

# CALIFORNIA HEALTHY KIDS SURVEY



Palo Alto Unified Secondary 2015-2016 Main Report



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### PREFACE

#### **NEW FEATURE**

The list of content sections and table names at the beginning of the digital report have been hyperlinked to the tables. Click on the title of a content section or a table and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from this school/district's 2015–16 *California Healthy Kids Survey* (CHKS), presented in tables organized by topic.

The CHKS, along with its two companion surveys–*California School Climate Survey* (CSCS) for staff and the *California School Parent Survey* (CSPS)–is a service of the California Department of Education (CDE). These three surveys form the *California School Climate, Health, and Learning Surveys* (*Cal-SCHLS*) *System*, the largest, most comprehensive effort in the nation to assess students, staff, and parents at the local level on a regular basis to provide key data on school climate, learning supports and barriers, and stakeholder engagement, as well as overall youth development, health, and well-being. The surveys provide a wealth of information to guide school improvement efforts and your Local Control and Accountability Plan (LCAP), particularly in regard to the state priorities of enhancing school climate, pupil engagement, and parent involvement.

Factsheets, guidebooks, and other resources to help in understanding and using survey results are available for downloading from the survey website: chks.wested.org. The California Safe and Supportive Schools website also provides a wealth of information and tools helpful in implementing effective strategies that address the needs identified by the survey in regard to school climate improvement and promoting social-emotional learning. Particularly valuable in regard to LCAP efforts are *Making Sense of School Climate* (californias3.wested.org/resources/S3\_schoolclimateguidebook\_final.pdf) and *Helpful Resources for Local Control and Accountability Plans, 2014-15* (chks.wested.org/resources/LCAP \_Cal\_SCHLS.pdf).

The Cal-SCHLS Technical Assistance Center offers workshops to help in identifying local needs and developing action plans to meet those needs, including a Listening to Students Workshop for involving student voice in the process (see below).

#### SURVEY PURPOSE

The California Department of Education (CDE) has funded the CHKS since 1997 to provide data that would assist schools in: (1) fostering positive school climates and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of youth behaviors, attitudes, and learning conditions is essential to guide school improvement efforts and to also develop effective prevention, health, and youth development programs. These surveys grew out of CDE's commitment to helping schools promote the successful cognitive, social, and emotional development of all students and create more positive, engaging school environments for students, staff, and parents.

#### SURVEY CONTENT OVERVIEW

The secondary-school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

The Core Module consists of a broad range of key questions, identified by an expert advisory committee, that are considered most important for schools to administer to guide improvement of academic, health, and prevention programs and the promotion of student achievement, positive development, and wellbeing. The primary focus of the Core Module is assessing student perceptions and experiences related to school climate and engagement, learning supports, and health-related, non-academic learning barriers (e.g., substance use, bullying and violence, and poor physical and mental health). To further support school improvement efforts and the LCAP process, a supplementary School Climate Module is also available.

#### School-Related Core Content

The great majority of all questions on the CHKS Core are school-specific. The survey provides self-reported data on:

- Student grades, truancy, reasons for missing school, learning motivation, and school connectedness, as indicators of engagement;
- The levels of students' three fundamental developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- Perceived safety and the frequency of, type, and reasons for, harassment and bullying at school; and
- Levels of violence, substance use, and crime-related behavior (e.g., weapons possession) at school.

#### Supplementary School Climate Module

A supplementary School Climate Module provides additional data on student academic mindset, school academic supports, discipline/order, supports for social-emotional learning, bullying prevention and positive peer relationships, respect for diversity, and the quality of the physical environment (download from chks.wested.org/administer/supplemental1#clim). A companion Learning Conditions module can be added to the staff survey to compare their perceptions on the same constructs.

#### SURVEY ADMINISTRATION AND SAMPLING

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Each student's participation was voluntary, anonymous, and confidential. Table A1.1 gives the target sample of students and the final number and percent of students who completed the survey (the participation response rate).

#### THE REPORT

The tables in the Main Report, organized by topic, provide the percentages responding to each question response option by grade level. Because it is just as important to identify the positive behaviors of youth as it is to identify the risks they face, the tables reporting risk-behavior data include the percentages of youth who responded negatively (did not engage in the behavior).

#### Racial/Ethnic Subgroup Results

Several tables are useful for helping districts identify and address student needs related to closing the state's persistent racial/ethnic achievement gap. On the CHKS, students are asked to indicate their racial/ethnic identity and to report whether they have experienced harassment because of their race/ethnicity. Summary tables provide key findings (e.g., harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories. Schools can request supplementary reports disaggregating all their CHKS results by the race/ethnicity of students.

#### UNDERSTANDING AND USING THE DATA

Among the tools available to help in understanding and using the survey results, especially for LCAP implementation and monitoring, *Making Sense of School Climate* provides a discussion of all the Cal-SCHLS survey items that relate to school climate (download californias3.wested.org/resourcesS3\_school /climateguidebook\_final.pdf)

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results, such as changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind. A more detailed discussion of these topics can be found in the *CHKS Guidebook to Data Use and Dissemination* (download chks.wested.org/resources/chks\_guidebook\_3\_datause.pdf).

#### Sample Characteristics

Among the most important factors affecting the quality of survey results is the level and type of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 60%. One indication of the survey's representativeness is how accurately the sample reflects the gender and ethnic composition of the student enrollment. Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

#### **Changes Between Survey Administrations**

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

#### NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process. The results of this student survey should be compared to those obtained from the Cal-SCHLS surveys of school staff and parents. It is important to determine how consistent are student, staff, and parent perceptions and experiences.

CHKS results will also be enriched if analyzed in the context of other data typically collected by schools that relate to the variables assessed, such as discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.

The following actions, which can be requested as custom services (additional fees apply), will help in fostering effective use of the results to support school and program improvement efforts and the LCAP process.

#### Request School Reports

If the schools in the district vary significantly in demographics, programs, or other characteristics, consider requesting individual reports for each school (a fee applies). Two types of reports are available:

- A full report with all the survey results.
- A short, user-friendly, graphic **School Climate Report Card** that provides results across eight domains of school climate and provides an overall **School Climate Index** score based on those domains. (View a sample report: visit <u>californias3.wested.org/resources/California\_State\_SCRC</u>\_1314.pdf).

#### Request District School Climate Report Card

For districts that survey all their schools, a district-level School Climate Report Card that aggregates all their results across eight domains can also be requested. This is a powerful, useful tool for guiding efforts to meet the school climate and pupil engagement priorities for the Local Control and Accountability Plan.

#### Request Disaggregated Report or Analyses

The staff of the Regional TA Centers can produce full reports that look at how results vary by demographic subgroups (e.g., race/ethnicity as discussed above, or by youth who are low in academic motivation compared those who are high). This is particularly important given the LCAP requirement the districts identify and address the needs of underserved subgroups.

#### Engage Students, Staff, and Parents in an Action Planning Process

Engage students, staff, and parents in reviewing and exploring the meaning of the results and obtain their input into how the school might better meet the needs identified and the development of a detailed action plan. This communicates to stakeholders that you value their input into how to improve the school and gives them an opportunity for meaningful participation. This helps enhance school connectedness among students and parent involvement, two of the LCAP priorities. It will also promote higher rates of participation the next time the survey is administered, as stakeholders will see how the data has been used for positive purposes.

On request, Cal-SCHLS staff can conduct a structured group Listening to Students Workshop designed

to explore with students, as staff observe, the meaning of survey results and obtain their input on how to address the needs identified by the survey. Cal-SCHLS staff also can conduct a Data Use Action Planning Workshop designed to identify local needs based on the survey results and engage stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your Cal-SCHLS Technical Assistance Center (call 888.841.7536 or email schoolclimate@wested.org). See also: californias3.wested.org/workshops.

#### ACKNOWLEDGMENTS

The CHKS and this report were developed by WestEd, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education Coordinated School Health and Safety Office. For more information, call the toll-free helpline at 888.841.7536, or visit the website at chks.wested.org.

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### Survey Module Administration

Table 1	
CHKS Survey Modules Administered	
Survey Module	Administered
A. Core (Required)	Х
B. Alcohol and Other Drugs (AOD) Module	
C. Building Healthy Communities (BHC) Module	
D. CalMHSA Module	
E. Closing the Achievement Gap (CTAG) Module	
F. District Afterschool Module (DASM)	
G. Drug Free Communities (DFC) Module	
H. Gang Risk Awareness Module	
I. Military Connected School Module	
J. Physical Health & Nutrition Module	
K. Resilience & Youth Development Module	
L. Safety & Violence Module	
M. School Climate Module	
N. Sexual Behavior Module	
O. Social Emotional Health Module	
P. Tobacco Module	
Q. Gender & Sex-Based Harassment Module (New This Year)	
Z. Custom Questions	Х

## **Core Module Results**

### 1. Survey Sample

## Table A1.1Student Sample Characteristics

	Grade 7	Grade 9	Grade 11	NT <sup>A</sup>
Student Sample Size				
Target sample	1,019	1,000	915	_
Final number	906	754	696	_
Average Response Rate	89%	75%	76%	_

*Note:* <sup>*A</sup></sup><i>NT includes continuation, community day, and other alternative school types.*</sup>

### 2. Summary of Key Indicators

#### Table A2.1

Key Indicators of School Climate and Student Well-Being

· · ·	Grade 7	Grade 9	Grade 11	NT	Table
	%	%	%	%	
School Engagement and Supports					
School connectedness (high)	72	67	69	—	A4.4
Academic motivation (high)	49	38	37	_	A4.4
Truant more than a few times <sup><math>\dagger</math></sup>	1	1	8	_	A4.2
Caring adult relationships (high)	47	34	41	_	A4.4
High expectations (high)	59	44	48	_	A4.4
Meaningful participation (high)	29	15	17	_	A4.4
School Safety and Substance Use					
School perceived as very safe or safe	85	85	91	_	A5.1
Experienced any harassment or bullying <sup>†</sup>	32	28	23	_	A5.4
Had mean rumors or lies spread about you <sup>†</sup>	31	28	24	_	A5.2
Been afraid of being beaten up <sup>†</sup>	12	6	4	_	A5.3
Been in a physical fight <sup>†</sup>	9	5	3	_	A5.3
Seen a weapon on campus <sup>†</sup>	5	5	3	_	A5.6
Been drunk or "high" on drugs at school, ever	0	2	7	_	A6.9
Mental and Physical Health					
Current alcohol or drug use <sup>‡</sup>	3	9	21	_	A6.4
Current binge drinking <sup>‡</sup>	0	2	11	_	A6.5
Very drunk or "high" 7 or more times	0	2	8	_	A6.6
Current cigarette smoking <sup>‡</sup>	0	1	3	_	A7.3
Experienced chronic sadness/hopelessness <sup>†</sup>	14	23	29	_	A8.4
Considered suicide <sup>†</sup>	na	12	15	_	A8.5

Notes: Cells are empty if there are less than 25 respondents.

<sup>†</sup>*Past 12 months;* <sup>‡</sup>*Past 30 days; na—Not asked of middle school students.* 

### 3. Demographics

#### Table A3.1

Age of Sample

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
10 years or younger	0	0	0	
11 years old	3	0	0	_
12 years old	83	0	0	_
13 years old	13	5	0	_
14 years old	0	81	0	_
15 years old	0	14	6	_
16 years old	0	0	83	_
17 years old	0	0	11	_
18 years old or older	0	0	0	_

*Question HS/MS A.3: How old are you? Note: Cells are empty if there are less than 25 respondents.* 

#### Table A3.2

Gender of Sample

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Male	53	48	49	_
Female	47	52	51	_

Question HS/MS A.4: What is your sex?

Note: Cells are empty if there are less than 25 respondents.

#### Table A3.3

#### Hispanic or Latino

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
No	88	89	89	-
Yes	12	11	11	_

*Question HS/MS A.6: Are you of Hispanic or Latino origin? Note: Cells are empty if there are less than 25 respondents.* 

#### Table A3.4

Race

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
American Indian or Alaska Native	1	0	0	_
Asian	32	39	40	_
Black or African American	1	2	3	_
Native Hawaiian or Pacific Islander	1	1	1	_
White	40	40	41	_
Mixed (two or more) races	25	18	15	_

Question HS/MS A.7: What is your race?

Note: Cells are empty if there are less than 25 respondents.

#### Table A3.5

#### Living Situation

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
A home with one or more parents or guardian	97	97	97	_
Other relative's home	1	0	0	_
A home with more than one family	1	1	1	_
Friend's home	0	0	0	_
Foster home, group care, or waiting placement	0	0	0	_
Hotel or motel	0	0	0	_
Shelter, car, campground, or other transitional or temporary housing	0	0	1	_
Other living arrangement	2	1	1	_

*Question HS/MS A.9: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.* 

## Table A3.6Highest Education of Parents

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Did not finish high school	1	2	2	_
Graduated from high school	1	2	3	_
Attended college but did not complete four-year degree	2	2	2	_
Graduated from college	86	90	91	_
Don't know	9	3	2	_

*Question HS/MS A.10: What is the highest level of education your parents completed? (Mark the educational level of the parent who went the furthest in school.) Note: Cells are empty if there are less than 25 respondents.* 

#### Table A3.7

#### Free or Reduced Price Meals Eligibility

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
No	77	83	91	_
Yes	5	7	6	_
Don't know	17	10	3	_

Question HS/MS A.11: Do you receive free or reduced-price lunches at school? (Receiving free or reduced-price lunches means that lunch at school is provided to you for free or you pay less for it.) Note: Cells are empty if there are less than 25 respondents.

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	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	84	92	97	_
Yes	1	1	0	_
Don't know	15	7	3	_

## Table A3.8Participation in Migrant Education Program, Past 3 Years

*Question HS/MS A.12: In the past three years, were you part of the Migrant Education Program or did your family move to find seasonal or temporary work in agriculture or fishing? Note: Cells are empty if there are less than 25 respondents.* 

## Table A3.9Language Spoken at Home

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
English	72	70	73	_
Spanish	6	5	5	_
Mandarin	6	10	7	_
Cantonese	1	1	2	_
Taiwanese	0	0	0	_
Tagalog	0	0	1	_
Vietnamese	0	0	0	_
Korean	2	2	3	_
Other	12	12	10	_

*Question HS/MS A.13: What language is spoken most of the time in your home? Note: Cells are empty if there are less than 25 respondents.* 

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
How well do you				
understand English?				
Very well	94	95	94	_
Well	5	5	5	_
Not well	1	1	1	_
Not at all	0	0	1	_
speak English?				
Very well	91	91	92	_
Well	7	8	7	_
Not well	1	1	1	_
Not at all	0	0	1	_
read English?				
Very well	91	90	90	_
Well	8	9	8	_
Not well	1	1	1	_
Not at all	0	0	1	_
write English?				
Very well	84	85	88	_
Well	13	13	9	_
Not well	3	2	2	_
Not at all	0	0	0	_

## Table A3.10English Language Proficiency

Question HS/MS A.14-17: How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English.

## Table A3.11Number of Days Attending Afterschool Program

	5			
	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 days	72	75	78	_
1 day	7	7	8	_
2 days	6	4	4	_
3 days	5	3	3	_
3 days 4 days	5	3	1	_
5 days	5	7	6	_

*Question HS/MS A.18: How many days a week do you usually go to your school's afterschool program? Note: Cells are empty if there are less than 25 respondents.* 

#### Table A3.12

#### Sexual Identification

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Heterosexual (straight)	71	82	85	_
Gay or Lesbian or Bisexual	3	7	7	_
Transgender	1	1	2	_
Not sure	19	10	10	_
Decline to respond	16	8	4	_

*Question HS A.120/MS A.110: Which of the following best describes you? (Mark All That Apply.) Notes: Cells are empty if there are less than 25 respondents. Total percentages may exceed 100% for "mark all that apply" items.* 

#### Table A3.13

#### Military Connections

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	96	98	100	_
Yes	2	1	0	_
Don't know	3	1	0	_

*Question HS A.119/MS A.109: Is your father, mother, or caretaker currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?* 

### 4. School Performance, Supports, and Engagements

#### Table A4.1

Grades, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Mostly A's	54	48	46	_
A's and B's	38	38	39	_
Mostly B's	3	5	7	_
B's and C's	4	4	6	_
Mostly C's	0	1	1	_
C's and D's	1	1	1	_
Mostly D's	0	0	0	_
Mostly F's	0	1	1	_

Question HS/MS A.19: During the past 12 months, how would you describe the grades you mostly received in school?

Note: Cells are empty if there are less than 25 respondents.

## Table A4.2Truancy, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	89	84	62	_
1-2 times	8	11	20	_
A few times	2	4	10	_
Once a month	0	1	4	_
Once a week	0	0	3	_
More than once a week	0	1	1	_

*Question HS/MS A.20: During the past 12 months, about how many times did you skip school or cut classes? Note: Cells are empty if there are less than 25 respondents.* 

#### Table A4.3

**Reasons for Absence** 

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Does not apply, I didn't miss any school	57	49	38	-
Illness (feeling physically sick), including problems with breathing or your teeth	36	41	48	_
Felt very sad, hopeless, anxious, stressed, or angry	4	6	14	_
Didn't get enough sleep	5	10	22	_
Didn't feel safe at school	1	1	0	_
Had to work	1	1	3	_
Had to take care of or help a family member or friend	1	1	1	_
Wanted to spend time with friends who don't go to your school	1	1	1	_
Wanted to use alcohol or drugs	0	1	1	_
Were behind in schoolwork or weren't prepared for a test or class assignment	2	5	16	_
Were bored with or uninterested in school	1	3	5	_
Were suspended	0	0	0	_
Other reason	9	12	10	_

Question HS/MS A.21: In the past 30 days, did you miss school for any of the following reasons? (Mark All That Apply.)

Notes: Cells are empty if there are less than 25 respondents. Total percentages may exceed 100% for "mark all that apply" items.

School Dereiopmental Supports, Connecteuress, and Readence Information												
Percent of students scoring	C	arade	7	C	frade	9	G	rade	11		NT	
High, Moderate, and Low (%)	Н	Μ	L	Н	М	L	Н	Μ	L	Н	Μ	L
School Environment												
Total school supports	50	43	7	34	55	11	40	53	7	_	_	_
Caring adults in school	47	47	6	34	58	8	41	54	5	_	_	_
High expectations-adults in school	59	37	3	44	50	6	48	49	4	_	_	_
Meaningful participation at school	29	55	17	15	57	28	17	63	20	_	_	_
School Connectedness	72	23	6	67	25	7	69	25	6	_	_	_
Academic Motivation	49	37	13	38	43	19	37	44	19	_	_	_

Table A4.4School Developmental Supports, Connectedness, and Academic Motivation

Table A4.5

School Connectedness Scale Questions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
I feel close to people at this school.	70	,.	,.	,,,
Strongly disagree	3	6	4	_
Disagree	4	6	8	_
Neither disagree nor agree	20	16	13	_
Agree	42	45	48	_
Strongly agree	31	27	28	_
I am happy to be at this school.				
Strongly disagree	4	6	6	_
Disagree	4	6	6	_
Neither disagree nor agree	15	15	18	_
Agree	36	44	46	_
Strongly agree	41	29	24	_
I feel like I am part of this school.				
Strongly disagree	4	5	6	_
Disagree	5	6	6	_
Neither disagree nor agree	16	21	20	_
Agree	40	44	46	_
Strongly agree	34	24	23	_
The teachers at this school treat students fairly.				
Strongly disagree	5	6	4	_
Disagree	6	7	6	_
Neither disagree nor agree	19	19	16	_
Agree	39	47	55	_
Strongly agree	31	22	19	_
I feel safe in my school.				
Strongly disagree	4	4	4	_
Disagree	3	3	2	_
Neither disagree nor agree	10	14	10	_
Agree	43	49	48	_
Strongly agree	40	31	37	_

Question HS/MS A.22-26: How strongly do you agree or disagree with the following statements?... I feel close to people at this school... I am happy to be at this school... I feel like I am part of this school... The teachers at this school treat students fairly... I feel safe in my school.

Table A4.6Academic Motivation Scale Questions

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
I try hard to make sure that I am good at my schoolwork.				
Strongly disagree	3	4	3	_
Disagree	2	2	3	_
Neither disagree nor agree	6	7	7	_
Agree	31	36	41	_
Strongly agree	58	51	46	_
I try hard at school because I am interested in my work.				
Strongly disagree	4	5	7	-
Disagree	7	11	14	_
Neither disagree nor agree	20	25	19	_
Agree	35	33	35	_
Strongly agree	34	26	25	_
I work hard to try to understand new things at school	•			
Strongly disagree	4	4	4	_
Disagree	2	4	4	_
Neither disagree nor agree	11	14	12	_
Agree	36	40	43	_
Strongly agree	47	38	38	_
I am always trying to do better in my schoolwork.				
Strongly disagree	3	4	4	
Disagree	2	3	5	_
Neither disagree nor agree	10	13	12	_
Agree	31	37	41	_
Strongly agree	53	43	39	_

Question HS/MS A.31-34: How strongly do you agree or disagree with the following statements?... I try hard to make sure that I am good at my schoolwork... I try hard at school because I am interested in my work... I work hard to try to understand new things at school... I am always trying to do better in my schoolwork. Note: Cells are empty if there are less than 25 respondents.

Table A4.7

School Developmental Supports Scale Questions

At my school, there is a teacher or some other	Grade 7	Grade 9	Grade 11	NT
adult	%	%	%	%
Caring Relationships				
who really cares about me.				
Not at all true	5	8	4	_
A little true	20	29	22	_
Pretty much true	42	41	42	_
Very much true	33	23	31	_
who notices when I'm not there.				
Not at all true	6	10	6	_
A little true	19	28	23	_
Pretty much true	38	40	40	_
Very much true	38	22	30	_
who listens to me when I have something to say.				
Not at all true	5	5	3	_
A little true	15	18	14	_
Pretty much true	36	41	42	_
Very much true	44	37	42	_
High Expectations				
who tells me when I do a good job.				
Not at all true	4	5	5	_
A little true	14	23	18	_
Pretty much true	38	41	42	_
Very much true	43	31	36	_
who always wants me to do my best.				
Not at all true	2	4	2	_
A little true	7	13	12	_
Pretty much true	30	41	41	_
Very much true	60	42	45	_
who believes that I will be a success.				
Not at all true	5	6	4	_
A little true	14	20	16	_
Pretty much true	37	40	41	_
Very much true	45	34	39	_

Question HS/MS A.35-40: At my school, there is a teacher or some other adult... who really cares about me... who tells me when I do a good job... who notices when I am not there... who always wants me to do my best... who listens to me when I have something to say... who believes that I will be a success. Note: Cells are empty if there are less than 25 respondents.

At school	Grade 7 %	Grade 9 %	Grade 11 %	NT %
<b>Opportunities for Meaningful Participation</b>				
I do interesting activities.				
Not at all true	7	9	6	_
A little true	21	28	25	_
Pretty much true	37	39	40	_
Very much true	36	24	29	_
I help decide things like class activities or rules.				
Not at all true	24	36	33	_
A little true	33	35	34	_
Pretty much true	24	20	22	_
Very much true	18	9	11	_
I do things that make a difference.				
Not at all true	12	20	19	_
A little true	32	41	37	_
Pretty much true	34	27	30	_
Very much true	21	12	14	_

Table A4.7School Developmental Supports Scale Questions - Continued

Question HS/MS A.41-43: At school... I do interesting activities... I help decide things like class activities or rules... I do things that make a difference.

Table A4.8

Parent Involvement in School

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Teachers at this school communicate with parents about what students are expected to learn in class.				
Strongly disagree	4	5	5	_
Disagree	4	12	14	_
Neither disagree nor agree	19	29	28	_
Agree	40	37	41	
Strongly agree	33	16	12	_
Parents feel welcome to participate at this school.				
Strongly disagree	4	4	5	_
Disagree	4	5	7	_
Neither disagree nor agree	23	32	29	_
Agree	37	40	43	_
Strongly agree	32	20	16	_
School staff takes parent concerns seriously.				
Strongly disagree	5	5	6	_
Disagree	5	8	11	_
Neither disagree nor agree	23	31	24	_
Agree	36	36	39	_
Strongly agree	31	20	20	_

Question HS/MS A.28-30: How strongly do you agree or disagree with the following statements?... Teachers at this school communicate with parents about what students are expected to learn in class... Parents feel welcome to participate at this school... School staff takes parent concerns seriously. Note: Cells are empty if there are less than 25 respondents.

## Table A4.9Quality of School Physical Environment

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
My school is usually clean and tidy.				
Strongly disagree	6	4	3	_
Disagree	11	4	4	_
Neither disagree nor agree	25	21	14	_
Agree	39	49	51	_
Strongly agree	20	21	28	_

Question HS/MS A.27: How strongly do you agree or disagree with the following statements?... My school is usually clean and tidy.

### 5. School Violence, Victimization, and Safety

#### Table A5.1

Perceived Safety at School

	Grade 7	Grade 9	Grade 11	NT %
Very safe	36	29	42	_
Safe	49	56	49	_
Neither safe nor unsafe	11	13	8	_
Unsafe	2	1	1	_
Very unsafe	1	1	0	_

*Question HS A.91/MS A.81: How safe do you feel when you are at school? Note: Cells are empty if there are less than 25 respondents.* 

#### Table A5.2

	Grade 7	Grade 9	Grade 11	NT %
During the past 12 months, how many times on school	/()	10	<i>N</i> ()	10
property have you				
had mean rumors or lies spread about you?				
0 times	69	72	76	_
1 time	17	16	14	_
2 to 3 times	7	9	8	_
4 or more times	7	4	3	_
had sexual jokes, comments, or gestures made to you?				
0 times	77	75	80	_
1 time	11	11	8	_
2 to 3 times	6	5	5	_
4 or more times	6	9	7	_
been made fun of because of your looks or the way				
you talk?				
0 times	74	75	84	-
1 time	13	12	8	_
2 to 3 times	6	7	5	_
4 or more times	6	5	4	_
been made fun of, insulted, or called names?				
0 times	63	68	77	_
1 time	16	15	10	_
2 to 3 times	10	9	6	_
4 or more times	11	8	7	_

Question HS A.95-97, 106/MS A.86-88, 97: During the past 12 months, how many times on school property have you... had mean rumors or lies spread about you... had sexual jokes, comments, or gestures made to you... been made fun of because of your looks or the way you talk... been made fun of, insulted, or called names? Note: Cells are empty if there are less than 25 respondents.

Table A5.3

Violence and Victimization on School Property, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
During the past 12 months, how many times on school property have you				
been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?				
0 times	82	90	95	_
1 time	9	8	3	_
2 to 3 times	5	1	1	_
4 or more times	4	2	1	_
been afraid of being beaten up?				
0 times	88	94	96	_
1 time	7	4	2	_
2 to 3 times	3	1	0	_
4 or more times	2	1	1	_
been in a physical fight?				
0 times	91	95	97	_
1 time	7	3	2	_
2 to 3 times	2	1	0	_
4 or more times	1	1	1	
been threatened with harm or injury?				
0 times	93	96	97	_
1 time	4	2	1	-
2 to 3 times	2	1	1	-
4 or more times	1	1	1	_
been threatened or injured with a weapon (gun,				
knife, club, etc.)?				
0 times	98	99	99	_
1 time	2	1	1	_
2 to 3 times	0	0	0	_
4 or more times	0	0	1	_
been offered, sold, or given an illegal drug?				
0 times	98	92	88	_
1 time	1	5	5	_
2 to 3 times	0	1	4	_
4 or more times	1	2	3	_

Question HS A.92-94, 99, 103, 105/MS A.83-85, 90, 94, 96: During the past 12 months, how many times on school property have you... been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around... been afraid of being beaten up... been in a physical fight... been offered, sold, or given an illegal drug... been threatened or injured with a weapon (gun, knife, club, etc.) ... been threatened with harm or injury? Note: Cells are empty if there are less than 25 respondents.

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
Race, ethnicity, or national origin				
0 times	85	88	91	_
1 time	9	6	4	_
2 or more times	7	7	5	_
Religion				
0 times	95	94	94	_
1 time	3	2	3	_
2 or more times	3	3	3	_
Gender (being male or female)				
0 times	91	92	94	_
1 time	6	4	3	_
2 or more times	3	5	3	_
Because you are gay or lesbian or someone thought you were				
0 times	94	95	96	_
1 time	3	2	2	_
2 or more times	3	3	2	_
A physical or mental disability				
0 times	97	96	98	-
1 time	1	2	1	_
2 or more times	2	2	2	_
Any of the above five hate-crime reasons	23	21	18	_
Any other reason				
0 times	79	84	88	_
1 time	10	7	5	_
2 or more times	11	9	6	_
Any harassment	32	28	23	_

## Table A5.4Reasons for Harassment on School Property, Past 12 Months

Question HS A.107-112/MS A.98-103: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin... Your religion... Your gender (being male or female)... Because you are gay or lesbian or someone thought you were... A physical or mental disability... Any other reason.

Table A5.5

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Had your property stolen or deliberately damaged				
0 times	84	89	90	_
1 time	10	8	7	_
2 to 3 times	4	2	2	_
4 or more times	2	1	1	_
Damaged school property on purpose				
0 times	97	97	97	_
1 time	2	1	2	_
2 to 3 times	1	1	0	_
4 or more times	0	1	1	_

Property Damage on School Property, Past 12 Months

Question HS A.98, 100/MS A.89, 91: During the past 12 months, how many times on school property have you... had your property stolen or deliberately damaged, such as your car, clothing, or books... damaged school property on purpose?

Note: Cells are empty if there are less than 25 respondents.

#### Table A5.6

#### Weapons Possession on School Property, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Carried a gun				
0 times	100	99	99	_
1 time	0	0	0	_
2 to 3 times	0	0	0	_
4 or more times	0	0	1	_
Carried any other weapon (such as a knife or club)				
0 times	98	98	98	_
1 time	1	1	1	_
2 to 3 times	0	0	0	_
4 or more times	0	1	1	_
Seen someone carrying a gun, knife, or other weapon				
0 times	95	95	97	_
1 time	4	3	2	_
2 to 3 times	1	1	1	_
4 or more times	1	1	1	_

Question HS A.101, 102, 104/MS A.92, 93, 95: During the past 12 months, how many times on school property have you... carried a gun... carried any other weapon (such as a knife or club)... seen someone carrying a gun, knife, or other weapon?

## 6. Alcohol and Other Drug Use

#### Table A6.1

Summary Measures of Level of AOD Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
Lifetime alcohol or drugs (excluding cold/cough medicines and prescription drugs)	7	18	41	_	A6.2
Current alcohol or drugs	3	9	21	_	A6.4
Current heavy drug users	1	2	4	_	A6.4
Current heavy alcohol user (binge drinker)	0	2	11	_	A6.4
Current alcohol or drug use on school property	1	3	3	_	A6.10

#### Table A6.2

Lifetime AOD Use

	Grade 7	Grade 9	Grade 11	NT %
Alcohol (one full drink)	-70	-70	70	70
0 times	95	84	61	_
1 time	3	4	6	_
2 to 3 times	1	6	10	_
4 or more times	0	5	22	_
Marijuana				
0 times	99	96	81	_
1 time	0	2	4	_
2 to 3 times	0	1	4	_
4 or more times	0	2	11	_
Inhalants (to get "high")				
0 times	98	97	98	_
1 time	1	0	0	_
2 to 3 times	1	2	1	_
4 or more times	0	1	1	_
Cocaine, Methamphetamine, or any amphetamines				
0 times	na	99	97	_
1 time	na	0	0	_
2 to 3 times	na	0	1	_
4 or more times	na	1	1	
Ecstasy, LSD, or other psychedelics				
0 times	na	99	96	_
1 time	na	0	1	_
2 to 3 times	na	0	1	_
4 or more times	na	1	1	_
Any other drug, or pill, or medicine to get "high" or for other than medical reasons				
0 times	99	97	97	_
1 time	1	1	1	_
2 to 3 times	0	1	1	_
4 or more times	0	1	1	_
Any of the above AOD use	7	18	41	_

Question HS A.47-50, 52, 57/MS A.48-50, 52: During your life, how many times have you used the following substances? One full drink of alcohol (such as a can of beer, glass of wine, wine cooler, or shot of liquor)... Marijuana (pot, weed, grass, hash, bud)... Inhalants (things you sniff, huff, or breathe to get "high" such as glue, paint, aerosol sprays, gasoline, poppers, gases)... Cocaine, Methamphetamine, or any amphetamines (meth, speed, crystal, crank, ice)... Ecstasy, LSD, or other psychedelics (acid, mescaline, peyote, mushrooms)... Any other drug, or pill, or medicine to get "high" or for other than medical reasons.

Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of middle school students.

Table A6.2Lifetime AOD Use - Continued

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Prescription pain medication, tranquilizers, or sedatives				<u></u>
0 times	na	94	94	_
1 time	na	2	2	_
2 to 3 times	na	2	3	_
4 or more times	na	2	1	_
Diet Pills				
0 times	na	94	97	_
1 time	na	2	1	_
2 to 3 times	na	1	1	_
4 or more times	na	3	1	_
Ritalin <sup>TM</sup> or Adderall <sup>TM</sup> or other prescription				
stimulant				
0 times	na	98	95	_
1 time	na	0	1	_
2 to 3 times	na	1	1	_
4 or more times	na	2	3	_
Cold/Cough Medicines or other over-the-counter				
medicines				
0 times	na	78	82	-
1 time	na	4	3	_
2 to 3 times	na	4	5	_
4 or more times	na	14	10	_

Question HS A.53-56: During your life, how many times have you used the following substances?... Prescription pain medication (Vicodin<sup>TM</sup>, OxyContin<sup>TM</sup>, Percodan<sup>TM</sup>, Lortab<sup>TM</sup>), tranquilizers, or sedatives (Xanax<sup>TM</sup>, Ativan<sup>TM</sup>)... Diet Pills (Didrex, Dexedrine, Zinadrine, Skittles, M&M's)... Ritalin<sup>TM</sup> or Adderall<sup>TM</sup> (JIF, R-ball, Skippy) or other prescription stimulant... Cold/Cough Medicines (Triple-C's, Coricidin Cough, Sudafed, TheraFlu, Tylenol Cough) or other over-the-counter medicines.

Notes: Cells are empty if there are less than 25 respondents. na—Not asked of middle school students.

### Table A6.3

### Summary of AOD Lifetime Use

	Grade 7 %	Grade 9 %	Grade 11	NT %
Alcohol	5	16	39	_
Marijuana	1	4	19	_
Inhalants	2	3	2	_
Cocaine	na	1	3	_
Ecstasy, LSD, or other psychedelics	na	1	4	_
Prescription pain killers, Diet Pills, or other prescription stimulant	na	11	9	_

*Notes: Cells are empty if there are less than 25 respondents. na—Not asked of middle school students.* 

# Table A6.4Current AOD Use, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol (at least one drink)	2	8	19	
Binge drinking (5 or more drinks in a row)	0	2	11	_
Marijuana	0	2	8	_
Inhalants	1	1	1	_
Prescription medications to get "high" or for reasons other than prescribed	na	1	1	_
Other drug, pill, or medicine to get "high" or for other than medical reasons	1	1	2	_
Any drug use	1	3	8	_
Heavy drug user	1	2	4	_
Any AOD Use	3	9	21	_
Two or more drugs at the same time	na	1	3	_

Question HS A.64-70/MS A.59-62, 63: During the past 30 days, on how many days did you use... at least one drink of alcohol... five or more drinks of alcohol in a row, that is, within a couple of hours... marijuana (pot, weed, grass, hash, bud)... inhalants (things you sniff, huff, or breathe to get "high")... prescription medications to get "high" or for reasons other than prescribed (such as Vicodin<sup>TM</sup>, OxyContin<sup>TM</sup>, Percodan<sup>TM</sup>, Ritalin<sup>TM</sup>, Adderall<sup>TM</sup>, Xanax<sup>TM</sup>)... any other drug, pill, or medicine to get "high" or for other than medical reasons... two or more drugs at the same time (for example, alcohol with marijuana, ecstasy with mushrooms)? Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of middle school students.

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol (at least one drink)				
0 days	98	92	81	_
1 or 2 days	2	6	14	_
3 to 9 days	0	1	5	_
10 to 19 days	0	0	0	_
20 or more days	0	0	0	_
Binge drinking (5 or more drinks in a row)				
0 days	100	98	89	_
1 or 2 days	0	2	8	_
3 to 9 days	0	1	2	_
10 to 19 days	0	0	0	_
20 or more days	0	0	0	_
Marijuana				
0 days	100	98	92	_
1 or 2 days	0	1	5	_
3 to 9 days	0	0	1	_
10 to 19 days	0	0	1	_
20 or more days	0	1	1	_

Table A6.5Frequency of Current AOD Use, Past 30 Days

Question HS A.64-66/MS A.59-61: During the past 30 days, on how many days did you use... at least one drink of alcohol... five or more drinks of alcohol in a row, that is, within a couple of hours... marijuana (pot, weed, grass, hash, bud)?

Table A6.6Lifetime Drunk or "High"

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Very drunk or sick after drinking alcohol	70	70	70	/0
0 times	99	94	79	_
1 to 2 times	1	4	12	_
3 to 6 times	0	1	6	_
7 or more times	0	1	3	_
"High" (loaded, stoned, or wasted) from using drugs				
0 times	99	96	86	_
1 to 2 times	1	2	4	_
3 to 6 times	0	1	3	_
7 or more times	0	1	7	_
Very drunk or "high" 7 or more times	0	2	8	_

Question HS A.58, 59/MS A.53, 54: During your life, how many times have you been... very drunk or sick after drinking alcohol... "high" (loaded, stoned, or wasted) from using drugs? Note: Cells are empty if there are less than 25 respondents.

### Table A6.7

### Cessation Attempts

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol	/0	/0	/0	/0
Does not apply, don't use	na	95	83	_
0 times	na	4	15	_
1 time	na	0	1	_
2 to 3 times	na	0	0	_
4 or more times	na	0	1	_
Marijuana				
Does not apply, don't use	na	97	89	_
0 times	na	3	9	_
1 time	na	0	2	_
2 to 3 times	na	0	0	_
4 or more times	na	0	0	_

Question HS A.88, 89: How many times have you tried to quit or stop using... alcohol... marijuana? Notes: Cells are empty if there are less than 25 respondents. na—Not asked of middle school students.

Table A6.8Drinking While Driving

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Driven a car when you had been drinking, or been in a car driven by a friend who had been drinking				
Never	na	95	91	_
1 time	na	2	4	_
2 times	na	2	2	_
3 to 6 times	na	1	1	_
7 or more times	na	0	1	_
Have ridden in a car driven by someone who had been drinking				
Never	82	na	na	na
1 time	10	na	na	na
2 times	5	na	na	na
3 to 6 times	2	na	na	na
7 or more times	2	na	na	na

Question HS A.90/MS A.80: During your life, how many times have you ever driven a car when you had been drinking alcohol, or been in a car driven by a friend when he or she had been drinking?... In your life, how many times have you ridden in a car driven by someone who had been drinking alcohol?

Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of middle/high school students.

### Table A6.9

### Lifetime Drunk or "High" on School Property

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	100	98	93	_
1 to 2 times	0	1	4	_
3 to 6 times	0	0	2	_
7 or more times	0	0	2	_

*Question HS A.60/MS A.55: During your life, how many times have you been... drunk on alcohol or "high" on drugs on school property?* 

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol				
0 days	100	98	99	_
1 to 2 days	0	2	1	_
3 or more days	0	1	1	_
Marijuana				
0 days	100	98	99	_
1 to 2 days	0	1	1	_
3 or more days	0	1	0	_
Any other drug, pill, or medicine to get "high" or for other than medical reasons?				
0 days	99	99	99	_
1 to 2 days	1	1	0	_
3 or more days	0	0	0	_
Any of the above	1	3	3	_

# Table A6.10Current AOD Use on School Property, Past 30 Days

Question HS A.74-76/MS A.67-69: During the past 30 days, on how many days on school property did you... have at least one drink of alcohol... smoke marijuana... use any other drug, pill, or medicine to get "high" or for other than medical reasons?

Table A6.11

Perceived Harm and Availability

	Grade 7	Grade 9	Grade 11	NT %
Perceived Harm of Use				
Alcohol - drink occasionally				
Great	26	20	17	_
Moderate	27	26	27	_
Slight	28	37	37	_
None	18	17	19	_
Alcohol - 5 or more drinks once or twice a week				
Great	62	61	65	_
Moderate	19	26	22	_
Slight	7	6	8	_
None	12	7	5	_
Marijuana - smoke occasionally				
Great	49	32	24	_
Moderate	27	32	26	_
Slight	13	24	29	_
None	11	12	21	_
Marijuana - smoke once or twice a week				
Great	71	59	46	_
Moderate	12	21	27	_
Slight	5	10	17	_
None	11	9	11	_
Perceived Difficulty of Obtaining				
Alcohol				
Very difficult	27	6	3	_
Fairly difficult	22	11	5	_
Fairly easy	17	27	29	_
Very easy	7	25	40	_
Don't know	28	32	23	_
Marijuana				
Very difficult	48	12	5	_
Fairly difficult	13	13	6	_
Fairly easy	5	21	28	_
Very easy	3	14	33	_
Don't know	31	40	28	_

Question HS A.79-82, 84, 85/MS A.72-75, 77, 78: How much do people risk harming themselves physically and in other ways when they do the following?... Drink alcohol occasionally... Have five or more drinks of an alcoholic beverage once or twice a week... Smoke marijuana occasionally... Smoke marijuana once or twice a week... How difficult is it for students in your grade to get any of the following substances if they really want them?... Alcohol... Marijuana.

## 7. Tobacco Use

### Table A7.1

### Summary of Key CHKS Tobacco Indicators

	Grade 7	Grade 9	Grade 11	NT	Table
Use Prevalence and Patterns	%	%	%	%	
Ever smoked a whole cigarette	0	2	8	_	A7.2
Current cigarette smoking <sup>‡</sup>	0	1	3	_	A7.3
Current cigarette smoking at school <sup>‡</sup>	0	1	0	_	A7.4
Ever tried smokeless tobacco	0	1	4	_	A7.2
Current smokeless tobacco use <sup>‡</sup>	0	0	1	_	A7.3
Current smokeless tobacco use at school <sup>‡</sup>	0	1	0	_	A7.4
Ever used electronic cigarettes or other vaping device	1	6	15	_	A7.2
Current use of electronic cigarettes or other vaping device <sup>‡</sup>	0	2	5	_	A7.3
Current use of electronic cigarettes or other vaping device at school <sup>‡</sup>	0	1	1	_	A7.4
Cessation Attempts					
Tried to quit or stop using cigarettes	na	0	2	_	A7.5
Attitudes and Correlates					
Occasional smoking great harm	35	32	35	_	A7.7
Smoking 1-2 packs per day great harm	75	78	86	_	A7.7
Strongly disapprove of peer smoking 1 or more packs of cigarettes a day	89	76	75	_	A7.6
Very easy to obtain cigarettes	4	12	18	_	A7.7

Notes: Cells are empty if there are less than 25 respondents.

<sup>‡</sup>*Past 30 days; na—Not asked of middle school students.* 

Table A7.2Lifetime Tobacco Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
A cigarette, even one or two puffs	70	70	70	70
0 times	98	na	na	na
1 time	1	na	na	na
2 to 3 times	0	na	na	na
4 or more times	0	na	na	na
A whole cigarette				
0 times	100	98	92	_
1 time	0	1	2	_
2 to 3 times	0	0	1	_
4 or more times	0	1	4	_
Smokeless tobacco				
0 times	100	99	96	_
1 time	0	0	1	_
2 to 3 times	0	0	2	_
4 or more times	0	0	1	_
An electronic cigarette or other vaping device				
0 times	99	94	85	
1 time	1	2	4	_
2 to 3 times	0	1	4	_
4 or more times	0	2	8	_

Question HS A.44-46/MS A.44-47: During your life, how many times have you used the following substances? A cigarette, even one or two puffs... A whole cigarette... Smokeless tobacco (dip, chew, or snuff)... Electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens. Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of high school students.

Table A7.3Any Current Use and Daily Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Cigarette				
Any	0	1	3	_
Daily (20 or more days)	0	0	0	_
Smokeless Tobacco				
Any	0	0	1	_
Daily (20 or more days)	0	0	0	_
Electronic cigarette				
Any	0	2	5	_
Daily (20 or more days)	0	0	0	_

Question HS A.61-63/MS A.56-58: During the past 30 days, on how many days did you use... cigarettes... smokeless tobacco (dip, chew, or snuff)... electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens?

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Cigarette				
0 days	100	99	100	_
1 or 2 days	0	0	0	_
3 to 9 days	0	0	0	_
10 to 19 days	0	0	0	_
20 or more days	0	0	0	_
Smokeless Tobacco				
0 days	100	99	100	_
1 or 2 days	0	0	0	_
3 to 9 days	0	0	0	_
10 to 19 days	0	0	0	_
20 or more days	0	0	0	_
Electronic cigarette or other vaping device				
0 days	100	99	99	_
1 or 2 days	0	1	0	_
3 to 9 days	0	0	0	_
10 to 19 days	0	0	0	_
20 or more days	0	0	0	_

# Table A7.4Current Smoking on School Property, Past 30 Days

Question HS A.71-73/MS A.64-66: During the past 30 days, on how many days on school property did you... smoke cigarettes... use smokeless tobacco (dip, chew, or snuff)... use electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens? Note: Cells are empty if there are less than 25 respondents.

### Table A7.5

### Cigarette Smoking Cessation Attempts

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Does not apply, don't use	na	99	96	_
0 times	na	1	2	_
1 time	na	0	1	_
2 to 3 times	na	0	0	_
4 or more times	na	0	0	_

Question HS A.87: How many times have you tried to quit or stop using cigarettes?

Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of middle school students.

### Table A7.6

### Personal Disapproval of Peer Cigarette Smoking, One or More Packs A Day

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
Neither approve nor disapprove	6	9	9	—
Somewhat disapprove	5	15	16	_
Strongly disapprove	89	76	75	_

Question HS A.86/MS A.79: How do you feel about someone your age smoking one or more packs of cigarettes a day?

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Perceived Harm of Use		10	70	/0
Smoke cigarettes occasionally				
Great	35	32	35	_
Moderate	37	41	42	_
Slight	18	18	17	_
None	11	8	6	_
Smoke 1-2 packs of cigarettes a day				
Great	75	78	86	_
Moderate	10	10	7	_
Slight	4	4	2	_
None	11	8	5	_
Perceived Difficulty of Obtaining				
Cigarettes				
Very difficult	33	8	5	_
Fairly difficult	21	17	13	_
Fairly easy	11	24	29	_
Very easy	4	12	18	_
Don't know	31	39	36	_

# Table A7.7 Perceived Harm of Cigarette Smoking and Difficulty of Obtaining Cigarettes

Question HS A.77, 78, 83/MS A.70, 71, 76: How much do people risk harming themselves physically and in other ways when they do the following?... Smoke cigarettes occasionally... Smoke 1-2 packs of cigarettes each day... How difficult is it for students in your grade to get any of the following substances if they really want them?... Cigarettes.

## 8. Other Physical and Mental Health Risks

### Table A8.1

### Cyber Bullying, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times (never)	85	84	88	_
1 time	8	9	8	_
2 to 3 times	4	4	3	_
4 or more times	3	3	2	_

*Question HS A.113/MS A.104: During the past 12 months, how many times did other students spread mean rumors or lies about you on the internet (i.e., Facebook*<sup>TM</sup>, Instagram<sup>TM</sup>, Snapchat<sup>TM</sup>, email, instant message)? *Note: Cells are empty if there are less than 25 respondents.* 

### Table A8.2

### Alone After School

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Never	29	na	na	na
1 day	21	na	na	na
2 days	15	na	na	na
3 days	11	na	na	na
4 days	7	na	na	na
5 days	18	na	na	na

*Question MS A.82: In a normal week, how many days are you home after school for at least one hour without an adult there?* 

Notes: Cells are empty if there are less than 25 respondents.

na—Not asked of high school students.

# Table A8.3Eating of Breakfast

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	13	18	19	_
Yes	87	82	81	_

*Question HS A.117/MS A.107: Did you eat breakfast today? Note: Cells are empty if there are less than 25 respondents.* 

### Table A8.4

### Chronic Sad or Hopeless Feelings, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	86	77	71	_
Yes	14	23	29	_

Question HS A.115/MS A.106: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities? Note: Cells are empty if there are less than 25 respondents.

### Table A8.5

### Seriously Considered Attempting Suicide, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	na	88	85	_
Yes	na	12	15	_

*Question HS A.116: During the past 12 months, did you ever seriously consider attempting suicide? Notes: Cells are empty if there are less than 25 respondents. na—Not asked of middle school students.* 

### Table A8.6

### Gang Involvement

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	96	97	98	_
Yes	4	3	2	_

*Question HS A.114/MS A.105: Do you consider yourself a member of a gang? Note: Cells are empty if there are less than 25 respondents.* 

## 9. Race/Ethnic Breakdowns

### Table A9.1

School Developmental Supports and Connectedness by Race/Ethnicity - 7th Grade

Percent of students scoring	Grade 7						
High (%)	H/L	AI/AN	Asian	ΥV	Id/HN	White	Mixed
School Environment							
Total school supports	49		49			50	54
Caring adults in school	47		43			50	50
High expectations-adults in school	63		54			61	65
Meaningful participation at school	29		29			31	26
School Connectedness	65		71			74	72
Academic Motivation	50		53			48	48

Notes: Cells are empty if there are less than 25 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races.

### Table A9.2

### School Developmental Supports and Connectedness by Race/Ethnicity - 9th Grade

Percent of students scoring	Grade 9						
High (%)	H/L	NA/IA	Asian	ΑA	Id/HN	White	Mixed
School Environment							
Total school supports	32		33			36	36
Caring adults in school	27		32			37	34
High expectations-adults in school	41		42			47	46
Meaningful participation at school	7		18			14	13
School Connectedness	65		66			73	61
Academic Motivation	31		42			34	39

Notes: Cells are empty if there are less than 25 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races.

### Table A9.3

Percent of students scoring			G	rade	11		
High (%)	H/L	NA/IA	Asian	ΑA	Id/HN	White	Mixed
School Environment							
Total school supports	36		35			46	41
Caring adults in school	42		35			48	39
High expectations-adults in school	45		39			56	47
Meaningful participation at school	8		17			21	15
School Connectedness	56		71			70	69
Academic Motivation	29		35			40	38

School Developmental Supports and Connectedness by Race/Ethnicity - 11th Grade

Notes: Cells are empty if there are less than 25 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races.

### Table A9.4

### School Developmental Supports and Connectedness by Race/Ethnicity - Non-Traditional

Percent of students scoring				NT			
High (%)	H/L	AI/AN	Asian	AA	Id/HN	White	Mixed
School Environment							
Total school supports	_	_	_	_	_	_	_
Caring adults in school	_	-	_	_	_	-	_
High expectations-adults in school	_	_	_	_	_	_	_
Meaningful participation at school	_	-	_	_	-	-	_
School Connectedness	_	-	_	_	_	-	_
Academic Motivation	_	_	_	_	_	_	_

Notes: Cells are empty if there are less than 25 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races.

# Table A9.5Current Cigarette Smoking by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Smoked cigarettes in the past 30 days				
Hispanic or Latino	0	1	6	_
American Indian or Alaska Native				_
Asian	0	1	1	_
Black or African American				_
Native Hawaiian or Pacific Islander				_
White	0	0	6	_
Mixed (two or more) races	0	2	2	_

## 10. Gender Breakdowns

### Table A10.1

School Developmental Supports, Connectedness, and Academic Motivation by Gender

	Grad	Grade 7		Grade 9		Grade 11		NT	
Percent of Students Scoring High	Female	Male	Female	Male	Female	Male	Female	Male	
School Environment	%	%	%	%	%	%	%	%	
Total school supports	55	46	31	38	35	46	_	_	
Caring adults in school	51	44	30	39	36	47	_	_	
High expectations-adults in school	63	56	41	47	45	52	_	_	
Meaningful participation at school	31	27	14	17	15	20	_	_	
School Connectedness	74	70	63	72	68	70	-	_	
Academic Motivation	55	45	40	36	41	33	_	_	

### Table A10.2

### Selected Alcohol and Drug Use Measures by Gender

	Grad			Grade 9		Grade 11		NT	
	Female %	Male %	Female %	Male %	Female %	Male %	Female %	Male %	
Lifetime and Current AOD Use	70	70	70	70	70	70	70	70	
During your life, did you ever									
drink alcohol (one full drink)?	3	6	16	14	37	40	-	_	
use inhalants?	2	2	2	3	1	3	-		
smoke marijuana?	0	1	2	6	17	21	-		
During the past 30 days, did you									
drink alcohol (one full drink)?	0	3	7	8	19	19	-	_	
use inhalants?	1	0	0	1	1	2	-		
smoke marijuana?	0	0	2	3	7	9	_	_	
Level of Involvement (High Risk Patterns)									
During your life, have you ever									
been very drunk or sick after drinking alcohol?	1	0	7	4	20	21	-	_	
been "high" from using drugs?	1	1	2	5	13	16	-	_	
During the past 30 days, did you drink 5 or more drinks of alcohol in a couple of hours?	0	0	3	1	10	12	_	_	
AOD Use at School									
During your life, have you ever been drunk or "high" on school property?	0	0	2	3	6	9	_	_	
During the past 30 days, did you use marijuana on school property?	0	0	2	2	1	2	_	_	
Perceived Harm									
Frequent use ofis harmful. <sup>A</sup>									
alcohol (five or more drinks once or twice a week)	88	89	92	93	96	94	-	_	
marijuana (once or twice a week)	89	88	92	89	91	87	-	_	

Notes: Cells are empty if there are less than 25 respondents.

<sup>A</sup>Combines Great, Moderate, and Slight.

### Table A10.3

### Selected Tobacco Use Measures by Gender

	Grade 7		Grade 9		Grade 11		N	Г
	Female %	Male %						
During your life, did you ever smoke a cigarette?	0	1	2	2	7	8	-	-
During the past 30 days, did you smoke a cigarette?	0	0	1	1	2	4	_	_
During the past 30 days, did you smoke cigarettes daily?	0	0	0	0	0	0	_	_
During the past 30 days, did you smoke cigarettes on school property?	0	0	1	0	0	1	_	_
Frequent use of cigarettes is harmful. (1-2 packs a day) <sup>A</sup>	89	89	92	93	96	94	_	_

Notes: Cells are empty if there are less than 25 respondents.

<sup>A</sup>Combines Great, Moderate, and Slight.

### Table A10.4

### School Safety-Related Indicators by Gender

	Grad	ie 7	Grad	Grade 9		Grade 11		NT	
	Female %	Male %	Female %	Male %	Female %	Male %	Female %	Male %	
During the past 12 months at school, have you been harassed or bullied for any of the following reasons?									
Race, ethnicity, or national origin	13	17	14	10	8	10	-	_	
Religion	4	6	7	5	5	8	-	_	
Gender	13	6	13	2	9	3	-	_	
Gay/lesbian, or someone thought you were	5	7	6	5	3	5	_	_	
Physical/mental disability	3	4	4	4	2	2	-	_	
Any other reason	21	21	16	15	10	13	_	_	
During the past 12 months at school, have you been in a physical fight?	3	15	3	7	1	5	_	_	
Feels safe at school	86	84	81	88	91	91	-	_	
Currently belong to a gang	3	4	2	5	1	3	_		

## Table A10.5

### Physical and Mental Health Measures by Gender

	Grad	Grade 7		Grade 9		Grade 11		Т
	Female	Male	Female	Male	Female	Male	Female	Male
	%	%	%	%	%	%	%	%
Eating of breakfast	84	89	78	87	79	82	_	_
Chronic sad or hopeless feelings	16	12	32	12	34	23	-	_

## Z. Palo Alto Unified Custom Questions

### 1. Module Sample

Table Z1.1

Student Sample for Custom Questions

	Grade 7	Grade 9	Grade 11	NT <sup>A</sup>
Student Sample Size				
Target sample	1,019	1,000	915	-
Final number	871	713	660	_
Average Response Rate	85%	71%	72%	_

*Note:* <sup>*A</sup></sup><i>NT includes continuation, community day, and other alternative school types.*</sup>

## 2. Custom Questions

### Table AZ.2.1

I know where to go for help with a problem.

		Grade				
	7th %	9th %	11th %	Total %		
Not at all true	4	7	6	6		
A little true	11	22	17	16		
Pretty much true	33	37	46	38		
Very much true	51	34	31	40		

Question HS/MS Z.1.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.2

### When I need help, I find someone to talk with.

		Grade				
	7th	9th	11th	Total		
	%	%	%	%		
Not at all true	7	8	8	7		
A little true	14	22	20	18		
Pretty much true	34	34	37	35		
Very much true	45	36	35	39		

### Question HS/MS Z.2.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.3

### I try to understand how other people feel and think.

		Grade				
	7th %	9th %	11th %	Total %		
Not at all true	3	5	3	4		
A little true	9	9	7	9		
Pretty much true	35	37	36	36		
Very much true	52	49	55	52		

Question HS/MS Z.3.

# Table AZ.2.4There is a purpose to my life.

		Grade		
	7th %	9th %	11th %	Total %
Not at all true	5	<u> </u>	70	7
A little true	11	18	16	15
Pretty much true	25	27	36	29
Very much true	59	46	41	50

Question HS/MS Z.4.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.5

### I understand my moods and feelings.

		Grade		
	7th %	9th %	11th %	Total %
Not at all true	4	10	7	7
A little true	11	18	20	16
Pretty much true	35	40	41	38
Very much true	49	33	32	39

Question HS/MS Z.5.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.6

### I have a friend my own age who really cares about me.

		Grade		
	7th %	9th %	11th %	Total %
Not at all true	4	6	5	5
A little true	9	12	10	10
Pretty much true	23	26	30	26
Very much true	64	55	55	58

Question HS/MS Z.6.

# Table AZ.2.7In my home, there is a parent or some other adult who talks with me about my problems.

	Grade			
	7th %	9th %	11th %	Total %
Not at all true	4	9	9	7
A little true	10	14	14	12
Pretty much true	22	24	29	25
Very much true	64	53	48	56

Question HS/MS Z.7.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.8

In my home, there is a parent or some other adult who always wants me to do my best.

		Grade		
	7th %	9th %	11th %	Total %
Not at all true	2	4	3	3
A little true	3	5	4	4
Pretty much true	12	19	23	18
Very much true	83	72	70	76

Question HS/MS Z.8.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.9

### During the past 12 months did you ever think about killing yourself?

		Grade		
	7th %	9th %	11th %	Total %
Yes	15	23	27	21
No	85	77	73	79

Question HS/MS Z.9.

		Grade	2	
	7th %	9th %	11th %	Total %
Yes	7	10	10	9
No	93	90	90	91

# Table AZ.2.10During the past 12 months did you make a plan about how you would like to kill yourself?

Question HS/MS Z.10.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.11

### Have you ever tried to kill yourself?

		Grade		
	7th %	9th %	11th %	Total %
Yes	3	7	6	5
No	97	93	94	95

Question HS/MS Z.11.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.12

### Teachers and other adults at this school treat all students with respect.

	Grade			
	7th %	9th %	11th %	Total %
Strongly disagree	4	5	3	4
Disagree	6	9	10	8
Neither disagree nor agree	18	16	18	17
Agree	38	48	50	44
Strongly agree	35	23	20	27

Question HS/MS Z.12.

Teachers and other adults encourage me to work hard in school so I can be successful in college or at the job I choose.

	Grade				
	7th %	9th	11th	Total	
		%	%	%	
Strongly disagree	2	3	1	2	
Disagree	2	4	3	3	
Neither disagree nor agree	12	14	12	13	
Agree	34	44	51	42	
Strongly agree	49	35	32	39	

Question HS/MS Z.13.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.14

### The teachers and other adults work hard to help me with my schoolwork when I need it.

		Grade			
	7th	9th	11th	Total	
	%	%	%	%	
Strongly disagree	3	4	2	3	
Disagree	3	3	4	3	
Neither disagree nor agree	11	14	14	13	
Agree	41	49	54	47	
Strongly agree	42	30	26	34	

Question HS/MS Z.14.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.15

### Teachers show how classroom lessons are important and helpful to me in real life.

	Grade			
	7th %	9th %	11th %	Total %
Strongly disagree	6	8	5	6
Disagree	7	14	14	11
Neither disagree nor agree	19	25	25	23
Agree	34	33	41	36
Strongly agree	34	19	16	24

Question HS/MS Z.15.

# Table AZ.2.16Teachers give me a change to take part in classroom discussions or activities.

	Grade			
	7th %	9th %	11th %	Total %
Strongly disagree	3	4	2	3
Disagree	3	3	4	3
Neither disagree nor agree	16	18	15	16
Agree	38	48	53	46
Strongly agree	39	27	26	32

Question HS/MS Z.16.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.17

### The books and lessons in my classes include examples of my race or ethnic background.

	Grade			
	7th %	9th %	11th %	Total %
Strongly disagree	11	9	6	9
Disagree	9	14	14	12
Neither disagree nor agree	31	27	23	27
Agree	27	32	34	31
Strongly agree	22	18	22	21

Question HS/MS Z.17.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.18

### All students are treated fairly when they break the rules.

	Grade			
	7th %	9th %	11th %	Total %
Strongly disagree	10	8	6	8
Disagree	12	13	16	13
Neither disagree nor agree	24	25	24	24
Agree	29	35	39	34
Strongly agree	25	19	15	20

Question HS/MS Z.18.

I have been disrespected or mistreated by an adult at this school because of my race, ethnicity, or nationality.

		Grade		
	7th %	9th	11th	Total
		%	%	%
Strongly disagree	60	53	50	55
Disagree	13	17	20	16
Neither disagree nor agree	10	11	11	11
Agree	7	10	10	9
Strongly agree	9	8	9	9

Question HS/MS Z.19.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.20

There is a lot of tension in this school between different cultures, races, or ethnicities.

	Grade			
	7th %	9th %	11th %	Total %
Strongly disagree	47	32	28	37
Disagree	19	26	27	24
Neither disagree nor agree	17	19	19	18
Agree	9	14	16	13
Strongly agree	8	9	10	9

Question HS/MS Z.20.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.21

The schoolyard and buildings are clean and in good condition.

	Grade			
	7th %	9th %	11th %	Total %
Strongly disagree	7	4	2	4
Disagree	9	5	6	7
Neither disagree nor agree	23	17	16	19
Agree	34	49	47	42
Strongly agree	27	25	30	27

Question HS/MS Z.21.

	Grade			
	7th %	9th %	11th %	Total %
Not at all true	3	6	6	5
A little true	7	11	10	9
Pretty much true	16	22	27	21
Very much true	74	61	57	65

# Table AZ.2.22Outside of my home and school, there is an adult who really cares about me.

Question HS/MS Z.22.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.23

Outside of my home and school, there is an adult who tells me when I do a good job.

		Grade		
	7th %	9th %	11th %	Total %
Not at all true	4	7	7	6
A little true	8	14	10	11
Pretty much true	21	25	31	25
Very much true	67	55	51	58

Question HS/MS Z.23.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.24

### Outside of my home and school, there is an adult who notices when I am upset about something.

	Grade			
	7th %	9th %	11th %	Total %
Not at all true	6	11	12	9
A little true	11	15	14	13
Pretty much true Very much true	20 63	26 47	28 46	25 53

Question HS/MS Z.24.

	Grade			
	7th %	9th %	11th %	Total %
Not at all true	4	6	6	5
A little true	6	10	8	8
Pretty much true	18	26	28	24
Very much true	71	58	58	63

# Table AZ.2.25Outside of my home and school, there is an adult who believes that I will be a success.

Question HS/MS Z.25.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.26

Outside of my home and school, there is an adult who always wants me to do my best.

		Grade		
	7th %	9th %	11th %	Total %
Not at all true	3	5	5	4
A little true	5	7	7	6
Pretty much true	15	25	27	22
Very much true	77	63	61	68

Question HS/MS Z.26.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.27

### Outside of my home and school, there is an adult whom I trust.

	Grade			
	7th	9th	11th	Total
Not at all true	<u>%</u> 5	% 9	%	<u>%</u> 8
A little true	8	13	11	11
Pretty much true Very much true	18 69	22 56	28 51	22 60

Question HS/MS Z.27.

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		Grade	:	
	7th	9th	11th	Total

Outside of my home and school, I am part of clubs, sports teams, church/temple, or other group activities.

	7th	9th	11th	Total
	%	%	%	%
Not at all true	10	12	12	11
A little true	7	9	8	8
Pretty much true	15	15	19	16
Very much true	68	63	61	64

Question HS/MS Z.28.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.29

Outside of my home and school, I am involved in music, art, literature, sports, or a hobby.

		Grade		
	7th %	9th %	11th %	Total %
Not at all true	6	9	9	8
A little true	4	7	9	7
Pretty much true	13	13	18	15
Very much true	77	72	64	71

Question HS/MS Z.29.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.30

### Outside of my home and school, I help other people.

	Grade			
	7th %	9th %	11th %	Total %
Not at all true	5	5	5	5
A little true	12	16	16	14
Pretty much true	30	33	32	32
Very much true	54	46	47	49

Question HS/MS Z.30.

	Grade			
	7th %	9th %	11th %	Total %
0 times	<u>%</u> 96	% 95	<u>%</u> 96	<u>%</u> 96
1 time	3	2	2	90 2
2 or 3 times	1	2	1	1
4 or more times	0	1	1	1

# Table AZ.2.31During the past 12 months, how many times did you actually attempt suicide?

Question HS/MS Z.31.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.32

If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Grade			
	7th %	9th	11th	Total
		%	%	%
I did not attempt suicide	92	89	89	90
No	8	9	10	9
Yes	1	2	1	1

Question HS/MS Z.32.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.33

### Teachers help students catch up when they return from an absence.

	Grade			
	7th %	9th %	11th %	Total %
Strongly disagree	7	10	8	9
Disagree	9	20	22	17
Neither disagree nor agree	20	31	29	26
Agree	39	33	36	36
Strongly agree	24	6	5	13

Question HS/MS Z.33.

## Table AZ.2.34I help make decisions with my family.

	Grade			
	7th %	9th	11th	Total
		%	%	%
Not at all true	5	8	7	7
A little true	15	26	22	21
Pretty much true	34	35	41	36
Very much true	45	31	30	36

Question HS/MS Z.34.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.35

### My family members really help and support one another.

		Grade		
	7th %	9th %	11th %	Total %
Not at all true	2	6	4	4
A little true	10	17	19	15
Pretty much true	24	30	36	30
Very much true	63	47	41	52

Question HS/MS Z.35.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.36

### There is a feeling of togetherness in my family.

		Grade		
	7th %	9th %	11th %	Total %
Not at all true	4	9	8	7
A little true	12	18	18	16
Pretty much true	22	28	33	27
Very much true	63	45	41	50

Question HS/MS Z.36.

# Table AZ.2.37My school is safe for guys who are not as "masculine" as other guys.

	Grade			
	7th %	9th	11th	Total
		%	%	%
Strongly disagree	5	4	3	4
Disagree	8	10	10	9
Agree	46	53	53	50
Strongly agree	42	32	35	37

Question HS/MS Z.37.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.38

My school is safe for girls who are not as "feminine" as other girls.

		Grade		
	7th %	9th %	11th %	Total %
Strongly disagree	4	4	2	3
Disagree	6	7	7	7
Agree	45	54	53	50
Strongly agree	45	35	39	40

Question HS/MS Z.38.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.39

My school is safe for students who are lesbian, gay, bisexual, transgender, queer or questioning (LBGTQ).

	Grade				
	7th %	9th %	11th %	Total %	
Strongly disagree	7	4	2	5	
Disagree	12	8	8	9	
Agree	44	53	51	49	
Strongly agree	37	34	40	37	

Question HS/MS Z.39.

# Table AZ.2.40My school is safe for students with LGBTQ parents.

	Grade				
	7th %	9th	11th	Total	
		%	%	%	
Strongly disagree	6	4	1	4	
Disagree	10	7	6	8	
Agree	45	53	49	49	
Strongly agree	40	36	44	40	

Question HS/MS Z.40.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.41

If you wanted information and support from your school about sexual orientation, gender identity, or LGBTQ issues, would you know where to go?

		Grade		
	7th %	9th %	11th %	Total %
Yes	49	53	61	54
No	51	47	39	46

### Question HS/MS Z.41.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.42

### On an average school night, how many hours of sleep do you get?

	Grade			
	7th	9th	11th	Total
	%	%	%	%
4 or less hours	2	3	3	2
5 hours	1	4	10	5
6 hours	4	10	22	11
7 hours	14	30	34	25
8 hours	32	37	25	32
9 hours	35	14	4	19
10 or more hours	12	2	1	6

Question HS/MS Z.42.

Do you go to bed at the same time or near the same time every night? (within 30 minutes)

	Grade				
	7th %	9th %	11th %	Total %	
Always	18	11	7	12	
Almost always (5-6 days each week)	53	52	49	51	
Sometimes (3-4 days each week)	26	30	36	30	
Almost never (1-2 days each week)	2	5	7	5	
Never	2	1	2	2	

Question HS/MS Z.43.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.44

To what extent do you consider sleep difficulties to interfere with your daily functioning?

	Grade			
	7th %	9th %	11th %	Total %
Not at all interfering	35	21	14	24
A little	35	37	30	34
Somewhat	17	22	26	21
Much	8	14	21	14
Very much interfering	5	6	10	7

Question HS/MS Z.44.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.45

Sleep difficulties affected my school work. - For each of the following statements, please indicate how well they describe your current semester.

	Grade			
	7th %	9th	11th	Total
		%	%	%
Strongly disagree	31	18	8	20
Disagree	26	17	16	20
Mildly disagree	12	13	10	12
Mildly agree	18	30	28	25
Agree	9	15	24	15
Strongly agree	4	7	14	8

Question HS/MS Z.45.

I felt sleepy during the school day. - For each of the following statements, please indicate how well they describe your current semester.

	Grade						
	7th	9th	11th	Total			
	%	%	%	%	%	%	%
Strongly disagree	15	9	3	9			
Disagree	13	8	6	9			
Mildly disagree	12	7	6	8			
Mildly agree	29	24	20	25			
Agree	19	29	32	26			
Strongly agree	13	24	33	22			

Question HS/MS Z.46.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.47

I had difficulty concentrating on things I did because I was sleepy or tired. - For each of the following statements, please indicate how well they describe your current semester.

	Grade			
	7th %	9th	11th	Total
		%	%	%
Strongly disagree	26	12	5	15
Disagree	24	14	9	16
Mildly disagree	12	12	9	11
Mildly agree	19	26	22	22
Agree	11	24	32	21
Strongly agree	8	12	23	14

Question HS/MS Z.47.

		Grade		
	7th	9th	11th	Total
	%	%	%	%
Strongly disagree	35	17	7	21
Disagree	25	19	15	20
Mildly disagree	12	16	11	13
Mildly agree	13	20	22	18
Agree	9	18	26	17
Strongly agree	7	10	19	11

I had difficulty remembering things because I was sleepy or tired. - For each of the following statements, please indicate how well they describe your current semester.

Question HS/MS Z.48.

Note: Columns are not displayed if there are less than 25 respondents.

### Table AZ.2.49

On an average school day and school night, how many hours do you play video or computer games or use a computer for something that is not school work?

	Grade				
	7th %	9th	11th	Total	
		%	% %	%	%
I do not play video or computer games	11	7	8	9	
Less than 1 hour per day	26	14	10	17	
1 hour per day	23	19	20	21	
2 hours per day	18	26	26	23	
3 hours per day	10	18	18	15	
4 hours per day	5	7	9	7	
5 or more hours per day	6	8	7	7	

Question HS/MS Z.49.