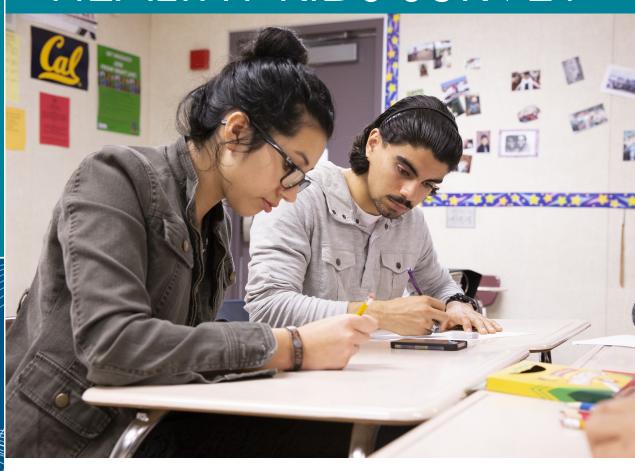


# CALIFORNIA HEALTHY KIDS SURVEY



Oceanside Unified Secondary 2018-2019 Main Report





This report was prepared by WestEd, a research, development, and service agency, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education Coordinated School Health and Safety Office. For contract information, contact:

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## **PREFACE**

#### HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

#### **ALERT**

Categories "High," "Moderate," and "Low" are included for some scales on the report for districts or schools to compare results to those from prior years. This is the last year these "High," "Moderate," and "Low" categories are provided in reports.

This report provides the detailed results for each question from the 2018-19 *California Healthy Kids Survey* (CHKS) for schools within the district. The CHKS, along with its two companion surveys—the *California School Staff Survey* (CSSS) and the *California School Parent Survey* (CSPS)—form the California Department of Education's *California School Climate*, *Health*, *and Learning Survey* (CalSCHLS) System. CalSCHLS, is the largest, most comprehensive effort in the nation to regularly assess students, staff, and parents at the local level to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major school-related domains and constructs assessed by CalSCHLS. Appendix I lists the schools that administered the survey in the district and their response rates; Appendix II provides more information about CHKS questions.

These surveys grew out of CDE's commitment to helping schools promote the successful cognitive, social, emotional, and physical development of all students; create more positive, engaging school environments; and ensure college and career readiness. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website (<a href="calschls.org">calschls.org</a>), including Helpful Resources for Local Control and Accountability Plans (<a href="calschls.org/docs/lcap\_cal\_schls.pdf">calschls.org/docs/lcap\_cal\_schls.pdf</a>). The California Safe and Supportive Schools website (<a href="californiaS3.wested.org">californiaS3.wested.org</a>) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS Regional Centers offer a Data Workshop to help identify local needs and develop action plans to meet those needs, including a *Listening to Students Workshop* for involving student voice in the process (see below).

#### THE SURVEY

The California Department of Education (CDE) has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs. Appendix II is a brief

guide to key CHKS Core Module indicators designed to help survey users more easily understand and interpret their findings.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The secondary-school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

#### **Core Module**

As summarized in Appendix II, the Core Module consists of key questions, identified by an expert advisory committee, that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, college and career readiness, positive development, and well-being. The majority of the questions are school-specific, including the following indicators:

- student grades, truancy, attendance, academic motivation, and school connectedness, as indicators of engagement;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- perceived school safety, bullying, and victimization; and
- violence perpetration, substance use, and crime-related behavior (e.g., weapons possession).

The Core Module also assesses the scope and nature of substance use and includes two key indicators of mental health: chronic sadness and contemplation of suicide. These questions provide insights into important barriers to learning and development.

A wide range of demographic questions help districts identify and address the needs of significant and vulnerable student subgroups, including those required to be included in LCAP efforts. These subgroups include race/ethnicity, gender, and socioeconomic status; homeless, migrant, and foster status; and English language proficiency.

What's New? For 2018-19, the following improvements were made to the Core Module:

- Added a sleep duration question to help assess nighttime sleep quality
- Added the high school suicide ideation to the middle school survey
- Modified wording of two e-cigarette questions about perceived harm from use
- Added "Juul" as an example on the e-cigarette use items

## **School Climate Module (Supplementary)**

To further support school improvement efforts and the LCAP process, a supplementary School Climate Module is available. It provides additional data on student academic mindset, school academic supports, discipline/order, supports for social-emotional learning, bullying prevention, peer relationships, respect for diversity, and the quality of the physical environment (<u>calschls.org/survey-administration/downloads/#ssm\_sc</u>). These questions are also included in the staff survey to provide a more comprehensive picture of stakeholder perceptions and how the perceptions of students and staff differ from each other.

#### **Social Emotional Health Module (Supplementary)**

The SEHM greatly enhances the value of the CHKS as a strength-based assessment of positive emotions,

engagement, ability to build and maintain relationships, and other social-emotional capacities linked to student mental health and well-being, academic success, and college and career readiness. It includes 56 items that capture the totality of core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs.

#### SURVEY ADMINISTRATION AND SAMPLE

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Each student's participation was voluntary, anonymous, and confidential.

- Table A1.1 describes the target sample of students and the final number and percent of students who completed the survey (the participation response rate).
- Appendix I lists all the secondary schools in the district that were eligible to participate in the survey and the percentage of their enrolled students that completed the survey (included in the district report).

#### NEW IN 2018! EXPLORE RESULTS ON THE ONLINE DATA DASHBOARD

The most recent state representative and district CHKS results can be examined on the CalSCHLS Data Dashboard (calschls.org/reports-data/dashboard/). The dashboard can be used to graphically display statewide and district key indicators from the Core and School Climate Module, trends over time, and disparities in survey outcomes across subgroups. Subgroup differences by gender, race/ethnicity, parental education, parent military status, homeless and migrant status, afterschool participation, gender identity, and sexual orientation can be examined. In addition, results can be displayed for English learners, free and reduced-priced meal eligible students, and foster youth – three important LCAP priority subgroups. In addition to displaying results interactively on the web, dashboard results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

#### THE REPORT

The report tables, organized by topic, provide the percentages responding to each question response option by grade level. Because it is just as important to identify the positive behaviors of youth as it is to identify the risks they face, the tables reporting risk-behavior data include the percentages of youth who responded negatively (did not engage in the behavior).

#### Racial/Ethnic and Gender Results

In this report, summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender. Schools can request supplementary reports disaggregating all their CHKS results by the race/ethnicity or gender of students or by other demographic categories.

#### UNDERSTANDING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind. A more

detailed discussion of these topics can be found in the *CHKS Guidebook to Data Use and Dissemination* (data.calschls.org/resources/chks\_guidebook\_3\_datause.pdf).

#### Representativeness

Among the most important factors affecting the quality of survey results is the level and type of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent. One indication of the survey's representativeness is how accurately the sample reflects the gender and ethnic composition of the student enrollment. Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

#### **Changes Between Survey Administrations**

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

#### RESOURCES

<u>CalSCHLS.org</u> contains numerous guidebooks and other resources for using and understanding survey results.

- *CHKS Guidebook to Data Use and Dissemination* provides step-by-step instructions on how to interpret survey results and effectively disseminate them (<u>data.calschls.org/resources/chks\_guidebook\_3\_datause.pdf</u>).
- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level (calschls.org/resources/factsheets/).
- Assessing School Climate describes the value of the CalSCHLS student, staff, and parent surveys for assessing school climate, listing constructs and individual indicators (data.calschls.org/resources/Cal-SCHLS\_AssessingClimate2013-14.pdf).
- *Making Sense of School Climate* provides a discussion of CalSCHLS survey items that relate to school climate (<u>data.calschls.org/resources/S3\_schoolclimateguidebook\_final.pdf</u>).
- Using CalSCHLS to Assess Social-Emotional Learning and Health describes how the CHKS Core and Social Emotional Health Module (SEHM) provide a comprehensive profile of student social-emotional competency (learning) and health, and the related supports schools provide, including questions aligned with the framework developed by the Collaborative for Academic, Social, and Emotional Learning (CASEL) (data.calschls.org/resources/CalSCHLS\_AssessSELH.pdf). The staff survey provides data on the perception of adults in the school on social-emotional service needs and provision.
- *Helpful Resources for Local Control and Accountability Plans* describes how survey items align with LCAP priorities and indicators (<a href="calschls.org/docs/lcap\_cal\_schls.pdf">cal\_schls.pdf</a>). Also available is an LCAP-related PowerPoint presentation (<a href="calschls.org/site/assets/files/1036/cal-schls-lcap\_schoolclimatev6-1.pptx">cal\_schls.org/site/assets/files/1036/cal-schls-lcap\_schoolclimatev6-1.pptx</a>).

- The *School Climate Connection Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on <u>calschls.org/about</u>.
- CDE's **California Safe and Supportive Schools** website (<u>CaliforniaS3.wested.org</u>) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.
- The CalSCHLS Item Crosswalk (calschls.org/resources/#survey\_resources\_and\_tools) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

## **NEXT STEPS**

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS Regional Centers. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

## Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified needs. Engage them in developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation.

As part of this process, it is highly recommended that you conduct a structured *Listening to Students Workshop* designed to explore with students—as staff observe—the meaning of survey results and obtain student input on how to address the needs identified by the survey. WestEd staff also can conduct a *Data Use Action Planning Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS Regional Center 888.841.7536 or email CalSCHLS@wested.org.

#### **Compare Results with Other Data**

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- Staff and Parent Surveys. If your school district(s) have administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Item Crosswalk (calschls.org/resources/#survey resources and tools) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If the district(s) did not administer these companion surveys, urge them to do so next time.
- **Elementary CHKS Results**. Examine how the results from 9<sup>th</sup> and 11<sup>th</sup> graders compare with those from 5<sup>th</sup> and 7<sup>th</sup> graders if your district(s) also administered the CHKS at these school

levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle-school levels might help mitigate problems that are evident among older students.

- Other Data. Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.
- Similar District and Statewide Results. The results from the biennial state administration of the CHKS, which provide representative state norms, can be downloaded from the CalSCHLS website (data.calschls.org/resources/Biennial State 1517.pdf) or examined on the CalSCHLS Data Dashboard (calschls.org/reports-data/dashboard/). If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison (calschls.org/reports-data/search-lea-reports/). How you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

#### **Data Workshop**

To assist in your review of the survey results, you can request your CalSCHLS Regional Center to conduct a structured, customized Data Workshop. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS TA Center (888.841.7536) or email <a href="mailto:calschls@wested.org">calschls@wested.org</a>.

#### **Request Additional Reports and Data**

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available through the CalSCHLS Regional Centers to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

#### **School Reports and School Climate Report Cards**

If the schools in the district vary significantly in demographics, programs, or other characteristics, consider requesting individual reports for each school. Two types of reports are available:

- A full report with all the survey results
- A short, user-friendly, graphic School Climate Report Card that provides results across eight
  domains of school climate and provides an overall School Climate Index score based on those
  domains (calschls.org/reports-data/#slcr)

## **District School Climate Report Card**

For districts that survey all their schools, a district-level School Climate Report Card can be requested. This is a powerful, useful tool for guiding efforts to meet the school climate and pupil engagement priorities for the Local Control and Accountability Plan.

## **Disaggregated Reports**

The staff of the CalSCHLS Regional Centers can produce full reports that look at how results vary by demographic subgroups (e.g., race/ethnicity), or by other characteristics of youth, such as those who are low in academic motivation compared those who are high. This can be valuable for identifying what subgroups need to be targeted with what resources and programs. Given the LCAP requirement that districts identify and address the needs of underserved subgroups, doing this would be a natural next step for addressing subgroup disparities.

#### **Additional Analysis of Data**

The complete dataset is available electronically for additional analysis (<u>CalSCHLS.org/reports-data</u>). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

## **Add Questions to Your Next Surveys**

Determine what additional information is needed from students to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (888.841.7536) or email <u>CalSCHLS@wested.org</u>.

Exhibit 1
Major School-Related Domains and Constructs Assessed by CalSCHLS in Secondary Schools

	Student Core	Student School Climate	Student Social Emotional Health	Staff Survey	Parent Survey
Student Well-Being					
Academic mindset			✓		
Academic motivation	✓	✓		✓	✓
Academic performance (grades)	✓				
Alcohol, tobacco, and drug use	$\checkmark$			✓	✓
Attendance (absences, truancy, reasons absent)	✓			$\checkmark$	
Behavioral self-control			✓		
Collaboration			✓		
Emotional self-regulation			✓		
Empathy			✓		
Gratitude			✓		
Optimism			✓		
Perceived safety	✓			✓	✓
Persistence			✓		
Problem solving			✓		
School connectedness	✓				
Self-awareness			✓		
Self-efficacy			✓		
Sleep duration (hours of sleep)	✓				
Social-emotional competencies and health			✓	✓	
Social emotional distress			<b>√</b>		
Violence and victimization (bullying)	✓			<b>√</b>	<b>√</b>
Zest			<b>√</b>		
School Climate					
Academic rigor and norms				<b>√</b>	<b>√</b>
College and career supports		<b>√</b>		<b>√</b>	<b>✓</b>
Family support		<u> </u>	<b>√</b>	<u> </u>	<u> </u>
High expectations	✓		•	<b>√</b>	<b>√</b>
Meaningful participation and decision-making					
Parent involvement				<u> </u>	
Quality of physical environment		<b>√</b>			
Relationships among staff	<u> </u>	<u> </u>		<u> </u>	<u> </u>
Relationships among students		<b>✓</b>	<b>√</b>	<u> </u>	<b>✓</b>
Relationships among students  Relationships between students and staff		<u> </u>	•	<b>→</b>	<u> </u>
Respect for diversity and cultural sensitivity	*			<b>→</b>	
Teacher and other supports for learning				<b>→</b>	<u> </u>
School Climate Improvement Practices		<u> </u>		•	*
Bullying prevention		<b>√</b>		<b>✓</b>	<b>✓</b>
Discipline and order (policies, enforcement)				<b>→</b>	<u> </u>
		<b>V</b>		<b>∨</b> ✓	•
Services and policies to address student needs				<b>∨</b> ✓	
Social-emotional/behavioral supports		<b>V</b>		· /	<b>v</b>
Staff supports	VII			v	

XII

#### **ACKNOWLEDGMENTS**

The CHKS and this report were developed by WestEd, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education, Coordinated School Health and Safety Office. Special recognition to Cindy Zheng, at WestEd, who oversees the generation of CalSCHLS reports and data quality assurance.

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# **Survey Module Administration**

Table 1
CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. Alcohol and Other Drugs (AOD) Module	
C. Building Healthy Communities (BHC) Module	
D. Cal-Well Module	
E. Closing the Achievement Gap (CTAG) Module	
F. District Afterschool Module (DASM)	
G. Drug Free Communities (DFC) Module	
H. Gang Risk Awareness Module (GRAM)	
I. Gender Identity & Sexual Orientation-Based Harassment Module	
J. Military-Connected School Module	
K. Physical Health & Nutrition Module	
L. Resilience & Youth Development Module	
M. Safety & Violence Module	
N. School Climate Module	
O. Sexual Behavior Module	
P. Social Emotional Health Module (SEHM)	
Q. Tobacco Module	
Z. Custom Questions	X

# **Core Module Results**

# 1. Survey Sample

Table A1.1 Student Sample for Core Module

	Grade 7	Grade 9	Grade 11	$NT^A$
Student Sample Size				
Target sample	1,315	1,314	1,197	34
Final number	1,063	1,079	871	34
Response Rate	81%	82%	73%	100%

Note: <sup>A</sup>NT includes continuation, community day, and other alternative school types.

# 2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate and Student Well-Being

	Grade 7	Grade 9	Grade 11	NT %	Table
School Engagement and Supports	///	//	///	//	
School connectedness <sup>†</sup>	58	52	50	51	A4.6
Academic motivation <sup>†</sup>	69	63	63	53	A4.6
Chronic truancy (twice a month or more often)§	3	7	7	18	A4.2
Caring adult relationships <sup>‡</sup>	62	55	64	65	A4.5
High expectations <sup>‡</sup>	74	68	70	70	A4.5
Meaningful participation <sup>‡</sup>	28	24	26	36	A4.5
Facilities upkeep <sup>†</sup>	37	32	29	44	A4.13
Parent involvement in school <sup>†</sup>	53	36	34	38	A4.6
School Safety					
School perceived as very safe or safe	61	55	56	65	A5.1
Experienced any harassment or bullying§	41	35	27	21	A5.2
Had mean rumors or lies spread about you§	44	32	26	26	A5.3
Been afraid of being beaten up§	23	18	12	21	A5.4
Been in a physical fight§	20	12	9	24	A5.4
Seen a weapon on campus§	20	26	18	26	A5.6
<b>Substance Use and Mental Health</b>					
Current alcohol or drug use¶	14	20	26	50	A6.5
Current marijuana use¶	8	15	19	41	A6.5
Current binge drinking¶	3	6	9	30	A6.5
Very drunk or "high" 7 or more times, ever	3	13	20	38	A6.7
Been drunk or "high" on drugs at school, ever	6	17	18	29	A6.9
Current cigarette smoking¶	1	3	3	21	A7.3
Current electronic cigarette use <sup>¶</sup>	11	15	14	36	A7.3
Experienced chronic sadness/hopelessness§	37	36	38	32	A8.4
Considered suicide§	21	22	23	16	A8.5

<sup>&</sup>lt;sup>†</sup>Average percent of respondents reporting "Agree" or "Strongly agree."

<sup>&</sup>lt;sup>‡</sup>Average percent of respondents reporting "Pretty much true" or "Very much true."

<sup>§</sup>Past 12 months.

<sup>¶</sup>Past 30 days.

## 3. Demographics

Table A3.1

Gender of Sample

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Male	48	53	54	74
Female	52	47	46	26

Question HS/MS A.3: What is your sex?

Note: Cells are empty if there are less than 10 respondents.

Table A3.2

Hispanic or Latino

	Grade 7	Grade 9	Grade 11 %	NT %
No	43	43	43	39
Yes	57	57	57	61

Question HS/MS A.5: Are you of Hispanic or Latino origin?

Note: Cells are empty if there are less than 10 respondents.

Table A3.3 *Race* 

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
American Indian or Alaska Native	4	6	6	7
Asian	4	6	6	0
Black or African American	4	7	4	10
Native Hawaiian or Pacific Islander	4	2	4	0
White	17	23	31	28
Mixed (two or more) races	66	56	48	55

Question HS/MS A.6: What is your race?

Table A3.4

Living Situation

	Grade 7 %	Grade 9 %	Grade 11	NT %
A home with one or more parent or guardian	86	88	90	82
Other relative's home	3	3	2	3
A home with more than one family	6	5	5	9
Friend's home	1	0	1	3
Foster home, group care, or waiting placement	1	0	0	3
Hotel or motel	0	0	0	0
Shelter, car, campground, or other transitional or temporary housing	0	0	0	0
Other living arrangement	4	3	1	0

Question HS/MS A.8: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.

Note: Cells are empty if there are less than 10 respondents.

Table A3.5

Highest Education of Parents

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Did not finish high school	11	15	19	41
Graduated from high school	12	19	21	3
Attended college but did not complete four-year degree	12	14	19	19
Graduated from college	31	32	32	9
Don't know	33	19	10	28

Question HS/MS A.9: What is the highest level of education your parents or guardians completed? (Mark the educational level of the parent or guardian who went the furthest in school.)

Table A3.6
Free or Reduced Price Meals Eligibility

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
No	31	38	45	6
Yes	52	49	47	76
Don't know	18	14	8	18

Question HS/MS A.10: Do you receive free or reduced-price lunches at school? (Receiving free or reduced-price lunches means that lunch at school is provided to you for free or you pay less for it.)

Note: Cells are empty if there are less than 10 respondents.

Table A3.7

Participation in Migrant Education Program, Past 3 Years

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
No	64	81	89	72
Yes	3	4	3	0
Don't know	33	16	8	28

Question HS/MS A.11: In the past three years, were you part of the Migrant Education Program or did your family move to find seasonal or temporary work in agriculture or fishing?

Note: Cells are empty if there are less than 10 respondents.

Table A3.8

Language Spoken at Home

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
English	63	62	67	56
Spanish	34	32	29	38
Mandarin	0	0	0	0
Cantonese	0	0	0	3
Taiwanese	0	0	0	0
Tagalog	1	2	1	3
Vietnamese	0	0	1	0
Korean	0	0	0	0
Other	2	3	2	0

Question HS/MS A.12: What language is spoken most of the time in your home?

Table A3.9

English Language Proficiency – All Students

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
How well do you				
understand English?				
Very well	89	89	92	88
Well	10	10	7	6
Not well	0	0	0	6
Not at all	0	0	0	0
speak English?				
Very well	83	83	87	76
Well	15	16	11	18
Not well	1	1	1	6
Not at all	0	0	0	0
read English?				
Very well	80	79	88	74
Well	17	17	11	21
Not well	2	3	1	0
Not at all	0	0	0	6
write English?				
Very well	76	75	85	71
Well	22	20	13	18
Not well	2	5	2	9
Not at all	0	0	0	3
English Language Proficiency Status				
Proficient	78	78	86	68
Not proficient	22	22	14	32

Question HS/MS A.13-16: How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English.

Notes: Cells are empty if there are less than 10 respondents.

English Language Proficiency was determined by creating a scale score using four survey questions - how well do you understand... speak... read... and write English. Response options are reverse coded so higher values indicate higher English proficiency level ("Not at all" (1); "Not well" (2); "Well" (3); and "Very well" (4)). The scale score was computed by averaging the survey responses. Respondents are categorized as "Proficient" or "Not Proficient" based on the English language proficiency scale.

Proficient: students with average item response > 3.5; and

Not Proficient: students with average item response  $\leq$  3.5.

Table A3.10
English Language Proficiency – Students Speaking a Language Other Than English at Home

	Grade 7	Grade 9	Grade 11	NT
** ** ** **	%	%	%	%
How well do you				
understand English?				
Very well	81	79	84	86
Well	19	20	15	7
Not well	0	1	1	7
Not at all	1	0	0	0
speak English?				
Very well	69	68	72	77
Well	28	29	25	23
Not well	2	3	2	0
Not at all	0	0	0	0
read English?				
Very well	65	64	75	57
Well	30	29	22	29
Not well	5	7	3	0
Not at all	0	1	0	14
write English?				
Very well	59	58	71	50
Well	37	33	24	29
Not well	4	9	5	14
Not at all	1	0	0	7
English Language Proficiency Status				
Proficient	60	61	71	57
Not proficient	40	39	29	43

Question HS/MS A.12-16: What language is spoken most of the time in your home?... How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English. Notes: Cells are empty if there are less than 10 respondents.

English Language Proficiency was determined by creating a scale score using four survey questions - how well do you understand... speak... read... and write English. Response options are reverse coded so higher values indicate higher English proficiency level ("Not at all" (1); "Not well" (2); "Well" (3); and "Very well" (4)). The scale score was computed by averaging the survey responses. Respondents are categorized as "Proficient" or "Not Proficient" based on the English language proficiency scale.

Proficient: students with average item response > 3.5; and Not Proficient: students with average item response  $\le 3.5$ .

Table A3.11
Number of Days Attending Afterschool Program

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 days	79	84	81	53
1 day	2	3	4	6
2 days	2	4	3	12
3 days	3	1	5	9
4 days	3	1	1	3
5 days	11	7	7	18

Question HS/MS A.17: How many days a week do you usually go to your school's afterschool program? Note: Cells are empty if there are less than 10 respondents.

Table A3.12

Military Connections

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
No	80	85	88	87
Yes	17	13	11	3
Don't know	3	2	1	10

Question HS A.129/MS A.119: Is your father, mother, or guardian currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?

Table A3.13
Sexual Orientation

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Straight (not gay)	82	80	80	84
Gay or Lesbian	2	2	3	6
Bisexual	7	9	9	3
I am not sure yet	4	5	4	0
Something else	2	2	2	0
Decline to respond	4	2	3	6

Question HS A.130/MS A.120: Which of the following best describes you?

Note: Cells are empty if there are less than 10 respondents.

Table A3.14

Gender Identity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No, I am not transgender	93	94	95	86
Yes, I am transgender	1	2	1	3
I am not sure if I am transgender	3	2	1	0
Decline to respond	3	2	3	10

Question HS A.131/MS A.121: Some people describe themselves as transgender when their sex at birth does not match the way they think or feel about their gender. Are you transgender?

## 4. School Performance, Supports, and Engagement

Table A4.1

Grades, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Mostly A's	17	20	13	12
A's and B's	35	28	25	9
Mostly B's	7	8	8	9
B's and C's	24	24	30	29
Mostly C's	4	5	8	6
C's and D's	9	10	12	21
Mostly D's	1	2	2	9
Mostly F's	2	3	2	6

Question HS/MS A.18: During the past 12 months, how would you describe the grades you mostly received in school?

Note: Cells are empty if there are less than 10 respondents.

Table A4.2

Truancy, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	71	68	62	56
1-2 times	13	13	16	12
A few times	11	11	13	12
Once a month	2	2	2	3
Twice a month	2	2	2	3
Once a week	0	1	2	3
More than once a week	1	4	3	12

Question HS/MS A.21: During the past 12 months, about how many times did you skip school or cut classes? Note: Cells are empty if there are less than 10 respondents.

Table A4.3
Absences, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
I did not miss any days of school in the past 30 days	51	49	44	36
1 day	22	23	23	9
2 days	14	15	19	27
3 or more days	14	13	15	27

Question HS/MS A.19: In the past 30 days, how often did you miss an entire day of school for any reason? Note: Cells are empty if there are less than 10 respondents.

Table A4.4

Reasons for Absence, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Does not apply; I didn't miss any school	49	48	43	33
Illness (feeling physically sick), including problems with breathing or your teeth	31	31	37	27
Were being bullied or mistreated at school	2	2	1	0
Felt very sad, hopeless, anxious, stressed, or angry	7	8	11	12
Didn't get enough sleep	5	9	12	9
Didn't feel safe at school or going to and from school	1	1	0	0
Had to take care of or help a family member or friend	4	4	5	3
Wanted to spend time with friends	1	1	2	0
Used alcohol or drugs	1	1	1	0
Were behind in schoolwork or weren't prepared for a test or class assignment	2	3	7	3
Were bored or uninterested in school	3	4	5	6
Had no transportation to school	2	2	3	6
Other reason	15	14	11	9

Question HS/MS A.20: In the past 30 days, did you miss a day of school for any of the following reasons? (Mark All That Apply.)

Notes: Cells are empty if there are less than 10 respondents. Total percentages may exceed 100% for "mark all that apply" items.

Table A4.5
School Environment Scales (Developmental Supports)

	Grade 7	Grade 9	Grade 11	NT	Table
	%	%	%	%	
Total school supports					
Average reporting "Pretty much true" or "Very much true"	55	49	53	59	
High	32	22	29	29	
Moderate	49	52	50	58	
Low	19	26	21	13	
Caring adults in school					
Average reporting "Pretty much true" or "Very much true"	62	55	64	65	A4.7
High	36	28	38	26	
Moderate	51	53	50	59	
Low	13	19	12	15	
High expectations-adults in school					
Average reporting "Pretty much true" or "Very much true"	74	68	70	70	A4.8
High	52	41	46	33	
Moderate	40	47	44	61	
Low	8	12	10	6	
Meaningful participation at school					
Average reporting "Pretty much true" or "Very much true"	28	24	26	36	A4.9
High	8	6	10	13	
Moderate	37	34	31	41	
Low	55	60	59	47	

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Respondents were categorized as being "High," "Moderate," and "Low" based on the averages of the questions that comprise each scale. The response options for the survey questions that make up each scale range from "Not at all true" (1), "A little true" (2), "Pretty much true" (3), and "Very much true" (4). Students were classified as "High" if their average question response was greater than 3; "Moderate" if their average question response was greater than or equal to 2 and less than or equal to 3; and "Low" if their average question response was less than 2.

Table A4.6
School Connectedness, Academic Motivation, and Parent Involvement Scales

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
School connectedness	70	70	70	70	
Average reporting "Agree" or "Strongly agree"	58	52	50	51	A4.10
High	46	38	36	38	
Moderate	41	49	48	44	
Low	12	13	16	18	
Academic motivation					
Average reporting "Agree" or "Strongly agree"	69	63	63	53	A4.11
High	33	25	23	18	
Moderate	42	43	44	41	
Low	25	32	33	41	
Parent involvement in school					
Average reporting "Agree" or "Strongly agree"	53	36	34	38	A4.12
High	39	21	20	21	
Moderate	42	48	45	64	
Low	18	31	35	15	

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Respondents were categorized as being "High," "Moderate," and "Low" based on the averages of the questions that comprise each scale. The response options for the survey questions that make up each scale range from "Strongly disagree" (1), "Disagree" (2), "Neither disagree nor agree" (3), "Agree" (4), and "Strongly agree" (5). The following thresholds were used to classify question averages into "High," "Moderate," and "Low" categories:

	<b>School Connectedness</b>	Academic Motivation	Parent Involvement in School
High	> 3.75	> 4.25	$\geq 4$
Moderate	$\geq$ 2.5 and $\leq$ 3.75	$> 3.25 \text{ and} \le 4.25$	$\geq$ 3 and $<$ 4
Low	< 2.5	$\leq 3.25$	< 3

Table A4.7
Caring Relationships Scale Questions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Caring adults in school				
Average reporting "Pretty much true" or "Very much true"	62	55	64	65
At my school, there is a teacher or some other adult				
who really cares about me.				
Not at all true	10	15	9	15
A little true	30	33	27	15
Pretty much true	33	29	31	33
Very much true	27	22	33	36
who notices when I'm not there.				
Not at all true	15	20	13	21
A little true	27	29	28	21
Pretty much true	30	28	29	30
Very much true	29	23	31	27
who listens to me when I have something to say.				
Not at all true	10	13	10	13
A little true	21	25	21	19
Pretty much true	33	33	31	34
Very much true	36	29	38	34

Question HS/MS A.35, 37, 39: At my school, there is a teacher or some other adult... who really cares about me... who notices when I am not there... who listens to me when I have something to say.

Table A4.8

High Expectations Scale Questions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
High expectations-adults in school				
Average reporting "Pretty much true" or "Very much true"	74	68	70	70
At my school, there is a teacher or some other adult				
who tells me when I do a good job.				
Not at all true	8	12	11	6
A little true	21	21	23	19
Pretty much true	33	37	31	38
Very much true	38	30	36	38
who always wants me to do my best.				
Not at all true	5	10	6	9
A little true	16	17	18	16
Pretty much true	28	33	31	41
Very much true	51	41	44	34
who believes that I will be a success.				
Not at all true	9	14	11	12
A little true	18	22	21	26
Pretty much true	29	31	30	29
Very much true	44	33	38	32

Question HS/MS A.36, 38, 40: At my school, there is a teacher or some other adult... who tells me when I do a good job... who always wants me to do my best... who believes that I will be a success.

Table A4.9

Meaningful Participation Scale Questions

	Grade 7	Grade 9	Grade 11	NT %
Meaningful participation at school	70	70	70	70
Average reporting "Pretty much true" or "Very much true"	28	24	26	36
At school				
I do interesting activities.				
Not at all true	20	26	25	33
A little true	30	29	27	21
Pretty much true	26	25	26	30
Very much true	23	20	21	15
I help decide things like class activities or rules.				
Not at all true	51	55	54	44
A little true	28	27	25	28
Pretty much true	14	12	12	19
Very much true	7	6	9	9
I do things that make a difference.				
Not at all true	34	41	40	42
A little true	33	33	31	24
Pretty much true	21	16	18	21
Very much true	12	9	11	12
I have a say in how things work.				
Not at all true	48	54	52	42
A little true	28	27	28	18
Pretty much true	17	13	12	15
Very much true	7	6	8	24
I help decide school activities or rules.				
Not at all true	69	74	71	52
A little true	17	14	17	18
Pretty much true	8	7	6	18
Very much true	6	5	6	12

Question HS/MS A.41-45: At school... I do interesting activities... I help decide things like class activities or rules... I do things that make a difference... I have a say in how things work... I help decide school activities or rules.

Table A4.10 School Connectedness Scale Questions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
School connectedness	//	//	70	//
Average reporting "Agree" or "Strongly agree"	58	52	50	51
I feel close to people at this school.				
Strongly disagree	6	6	9	21
Disagree	7	10	12	12
Neither disagree nor agree	23	25	24	29
Agree	40	37	36	21
Strongly agree	24	22	19	18
I am happy to be at this school.				
Strongly disagree	8	8	11	15
Disagree	11	9	10	12
Neither disagree nor agree	25	31	29	24
Agree	32	34	35	29
Strongly agree	24	17	14	21
I feel like I am part of this school.				
Strongly disagree	8	8	13	18
Disagree	13	14	13	15
Neither disagree nor agree	26	35	33	24
Agree	34	30	30	26
Strongly agree	19	13	11	18
The teachers at this school treat students fairly.				
Strongly disagree	9	7	7	6
Disagree	12	13	13	9
Neither disagree nor agree	26	29	29	15
Agree	35	37	39	38
Strongly agree	18	14	11	32
I feel safe in my school.				
Strongly disagree	6	6	6	12
Disagree	8	9	11	9
Neither disagree nor agree	24	32	31	26
Agree	38	40	39	29
Strongly agree	24	13	13	24

Question HS/MS A.22-26: How strongly do you agree or disagree with the following statements?... I feel close to people at this school... I am happy to be at this school... I feel like I am part of this school... The teachers at this school treat students fairly... I feel safe in my school.

Table A4.11
Academic Motivation Scale Questions

	Grade 7 %	Grade 9 %	Grade 11 %	NT
Academic motivation	<u>%</u>	<u> </u>	<u>%</u>	%
Average reporting "Agree" or "Strongly agree"	69	63	63	53
I try hard to make sure that I am good at my				
schoolwork.				
Strongly disagree	4	4	4	9
Disagree	4	6	6	3
Neither disagree nor agree	15	18	18	30
Agree	33	39	39	33
Strongly agree	45	34	32	24
I try hard at school because I am interested in my				
work.				
Strongly disagree	9	9	9	12
Disagree	13	15	16	18
Neither disagree nor agree	28	30	29	32
Agree	31	29	29	18
Strongly agree	19	17	17	21
I work hard to try to understand new things at school.				
Strongly disagree	4	5	5	9
Disagree	6	8	8	9
Neither disagree nor agree	23	26	22	26
Agree	36	38	43	24
Strongly agree	31	23	22	32
I am always trying to do better in my schoolwork.				
Strongly disagree	5	4	5	12
Disagree	3	5	6	6
Neither disagree nor agree	14	19	19	24
Agree	34	39	38	29
Strongly agree	45	33	32	29

Question HS/MS A.31-34: How strongly do you agree or disagree with the following statements?... I try hard to make sure that I am good at my schoolwork... I try hard at school because I am interested in my work... I work hard to try to understand new things at school... I am always trying to do better in my schoolwork. Note: Cells are empty if there are less than 10 respondents.

Table A4.12

Parent Involvement Scale Questions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Parent involvement in school				
Average reporting "Agree" or "Strongly agree"	53	36	34	38
Teachers at this school communicate with parents about what students are expected to learn in class.				
Strongly disagree	6	10	11	9
Disagree	12	17	20	6
Neither disagree nor agree	28	34	35	45
Agree	36	30	27	15
Strongly agree	18	9	7	24
Parents feel welcome to participate at this school.				
Strongly disagree	5	6	8	9
Disagree	7	11	13	6
Neither disagree nor agree	34	47	47	52
Agree	34	27	24	18
Strongly agree	20	10	8	15
School staff takes parent concerns seriously.				
Strongly disagree	8	8	11	3
Disagree	8	14	17	6
Neither disagree nor agree	31	44	38	48
Agree	32	25	26	21
Strongly agree	20	9	8	21

Question HS/MS A.28-30: How strongly do you agree or disagree with the following statements?... Teachers at this school communicate with parents about what students are expected to learn in class... Parents feel welcome to participate at this school... School staff takes parent concerns seriously.

Table A4.13

Quality of School Physical Environment

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
My school is usually clean and tidy.				
Strongly disagree	12	11	14	9
Disagree	21	22	27	9
Neither disagree nor agree	30	34	30	38
Agree	29	25	24	21
Strongly agree	8	7	4	24

Question HS/MS A.27: How strongly do you agree or disagree with the following statements?... My school is usually clean and tidy.

## 5. School Violence, Victimization, and Safety

Table A5.1
Perceived Safety at School

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Very safe	18	14	16	47
Safe	42	41	40	18
Neither safe nor unsafe	30	36	36	21
Unsafe	7	6	6	9
Very unsafe	3	3	2	6

Question HS A.99/MS A.88: How safe do you feel when you are at school?

Table A5.2

Reasons for Harassment on School Property, Past 12 Months

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
Race, ethnicity, or national origin				
0 times	81	83	84	85
1 time	6	7	7	3
2 or more times	12	10	9	12
Religion				
0 times	94	93	94	94
1 time	3	4	3	6
2 or more times	3	3	3	0
Gender				
0 times	90	90	92	85
1 time	4	5	3	6
2 or more times	6	5	4	9
Because you are gay or lesbian or someone thought				
you were				
0 times	85	87	92	91
1 time	7	5	3	3
2 or more times	8	8	5	6
A physical or mental disability				
0 times	95	94	96	85
1 time	2	2	2	6
2 or more times	3	4	2	9
You are an immigrant or someone thought you were				
0 times	93	93	94	88
1 time	4	4	2	3
2 or more times	2	3	3	9
Any of the above six reasons	33	28	23	21

Question HS A.115-120/MS A.105-110: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin... Your religion... Your gender... Because you are gay or lesbian or someone thought you were... A physical or mental disability... You are an immigrant or someone thought you were.

Table A5.2

Reasons for Harassment on School Property, Past 12 Months – Continued

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Any other reason				
0 times	76	80	88	85
1 time	7	6	4	6
2 or more times	17	15	8	9
Any harassment	41	35	27	21

Question HS A.115-121/MS A.105-111: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin... Your religion... Your gender... Because you are gay or lesbian or someone thought you were... A physical or mental disability... You are an immigrant or someone thought you were... Any other reason.

Table A5.3

Verbal Harassment at School, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
During the past 12 months, how many times on school property have you	,=	, -	,-	, -
had mean rumors or lies spread about you?				
0 times	56	68	74	74
1 time	18	12	10	6
2 to 3 times	12	10	8	9
4 or more times	14	10	7	12
had sexual jokes, comments, or gestures made to you?				
0 times	63	65	67	74
1 time	13	9	9	9
2 to 3 times	9	9	11	9
4 or more times	15	17	13	9
been made fun of because of your looks or the way you talk?				
0 times	59	64	74	79
1 time	14	11	8	6
2 to 3 times	11	9	8	9
4 or more times	16	16	11	6
been made fun of, insulted, or called names?				
0 times	53	64	72	79
1 time	14	10	7	3
2 to 3 times	10	9	9	6
4 or more times	23	18	12	12

Question HS A.103-105, 114/MS A.93-95, 104: During the past 12 months, how many times on school property have you... had mean rumors or lies spread about you... had sexual jokes, comments, or gestures made to you... been made fun of because of your looks or the way you talk... been made fun of, insulted, or called names? Note: Cells are empty if there are less than 10 respondents.

Table A5.4
Violence and Victimization on School Property, Past 12 Months

	Grade 7	Grade 9	Grade 11	NT %
During the past 12 months, how many times on school	70	70	70	70
property have you				
been pushed, shoved, slapped, hit, or kicked by				
someone who wasn't just kidding around?				
0 times	64	79	88	82
1 time	15	11	7	6
2 to 3 times	10	5	4	12
4 or more times	11	5	1	0
been afraid of being beaten up?				
0 times	77	82	88	79
1 time	12	10	7	3
2 to 3 times	5	4	4	9
4 or more times	5	4	2	9
been threatened with harm or injury?				
0 times	79	86	91	79
1 time	10	5	5	15
2 to 3 times	6	4	3	0
4 or more times	5	4	1	6
been in a physical fight?				
0 times	80	88	91	76
1 time	11	6	4	6
2 to 3 times	5	3	3	15
4 or more times	4	3	2	3
been threatened or injured with a weapon (gun,				
knife, club, etc.)?	0.1	0.2	0.6	0.0
0 times	91	92	96	82
1 time	6	4	2	0
2 to 3 times	1	2	2	9
4 or more times	2	2	1	9
been offered, sold, or given an illegal drug?	0.0			
0 times	88	75	74	71
1 time	6	9	8	9
2 to 3 times	4	6	7	6
4 or more times	2	9	11	15

Question HS A.100-102, 107, 111, 113/MS A.90-92, 97, 101, 103: During the past 12 months, how many times on school property have you... been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around... been afraid of being beaten up... been in a physical fight... been offered, sold, or given an illegal drug... been threatened or injured with a weapon (gun, knife, club, etc.) ... been threatened with harm or injury? Note: Cells are empty if there are less than 10 respondents.

Table A5.5

Property Damage on School Property, Past 12 Months

	Grade 7 %	Grade 9	Grade 11 %	NT %
Had your property stolen or deliberately damaged				
0 times	77	83	87	74
1 time	13	9	7	6
2 to 3 times	7	5	4	15
4 or more times	4	3	2	6
Damaged school property on purpose				
0 times	89	90	94	88
1 time	7	5	3	6
2 to 3 times	2	3	2	6
4 or more times	2	3	1	0

Question HS A.106, 108/MS A.96, 98: During the past 12 months, how many times on school property have you... had your property stolen or deliberately damaged, such as your car, clothing, or books... damaged school property on purpose?

*Note: Cells are empty if there are less than 10 respondents.* 

Table A5.6
Weapons Possession on School Property, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11	NT %
Carried a gun				
0 times	97	96	98	88
1 time	2	2	0	3
2 to 3 times	1	1	0	3
4 or more times	1	1	1	6
Carried any other weapon (such as a knife or club)				
0 times	92	92	94	76
1 time	4	3	2	3
2 to 3 times	2	1	1	12
4 or more times	2	3	2	9
Seen someone carrying a gun, knife, or other weapon				
0 times	80	74	82	74
1 time	12	12	8	0
2 to 3 times	4	7	7	12
4 or more times	5	6	3	15

Question HS A.109, 110, 112/MS A.99, 100, 102: During the past 12 months, how many times on school property have you... carried a gun... carried any other weapon (such as a knife or club)... seen someone carrying a gun, knife, or other weapon?

Table A5.7

Cyber Bullying, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11	NT %
0 times (never)	72	76	80	82
1 time	12	11	10	6
2 to 3 times	8	7	6	9
4 or more times	8	7	5	3

Question HS A.122/MS A.112: During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?

# 6. Alcohol and Other Drug Use

Table A6.1
Summary Measures of Level of AOD Use and Perceptions

	Grade 7	Grade 9 %	Grade 11 %	NT %	Table
Lifetime illicit AOD use to get "high"	25	38	48	71	A6.2
Lifetime alcohol or drug use	25	40	49	71	A6.2
Lifetime marijuana use	14	26	36	65	A6.2
Lifetime very drunk or high (7 or more times)	3	13	20	38	A6.7
Lifetime drinking and driving involvement	34	11	18	30	A6.11
Current alcohol or drug use	14	20	26	50	A6.5
Current marijuana use	8	15	19	41	A6.5
Current heavy drug use	5	10	13	38	A6.5
Current heavy alcohol use (binge drinking)	3	6	9	30	A6.5
Current alcohol or drug use on school property	7	12	11	15	A6.8
Harmfulness of occasional marijuana use <sup>‡</sup>	42	34	29	34	A6.12
Difficulty of obtaining marijuana§	20	11	8	18	A6.13

<sup>†</sup>Excludes prescription pain medication, diet pills, and prescription stimulant.

<sup>&</sup>lt;sup>‡</sup>Great harm.

<sup>§</sup>Very difficult.

Table A6.2
Summary of AOD Lifetime Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol	18	29	40	65
Marijuana	14	26	36	65
Inhalants	7	6	4	9
Cocaine, methamphetamine, or any amphetamines	na	3	3	18
Heroin	na	2	2	12
Ecstasy, LSD, or other psychedelics	na	5	7	15
Prescription pain medication, opioids, tranquilizers, sedatives, diet pills, or other prescription stimulant	na	13	12	21
Cold/cough medicines or other over-the-counter medicines to get "high"	na	9	8	24
Any other drug, pill, or medicine to get "high"	5	6	3	21
Any of the above AOD use	25	40	49	71
Any illicit AOD use to get "high"	25	38	48	71

 $<sup>^{\</sup>dagger}Excludes$  prescription pain medication, diet pills, and prescription stimulant.

na—Not asked of middle school students.

Table A6.3

Lifetime AOD Use

	Grade 7 %	Grade 9 %	Grade 11	NT %
Alcohol (one full drink)	//		70	
0 times	82	71	60	35
1 time	8	6	6	6
2 to 3 times	5	9	9	18
4 or more times	4	14	25	41
Marijuana (smoke, vape, eat, or drink)				
0 times	86	74	64	35
1 time	5	5	4	9
2 to 3 times	3	5	7	6
4 or more times	6	16	26	50
Inhalants				
0 times	93	94	96	91
1 time	2	2	2	3
2 to 3 times	2	1	1	6
4 or more times	3	2	1	0
Cocaine, methamphetamine, or any amphetamines				
0 times	na	97	97	82
1 time	na	1	1	0
2 to 3 times	na	1	1	6
4 or more times	na	1	1	12
Heroin				
0 times	na	98	98	88
1 time	na	1	1	6
2 to 3 times	na	0	0	6
4 or more times	na	1	1	0
Ecstasy, LSD, or other psychedelics				
0 times	na	95	93	85
1 time	na	2	3	3
2 to 3 times	na	1	2	3
4 or more times	na	1	2	9

Question HS A.49-52, 54, 55/MS A.50-52: During your life, how many times have you used the following? One full drink of alcohol (such as a can of beer, glass of wine, wine cooler, or shot of liquor)... Marijuana (smoke, vape, eat, or drink)... Inhalants (things you sniff, huff, or breathe to get "high" such as glue, paint, aerosol sprays, gasoline, poppers, gases)... Cocaine, methamphetamine, or any amphetamines (meth, speed, crystal, crank, ice)... Heroin... Ecstasy, LSD, or other psychedelics (acid, mescaline, peyote, mushrooms).

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of middle school students.

Table A6.3

Lifetime AOD Use – Continued

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Prescription pain medication or opioids, tranquilizers, or sedatives	70	70	70	70
0 times	na	92	92	91
1 time	na	3	2	0
2 to 3 times	na	2	3	9
4 or more times	na	3	3	0
Diet pills				
0 times	na	93	95	85
1 time	na	1	1	6
2 to 3 times	na	1	1	3
4 or more times	na	4	3	6
Ritalin <sup>TM</sup> or Adderall <sup>TM</sup> or other prescription stimulant 0 times	no	95	96	79
	na			9
1 time 2 to 3 times	na	1	1	
4 or more times	na	1	2	6
Cold/cough medicines or other over-the-counter medicines to get "high"	na	2	2	0
0 times	na	91	92	76
1 time	na	2	2	9
2 to 3 times	na	3	2	9
4 or more times	na	4	3	6
Any other drug, pill, or medicine to get "high" or for reasons other than medical				
0 times	95	94	97	79
1 time	2	2	1	12
2 to 3 times	2	1	1	6
4 or more times	2	2	1	3

Question HS A.56-60/MS A.54: During your life, how many times have you used the following?... Prescription pain medication or opioids (Vicodin<sup>TM</sup>, OxyContin<sup>TM</sup>, Percodan<sup>TM</sup>, Lortab<sup>TM</sup>), tranquilizers, or sedatives (Xanax<sup>TM</sup>, Ativan<sup>TM</sup>)... Diet pills (Didrex<sup>®</sup>, Dexedrine<sup>®</sup>, Xenadrine<sup>®</sup>, Skittles, M&M's)... Ritalin<sup>TM</sup> or Adderall<sup>TM</sup> or other prescription stimulant... Cold/cough medicines or other over-the-counter medicines to get "high"... Any other drug, pill, or medicine to get "high" or for reasons other than medical.

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of middle school students.

Table A6.4

Lifetime Marijuana Consumption

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
During your life, how many times have you used marijuana in any of the following ways				
Smoke it?				
0 times	89	78	68	38
1 time	4	4	4	3
2 to 3 times	2	4	5	18
4 or more times	5	14	23	41
In an electronic or e-cigarette or other vaping device?				
0 times	87	75	69	44
1 time	4	5	5	9
2 to 3 times	3	5	5	12
4 or more times	6	15	21	35
Eat or drink it in products made with marijuana?				
0 times	94	84	76	47
1 time	3	5	8	3
2 to 3 times	1	4	5	24
4 or more times	2	6	11	26

Question HS A.64-66/MS A.58-60: During your life, how many times have you used marijuana in any of the following ways... Smoke it?... In an electronic or e-cigarette or other vaping device?... Eat or drink it in products made with marijuana?

Table A6.5

Current AOD Use, Past 30 Days

	Grade 7	Grade 9	Grade 11	NT %
Alcohol (one or more drinks of alcohol)	9	13	16	32
Binge drinking (5 or more drinks in a row)	3	6	9	30
Marijuana (smoke, vape, eat, or drink)	8	15	19	41
Inhalants	4	3	2	12
Prescription drugs to get "high" or for reasons other than prescribed	na	2	2	9
Other drug, pill, or medicine to get "high" or for reasons other than medical	3	2	2	9
Any drug use	10	16	20	41
Heavy drug use	5	10	13	38
Any AOD Use	14	20	26	50
Two or more substances at the same time	na	4	8	21

Question HS A.70-76/MS A.64-68: During the past 30 days, on how many days did you use... one or more drinks of alcohol... five or more drinks of alcohol in a row, that is, within a couple of hours... marijuana (smoke, vape, eat, or drink)... inhalants (things you sniff, huff, or breathe to get "high")... prescription drugs to get "high" or for reasons other than prescribed ... any other drug, pill, or medicine to get "high" or for reasons other than medical... two or more substances at the same time (for example, alcohol with marijuana, ecstasy with mushrooms)?

Notes: Cells are empty if there are less than 10 respondents.

Heavy drug use was calculated based on pattern of combined current drug use on three or more days (marijuana, inhalants, prescription pain medicine to get "high" (high school only), or any other illegal drug/pill to get "high"). na—Not asked of middle school students.

Table A6.6
Frequency of Current AOD Use, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol (one or more drinks)				
0 days	91	87	84	68
1 or 2 days	7	8	10	12
3 to 9 days	1	2	4	12
10 to 19 days	0	1	1	6
20 or more days	0	1	1	3
Binge drinking (5 or more drinks in a row)				
0 days	97	94	91	70
1 or 2 days	2	4	5	15
3 to 9 days	1	1	3	6
10 to 19 days	0	1	1	9
20 or more days	0	1	1	0
Marijuana (smoke, vape, eat, or drink)				
0 days	92	85	81	59
1 or 2 days	5	6	6	9
3 to 9 days	2	3	5	12
10 to 19 days	1	2	3	9
20 or more days	1	5	5	12

Question HS A.70-72/MS A.64-66: During the past 30 days, on how many days did you use... one or more drinks of alcohol... five or more drinks of alcohol in a row, that is, within a couple of hours... marijuana (smoke, vape, eat, or drink)?

Table A6.7

Lifetime Drunk or "High"

	Grade 7 %	Grade 9 %	Grade 11	NT %
Very drunk or sick after drinking alcohol	70	70	70	70
0 times	94	85	77	56
1 to 2 times	5	8	12	12
3 to 6 times	1	3	5	15
7 or more times	1	4	6	18
"High" (loaded, stoned, or wasted) from using drugs				
0 times	90	78	69	44
1 to 2 times	6	6	7	12
3 to 6 times	2	4	5	12
7 or more times	3	12	19	32
Very drunk or "high" 7 or more times	3	13	20	38

Question HS A.61, 62/MS A.55, 56: During your life, how many times have you been... very drunk or sick after drinking alcohol... "high" (loaded, stoned, or wasted) from using drugs?

Table A6.8

Current AOD Use on School Property, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol				
0 days	95	95	97	91
1 to 2 days	4	3	2	3
3 or more days	1	1	1	6
Marijuana (smoke, vape, eat, or drink)				
0 days	96	90	91	88
1 to 2 days	3	5	4	3
3 or more days	2	5	5	9
Any other drug, pill, or medicine to get "high" or for reasons other than medical?				
0 days	98	98	97	94
1 to 2 days	1	1	2	6
3 or more days	1	1	1	0
Any of the above	7	12	11	15

Question HS A.80-82/MS A.72-74: During the past 30 days, on how many days on school property did you use... at least one drink of alcohol... marijuana (smoke, vape, eat, or drink)... any other drug, pill, or medicine to get "high" or for reasons other than medical?

*Note: Cells are empty if there are less than 10 respondents.* 

Table A6.9

Lifetime Drunk or "High" on School Property

<u> </u>				
			Grade 11	NT
	%	%	%	%
0 times	94	83	82	71
1 to 2 times	4	6	6	18
3 to 6 times	1	4	5	3
7 or more times	1	6	8	9

Question HS A.63/MS A.57: During your life, how many times have you been... drunk on alcohol or "high" on drugs on school property?

Table A6.10
Cessation Attempts

	Grade 7 %	Grade 9 %	Grade 11	NT %
Alcohol	/0	/0	//	
Does not apply, don't use	na	83	77	56
0 times	na	10	15	26
1 time	na	3	3	9
2 to 3 times	na	2	3	6
4 or more times	na	2	2	3
Marijuana				
Does not apply, don't use	na	79	71	56
0 times	na	10	16	21
1 time	na	4	5	15
2 to 3 times	na	3	4	6
4 or more times	na	4	3	3

Question HS A.96, 97: How many times have you tried to quit or stop using... alcohol... marijuana?

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of middle school students.

Table A6.11

Drinking While Driving, Lifetime

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Driven a car when you had been using alcohol or drugs, or been in a car driven by a friend who had been using				
Never	na	89	82	70
1 time	na	3	5	3
2 times	na	3	4	12
3 to 6 times	na	2	4	6
7 or more times	na	3	4	9
Have ridden in a car driven by someone who had been using alcohol or drugs				
Never	66	na	na	na
1 time	10	na	na	na
2 times	6	na	na	na
3 to 6 times	7	na	na	na
7 or more times	11	na	na	na

Question HS A.98/MS A.87: During your life, how many times have you ever driven a car when you had been using alcohol or drugs, or been in a car driven by a friend when he or she had been using?... In your life, how many times have you ridden in a car driven by someone who had been using alcohol or drugs?

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of middle/high school students.

Table A6.12
Perceived Harm of AOD Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol - drink occasionally				
Great	34	32	30	33
Moderate	21	27	27	3
Slight	21	24	26	18
None	24	17	17	45
Alcohol - 5 or more drinks once or twice a week				
Great	47	50	54	33
Moderate	20	26	24	18
Slight	11	10	12	9
None	23	14	11	39
Marijuana - use occasionally				
Great	42	34	29	34
Moderate	21	23	20	6
Slight	13	19	24	6
None	24	24	27	53
Marijuana - use daily				
Great	60	51	44	33
Moderate	9	18	22	6
Slight	7	12	16	12
None	24	19	18	48

Question HS A.87-90/MS A.79-82: How much do people risk harming themselves physically and in other ways when they do the following?... Drink alcohol (beer, wine, liquor) occasionally... Have five or more drinks of alcohol once or twice a week... Use marijuana occasionally (smoke, vape, eat, or drink) ... Use marijuana daily. Note: Cells are empty if there are less than 10 respondents.

Table A6.13
Perceived Difficulty of Obtaining Alcohol and Marijuana

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol	70	70	70	70
Very difficult	17	11	8	15
Fairly difficult	11	11	8	6
Fairly easy	16	23	23	9
Very easy	15	27	38	44
Don't know	42	29	23	26
Marijuana				
Very difficult	20	11	8	18
Fairly difficult	11	7	6	9
Fairly easy	13	18	18	3
Very easy	12	34	47	47
Don't know	43	29	21	24

Question HS A.93, 94/MS A.85, 86: How difficult is it for students in your grade to get any of the following if they really want them?... Alcohol... Marijuana.

#### 7. Tobacco Use

Table A7.1
Summary of Key CHKS Tobacco Indicators

	Grade 7 %	Grade 9	Grade 11 %	NT %	Table
<b>Use Prevalence and Patterns</b>					
Ever smoked a whole cigarette	2	9	10	32	A7.2
Current cigarette smoking <sup>†</sup>	1	3	3	21	A7.3
Current cigarette smoking at school <sup>†</sup>	1	1	1	6	A7.4
Ever tried smokeless tobacco	2	4	5	21	A7.2
Current smokeless tobacco use <sup>†</sup>	1	2	2	12	A7.3
Current smokeless tobacco use at school <sup>†</sup>	1	2	1	12	A7.4
Ever used electronic cigarettes	18	29	35	56	A7.2
Current use of electronic cigarettes <sup>†</sup>	11	15	14	36	A7.3
Current use of electronic cigarettes at school <sup>†</sup>	7	10	9	18	A7.4
Cessation Attempts					
Tried to quit or stop using cigarettes	na	4	4	21	A7.5
Attitudes and Correlates					
Harmfulness of occasional cigarette smoking <sup>‡</sup>	42	41	44	53	A7.6
Harmfulness of smoking 1 or more packs/day <sup>‡</sup>	64	67	72	56	A7.6
Difficulty of obtaining cigarettes§	18	12	9	24	A7.8

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of middle school students.

<sup>†</sup>Past 30 days.

 $<sup>^{\</sup>ddagger}Great\ harm.$ 

 $<sup>\</sup>S \textit{Very difficult.}$ 

Table A7.2

Lifetime Tobacco Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
A cigarette, even one or two puffs	///	//	///	/0
0 times	93	na	na	na
1 time	4	na	na	na
2 to 3 times	2	na	na	na
4 or more times	1	na	na	na
A whole cigarette				
0 times	98	91	90	68
1 time	1	3	3	6
2 to 3 times	1	3	3	9
4 or more times	1	3	4	18
Smokeless tobacco				
0 times	98	96	95	79
1 time	1	2	2	9
2 to 3 times	0	1	1	9
4 or more times	1	1	1	3
Electronic cigarettes, e-cigarettes, or other vaping device				
0 times	82	71	65	44
1 time	5	6	8	3
2 to 3 times	4	7	7	15
4 or more times	8	16	20	38

Question HS A.46-48/MS A.46-49: During your life, how many times have you used the following? A cigarette, even one or two puffs... A whole cigarette... Smokeless tobacco (dip, chew, or snuff)... Electronic cigarettes, e-cigarettes, or other vaping device such as Juul, e-hookah, hookah pens, or vape pens.

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of high school students.

Table A7.3

Any Current Use and Daily Use

	Grade 7	Grade 9 %	Grade 11 %	NT %
Cigarettes				
Any	1	3	3	21
Daily (20 or more days)	0	0	0	0
Smokeless tobacco				
Any	1	2	2	12
Daily (20 or more days)	0	0	0	0
Electronic cigarettes/e-cigarettes/other vaping device				
Any	11	15	14	36
Daily (20 or more days)	1	2	4	9

Question HS A.67-69/MS A.61-63: During the past 30 days, on how many days did you use... cigarettes... smokeless tobacco (dip, chew, or snuff)... electronic cigarettes, e-cigarettes, or other vaping device such as Juul, e-hookah, hookah pens, or vape pens?

Table A7.4

Current Smoking on School Property, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11	NT %
Cigarettes				
0 days	99	99	99	94
1 or 2 days	1	1	1	3
3 to 9 days	0	0	0	3
10 to 19 days	0	0	0	0
20 or more days	0	0	0	0
Smokeless tobacco				
0 days	99	98	99	88
1 or 2 days	1	1	1	6
3 to 9 days	0	0	0	3
10 to 19 days	0	0	0	0
20 or more days	0	0	0	3
Electronic cigarettes, e-cigarettes, or other vaping device				
0 days	93	90	91	82
1 or 2 days	4	4	4	6
3 to 9 days	2	3	2	3
10 to 19 days	0	2	1	9
20 or more days	0	1	2	0

Question HS A.77-79/MS A.69-71: During the past 30 days, on how many days on school property did you use... cigarettes... smokeless tobacco (dip, chew, or snuff)... electronic cigarettes, e-cigarettes, or other vaping device such as Juul, e-hookah, hookah pens, or vape pens?

Table A7.5
Cigarette Smoking Cessation Attempts

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Does not apply, don't use	na	90	89	64
0 times	na	5	6	15
1 time	na	1	2	12
2 to 3 times	na	2	1	9
4 or more times	na	1	1	0

Question HS A.95: How many times have you tried to quit or stop using cigarettes?

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of middle school students.

Table A7.6

Perceived Harm of Cigarette Smoking

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Smoke cigarettes occasionally				
Great	42	41	44	53
Moderate	24	28	28	3
Slight	13	17	15	6
None	21	14	13	38
Smoke 1 or more packs of cigarettes each day				
Great	64	67	72	56
Moderate	9	13	11	9
Slight	4	6	5	9
None	22	14	11	26

Question HS A.83, 84/MS A.75, 76: How much do people risk harming themselves physically and in other ways when they do the following?... Smoke cigarettes occasionally... Smoke 1 or more packs of cigarettes each day. Note: Cells are empty if there are less than 10 respondents.

Table A7.7

Perceived Harm of E-Cigarette Use Compared to Smoking

	Grade 7	Grade 9	Grade 11	NT
Use e-cigarettes or vaping device occasionally	%	%	%	%
Great	37	34	34	42
Moderate	25	28	31	6
Slight	17	23	22	18
None	21	16	13	33
Use e-cigarettes or vaping devices several times a day				
Great	58	59	60	42
Moderate	13	18	21	21
Slight	7	9	9	3
None	21	14	10	33

Question HS A.85, 86/MS A.77, 78: How much do people risk harming themselves physically and in other ways when they do the following?... Use e-cigarettes (electronic) or vaping device occasionally... Use e-cigarettes or vaping devices several times a day (100 puffs or more).

Table A7.8

Perceived Difficulty of Obtaining Cigarettes and E-Cigarettes

	Grade 7 %	Grade 9 %	Grade 11	NT %
Cigarettes	, -	,-	, <del>-</del>	, -
Very difficult	18	12	9	24
Fairly difficult	15	12	10	3
Fairly easy	15	23	24	6
Very easy	9	20	29	41
Don't know	44	33	28	26
E-cigarettes or vaping device				
Very difficult	14	10	7	26
Fairly difficult	10	6	5	0
Fairly easy	18	21	21	6
Very easy	17	36	47	47
Don't know	41	27	20	21

Question HS A.91, 92/MS A.83, 84: How difficult is it for students in your grade to get any of the following if they really want them?... Cigarettes.... E-cigarettes (electronic) or vaping device

### 8. Other Physical and Mental Health Risks

Table A8.1

Alone After School

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Never	40	na	na	na
1 day	14	na	na	na
2 days	11	na	na	na
3 days	8	na	na	na
3 days 4 days 5 days	4	na	na	na
5 days	23	na	na	na

Question MS A.89: In a normal week, how many days are you home after school for at least one hour without an adult there?

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of high school students.

Table A8.2

Hours of Sleep

Grade 7 %	Grade 9 %	Grade 11 %	NT %
5	12	12	12
8	12	17	12
15	19	28	15
22	24	24	36
29	23	16	24
15	6	3	0
6	3	1	0
	% 5 8 15 22 29 15	%     %       5     12       8     12       15     19       22     24       29     23       15     6	%     %       5     12       8     12       15     19       22     24       29     23       15     6       3

Question HS A.127/MS A.117: On an average school night, how many hours of sleep do you get?

Table A8.3

Eating of Breakfast

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	44	47	48	67
Yes	56	53	52	33

Question HS A.126/MS A.116: Did you eat breakfast today?

Note: Cells are empty if there are less than 10 respondents.

Table A8.4

Chronic Sad or Hopeless Feelings, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	63	64	62	68
Yes	37	36	38	32

Question HS A.124/MS A.114: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?

Note: Cells are empty if there are less than 10 respondents.

Table A8.5
Seriously Considered Attempting Suicide, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	79	78	77	84
Yes	21	22	23	16

Question HS A.125/MS A.115: During the past 12 months, did you ever seriously consider attempting suicide? Note: Cells are empty if there are less than 10 respondents.

Table A8.6

Gang Involvement

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	95	95	95	84
Yes	5	5	5	16

Question HS A.123/MS A.113: Do you consider yourself a member of a gang?

#### 9. Race/Ethnic Breakdowns

Table A9.1
School Supports and Engagement by Race/Ethnicity - 7th Grade

	Grade 7						
Percent of Students (%)	H/L	AI/AN	Asian	AA	Id/HN	White	Mixed
School Environment							
Total school supports <sup>‡</sup>	52	56	64	55	62	57	53
Caring adults in school <sup>‡</sup>	60	64	71	66	71	66	60
High expectations-adults in school <sup>‡</sup>	71	70	87	71	79	76	74
Meaningful participation at school <sup>‡</sup>	26	33	34	25	37	30	27
School Connectedness <sup>†</sup>	57	67	69	54	63	58	56
Academic Motivation <sup>†</sup>	68	75	81	71	78	67	68
Parent Involvement in School <sup>†</sup>	54	67	59	48	64	48	53

Notes: Cells are empty if there are less than 10 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races. †Average percent of respondents reporting "Agree" or "Strongly agree." ‡Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A9.2
School Supports and Engagement by Race/Ethnicity - 9th Grade

	Grade 9						
Percent of Students (%)	f Students (%)	AI/AN	Asian	AA	NH/PI	White	Mixed
School Environment					j		j
Total school supports <sup>‡</sup>	47	48	48	53	60	54	49
Caring adults in school <sup>‡</sup>	53	58	51	56	74	62	55
High expectations-adults in school <sup>‡</sup>	66	65	72	67	86	73	68
Meaningful participation at school <sup>‡</sup>	22	23	22	31	19	25	25
School Connectedness <sup>†</sup>	51	53	44	46	69	54	53
Academic Motivation <sup>†</sup>	64	59	63	61	82	63	62
Parent Involvement in School <sup>†</sup>	38	33	30	41	49	33	39

Notes: Cells are empty if there are less than 10 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races. †Average percent of respondents reporting "Agree" or "Strongly agree." ‡Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A9.3
School Supports and Engagement by Race/Ethnicity - 11th Grade

	Grade 11							
Percent of Students (%)	H/L	AI/AN	Asian	AA	Id/HN	White	Mixed	
School Environment								
Total school supports <sup>‡</sup>	51	47	54	58	66	57	52	
Caring adults in school <sup>‡</sup>	62	60	65	66	73	70	62	
High expectations-adults in school <sup>‡</sup>	68	67	77	73	85	73	68	
Meaningful participation at school <sup>‡</sup>	23	16	23	33	44	28	26	
School Connectedness <sup>†</sup>	48	52	55	38	55	53	48	
Academic Motivation <sup>†</sup>	63	65	71	65	76	63	61	
Parent Involvement in School <sup>†</sup>	34	34	40	21	40	32	34	

Notes: Cells are empty if there are less than 10 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races. †Average percent of respondents reporting "Agree" or "Strongly agree." ‡Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A9.4
School Supports and Engagement by Race/Ethnicity - Non-Traditional

77 5 5 7		NT					
Percent of Students (%)	H/L	ALAN	Asian	AA	NH/PI	White	Mixed
School Environment							
Total school supports <sup>‡</sup>	65						65
Caring adults in school <sup>‡</sup>	70						69
High expectations-adults in school <sup>‡</sup>	76						82
Meaningful participation at school <sup>‡</sup>	37						41
School Connectedness†	54						49
Academic Motivation <sup>†</sup>	55						53
Parent Involvement in School <sup>†</sup>	37						33

Notes: Cells are empty if there are less than 10 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races. †Average percent of respondents reporting "Agree" or "Strongly agree." ‡Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A9.5
Feeling Safe or Very Safe at School by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	58	55	56	70
American Indian or Alaska Native	62	58	67	
Asian	69	45	60	
Black or African American	68	45	44	
Native Hawaiian or Pacific Islander	64	69	54	
White	61	58	56	
Mixed (two or more) races	59	54	56	63

Table A9.6

Harassment Due to Six Reasons at School in the Past 12 Months by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	29	24	20	15
American Indian or Alaska Native	25	25	22	
Asian	56	32	33	
Black or African American	44	43	35	
Native Hawaiian or Pacific Islander	38	40	25	
White	36	33	26	
Mixed (two or more) races	31	24	21	6

Notes: Cells are empty if there are less than 10 respondents.

The six reasons include race, ethnicity or national origin; religion; gender (being male or female); sexual orientation; a physical or mental disability; and immigrant status.

Table A9.7

Any Harassment or Bullying at School in the Past 12 Months by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	37	32	25	15
American Indian or Alaska Native	37	31	27	
Asian	59	44	35	
Black or African American	47	45	35	
Native Hawaiian or Pacific Islander	49	40	29	
White	47	39	29	
Mixed (two or more) races	39	33	26	6

Table A9.8

Any Alcohol Use at School in the Past 30 Days by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11	NT %
Hispanic or Latino	5	5	4	10
American Indian or Alaska Native	7	2	4	
Asian	3	7	4	
Black or African American	3	12	6	
Native Hawaiian or Pacific Islander	0	7	7	
White	3	2	2	
Mixed (two or more) races	6	4	4	6

Table A9.9
Cigarette Smoking in the Past 30 Days by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	1	3	2	10
American Indian or Alaska Native	3	3	9	
Asian	0	0	4	
Black or African American	3	5	0	
Native Hawaiian or Pacific Islander	3	7	0	
White	2	2	1	
Mixed (two or more) races	1	3	3	0

Table A9.10

Any Alcohol Use in the Past 30 Days by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	9	13	15	30
American Indian or Alaska Native	8	5	23	
Asian	10	7	11	
Black or African American	6	19	9	
Native Hawaiian or Pacific Islander	13	27	21	
White	5	9	19	
Mixed (two or more) races	10	14	17	13

Table A9.11
Any Marijuana Use in the Past 30 Days by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	10	18	18	30
American Indian or Alaska Native	10	14	26	
Asian	10	7	4	
Black or African American	3	20	18	
Native Hawaiian or Pacific Islander	3	13	18	
White	5	10	21	
Mixed (two or more) races	10	18	20	19

Table A9.12
Chronic Sad or Hopeless Feelings in the Past 12 Months by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	37	35	37	30
American Indian or Alaska Native	40	37	27	
Asian	41	39	38	
Black or African American	23	24	36	
Native Hawaiian or Pacific Islander	41	43	39	
White	36	36	40	
Mixed (two or more) races	37	39	38	25

#### 10. Gender Breakdowns

Table A10.1
School Supports and Engagement by Gender

	Grade 7		Grade 9		Grade 11		NT	
	Female	Male	Female	Male	Female	Male	Female	Male
	%	%	%	%	%	%	%	%
School Environment								
Total school supports <sup>‡</sup>	53	57	47	51	53	53		58
Caring adults in school <sup>‡</sup>	60	66	53	58	64	64		60
High expectations-adults in school <sup>‡</sup>	73	76	67	69	70	70		67
Meaningful participation at school <sup>‡</sup>	28	28	22	25	26	25		40
School Connectedness†	55	61	47	55	46	53		55
Academic Motivation <sup>†</sup>	70	66	66	60	68	58		51
Parent Involvement in School <sup>†</sup>	53	54	33	39	29	38		42

<sup>&</sup>lt;sup>†</sup>Average percent of respondents reporting "Agree" or "Strongly agree."

<sup>&</sup>lt;sup>‡</sup>Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A10.2
Select Perceived Safety, Harassment, Alcohol and Other Drug Use, and Mental Health Measures by Gender

	Grad	Grade 7 Grade 9		Grad	e 11	NT		
	Female	Male	Female	Male	Female	Male	Female	Male
Perceived Safety at School	%	%	%	%	%	%	%	%
Feel safe or very safe at school	57	65	49	60	53	59		64
Harassment/Bullying at School								
During the past 12 months at school, have you been								
harassed/bullied for any of the six reasons	33	32	32	23	29	18		24
harassed/bullied for any reasons	44	37	40	30	34	22		24
Current ATOD Use								
During the past 30 days, did you								
have at least one drink of alcohol at school	6	3	5	4	4	3		12
use cigarettes	1	2	4	2	2	3		28
use electronic cigarettes	13	7	19	12	15	13		33
have at least one drink of alcohol	10	7	16	10	20	13		40
use marijuana	10	6	18	13	20	17		36
Mental Health								
Chronic sad or hopeless feelings, past 12 months	43	30	48	26	49	28		28

Note: Cells are empty if there are less than 10 respondents.

# **Z. Oceanside Unified Custom Questions**

# 1. Module Sample

Table Z1.1
Student Sample for Custom Questions

	Grade 7	Grade 9	Grade 11	NT <sup>A</sup>
Student Sample Size				
Target sample	1,315	1,314	1,197	34
Final number	609	684	697	0
Response Rate	46%	52%	58%	0%

*Note:* <sup>A</sup>NT includes continuation, community day, and other alternative school types.

# 2. Custom Questions

Table Z2.1

I tend to bounce back quickly after hard times. - For the following items please select one option for each statement to indicate how much you disagree or agree with each of the statements.

	Grade			
	7th	9th	11th	Total
	%	%	%	<u>%</u>
Strongly disagree	13	9	9	10
Disagree	11	12	10	11
Neutral	33	33	31	32
Agree	24	27	28	27
Strongly agree	19	19	22	20

Question HS/MS Z.1.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.2

I have a hard time making it through stressful events. - For the following items please select one option for each statement to indicate how much you disagree or agree with each of the statements.

	Grade			
	7th %	9th	11th	Total
		%	%	%
Strongly disagree	18	13	12	14
Disagree	18	21	27	22
Neutral	28	37	32	32
Agree	21	21	22	21
Strongly agree	15	8	8	10

Question HS/MS Z.2.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.3

It does not take me long to recover from a stressful event. - For the following items please select one option for each statement to indicate how much you disagree or agree with each of the statements.

	Grade			
	7th %	9th	11th	Total
		%	%	%
Strongly disagree	15	9	7	10
Disagree	13	14	16	15
Neutral	33	37	35	35
Agree	22	25	30	26
Strongly agree	17	14	11	14

Question HS/MS Z.3.

Table Z2.4

It is hard for me to snap back when something bad happens. - For the following items please select one option for each statement to indicate how much you disagree or agree with each of the statements.

	Grade			
	7th	9th %	11th %	Total %
	%			
Strongly disagree	19	17	13	17
Disagree	20	21	30	24
Neutral	31	37	36	35
Agree	18	17	16	17
Strongly agree	12	9	5	8

Question HS/MS Z.4.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.5

I usually come through difficult times with little trouble. - For the following items please select one option for each statement to indicate how much you disagree or agree with each of the statements.

	Grade				
	7th %		11th %	Total %	
Strongly disagree	18	13	10	13	
Disagree	17	13	18	16	
Neutral	34	43	40	39	
Agree	20	22	24	22	
Strongly agree	12	8	8	9	

Question HS/MS Z.5.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.6

I tend to take a long time to get over setbacks in my life. - For the following items please select one option for each statement to indicate how much you disagree or agree with each of the statements.

	Grade			
	7th %	9th %	11th %	Total %
Strongly disagree	22	20	18	20
Disagree	25	23	30	26
Neutral	28	35	35	33
Agree	13	14	13	13
Strongly agree	11	8	4	8

Question HS/MS Z.6.

Table Z2.7
Who in your family is currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)? (You can mark more than one answer if you have more than one family member in the military.)

		Grade	;		
	7th %	9th 11th %	Total		
			%	%	
No one in my immediate family was/is in the military	64	72	74	71	
Father/male guardian	22	14	11	15	
Mother/female guardian	3	4	3	3	
Brother or sister	4	4	4	4	
My family member (mother, father, brother, sister) is a vet-	10	11	11	11	
eran					

Question HS/MS Z.7.

Notes: Columns are not displayed if there are less than 10 respondents. Total percentages may exceed 100% for "mark all that apply" items.

Table Z2.8

How many times did the currently serving member(s) of your family (mother, father, brother, sister) leave home and serve in the military (deploy) outside the USA?

	Grade			
	7th %	9th	9th 11th %	Total %
		%		
None	55	53	52	53
Once	6	5	3	4
Twice	5	5	4	5
Three times	5	4	4	4
Four times	4	3	2	3
Five times or more	7	4	5	5
No one in my immediate family is in the military.	17	28	29	25

Question HS/MS Z.8.

Table Z2.9

How many times did you change schools due to relocation related to a family member's military service?

	Grade			
	7th %	9th	9th 11th %	Total %
		%		
None	61	59	59	59
Once	5	3	3	4
Twice	5	4	5	5
Three times	5	2	2	3
Four times	4	3	3	3
Five times or more	4	4	3	4
No one in my immediate family was/is in the military.	16	25	26	23

Question HS/MS Z.9.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.10

I have relocated to a place that I didn't like or didn't feel comfortable with. - Read each statement and select whether or not this has EVER happened to you.

		Grade	;	
	7th %	9th %	11th %	Total %
Yes	14	11	9	11
No	31	24	21	25
No one in my immediate family was/is in the military	54	66	69	64

Question HS/MS Z.10.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.11

I have relocated to a school/community where I did not feel welcomed. - Read each statement and select whether or not this has EVER happened to you.

	Grade			
	7th %	9th %	11th %	Total %
Yes	8	9	6	8
No	37	25	23	28
No one in my immediate family was/is in the military	55	66	70	64

Question HS/MS Z.11.

Table Z2.12

I lost touch with good friends when relocating. - Read each statement and select whether or not this has EVER happened to you.

	Grade			
	7th %	9th %	11th %	Total %
Yes	23	16	14	17
No	23	18	16	19
No one in my immediate family was/is in the military	55	66	70	64

Question HS/MS Z.12.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.13

I went from attending an on-base/DODEA school to attending an off base/public school. - Read each statement and select whether or not this has EVER happened to you.

	Grade			
	7th %	9th %	11th %	Total %
Yes	10	11	9	10
No	34	22	20	25
No one in my immediate family was/is in the military	56	67	71	65

Question HS/MS Z.13.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.14

My family moved from on-base to off base housing. - Read each statement and select whether or not this has EVER happened to you.

	Grade			
	7th	9th %	11th %	Total %
Yes	12	9	8	10
No	29	22	18	23
No one in my immediate family was/is in the military	59	69	74	68

Question HS/MS Z.14.

Table Z2.15

I found it difficult to adjust academically to a new school after relocation. - Read each statement and select whether or not this has EVER happened to you.

	Grade			
	7th			Total %
Yes	10	7	8	8
No	32	23	20	25
No one in my immediate family was/is in the military	58	70	72	67

Question HS/MS Z.15.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.16

I found it difficult to make new friends after relocation. - Read each statement and select whether or not this has EVER happened to you.

	Grade				
	7th %	9th %	11th %	Total %	
Yes	11	7	8	9	
No	30	23	19	24	
No one in my immediate family was/is in the military	59	69	73	67	

Question HS/MS Z.16.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.17

My family member was different when they came back from deployment because of mental health problems. Read each statement and select whether or not this has EVER happened to you.

	Grade			
	7th %	9th %	11th %	Total %
Yes	6	5	6	5
No	35	25	21	27
No one in my immediate family was/is in the military	59	70	74	68

Question HS/MS Z.17.

Table Z2.18

My family member was different when they came back from deployment due to physical injury. - Read each statement and select whether or not this has EVER happened to you.

	Grade			
	7th	9th 11th % %		Total %
Yes	5	5	5	5
No	35	24	21	26
No one in my immediate family was/is in the military	60	70	74	68

Question HS/MS Z.18.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.19
My everyday life was impacted by my family member deployment. - Read each statement and select whether or not this has EVER happened to you.

	Grade			
	7th %	9th %	11th %	Total %
Yes	11	7	8	9
No	29	23	18	23
No one in my immediate family was/is in the military	60	70	74	68

Question HS/MS Z.19.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.20
I had increased responsibilities at home because of my family member deployment. - Read each statement and select whether or not this has EVER happened to you.

	Grade			
	7th %	9th %	11th %	Total %
Yes	15	10	9	<del></del>
No	25	19	17	20
No one in my immediate family was/is in the military	60	70	74	69

Question HS/MS Z.20.

Table Z2.21

I have kept my own feelings inside so that I won't add stress to my family during deployment. - Read each statement and select whether or not this has EVER happened to you.

	Grade			
	7th %	9th %	11th %	Total %
Yes	16	10	9	11
No	24	20	17	20
No one in my immediate family was/is in the military	60	70	74	68

Question HS/MS Z.21.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.22

I worried about my other family members who were left behind when my military-connected family member was deployed. - Read each statement and select whether or not this has EVER happened to you.

	Grade			
	7th %	9th %	11th %	Total %
Yes	11	8	7	9
No	28	21	19	22
No one in my immediate family was/is in the military	61	71	74	69

Question HS/MS Z.22.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.23

I worried my family member would return from deployment and be different (physically or mentally). - Read each statement and select whether or not this has EVER happened to you.

	Grade			
	7th	9th	11th %	Total %
Yes	13	90		<u>%</u>
No	27	21	19	22
No one in my immediate family was/is in the military	61	70	74	69

Question HS/MS Z.23.

Table Z2.24

I worried that my family member wouldn't come back alive from deployment. - Read each statement and select whether or not this has EVER happened to you.

	Grade			
	7th %	9th %	11th %	Total %
Yes	13	9	8	10
No	26	21	18	21
No one in my immediate family was/is in the military	61	71	74	69

Question HS/MS Z.24.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.25
It was difficult adjusting to having my family member back from deployment. - Read each statement and select whether or not this has EVER happened to you.

	Grade			
	7th %	9th	11th	Total
		%	%	%
Yes	8	5	6	6
No	32	24	20	25
No one in my immediate family was/is in the military	61	71	74	69

Question HS/MS Z.25.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.26

I felt concerned by my responsibilities while my family member was deployed. - Read each statement and select whether or not this has EVER happened to you.

	Grade				
	7th %	9th %	11th %	Total %	
Yes	8	7	6	6	
No	31	23	20	24	
No one in my immediate family was/is in the military	61	71	74	69	

Question HS/MS Z.26.

Table Z2.27

I had a caring adult to talk to about family problems related to my family member's military service. - Read each statement and select whether or not this has EVER happened to you.

	Grade				
	7th	9th %	11th %	Total %	
Yes	14	11	11	12	
No	24	19	15	19	
No one in my immediate family was/is in the military	61	71	74	69	

Question HS/MS Z.27.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.28

I felt it was against military culture to share problems I am having related to my family member's military service. - Read each statement and select whether or not this has EVER happened to you.

	Grade			
	7th %	9th %	11th %	Total %
Yes	7	6	4	5
No	31	23	22	25
No one in my immediate family was/is in the military	62	71	74	70

Question HS/MS Z.28.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.29

I felt that anti-military sentiment in the general public, media, or the news affected me and/or my family. - Read each statement and select whether or not this has EVER happened to you.

	Grade				
	7th %	9th %	11th %	Total %	
Yes	6	6	5	6	
No	32	23	21	25	
No one in my immediate family was/is in the military	62	71	74	69	

Question HS/MS Z.29.

Table Z2.30

I was concerned that anti-military sentiment could cause policy changes that negatively affect my family. - Read each statement and select whether or not this has EVER happened to you.

	Grade				
	7th %	9th %	11th %	Total %	
Yes	7	6	5	6	
No	31	23	21	25	
No one in my immediate family was/is in the military	62	71	74	69	

Question HS/MS Z.30.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.31

I had/have a good friend to share my feelings about my family member's military service with. - Read each statement and select whether or not this has EVER happened to you.

	Grade			
	7th %	9th %	11th %	Total %
Yes	17	12	11	13
No	22	17	15	18
No one in my immediate family was/is in the military	62	71	74	69

Question HS/MS Z.31.

Note: Columns are not displayed if there are less than 10 respondents.

Table Z2.32

I felt supported at school during my family member's military service. - Read each statement and select whether or not this has EVER happened to you.

	Grade				
	7th %	9th %	11th %	Total %	
Yes	14	11	10	11	
No	24	17	16	19	
No one in my immediate family was/is in the military	63	72	74	70	

Question HS/MS Z.32.

# **Appendix I**

# 2018-19 CHKS Secondary Survey Response Rates

Eligible Schools	7th %	9th %	11th %	NT %
Cesar Chavez Middle	87	70	70	70
El Camino High		86	76	
Jefferson Middle	78			
Lincoln Middle	80			
Martin Luther King Jr. Middle	79			
North Terrace Elementary	90			
Ocean Shores High (Continuation)				100
Oceanside High		80	69	
Santa Margarita Elementary	69			
Stuart Mesa Elementary	80			

Notes: Response rates are presented by grade level. Eligible schools listed are based on CBEDS 2018-19 public school and enrollment data files. Directly funded charter schools have been excluded from the list.

# **Appendix II**

# CHKS Content Overview, 2018-19

This brief guide to key CHKS Core Module indicators is designed to help survey users more easily understand and interpret their findings. References are provided to the tables in CHKS reports where results for the indicators discussed can be found. References are also made to other relevant CHKS reports, factsheets, and resources that can be downloaded from the CalSCHLS website (calschls.org) for further information. What Works Briefs that provide guidance on best practices related to areas assessed by the survey are available from the California Safe and Supportive Schools website (californias3.wested.org/tools/wwb).

Special attention is directed toward indicators related to the requirements of California's Local Control and Accountability Plans (LCAP).<sup>2</sup> For a summary of state-level LCAP-related baseline CHKS data, see Factsheet #15.<sup>3</sup>

#### MAIN CONTENT FOCUS: SCHOOL CLIMATE AND THE NEEDS OF THE WHOLE CHILD

The main purpose of the CHKS Core Module is to assess indicators of school climate, pupil engagement, and student supports, all three key priorities required of Local Control and Accountability Plans. It seeks to provide schools with essential data to determine the degree to which they provide the conditions and supports that all youth need to succeed in school and developmentally thrive. Twenty-nine items assessing seven domains are used to calculate a School Climate Index (SCI) score that is included in a *School Climate Report Card* that districts can request at the district and school level.<sup>4</sup> The items used in the SCI assess school connectedness, developmental supports (e.g., caring adult relationships), and safety, including bullying and victimization.

School climate, as measured by the CHKS, is strongly related to student performance on standardized academic tests. Data for high school students show that as CHKS SCI scores increased—as the schools became safer, more supportive, and more engaging—test performance increased as well.<sup>5</sup>

In a ground-breaking analysis, a positive school climate was a distinguishing characteristic of California secondary schools that "beat the odds" academically and consistently performed better on the state's standardized tests than *would be predicted* based on the characteristics of their students (i.e., comparing schools with similar student demographics). The higher (more positive) the CHKS SCI, the greater the probability there was for beating the odds. School climate was more strongly associated with beating the odds than a school's level of personnel resources.<sup>6</sup>

In addition, the CHKS Core Module provides data to help understand the degree to which schools address the needs of the Whole Child. CHKS data show that California secondary schools made greater progress

<sup>&</sup>lt;sup>1</sup> To see how local results compare with state averages in California, download a copy of the latest Biennial State CHKS report (<u>calschls.org/reports-data/#biennial\_statewide\_student\_reports</u>). The Biennial State data are derived from a randomly-selected, representative state sample. County level reports are also available on the CHKS website. Biennial State CHKS data can also be examined interactively on the CalSCHLS Data Dashboard (<u>calschls.org/reports-data/dashboard/</u>).

<sup>&</sup>lt;sup>2</sup> For a guide to how CalSCHLS survey items align with LCAP indicator requirements, download Helpful Resources for Local Control and Accountability Plans at <a href="mailto:calschls.org/resources/#survey\_content\_guides">calschls.org/resources/#survey\_content\_guides</a>.

<sup>&</sup>lt;sup>3</sup> Austin. (2016). Download calschls.org/docs/factsheet-15.pdf

<sup>&</sup>lt;sup>4</sup> See <u>calschls.org/reports-data/#slcr</u>

<sup>&</sup>lt;sup>5</sup> O'Malley & Hanson. (2012). Download <u>data.calschls.org/resources/S3factsheet3\_API\_20120716.pdf</u>

<sup>&</sup>lt;sup>6</sup> Voight, Austin, & Hanson. (2013). Download www.wested.org/online\_pubs/hd-13-10.pdf

in raising standardized test scores over a one-year period when they had higher percentages of students who: (1) were less engaged in risky behaviors such as substance use and violence; (2) were more likely to eat nutritiously and exercise; and (3) reported experiencing caring adult relationships and high expectations at school.<sup>7</sup> These results suggest that addressing the health and developmental needs of youth is a critical component of a comprehensive strategy for meeting accountability demands for improved academic performance.

#### **GRADE-LEVEL PATTERNS**

More than twenty years of survey administration has demonstrated that as youth progress through secondary school, they become: (1) less likely to feel connected to school and be academically motivated; and (2) more likely to report truancy, involvement in substance use, and chronic sadness and hopelessness. Here are some additional grade-level patterns in CHKS data:

- **Seventh graders** report the highest rates of harassment and victimization, as well as participation in a physical fight and seeing a weapon on campus.
- **Ninth graders** report the lowest rates of developmental support and perceived safety.
- Nontraditional (continuation school) students report risk behavior (e.g., binge drinking, fighting at school) prevalence rates at least twice those of 11<sup>th</sup> graders in traditional comprehensive high schools. They also exhibit lower perceived school safety, school connectedness, and developmental supports. Continuation school students are a highly vulnerable population in need of a wide range of academic, social, emotional, and behavioral supports and intervention services.

# DEMOGRAPHIC CHARACTERISTICS AND POPULATION SUBGROUP DIFFERENCES (Section 3)

A wide range of indicators of the demographic and background characteristics of the survey respondents help users gain a better sense of how representative the survey sample is compared to the student population overall. They also enable users to analyze how survey results vary by important subgroups in the school and help them to identify, and target programs for, youth most in need. School districts can use these data to meet the LCAP requirement to demonstrate actions across state priorities in regard to socioeconomically disadvantaged students, English learners, and foster youth, as well as other indicators such as race/ethnicity, homeless youth, and LGBT youth.

In the standard CHKS report, breakdowns for selected key indicators are provided by race/ethnicity and gender. For selected key indicators, the CalSCHLS Data Dashboard (<a href="calschls.org/reports-data/dashboard/">calschls.org/reports-data/dashboard/</a>) can be used to display subgroup differences by gender, race/ethnicity, parental education, parent military status, homeless and migrant status, afterschool participation, gender identity, and sexual orientation. Results can also be displayed for English learners, free and reduced-priced meal eligible students, and foster youth-three important LCAP priority subgroups. Districts/schools can also request reports disaggregating all their results by demographic characteristics from their CalSCHLS Regional Center (call 888.841.7536 or email CalSCHLS@wested.org).

<sup>&</sup>lt;sup>7</sup> Hanson & Austin. (2003). Download data.calschls.org/resources/FACTSHEET-3.pdf

<sup>&</sup>lt;sup>8</sup> In interpreting the results for 11<sup>th</sup> graders, note that many youth who are most disengaged and involved in high risk behaviors may have already dropped out of school or did not participate in the survey because of truancy or absenteeism.

<sup>&</sup>lt;sup>9</sup> Austin, Dixon, & Bailey. (2007). Download data.calschls.org/resources/FACTSHEET-7.pdf

#### Racial-Ethnic Identification

Respondents self-report their identification with six racial/ethnic groups plus mixed (two or more) race. In one study of CHKS data, both academic performance and school well-being—the degree to which students feel safe at, supported by, and connected to the school—varied consistently and persistently across schools by racial/ethnic groupings. <sup>10</sup> They were lowest in schools with large proportions of African American and Hispanic students, as well as in low-income schools. Controlling for socioeconomic status and other school demographic characteristics reduced these racial/ethnic group differences, but they still remained. This suggests that school climate factors related to student well-being may also play a role in the racial-ethnic achievement gap. One strategy to close the gap may be to enhance learning supports that foster caring adult relationships, high expectations, meaningful participation, safety, and connectedness in schools serving large proportions of low-income African American and Hispanic students.

In the majority of cases, with notable exceptions for Asians, the racial/ethnic gaps in performance, engagement, perceived support, and safety are greater within-schools than between-schools. 11 African American, Latino, and Asian students feel less safe, engaged, and supported than their White peers within the same school. Inequities in these factors, for the various racial/ethnic groups, can possibly contribute to the achievement gap. Further, these findings suggest that practices designed to ensure equal access to academic resources, opportunities, learning supports, and promotion of common experiences may be effective in ameliorating the gap.

#### **Foster Care Youth**

Compared to youth who live with their parents, foster care youth report much higher rates of substance abuse, poor school attendance and grades, more violence-related behaviors, more harassment, and higher depression risk. <sup>12</sup> They were also more likely to be low in caring adult relationships and total developmental support.

#### **Sexual Orientation and Gender Identity**

Lesbian, gay, bisexual, and transgender (LGBT) youth are at elevated risk for bullying and violence victimization, mental health problems, drug and alcohol use, and exhibiting poor performance in school.<sup>13</sup> For example, analysis of the latest Biennial CHKS data indicate that LGBT youth<sup>14</sup> are:

- about 30 percentage points more likely than non-LGBT youth to experience harassment and bullying at school;
- 30-to-40 percentage points more likely to exhibit chronic sadness;
- 2-to-3 times more likely to smoke cigarettes, binge drink, and to have been drunk or high at school; and
- receive substantially fewer social supports from teachers and peers at school than their counterparts who do not identify as LGBT.

Because of such disparities, it is important to examine disparities across LGBT and non-LGBT youth to identify needs and support the development of practices that promote the healthy development and safety of all youth.

<sup>&</sup>lt;sup>10</sup> Austin, Hanson, Bono, & Zheng. (2008). Download <u>data.calschls.org/resources/factsheet\_8.pdf</u>

<sup>&</sup>lt;sup>11</sup> Hanson, Austin, & Li. (2012). Download <u>data.calschls.org/resources/FACTSHEET-13</u> <u>20120405.pdf</u>

<sup>12</sup> Austin, Jones, & Annon. (2007). Download data.calschls.org/resources/FACTSHEET-6.pdf

<sup>&</sup>lt;sup>13</sup> Russell, S. T., & Fish, J. N. (2016). Mental health in lesbian, gay, bisexual, and transgender (LGBT) youth. *Annual Review of Clinical Psychology*, 12, 465-487.

<sup>&</sup>lt;sup>14</sup> See calschls.org/reports-data/dashboard/

### SCHOOL PERFORMANCE, SUPPORTS, AND ENGAGEMENT (Section 4)

A major focus of the CHKS is providing data to gauge the level of pupil engagement, an LCAP state priority on which districts are required to show improvement. Enhancing student engagement has been identified as the key to addressing problems of low achievement, high levels of student misbehavior, alienation, and high dropout rates. <sup>15</sup> A 2009 Gallup study found that a one-percentage-point uptick in a school's average student engagement was connected to a six-point increase in reading achievement and eight points in math. <sup>16</sup> CHKS and other surveys consistently show that as youth progress through the school system, indicators of engagement decline.

It is important to look at engagement from three perspectives: behavioral, emotional, and cognitive. The CHKS provides data on all three types. As discussed below, the Academic Motivation scale and self-reported grades provide insight into cognitive engagement; the School Connectedness scale, into emotional engagement; attendance and truancy data, on behavioral engagement. Other behavioral engagement indicators on the survey include substance use at school and violence perpetration. Research shows that student engagement is malleable and that all three types are influenced by the level to which students perceive the school as having a positive environment.

The CHKS Developmental Supports scales provide insight into whether students experience in their school the three protective factors that characterize a positive school climate and are linked to school connectedness and positive academic, behavioral, and health outcomes. Other school climate factors assessed are the level of parent involvement and the quality of the school physical environment, both also LCAP priorities. The likelihood that students will be motivated and engaged is increased to the extent that their teachers, family, and friends effectively support their purposeful involvement in learning and in school.

# **Self-Reported Grades**

The CHKS asks students to indicate what grades they mostly received in school in the past 12 months. Although self-reports are not as accurate as actual report card data, they provide a general sense of the school performance of the survey respondents from their self-perception. To learn more about the factors that might be causing poor performance, request a CHKS report showing how all the survey results vary by level of performance (call 888.841.7536 or email CalSCHLS@wested.org).

#### **Academic Motivation**

A four-item scale gauges student academic motivation by asking how strongly they agree that they try hard to do well on schoolwork, try hard because they are interested in the work, work hard to understand new things at school, and always try to do better. On the 2015-17 State CHKS, the percentage of students strongly agreeing with the questions on this scale declined from 45 percent in 7<sup>th</sup> grade to 28 percent in 11<sup>th</sup>.17

In order to achieve rigorous academic goals, students need not only a challenging and engaging curriculum, but they need to be emotionally connected to their learning. Student perceptions of the school environment and their degree of school connectedness influence their achievement motivation. But students may be behaviorally and/or emotionally invested in a given activity without actually exerting the

<sup>&</sup>lt;sup>15</sup> Wang, M-T, & Eccles, J. (2013). School context, achievement motivation, and academic engagement: A longitudinal study of school engagement using a multidimensional perspective. *Learning and Instruction*, 28, 12-23.

<sup>16</sup> Gallop. (2014). Download <u>www.gallup.com/services/178769/state-america-schools-report.aspx</u>

<sup>&</sup>lt;sup>17</sup> Austin, Hanson, Polik, & Zheng. (2018). Download data.calschls.org/resources/Biennial State 1517.pdf

necessary mental effort to understand and master the knowledge, craft, or skill that the activity promotes. This scale provides insight into the overall level of that mental effort.

In addition, the supplementary School Climate Module includes an Academic Mindset and Learning Engagement scale and a series of questions about supports for learning and academic rigor.

### **Absenteeism and Truancy**

Before good teachers with quality curriculums and engaging activities can improve academic performance, the students have to show up. The CHKS provides data to identify what proportion of respondents are at risk of chronic absenteeism (missed 2 or more days during the past 30 days), what were the reasons for absences, and the level of truancy. Users can request reports looking at the characteristics of youth based on absenteeism and truancy indicators to guide efforts to improve the LCAP pupil engagement priority (call 888.841.7536 or email CalSCHLS@wested.org).

Poor attendance is a marker of a wider variety of other problems, including low school connectedness and learning engagement. Both the US Department of Education and the California Office of the Attorney General have launched initiatives designed to raise awareness about and combat chronic absenteeism, generally defined as missing 10 percent of school days. According to a report by Attendance Works, the nation's large and persistent achievement gaps are rooted in a largely hidden crisis of chronic absenteeism, especially among low-income and minority children.<sup>18</sup>

Biennial State CHKS data indicate that the most important reasons for being absent in secondary school, after illness, are generally not getting enough sleep and anxiety or stress, followed by being behind in school work, and being bored or uninterested in school, another good indicator of disengagement.<sup>19</sup>

Truancy has been identified as one of the most powerful predictors of both poor achievement and delinquency.<sup>20</sup> Truants are also more likely to use drugs and have deviant friends. Among high school staff statewide, truancy is the top-rated of fourteen potential school problems assessed by the California School Staff Survey.

#### **Developmental Supports**

Research shows that when schools (or families or communities) provide three developmental supports—caring adult relationships, high expectations, and opportunities for meaningful participation—students are more likely to report more positive academic, social-emotional, and health outcomes, including higher grades, school connectedness, attendance, and perceived safety. CHKS measures these supports using multi-item scales. Results overall suggest that the great majority of students do not receive sufficient levels of support and that the supports received are lower in high school than in middle school, even though student need for them is arguably higher. 21 22 23 24 25 26

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<sup>&</sup>lt;sup>18</sup> Attendance Works & Everyone Graduates Center. (2017, September). *Portraits of Change: Aligning School and Community Resources to Reduce Chronic Absence*. Download <a href="https://www.attendanceworks.org/portraits-of-change/">www.attendanceworks.org/portraits-of-change/</a>

<sup>&</sup>lt;sup>19</sup> Austin, Hanson, Polik, & Zheng. (2018). Download <u>data.calschls.org/resources/Biennial\_State\_1517.pdf</u>

<sup>&</sup>lt;sup>20</sup> Robins & Ratcliff. (1978). *Long Range Outcomes Associated With School Truancy*. Rockville, MD: Public Health Service (DHEW). Garry, E. M., & Department of Justice, Washington, DC. Office of Juvenile Justice and Delinquency Prevention. (1996). *Truancy: First Step to a Lifetime of Problems*. Cairns, R. B., Cairns, B. D., & Neckerman, H. J. (1989). Early school dropout: Configurations and determinants. *Child Dev*, 60(6), 1437-52.

<sup>&</sup>lt;sup>21</sup> Hanson & Austin. (2002). Download <u>data.calschls.org/resources/factsheet.pdf</u>

<sup>&</sup>lt;sup>22</sup> Hanson & Austin. (2002). Download data.calschls.org/resources/FACTSHEET-3.pdf

<sup>&</sup>lt;sup>23</sup> Hanson. (2011). Download data.calschls.org/resources/S3factsheet1\_caring\_20120223.pdf

<sup>&</sup>lt;sup>24</sup> Hanson. (2012). Download <u>data.calschls.org/resources/S3factsheet2\_participation\_20120224.pdf</u>

<sup>&</sup>lt;sup>25</sup> O'Malley & Amarillas. (2011). Download <u>data.calschls.org/resources/S3</u> WhatWorksBrief1 CaringRelationships final.pdf

<sup>&</sup>lt;sup>26</sup> O'Malley & Amarillas, (2011), Download data, calschls.org/resources/S3 WhatWorksBrief2 MeaningfulPart final.pdf

#### **School Connectedness**

School connectedness is one of the indicators of school climate that a California school district must address in its LCAP. Research shows that school connectedness is associated with multiple positive academic, social-emotional, and health outcomes.<sup>27</sup> It also shows that youth who feel safe at school, experience caring adults, and have opportunities for engagement and other developmental supports are more likely to feel connected to the school. The CHKS five-item School Connectedness scale is an important differentiator between low-performing and high-performing high schools and has value as an indicator of school quality. The online Query CalSCHLS system (calschls.org/reports-data/query-calschls/) enables examination of how key survey indicators vary by school connectedness.

School connectedness appears to have increased in California in the second half of the last decade, but it still declines markedly after elementary school. A substantial majority of high school students are not highly connected to their schools. On the 2015-17 State CHKS, the average percentage of students strongly agreeing to these scale questions declined from 28 percent in 7<sup>th</sup> grade to 15 percent in 11<sup>th</sup>, a decline similar to that found for the Academic Motivation scale.<sup>28</sup> This may be related at least in part to their lower levels of developmental support. Prior analyses have indicated that the lowest rates of both connectedness and test scores are in low-income schools.<sup>29</sup> <sup>30</sup>

#### Parent Involvement

Parent involvement, including promoting parental participation in pupil programs, is one of the LCAP state priorities. A three-item scale assesses student perceptions (level of agreement) of three components of parental involvement: teachers communicating with parents about what students are expected to learn in class, parents feeling welcome to participate at this school, and school staff taking parent concerns seriously. The same questions also are asked on the staff and parent surveys so that perceptions can be compared across all three stakeholder groups. A large and growing body of evidence has linked school success to the manner and degree to which a school communicates with parents, engages them both in school activities and education, and fosters a school climate that parents perceive as warm, inviting, and helpful.<sup>31</sup>

### **Facilities and Physical Environment**

As an indicator of student perceptions of the school's physical environment, the CHKS includes a question asking students how much they agree the school "is usually clean and tidy." Additional questions are included in the supplementary School Climate Module. An analysis of data from the questions on both modules found that a plurality of students report that their school facilities are in good condition, but a non-trivial minority of students were dissatisfied with the condition of their school facilities. Between 20 percent and 25 percent of students disagree or strongly disagree on the quality of the physical environment items. Almost one-third of schools serving 11<sup>th</sup> graders were categorized as having low quality physical environments based on student reports on the clean and tidy item. Student perceptions of the quality of their school's physical environment were strongly related to student achievement.

<sup>&</sup>lt;sup>27</sup> National Research Council and the Institute of Medicine. (2004). *Engaging schools: Fostering high school students' motivation to learn*. Washington, D.C.: The National Academies Press.

<sup>&</sup>lt;sup>28</sup> Austin, Hanson, Polik, & Zheng, (2018), Download data.calschls.org/resources/Biennial State 1517.pdf

<sup>&</sup>lt;sup>29</sup> Austin, Hanson, & Voight. (2013). Download data.calschls.org/resources/S3factsheet5\_connectedness\_20130827.pdf

<sup>&</sup>lt;sup>30</sup> O'Malley & Amarillas. (2011). Download <u>data.calschls.org/resources/S3 WhatWorksBrief4 Connectedness final.pdf</u>

<sup>&</sup>lt;sup>31</sup> Wilder, S. (2014). Effects of parental involvement on academic achievement. A meta-synthesis. *Educational Review*, 66:3, 377-397.

<sup>32</sup> Hanson & Austin. (2017). Download calschls.org/docs/facilities122216.pdf

### SCHOOL VIOLENCE, VICTIMIZATION, AND SAFETY (Section 5)

The CHKS asks students a wide range of questions to ascertain the scope and nature of physical and verbal violence and victimization that occurs on campus, as well as vandalism, and the overall level of school safety.<sup>33</sup> Physical violence and weapons on campus have long been a major public concern. Equally disruptive are the uncounted acts of bullying, teasing, and other nonviolent misbehavior among youth, such as substance use and sales on campus.<sup>34</sup> These behaviors adversely affect not only students' ability to learn and willingness to attend school, but also the overall school environment, the ability of teachers to teach, and the willingness of adults to enter the teaching profession.<sup>35</sup> <sup>36</sup> <sup>37</sup>

### **Perceived Safety**

Perceived safety is another indicator that districts/schools are required to monitor as part of their LCAP school climate priority. School safety is more than the antithesis of violence. Perceived school safety is psychological as well as physical. Feelings of insecurity can have multiple sources, not all of which correctly reflect the level of danger and violence on a school campus, such as verbal bullying. Both physical and psychological safety are essential for high quality teaching and learning. It is a key factor in students feeling connected to school. Another indicator important for attendance is the percentage of students who report missing school because they didn't feel safe (Table A4.4).

State CHKS data show that the percentage of students who perceive their school as safe or very safe has consistently dropped markedly between 7<sup>th</sup> and 9<sup>th</sup> grades.<sup>38</sup> If students report low levels of perceived school safety, pay close attention to all the indicators related to bullying and victimization, as well as mental health. Schools may want to request comparisons of students' perceptions of their own safety with the actual level of violence and other safety-related indicators self-reported by students. Consider conducting follow-up student voice and feedback sessions such as focus groups or Student Listening Circles and integrating questions on why students do not feel safe.<sup>39</sup>

#### **Harassment and Victimization**

Most of the safety-related questions on the survey assess victimization. Because a relatively small number of students can victimize a large number of their peers, victimization questions provide more insight into the overall school climate. Nonviolent harassment in any form—threats, intimidation, rumors, and ostracism—can instill a sense of vulnerability, isolation, frustration, and fear among its victims, leading to engagement in health risk behaviors or avoidance behaviors such as missing school and social isolation. This type of misbehavior, vastly more common than any other, ruins the school day for many students. In *Bruised Inside* (2000), the National Association of Attorneys General describes harassment by peers as one of the two causes for kids to express anger using guns, knives, and fists.<sup>40</sup>

The CHKS asks about the frequency with which students experienced any bullying/harassment related to six bias-related categories (gender, race/ethnicity, disability, sexual identity, religion, immigrant status),

<sup>&</sup>lt;sup>33</sup> The CHKS also includes two violence-related questions that are not school based: the frequency students experienced cyberbullying and whether they are gang members.

<sup>&</sup>lt;sup>34</sup> Juvonen, J., & Graham, S. (2001). Peer harassment in school: The plight of the vulnerable and victimized. New York: Guilford Press.

<sup>&</sup>lt;sup>35</sup> Barton, P. E. (2001). Facing the hard facts in education reform. Princeton, NJ: Educational Testing Service.

<sup>&</sup>lt;sup>36</sup> O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3 WhatWorksBrief5 ViolencePerpetration\_final.pdf

<sup>&</sup>lt;sup>37</sup> O'Malley & Amarillas. (2011). Download <u>data.calschls.org/resources/S3</u> WhatWorksBrief6 ViolenceVictimization final.pdf

<sup>&</sup>lt;sup>38</sup> Austin, Hanson, Polik, & Zheng. (2018). Download <u>data.calschls.org/resources/Biennial\_State\_1517.pdf</u>

<sup>&</sup>lt;sup>39</sup> O'Malley & Amarillas, (2011). Download data, calschls, org/resources/S3 WhatWorksBrief3 Safety final, pdf

<sup>&</sup>lt;sup>40</sup> Horn, D. M., National Association of Attorneys General., & Washington (State). (2000). *Bruised inside: What our children say about youth violence, what causes it, and what we need to do about it: A report of the National Association of Attorneys General (NAAG)*. Washington, DC: National Association of Attorneys General.

as well as for any other reason (Table A5.2). About three-in-ten secondary students report experiencing some harassment in the past year on the State CHKS, with the percentages declining between 7<sup>th</sup> and 11<sup>th</sup> grades. Analyses show that victims of harassment are more likely to not feel safe at, and connected to, school; to have higher truancy; and to experience lower developmental (resilience) supports at school. They report higher rates of fighting and weapons possession at school, as well as risk of depression. Students who report bias-related harassment, particularly for disability and sexual orientation, have poorer well-being than students who were only harassed for other reasons.

Different forms of verbal harassment at school are assessed: mean rumors or lies; sexual-related jokes, comments, or gestures; being made fun of because of looks or speech; and, more generally, being made fun of, insulted or called names. Physical victimization is assessed by having been pushed/shoved, threatened with harm or injury (without or without weapon), and being afraid of being beaten up. Students are also asked whether they have ever been in a physical fight as a measure of general violence.

The supplementary School Climate Module includes Bullying Prevention and Respect for Diversity scales to provide insight into what the school is doing to reduce the problem.

# **Vandalism and Weapons**

Two other safety-related areas assessed by the survey are school vandalism and weapons possession. Students are asked whether they damaged school property or had their property damaged at school and whether they carried a knife or other weapon to school or observed someone doing it. Overall, weapons possession is not common. Statewide, only about two percent of secondary students report carrying a gun and 4-5 percent report carrying another weapon. <sup>44</sup> About 16 percent of 7<sup>th</sup> and 9<sup>th</sup> graders reporting seeing someone carrying a weapon, dropping to 13 percent of 11<sup>th</sup> graders.

# **SUBSTANCE USE AND MENTAL HEALTH (Sections 6-8)**

Two important barriers to learning, positive youth development, and health are assessed: substance use and mental health.

# Alcohol and Other Drug Use (Section 6)

The misuse of alcohol and other drugs (AOD) continues to be among the most important issues confronting the nation. For schools, the problem is particularly relevant. Years of research have shown that adolescent substance use is closely connected to academic performance and contributes to raising the level of truancy and absenteeism, special education, disciplinary problems, disengagement and dropout rates, teacher turnover, and property damage.

Reflecting this, on the California School Staff Survey, high school staff statewide are more likely to perceive alcohol and drug use as moderate to severe problems at their schools than all of seven violence-related indicators (49% for both alcohol and drugs in 2004-06), ranking them among the top 3 of 14 problem indicators.<sup>45</sup>

### Alcohol and Other Drug Use at School (Section 6)

AOD use at school is especially troubling. It reflects a level of drug involvement so pervasive that the

<sup>&</sup>lt;sup>41</sup> Austin, Hanson, Polik, & Zheng. (2018). Download data.calschls.org/resources/Biennial State 1517.pdf

<sup>&</sup>lt;sup>42</sup> Heck, Russell, O'Shaughnessy, Laub, Calhoun, & Austin. (2005). Download data.calschls.org/resources/FACTSHEET-4.pdf

<sup>43</sup> Austin, Nakamoto, & Bailey. (2010). Download <u>data.calschls.org/resources/FACTSHEET-10.pdf</u>

<sup>44</sup> Austin, Hanson, Polik, & Zheng. (2018). Download <u>data.calschls.org/resources/Biennial\_State\_1517.pdf</u>

<sup>&</sup>lt;sup>45</sup> Statewide CSSS, (2018), Download data, calschls.org/resources/Statewide 1517 CSSS,pdf

potential repercussions for violation of school rules are disregarded by these youths. This is behavior that threatens not only the user's learning ability but also school efforts to educate all youth. It also is an indirect indicator of school disengagement. An analysis of CHKS data found that substance use and intoxication at school, being offered drugs at school, and lifetime intoxication, were significantly related to changes in California achievement test scores one year later. <sup>46</sup> Schools with proportionately large numbers of students who reported these behaviors exhibited smaller gains in test scores than other schools. <sup>47</sup> <sup>48</sup>

# **Cigarette Smoking (Section 7)**

Current smokers are significantly more likely than nonsmokers to engage in alcohol and other drug use, be involved in violence and gang membership, and experience school-related problems and disengagement. To a lesser extent, current smokers are also more likely than nonsmokers to be victims of violence and harassment, feel unsafe at school, and experience incapacitating sadness and loneliness. These results suggest that efforts to reduce student smoking may be more successful if embedded in approaches that address a broad range of risk behaviors and problems.<sup>49 50</sup>

### **Mental Health (Section 8)**

The CHKS Core provides two measures for assessing mental health among students: (1) whether they experience chronic, incapacitating sadness or hopelessness; and (2) whether they ever contemplated suicide. Students who experience chronic sadness, compared to their peers who do not, are at elevated risk of a wide range of educational, health, social, and emotional problems, including lower school attendance, performance, and connectedness. <sup>51</sup> They also report lower levels of the developmental supports in their schools and communities that have been shown to mitigate these problems. Similar findings are found among youth who have contemplated suicide. <sup>52</sup>

CHKS data also show that students who report bias-related harassment, particularly for disability and sexual orientation, have poorer overall well-being than students who are harassed for other reasons or not harassed. Students who report any harassment are about twice as likely to experience chronic sadness/hopelessness than their non-harassed peers.<sup>53</sup> <sup>54</sup>

See also the percentage of students who report missing school because they "felt very sad, hopeless, anxious, stressed, or angry" (Table A4.4). In addition, the supplementary School Climate Module includes a Social and Emotional Supports scale that provides insight from students on what the school does to help promote mental health and the fostering of social-emotional competencies.

<sup>&</sup>lt;sup>46</sup> Hanson, T. L., Austin, G. A., & Lee-Bayha, J. (2004). Ensuring that No Child is Left Behind: How are Student Health Risks & Resilience Related to the Academic Progress of Schools. San Francisco: WestEd.

<sup>47</sup> Hanson & Austin. (2003), Download data.calschls.org/resources/FACTSHEET-3.pdf

<sup>&</sup>lt;sup>48</sup> O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3 WhatWorksBrief8 AOD final.pdf

<sup>&</sup>lt;sup>49</sup> Hanson & Zheng. (2006). Download data.calschls.org/resources/factsheet2update.pdf

<sup>&</sup>lt;sup>50</sup> Austin, McCarthy, Slade, & Bailey. (2007). Download data.calschls.org/resources/FACTSHEET-5.pdf

<sup>&</sup>lt;sup>51</sup> Austin, Nakamoto, & Bailey, (2010), Download data, calschls.org/resources/FACTSHEET-11.pdf

<sup>&</sup>lt;sup>52</sup> Austin, Cragle, Delong-Cotty. (2012). Download <u>data.calschls.org/resources/FACTSHEET-12.pdf</u>

<sup>&</sup>lt;sup>53</sup> Heck, Russell, O'Shaughnessy, Laub, Calhoun, & Austin. (2005). Download <u>data.calschls.org/resources/FACTSHEET-4.pdf</u>

<sup>&</sup>lt;sup>54</sup> Austin, Nakamoto, & Bailey. (2010). Download data.calschls.org/resources/FACTSHEET-10.pdf