten secondary students report experiencing some harassment in the past year on the 2017-19 State CHKS, with the percentages declining between 7th and 11th grades.⁴³ Analyses show that victims of harassment are more likely to not feel safe at, and connected to, school; to have higher truancy; and to experience lower developmental (resilience) supports at school.^{44 45} They report higher rates of fighting and weapons possession at school, as well as risk of depression. Students who report bias-related harassment, particularly for disability and sexual orientation, have poorer well-being than students who were only harassed for other reasons.

Different forms of verbal harassment at school are assessed by asking students about: mean rumors or

³⁷ The CHKS also includes two violence-related questions that are not school based: the frequency students experienced cyberbullying and whether they are gang members.

³⁸ Juvonen, J., & Graham, S. (2001). *Peer harassment in school: The plight of the vulnerable and victimized*. New York: Guilford Press.

³⁹ Barton, P. E. (2001). *Facing the hard facts in education reform*. Princeton, NJ: Educational Testing Service.

⁴⁰ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief5_ViolencePerpetration_final.pdf

⁴¹ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief6_ViolenceVictimization_final.pdf

⁴² O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief3_Safety_final.pdf

⁴³ Austin, Hanson, Zhang, & Zheng. (2020). Download data.calschls.org/resources/Biennial_State_1719.pdf. Harassment at school was not assessed on the 2019-21 State CHKS due to the COVID-19 pandemic.

⁴⁴ Heck, Russell, O'Shaughnessy, Laub, Calhoun, & Austin. (2005). Download data.calschls.org/resources/FACTSHEET-4.pdf

⁴⁵ Austin, Nakamoto, & Bailey. (2010). Download data.calschls.org/resources/FACTSHEET-10.pdf

lies; sexual-related jokes, comments, or gestures; being made fun of because of looks or speech; and, more generally, being made fun of, insulted or called names. Physical victimization is assessed by questions about having been pushed/shoved, threatened with harm or injury (without or without weapon), and being afraid of being beaten up. Students are also asked whether they have ever been in a physical fight as a measure of general violence.

The supplementary School Climate Module includes Bullying Prevention and Respect for Diversity scales to provide insight into what the school is doing to reduce the problem.

Vandalism and Weapons

Two other safety-related areas assessed by the survey are school vandalism and weapons possession. Students are asked whether they damaged school property or had their property damaged at school and whether they carried a knife or other weapon to school or observed someone else doing these things.⁴⁶ Overall, weapons possession is not common. Statewide, only about two percent of secondary students report carrying a gun and 4-5 percent report carrying another weapon.⁴⁷ About 14 percent of 7th and 9th graders report seeing someone carrying a weapon compared to 11 percent of 11th graders.

SUBSTANCE USE (Sections 9 and 10)

An important barrier to learning, positive youth development, and health, substance use is assessed by the CHKS Core.

Alcohol and Other Drug Use (Section 9)

The misuse of alcohol and other drugs (AOD) continues to be among the most important issues confronting the nation. For schools, the problem is particularly relevant. Years of research have shown that adolescent substance use is closely connected to academic performance and contributes to raising the level of truancy and absenteeism, special education, disciplinary problems, disengagement and dropout rates, teacher turnover, and property damage.

Reflecting this, on the California School Staff Survey, 39 percent of high school staff statewide reported that alcohol and drug use are a moderate to severe problem at their school.⁴⁸

Alcohol and Other Drug Use at School (Section 9)

AOD use at school is especially troubling. This is behavior that threatens not only the user's learning ability but also the school's efforts to educate all youth. It also is an indirect indicator of school disengagement. An analysis of CHKS data found that substance use and intoxication at school, being offered drugs at school, and lifetime intoxication were significantly related to changes in California achievement test scores one year later.⁴⁹ Schools with proportionately large numbers of students who reported these behaviors exhibited smaller gains in test scores than other schools.^{50 51}

Cigarette Smoking (Section 10)

Students who report smoking cigarettes are significantly more likely than those who do not to engage in alcohol and other drug use, be involved in violence and gang membership, and experience school-related

⁴⁶ Students who participated in school exclusively via remote learning were not asked these questions in 2020-21.

⁴⁷ Austin, Hanson, Polik, & Zheng. (2018). Download data.calschls.org/resources/Biennial_State_1517.pdf

⁴⁸ Statewide CSSS. (2018). Download calschls.org/docs/statewide_1517_csss.pdf

⁴⁹ Hanson, T. L., Austin, G. A., & Lee-Bayha, J. (2004). *Ensuring that No Child is Left Behind: How are Student Health Risks & Resilience Related to the Academic Progress of Schools*. San Francisco: WestEd.

⁵⁰ Hanson & Austin. (2003). Download data.calschls.org/resources/FACTSHEET-3.pdf

⁵¹ O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3_WhatWorksBrief8_AOD_final.pdf

problems and disengagement. To a lesser extent, students who smoke are also more likely to be victims of violence and harassment, feel unsafe at school, and experience incapacitating sadness and loneliness. These results suggest that efforts to reduce student smoking may be more successful if embedded in approaches that address a broad range of risk behaviors and problems.^{52 53}

SOCIAL AND EMOTIONAL HEALTH (Section 7)

Student mental health can have a big impact on their health and well-being. The CHKS Core provides four measures for assessing mental health among students: (1) whether they experience chronic, incapacitating sadness or hopelessness; (2) whether they ever contemplated suicide; (3) social and emotional distress; and (4) life satisfaction. Students who experience chronic sadness, compared to their peers who do not, are at elevated risk of a wide range of educational, health, social, and emotional problems, including lower school attendance, performance, and connectedness.⁵⁴ They also report lower levels of the developmental supports in their schools and communities that have been shown to mitigate these problems. Similar findings are found among youth who have contemplated suicide.⁵⁵

CHKS data also show that students who report bias-related harassment, particularly for disability and sexual orientation, have poorer overall mental health than students who are harassed for other reasons or not harassed. Students who report any harassment are about twice as likely to experience chronic sadness/hopelessness than their non-harassed peers.^{56 57}

See also the percentage of students who report missing school because they “felt very sad, hopeless, anxious, stressed, or angry.” In addition, the supplementary School Climate Module includes a Social and Emotional Supports scale that provides insight from students on what the school does to help promote mental health and foster social-emotional competencies.

⁵² Hanson & Zheng. (2006). Download data.calschls.org/resources/factsheet2update.pdf

⁵³ Austin, McCarthy, Slade, & Bailey. (2007). Download data.calschls.org/resources/FACTSHEET-5.pdf

⁵⁴ Austin, Nakamoto, & Bailey. (2010). Download data.calschls.org/resources/FACTSHEET-11.pdf

⁵⁵ Austin, Cragle, Delong-Cotty. (2012). Download data.calschls.org/resources/FACTSHEET-12.pdf

⁵⁶ Heck, Russell, O’Shaughnessy, Laub, Calhoun, & Austin. (2005). Download data.calschls.org/resources/FACTSHEET-4.pdf

⁵⁷ Austin, Nakamoto, & Bailey. (2010). Download data.calschls.org/resources/FACTSHEET-10.pdf