CALIFORNIA HEALTHY KIDS SURVEY

San Miguel Joint Union Elementary
2021-2022
Main Report

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PREFACE

HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2021-22 *California Healthy Kids Survey* (CHKS) for schools within this school district. The CHKS, along with its two companion surveys—the *California School Staff Survey* (CSSS) and the *California School Parent Survey* (CSPS)—form the California Department of Education's *California School Climate, Health, and Learning Survey* (CalSCHLS) System. CalSCHLS is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by CalSCHLS. The Appendix lists the schools that administered the survey in the district and their response rates.

These surveys grew out of the California Department of Education's (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website (calschls.org), including *Helpful Resources for Local Control and Accountability Plans* (calschls.org/docs/lcap_cal_schls.pdf). The California Safe and Supportive Schools website (ca-safe-supportive-schools.wested.org) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS Regional Centers offer data workshops and coaching to help identify local needs and develop action plans to meet those needs.

THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The elementary school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules, including a Social Emotional Health Module (SEHM), that districts can elect to administer. Districts may also add their own

questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

Core Module

As outlined in Exhibit 1, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, positive development, and well-being. The primary focus of the survey is assessing student perceptions and experiences related to:

- school climate, connectedness, and learning engagement;
- perceived school safety and frequency of, and reasons for, harassment and bullying at school;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- mental health, supports for social-emotional learning, and positive behavior; and
- health-related and behavioral learning barriers (e.g., substance use, violence at school, physical health, mental health).

What's New? Although most school buildings have re-opened in 2021-22 for in-person instruction in California, the CHKS still contains skip logic to direct students to some questions relevant to remote instruction for students participating in school remotely via the California's Independent Study option. The new content assessed by the Core Module includes:

- a new question asking about race/ethnicity and
- the addition of questions about school connectedness, meaningful participation, harassment, and bullying for respondents learning remotely.

To reduce survey burden, items assessing self-efficacy, problem solving, and peer supports have been moved back to the Social Emotional Health Module (SEHM).

Social Emotional Health Module (Supplementary)

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional competencies linked to student mental health and well-being, academic success, and life satisfaction. It includes 41 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs, including questions assessing emotional difficulties and life satisfaction.

SURVEY ADMINISTRATION AND SAMPLE

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Student participation was voluntary, anonymous, and confidential.

- Table A1.1 gives the target sample of students and the final number and percent of students who completed the survey (the participation response rate).
- The Appendix lists all the elementary schools in the district that were eligible to participate in the survey and the percentage of students enrolled in each of them that completed the survey.

THE REPORT

The report tables, organized by topic, provide the percentage of students that responded to each question response option. Percentages are rounded to the nearest whole number.

Race/Ethnic and Gender Results

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender. Districts can subscribe to the District CalSCHLS data dashboard to disaggregate their CHKS results by the race/ethnicity or gender of students or by other demographic categories.

ONLINE DATA DASHBOARDS

Public Dashboard. Anyone can examine online key state and district CHKS results on the public CalSCHLS Data Dashboard (calschls.org/reports-data/public-dashboards). The dashboard can be used to graphically display statewide, county, and district key indicators from the Core Module, trends over time, and differences in survey outcomes by gender and afterschool program participation. In addition to displaying results interactively on the web, dashboard results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

The District Dashboard Option. Districts may now also purchase a two-year subscription to a password protected, private data dashboard that displays up to eight years of CalSCHLS data at not only the district level but also the individual school level. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;
- make comparisons by gender, race/ethnicity, and afterschool participation; and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document which can be shared with stakeholders.

UNDERSTANDING AND USING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

Representativeness

Among the most important factors affecting the quality of survey results is the level of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

RESOURCES

CalSCHLS.org contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level (calschls.org/resources/factsheets).

- *Assessing School Climate* describes the value of the CalSCHLS student, staff, and parent surveys for assessing school climate, listing constructs and individual indicators (data.calschls.org/resources/Cal-SCHLS_AssessingClimate2013-14.pdf).

- *Making Sense of School Climate* provides a discussion of CalSCHLS survey items that relate to school climate (data.calschls.org/resources/S3_schoolclimateguidebook_final.pdf).

- *Using CalSCHLS to Assess Social-Emotional Learning and Health* describes how the CHKS Core and SEHM module provide a comprehensive profile of student social-emotional competency (learning) and health, and the related supports schools provide, including questions aligned with the framework developed by the Collaborative for Academic, Social, and Emotional Learning (CASEL) (data.calschls.org/resources/CalSCHLS_AssessSELH.pdf). The staff survey provides data on the perception of adults in the school on social-emotional service needs and provision.

- *Helpful Resources for Local Control and Accountability Plans* describes how survey items align with LCAP priorities and indicators (calschls.org/docs/lcap_cal_schls.pdf). Also available is an LCAP-related PowerPoint presentation (calschls.org/site/assets/files/1036/cal-schls-lcap_schoolclimatev6-1.pptx).

- The *California Safe and Supportive Schools Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on calschls.org/resources.

- CDE's **California Safe and Supportive Schools** website (ca-safe-supportive-schools.wested.org) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.

- The **CalSCHLS Item Crosswalk** (calschls.org/docs/calschls-crosswalk.pdf) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS Regional Centers. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS Regional Center 888.841.7536 or email calschls@wested.org.

Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- **Staff and Parent Surveys**. If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk (calschls.org/docs/calschls-crosswalk.pdf) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.

- **Secondary CHKS Results**. Examine how the results for 5th graders compare with those for 7th, 9th, and 11th graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.

- **Other Data**. Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.

- **Similar District and Statewide Results**. The aggregated results from the 2017-2019 statewide CHKS elementary survey administration can be downloaded from the CalSCHLS website (calschls.org/docs/statewide_1719_elem_chks.pdf) to help interpret your results. If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison (calschls.org/reports-data/search-lea-reports). How you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

Data Workshop

To assist in your review of the survey results, you can request your CalSCHLS Regional Center to conduct a structured, customized Data Workshop. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS Regional Center (888.841.7536) or email calschls@wested.org.

Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available through the CalSCHLS Regional Centers to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

School Reports and School Climate Report Cards

If the schools in the district vary significantly in demographics, programs, or other characteristics, consider requesting individual reports for each school. Two types of reports are available:

- A full report with all the survey results

- A short, user-friendly, graphic **School Climate Report Card** that provides results across key indicators of school climate and provides two-year state averages on those indicators (calschls.org/reports-data)

District School Climate Report Card

For districts that survey all their schools, a district-level School Climate Report Card can be requested. This is a powerful, useful tool for guiding efforts to meet the school climate and pupil engagement priorities for the Local Control and Accountability Plan.

Disaggregated Reports

The staff of the CalSCHLS Regional Centers can produce reports that show how results vary by subgroups. For example, what are the characteristics of youth who are low in perceived safety, school connectedness, or academic motivation compared to those who are high? This is particularly important given the LCAP requirements to address these needs. This helps in understanding the meaning of the results and developing interventions that target groups most in need.

Additional Analysis of Data

The complete dataset is available electronically for additional analysis (calschls.org/reports-data). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by

different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

Add Questions to Your Next Surveys

Determine what additional information is needed to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (888.841.7536) or email calschls@wested.org.

Exhibit 1

Major School-Related Domains and Constructs Assessed by CalSCHLS in Elementary Schools

	Student Core	Student Social Emotional Health	Staff Survey	Parent Survey
Student Learning Engagement				
Academic mindset		✔		
Academic motivation	✔		✔	✔
Academic performance	✔			
Attendance	✔		✔	
School connectedness	✔			
Student Social-Emotional and Physical Well-being				
Alcohol, tobacco, and drug use	✔		✔	✔
Bedtime	✔			
Collaboration		✔		
Empathy		✔		
Gratitude		✔		
Life satisfaction		✔		
Optimism		✔		
Perceived safety	✔		✔	✔
Persistence		✔		
Problem solving		✔		
Self-efficacy		✔		
Social-emotional competencies and health		✔	✔	
Social-emotional distress		✔		
Violence and victimization (bullying)	✔		✔	✔
Zest		✔		
School Climate Conditions				
Academic rigor and norms			✔	✔
High expectations	✔		✔	✔
Meaningful participation and decision-making	✔		✔	✔
Parent involvement	✔		✔	✔
Physical environment			✔	✔
Relationships among staff			✔	
Relationships among students		✔	✔	✔
Relationships between students and staff	✔		✔	✔
Respect for diversity and cultural sensitivity			✔	✔
Teacher and other supports for learning	✔		✔	✔
School Climate Improvement Practices				
Bullying prevention	✔		✔	✔
Discipline and order (policies, enforcement)	✔		✔	✔
Services and policies to address student needs			✔	
Social-emotional/behavioral supports	✔		✔	✔
Staff supports			✔	

ACKNOWLEDGMENTS

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Survey Module Administration

Table 1

CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. District Afterschool Module (DASM)	
C. Gang Risk Awareness Module (GRAM)	
D. Mental Health Supports Module	X
E. Military-Connected School Module	
F. Social Emotional Health Module (SEHM)	X
G. Supplemental Health Module	
H. Tobacco-Use Prevention Education (TUPE) Module	X
Z. Custom Questions	

Core Module Results

1. Survey Sample

Table A1.1

Student Sample Characteristics

	Grade 5
Student Sample Size	
Target sample	76
Final number	34
Response Rate	45%

Table A1.2

Number of Respondents by Instructional Model

	Grade 5
In-school learning only	34
Remote learning only	0

2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate

	Grade 5 %	Table
School Engagement and Supports		
School connectedness[†#] *(In-School Only)*	72	A6.3
School connectedness[†ψ] *(Remote Only)*		A6.3
Academic motivation[†]	86	A6.3
School boredom[†]	42	A6.9
Caring adults in school[†]	67	A6.3
High expectations-adults in school[†]	77	A6.3
Meaningful participation[†]	36	A6.3
Facilities upkeep[†Φ]	76	A6.11
Parent involvement in schooling[†]	86	A10.2
Social and emotional learning supports[†]	79	A7.1
Anti-bullying climate[†]	77	A9.6
School Safety and Cyberbullying		
Feel safe at school[†Φ]	80	A9.1
Feel safe on way to and from school[†Φ]	83	A9.1
Been hit or pushed[Φ]	31	A9.2
Mean rumors spread about you	34	A9.2
Called bad names or target of mean jokes	35	A9.2
Saw a weapon at school[§Φ]	10	A9.5
Cyberbullying[¶]	31	A9.3
School Disciplinary Environment		
Rule clarity[†]	73	A8.2
Students well behaved[†]	48	A8.4
Students treated fairly when break rules[†]	55	A8.1
Students treated with respect[†]	79	A8.1

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

[#]*The scale was based on five survey questions for in-school respondents.*

[ψ]*The scale was based on four questions for remote respondents.*

[Φ]*In-school only.*

[§]*Past year.*

[¶]*Past 30 days.*

Table A2.2

Key Indicators of Substance Use, Routines, Remote Learning, and Student Well-Being

	Grade 5 %	Table
Substance Use		
Alcohol or drug use$^\phi$	23	A11.1
Marijuana use$^\phi$	0	A11.1
Cigarette use$^\phi$	0	A12.1
Vaping$^\phi$	0	A12.1
Routines		
Eating of breakfast$^|$	62	A4.1
Late bedtime (at 10 pm or later)	35	A4.2
Learning from Home		
Weekdays worked on schoolwork (5 days)$^{\P\delta}$		A5.1
Synchronous instruction (4 days or more)$^{\|\delta}$		A5.1
Meaningful opportunities$^{\dagger\delta}$		A5.2
Mental Health		
Frequent sadness†	20	A13.1
Wellness†	67	A13.2

Notes: Cells are empty if there are less than 10 respondents.

$^\phi$*Lifetime.*

$^|$*This morning.*

$^\|$*Past 7 days.*

¶*Past 30 days.*

$^\delta$*Remote only.*

†*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

3. Demographics

Table A3.1

School Schedule, Past 30 Days

	Grade 5 %
In-School Model	100
Remote Learning Model	0

Question ES A.1: Which of the following best describes your school schedule during the past 30 days?

Notes: Cells are empty if there are less than 10 respondents.

In-School Model - Respondents selecting "I went to school in person at my school building for the entire day, Monday through Friday."

Remote Learning Model - Respondents selecting "I participated in school from home for the entire day on most or all weekdays and did not go to school in person."

Table A3.2

Gender of Sample

	Grade 5 %
Female	73
Male	27

Question ES A.2: Are you female or male?

Note: Cells are empty if there are less than 10 respondents.

Table A3.3

Race or Ethnicity

	Grade 5 %
American Indian or Alaska Native, non-Hispanic	3
Asian or Asian American, non-Hispanic	0
Black or African American, non-Hispanic	0
Hispanic or Latinx	45
Native Hawaiian or Pacific Islander, non-Hispanic	0
White, non-Hispanic	48
Multiracial, non-Hispanic	0
Something else, non-Hispanic	3

Question ES A.4: What is your race or ethnicity? (Mark All That Apply.)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latinx... Native Hawaiian or Pacific Islander... White... Something else.
Note: Cells are empty if there are less than 10 respondents.

Table A3.4

Number of Days Attending Afterschool Program (In-School Only)

	Grade 5 %
0 days	68
1 day	18
2 days	3
3 days	0
4 days	3
5 days	9

Question ES A.6: How many days a week do you usually go to your school's afterschool program?
Note: Cells are empty if there are less than 10 respondents.

4. Routines

Table A4.1

Eating of Breakfast

	Grade 5 %
No	38
Yes	62

Question ES A.5: Did you eat breakfast this morning?
Note: Cells are empty if there are less than 10 respondents.

Table A4.2

Bedtime

	Grade 5 %
Before 9:00 pm	26
Between 9:00 pm and 10:00 pm	38
Between 10:00 pm and 11:00 pm	29
Between 11:00 pm and midnight	0
After 12:00 am	6
Late bedtime (at 10 pm or later)	35

Question ES A.7: What time did you go to bed last night?
Note: Cells are empty if there are less than 10 respondents.

5. Learning from Home

Table A5.1

Remote Learning Schedule and Instructional Time *(Remote Only)*

	Grade 5 %
Time spent on learning and/or completing schoolwork from home on the average weekday	
Less than 1 hour	
Between 1 and 2 hours	
Between 2 and 3 hours	
Between 3 and 4 hours	
Between 4 and 5 hours	
More than 5 hours	
Number of days in the past week participating in an online class from home where your teacher talked to students	
0 days	
1 day	
2 days	
3 days	
4 days	
5 days	
Number of weekdays participating in school from home for the entire school day	
0 days	
1 day	
2 days	
3 days	
4 days	
5 days	

Question ES A.11, 13, 14: In the past 30 days, how many weekdays in an average week did you participate in school from home for the entire school day?... On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?

Note: Cells are empty if there are less than 10 respondents.

Table A5.2

Interesting Activities Provided for Student in Remote Learning *(Remote Only)*

	Grade 5 %
No, never	
Yes, some of the time	
Yes, most of the time	
Yes, all of the time	

Question ES A.17: Do the teachers and other grown-ups from your school provide you with interesting activities to do while you are learning from home?

Note: Cells are empty if there are less than 10 respondents.

6. School Performance, Supports, and Engagements

Table A6.1

Perceived School Performance

	Grade 5 %
One of the best students	9
Better than most students	21
About the same as others	56
Don't do as well as most others	15

Question ES A.41: How well do you do in your schoolwork?
Note: Cells are empty if there are less than 10 respondents.

Table A6.2

Truancy, Past 30 Days

	Grade 5 %
I did not miss any days of school in the past 30 days	53
1 day	24
2 days	3
3 or more days	21

Question ES A.8, 15: In the past 30 days, how often did you miss an entire day of school for any reason? [In-school only]... In the past 30 days, how often did you miss an entire day of school from home for any reason? [Remote only]
Note: Cells are empty if there are less than 10 respondents.

Table A6.3

School Environment, School Connectedness, and Academic Motivation Scales

	Grade 5 %	Table
Total school supports	60	
Caring adults in school	67	A6.4
High expectations-adults in school	77	A6.5
Meaningful participation at school	36	A6.6
School connectedness$^{\#}$ *(In-School Only)*	72	A6.7
School connectedness$^{\psi}$ *(Remote Only)*		A6.7
Academic motivation	86	A6.8

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Scales are based on average of students reporting "Yes, most of the time" or "Yes, all of the time."

$^{\#}$*The scale was based on five survey questions for in-school respondents.*

$^{\psi}$*The scale was based on four questions for remote respondents.*

Table A6.4

Caring Adults in School Scale Questions

	Grade 5 %
Caring adults in school	
Average reporting "Yes, most of the time" or "Yes, all of the time"	67
Do the teachers and other grown-ups at school...	
care about you?	
No, never	6
Yes, some of the time	24
Yes, most of the time	9
Yes, all of the time	62
listen when you have something to say?	
No, never	12
Yes, some of the time	21
Yes, most of the time	32
Yes, all of the time	35
make an effort to get to know you?	
No, never	3
Yes, some of the time	35
Yes, most of the time	32
Yes, all of the time	29

Question ES A.32, 42, 46: Do the teachers and other grown-ups at school care about you?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school make an effort to get to know you?

Note: Cells are empty if there are less than 10 respondents.

Table A6.5

High Expectations-Adults in School Scale Questions

	Grade 5 %
High expectations-adults in school	
Average reporting "Yes, most of the time" or "Yes, all of the time"	77
Do the teachers and other grown-ups at school...	
tell you when you do a good job?	
No, never	3
Yes, some of the time	26
Yes, most of the time	35
Yes, all of the time	35
believe that you can do a good job?	
No, never	3
Yes, some of the time	26
Yes, most of the time	9
Yes, all of the time	62
want you to do your best?	
No, never	0
Yes, some of the time	6
Yes, most of the time	6
Yes, all of the time	88

Question ES A.33, 43, 47: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school believe that you can do a good job?... Do the teachers and other grown-ups at school want you to do your best?

Note: Cells are empty if there are less than 10 respondents.

Table A6.6

Meaningful Participation at School Scale Questions

	Grade 5 *%*
Meaningful participation at school	
Average reporting "Yes, most of the time" or "Yes, all of the time"	36
Are you given a chance to help decide school activities or rules?	
No, never	41
Yes, some of the time	44
Yes, most of the time	9
Yes, all of the time	6
Do the teachers and other grown-ups at school ask you about your ideas?	
No, never	12
Yes, some of the time	53
Yes, most of the time	29
Yes, all of the time	6
Do the teachers and other grown-ups give you a chance to solve school problems?	
No, never	24
Yes, some of the time	29
Yes, most of the time	29
Yes, all of the time	18
Do you get to do interesting activities at/when you participate in school?	
No, never	3
Yes, some of the time	35
Yes, most of the time	38
Yes, all of the time	24

Question ES A.30, 31, 34-37: Are you given a chance to help decide school activities or rules? [In-school only]... Are you given a chance to help decide school activities or rules when you participate in school? [Remote only]... Do the teachers and other grown-ups at school ask you about your ideas?... Do the teachers and other grown-ups give you a chance to solve school problems?... Do you get to do interesting activities at school? [In-school only]... Do you get to do interesting activities when you participate in school? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.6

Meaningful Participation at School Scale Questions – Continued

	Grade 5 %
Are you given a chance to help decide class activities or rules?	
No, never	29
Yes, some of the time	56
Yes, most of the time	15
Yes, all of the time	0
Do your teachers ask you what you want to learn about?	
No, never	62
Yes, some of the time	24
Yes, most of the time	15
Yes, all of the time	0
Do you do things to be helpful at school?	
No, never	6
Yes, some of the time	32
Yes, most of the time	38
Yes, all of the time	24

Question ES A.38-40, 44, 45: Are you given a chance to help decide class activities or rules? [In-school only]... Are you given a chance to help decide class activities or rules when you participate in school? [Remote only]... Do your teachers ask you what you want to learn about?... Do you do things to be helpful at school? [In-school only]... Do you do things to be helpful when you participate in school? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.7
School Connectedness Scale Questions

	Grade 5 %
School connectedness# *(In-School Only)*	
Average reporting "Yes, most of the time" or "Yes, all of the time"	72
School connectedness$^\psi$ *(Remote Only)*	
Average reporting "Yes, most of the time" or "Yes, all of the time"	
Do you feel close to people at/from this school?	
No, never	12
Yes, some of the time	29
Yes, most of the time	35
Yes, all of the time	24
Are you happy to be at/with this school?	
No, never	6
Yes, some of the time	24
Yes, most of the time	32
Yes, all of the time	38
Do you feel like you are part of this school?	
No, never	9
Yes, some of the time	18
Yes, most of the time	29
Yes, all of the time	44
Do teachers treat students fairly?	
No, never	3
Yes, some of the time	24
Yes, most of the time	38
Yes, all of the time	35

Question ES A.18-22, 26, 27: Do you feel close to people at school? [In-school only]... Do you feel close to people from this school? [Remote only]... Are you happy to be at this school? [In-school only]... Are you happy with this school? [Remote only]... Do you feel like you are part of this school?... Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]

Notes: Cells are empty if there are less than 10 respondents.

#The scale was based on five survey questions for in-school respondents.

$^\psi$The scale was based on four questions for remote respondents.

Table A6.7

School Connectedness Scale Questions – Continued

	Grade 5 %
Do you feel safe at school? *(In-School Only)*	
No, never	7
Yes, some of the time	13
Yes, most of the time	40
Yes, all of the time	40

Question ES A.79: Do you feel safe at school? [In-school only]
Note: Cells are empty if there are less than 10 respondents.

Table A6.8

Academic Motivation Questions

	Grade 5 %
Academic motivation	
Average reporting "Yes, most of the time" or "Yes, all of the time"	86
Do you finish all your school assignments?	
No, never	3
Yes, some of the time	9
Yes, most of the time	31
Yes, all of the time	56
When you get a bad grade, do you try even harder the next time?	
No, never	3
Yes, some of the time	9
Yes, most of the time	18
Yes, all of the time	70
Do you keep working and working on your schoolwork until you get it right?	
No, never	3
Yes, some of the time	15
Yes, most of the time	39
Yes, all of the time	42
Do you keep doing your schoolwork even when it's really hard for you?	
No, never	3
Yes, some of the time	9
Yes, most of the time	30
Yes, all of the time	58

Question ES A.63-66: Do you finish all your school assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your schoolwork even when it's really hard for you?

Note: Cells are empty if there are less than 10 respondents.

Table A6.9

**School Boredom**

	Grade 5 %
No, never	9
Yes, some of the time	48
Yes, most of the time	24
Yes, all of the time	18

Question ES A.16, 62: Do you get really bored participating in school from home? [Remote only]... Do you get really bored at school? [In-school only]
Note: Cells are empty if there are less than 10 respondents.

Table A6.10

**School Pride**

	Grade 5 %
Do you feel proud to belong to your school?	
No, never	6
Yes, some of the time	15
Yes, most of the time	26
Yes, all of the time	53

Question ES A.23: Do you feel proud to belong to your school?
Note: Cells are empty if there are less than 10 respondents.

Table A6.11

**Quality of School Physical Environment** _(In-School Only)_

	Grade 5 %
Is your school building neat and clean?	
No, never	3
Yes, some of the time	21
Yes, most of the time	44
Yes, all of the time	32

Question ES A.28: Is your school building neat and clean?
Note: Cells are empty if there are less than 10 respondents.

7. Supports for Learning at School

Table A7.1

Social and Emotional Learning Supports Scale Questions

	Grade 5 %
Social and emotional learning supports	
Average reporting "Yes, most of the time" or "Yes, all of the time"	79
Does your school...	
help students resolve conflicts with one another?	
No, never	0
Yes, some of the time	30
Yes, most of the time	33
Yes, all of the time	36
teach students to understand how other students think and feel?	
No, never	12
Yes, some of the time	12
Yes, most of the time	24
Yes, all of the time	52
teach students to feel responsible for how they act?	
No, never	0
Yes, some of the time	21
Yes, most of the time	36
Yes, all of the time	42
teach students to care about each other and treat each other with respect?	
No, never	3
Yes, some of the time	6
Yes, most of the time	24
Yes, all of the time	67

Question ES A.54-57: Does your school help students resolve conflicts with one another?... Does your school teach students to understand how other students think and feel?... Does your school teach students to feel responsible for how they act?... Does your school teach students to care about each other and treat each other with respect? Note: Cells are empty if there are less than 10 respondents.

Table A7.2

Teachers Checking on how Students are Feeling

	Grade 5 %
No, never	21
Yes, some of the time	29
Yes, most of the time	21
Yes, all of the time	29

Question ES A.29: Do the teachers and other grown-ups from your school check on how you are feeling?
Note: Cells are empty if there are less than 10 respondents.

Table A7.3

Students at School Motivated to Learn

	Grade 5 %
No, never	3
Yes, some of the time	45
Yes, most of the time	27
Yes, all of the time	24

Question ES A.24, 25: Are the students at your school motivated to learn? [In-school only]... Are the students from your school motivated to learn? [Remote only]
Note: Cells are empty if there are less than 10 respondents.

8. Fairness, Rule Clarity, and Positive Student Behavior

Table A8.1

Fairness Scale Questions

	Grade 5 %
Fairness	
Average reporting "Yes, most of the time" or "Yes, all of the time"	67
Do teachers treat students fairly?	
No, never	3
Yes, some of the time	24
Yes, most of the time	38
Yes, all of the time	35
Are the school rules fair?	
No, never	15
Yes, some of the time	21
Yes, most of the time	35
Yes, all of the time	29
Do teachers and other grown-ups at school treat students with respect?	
No, never	6
Yes, some of the time	15
Yes, most of the time	36
Yes, all of the time	42
Are students treated fairly when they break school rules?	
No, never	18
Yes, some of the time	27
Yes, most of the time	30
Yes, all of the time	24

Question ES A.26, 27, 48-50: Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]... Are the school rules fair?... Do teachers and other grown-ups at school treat students with respect?... Are students treated fairly when they break school rules?

Note: Cells are empty if there are less than 10 respondents.

Table A8.2

Clarity of Rules

	Grade 5 %
Do students know what the rules are?	
No, never	0
Yes, some of the time	27
Yes, most of the time	36
Yes, all of the time	36

Question ES A.53: Do students know what the rules are?

Note: Cells are empty if there are less than 10 respondents.

Table A8.3
Positive Behavior Scale Questions

	Grade 5 %
Positive behavior$^{\bar{\wedge}}$ *(In-School Only)*	
Average reporting "Yes, most of the time" or "Yes, all of the time"	96
Positive behavior$^{\lambda}$ *(Remote Only)*	
Average reporting "Yes, most of the time" or "Yes, all of the time"	
Do you follow the classroom rules?	
No, never	0
Yes, some of the time	0
Yes, most of the time	25
Yes, all of the time	75
Do you follow the playground rules at recess and lunch times? *(In-School Only)*	
No, never	0
Yes, some of the time	3
Yes, most of the time	24
Yes, all of the time	73
Do you listen when your teacher is talking?	
No, never	3
Yes, some of the time	3
Yes, most of the time	15
Yes, all of the time	79
Are you nice to other students?	
No, never	3
Yes, some of the time	3
Yes, most of the time	18
Yes, all of the time	76

Question ES A.67-70: Do you follow the classroom rules?... Do you follow the playground rules at recess and lunch times?... Do you listen when your teacher is talking?... Are you nice to other students?

Notes: Cells are empty if there are less than 10 respondents.

$^{\bar{\wedge}}$*The scale was based on four survey questions for in-school respondents.*

$^{\lambda}$*The scale was based on three questions for remote respondents.*

Table A8.4

Students at School Well Behaved

	Grade 5 %
No, never	6
Yes, some of the time	45
Yes, most of the time	42
Yes, all of the time	6

Question ES A.51, 52: Are students at this school well behaved? [In-school only]... Are students from this school well behaved? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

9. School Violence, Victimization, and Safety

Table A9.1

Perceived Safety at or Outside of School *(In-School Only)*

	Grade 5 %
Do you feel safe at school?	
No, never	7
Yes, some of the time	13
Yes, most of the time	40
Yes, all of the time	40
Do you feel safe on your way to and from school?	
No, never	3
Yes, some of the time	13
Yes, most of the time	30
Yes, all of the time	53

Question ES A.79, 80: Do you feel safe at school?... Do you feel safe on your way to and from school?
Note: Cells are empty if there are less than 10 respondents.

Table A9.2

Violence Victimization Scale Questions (In-School Only)

	Grade 5 %
Violence victimization	
Average reporting "Yes"	33
Do other kids hit or push you at school when they are not just playing around? *(In-School Only)*	
No, never	69
Yes, some of the time	19
Yes, most of the time	6
Yes, all of the time	6
Do other kids at/from school spread mean rumors or lies about you?	
No, never	66
Yes, some of the time	19
Yes, most of the time	6
Yes, all of the time	9
Do other kids at/from school call you bad names or make mean jokes about you?	
No, never	65
Yes, some of the time	23
Yes, most of the time	3
Yes, all of the time	10

Question ES A.72-74, 76, 77: Do other kids hit or push you at school when they are not just playing around? [In-school only]... Do other kids at school spread mean rumors or lies about you? [In-school only]... Do other kids from your school spread mean rumors or lies about you? [Remote only]... Do other kids at school call you bad names or make mean jokes about you? [In-school only]... Do other kids from your school call you bad names or make mean jokes about you? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A9.3

Cyberbullying, Past 30 days

	Grade 5 %
No, never	69
Yes, some of the time	19
Yes, most of the time	9
Yes, all of the time	3

Question ES A.71: During the past 30 days, did kids spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?
Note: Cells are empty if there are less than 10 respondents.

Table A9.4

Been Teased About Body Image

	Grade 5 %
No	73
Yes	27

Question ES A.81, 82: Have other kids at school ever teased you about what your body looks like? [In-school only]... Have other kids from your school ever teased you about what your body looks like? [Remote only]
Note: Cells are empty if there are less than 10 respondents.

Table A9.5

Weapons (Gun or Knife) on School Property, Past Year *(In-School Only)*

	Grade 5 %
Brought a gun or knife to school	
No	97
Yes	3
Saw another kid with a gun or knife at school	
No	90
Yes	10

Question ES A.75, 78: During the past year, did you ever bring a gun or knife to school?... During the past year, have you ever seen another kid with a gun or knife at school?
Note: Cells are empty if there are less than 10 respondents.

Table A9.6
Anti-Bullying Climate Scale Questions

	Grade 5 %
Anti-bullying climate	
Average reporting "Yes, most of the time" or "Yes, all of the time"	77
Teachers and other grown-ups make it clear that bullying is not allowed.	
No, never	0
Yes, some of the time	18
Yes, most of the time	6
Yes, all of the time	76
If you tell a teacher that you've been bullied, the teacher will do something to help.	
No, never	9
Yes, some of the time	9
Yes, most of the time	21
Yes, all of the time	61
Students at/from your school try to stop bullying when they see it happening.	
No, never	15
Yes, some of the time	18
Yes, most of the time	42
Yes, all of the time	24

Question ES A.58-61: Do the teachers and other grown-ups make it clear that bullying is not allowed?... If you tell a teacher that you've been bullied, will the teacher do something to help?... Do students at your school try to stop bullying when they see it happening? [In-school only]... Do students from your school try to stop bullying when they see it happening? [Remote only]
Note: Cells are empty if there are less than 10 respondents.

10. Home Supports and Involvement in Schooling

Table A10.1

High Expectations-Adults at Home Scale Questions

	Grade 5 %
High expectations-adults at home	
Average reporting "Yes, most of the time" or "Yes, all of the time"	100
Does a parent or some other grown-up at home...	
believe that you can do a good job?	
No, never	0
Yes, some of the time	0
Yes, most of the time	11
Yes, all of the time	89
want you to do your best?	
No, never	0
Yes, some of the time	0
Yes, most of the time	4
Yes, all of the time	96

Question ES A.95, 96: Does a parent or some other grown-up at home believe that you can do a good job?... Does a parent or some other grown-up at home want you to do your best?

Note: Cells are empty if there are less than 10 respondents.

Table A10.2

Parent Involvement in Schooling Scale Questions

	Grade 5 %
Parent involvement in schooling	
Average reporting "Yes, most of the time" or "Yes, all of the time"	86
Does a parent or some other grown-up at home...	
care about your schoolwork?	
No, never	0
Yes, some of the time	0
Yes, most of the time	11
Yes, all of the time	89
ask if you did your homework/schoolwork?	
No, never	0
Yes, some of the time	0
Yes, most of the time	21
Yes, all of the time	79
check your homework/schoolwork?	
No, never	7
Yes, some of the time	29
Yes, most of the time	25
Yes, all of the time	39
ask you about school?	
No, never	0
Yes, some of the time	18
Yes, most of the time	7
Yes, all of the time	75
ask you about your grades?	
No, never	0
Yes, some of the time	18
Yes, most of the time	21
Yes, all of the time	61

Question ES A.94, 97-102: Does a parent or some other grown-up at home care about your schoolwork?... Does a parent or some other grown-up at home ask if you did your homework? [In-school only]... Does a parent or some other grown-up at home check your homework? [In-school only]... Does a parent or some other grown-up at home ask if you did your schoolwork? [Remote only]... Does a parent or some other grown-up at home check your schoolwork? [Remote only]... Does a parent or some other grown-up at home ask you about school?... Does a parent or some other grown-up at home ask you about your grades?

Note: Cells are empty if there are less than 10 respondents.

11. Alcohol and Other Drug (AOD) Use

Table A11.1

Use of Alcohol or Other Drugs, Lifetime

	Grade 5 %
Alcohol, one or two sips	23
Alcohol, a full glass	0
Inhalants (to get high)	0
Marijuana (smoke, vape, eat, or drink)	0
None of the above	77
Any of the above	23

Question ES A.87-89: Have you ever drunk beer, wine, or other alcohol?... Have you ever sniffed something through your nose to get "high"?... Have you ever used any marijuana (smoke, vape, eat, or drink)?
Note: Cells are empty if there are less than 10 respondents.

Table A11.2

Perception of Health Risk of Alcohol and Marijuana Use

	Grade 5 %
Alcohol	
No, not bad	4
Yes, a little bad	43
Yes, very bad	54
Marijuana (smoke, vape, eat, or drink)	
No, not bad	4
Yes, a little bad	18
Yes, very bad	61
I don't know what marijuana is	18

Question ES A.92, 93: Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?... Do you think using marijuana (smoke, vape, eat, or drink) is bad for a person's health?
Note: Cells are empty if there are less than 10 respondents.

12. Tobacco Use and Vaping

Table A12.1

Cigarette Use and Vaping, Lifetime

	Grade 5 %
Ever smoked a cigarette	0
Part of a cigarette, like one or two puffs	0
A whole cigarette	0
Ever vaped	0

Question ES A.85, 86: Have you ever smoked a cigarette?... Have you ever vaped?
Note: Cells are empty if there are less than 10 respondents.

Table A12.2

Perception of Health Risk of Cigarette Use and Vaping

	Grade 5 %
Do you think smoking cigarettes is bad for a person's health?	
No, not bad	0
Yes, a little bad	11
Yes, very bad	89
Do you think vaping is bad for a person's health?	
No, not bad	4
Yes, a little bad	14
Yes, very bad	82

Question ES A.90, 91: Do you think smoking cigarettes is bad for a person's health?... Do you think vaping is bad for a person's health?
Note: Cells are empty if there are less than 10 respondents.

13. Other Physical and Mental Health Risks

Table A13.1

Frequent Sadness

	Grade 5 %
No, never	30
Yes, some of the time	50
Yes, most of the time	13
Yes, all of the time	7

Question ES A.84: Do you feel sad?
Note: Cells are empty if there are less than 10 respondents.

Table A13.2

Wellness

	Grade 5 %
Do you feel good and happy?	
No, never	3
Yes, some of the time	30
Yes, most of the time	43
Yes, all of the time	23

Question ES A.83: Do you feel good and happy?
Note: Cells are empty if there are less than 10 respondents.

14. Race/Ethnic Breakdowns

Table A14.1

School Engagement and Supports by Race/Ethnicity

	Grade 5 %
School Connectedness[†#] *(In-School Only)*	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	70
Native Hawaiian or Pacific Islander	
White	74
Mixed (two or more) ethnics	
Something else	
School Connectedness[†ψ] *(Remote Only)*	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Academic motivation[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	84
Native Hawaiian or Pacific Islander	
White	86
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

[#]*The scale was based on five survey questions for in-school respondents.*

[ψ]*The scale was based on four questions for remote respondents.*

Table A14.1

School Engagement and Supports by Race/Ethnicity – Continued

	Grade 5 *%*
School boredom†	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	71
Native Hawaiian or Pacific Islander	
White	19
Mixed (two or more) ethnics	
Something else	
Caring adults in school†	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	67
Native Hawaiian or Pacific Islander	
White	65
Mixed (two or more) ethnics	
Something else	
High expectations-adults in school†	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	73
Native Hawaiian or Pacific Islander	
White	77
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

†*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

Table A14.1

School Engagement and Supports by Race/Ethnicity – Continued

	Grade 5 %
Meaningful participation[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	38
Native Hawaiian or Pacific Islander	
White	35
Mixed (two or more) ethnics	
Something else	
Facilities upkeep[†] *(In-School Only)*	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	73
Native Hawaiian or Pacific Islander	
White	88
Mixed (two or more) ethnics	
Something else	
Parent involvement in schooling[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	88
Native Hawaiian or Pacific Islander	
White	83
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

Table A14.1

School Engagement and Supports by Race/Ethnicity – Continued

	Grade 5 %
Social and emotional learning supports[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	82
Native Hawaiian or Pacific Islander	
White	75
Mixed (two or more) ethnics	
Something else	
Anti-bullying climate[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	76
Native Hawaiian or Pacific Islander	
White	73
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

Table A14.2

School Safety by Race/Ethnicity (In-School Only)

	Grade 5 %
Feel safe at school[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	73
Native Hawaiian or Pacific Islander	
White	81
Mixed (two or more) ethnics	
Something else	
Feel safe on way to and from school[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	64
Native Hawaiian or Pacific Islander	
White	94
Mixed (two or more) ethnics	
Something else	
Been hit or pushed	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	31
Native Hawaiian or Pacific Islander	
White	38
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

Table A14.2

School Safety by Race/Ethnicity – Continued

	Grade 5 %
Mean rumors spread about you	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	46
Native Hawaiian or Pacific Islander	
White	31
Mixed (two or more) ethnics	
Something else	
Called bad names or target of mean jokes	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	33
Native Hawaiian or Pacific Islander	
White	44
Mixed (two or more) ethnics	
Something else	
Saw a weapon at school[§] *(In-School Only)*	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	17
Native Hawaiian or Pacific Islander	
White	6
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[§]*Past year.*

Table A14.3

Cyberbullying by Race/Ethnicity

	Grade 5 %
Cyberbullying¶	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	38
Native Hawaiian or Pacific Islander	
White	31
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.
¶*Past 30 days.*

Table A14.4

School Disciplinary Environment by Race/Ethnicity

	Grade 5 %
Rule clarity[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	86
Native Hawaiian or Pacific Islander	
White	63
Mixed (two or more) ethnics	
Something else	
Students well behaved[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	43
Native Hawaiian or Pacific Islander	
White	56
Mixed (two or more) ethnics	
Something else	
Students treated fairly when break rules[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	57
Native Hawaiian or Pacific Islander	
White	56
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

Table A14.4

School Disciplinary Environment by Race/Ethnicity – Continued

	Grade 5 %
Students treated with respect[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	79
Native Hawaiian or Pacific Islander	
White	81
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

Table A14.5

Substance Use by Race/Ethnicity

	Grade 5 *%*
Alcohol or drug use$^\phi$	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	18
Native Hawaiian or Pacific Islander	
White	25
Mixed (two or more) ethnics	
Something else	
Marijuana use$^\phi$	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	0
Native Hawaiian or Pacific Islander	
White	0
Mixed (two or more) ethnics	
Something else	
Cigarette use$^\phi$	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	0
Native Hawaiian or Pacific Islander	
White	0
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.
$^\phi$*Lifetime.*

Table A14.5

Substance Use by Race/Ethnicity – Continued

	Grade 5 *%*
Vaping$^\phi$	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	0
Native Hawaiian or Pacific Islander	
White	0
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.
$^\phi$*Lifetime.*

Table A14.6

Routines by Race/Ethnicity

	Grade 5 %
Eating of breakfast[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	33
Native Hawaiian or Pacific Islander	
White	94
Mixed (two or more) ethnics	
Something else	
Late bedtime (at 10 pm or later)	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	53
Native Hawaiian or Pacific Islander	
White	13
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[†]*This morning.*

Table A14.7

Learning from Home by Race/Ethnicity *(Remote Only)*

	Grade 5 %
Weekdays worked on schoolwork (5 days)[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Synchronous instruction (4 days or more)[‖]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Meaningful opportunities[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.
[‖]*Past 7 days.*
[¶]*Past 30 days.*

Table A14.8

Mental Health by Race/Ethnicity

	Grade 5 %
Frequent sadness[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	45
Native Hawaiian or Pacific Islander	
White	6
Mixed (two or more) ethnics	
Something else	
Wellness[†]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latinx	36
Native Hawaiian or Pacific Islander	
White	81
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

15. Gender Breakdowns

Table A15.1

Key Indicators of School Climate and Substance Use by Gender

	Grade 5	
	Female %	Male %
School Engagement and Supports		
School connectedness[†][#] *(In-School Only)*	72	
School connectedness[†][ψ] *(Remote Only)*		
Academic motivation[†]	87	
School boredom[†]	35	
Caring adults in school[†]	72	
High expectations-adults in school[†]	85	
Meaningful participation at school[†]	40	
Facilities upkeep[†][Φ]	79	
Parent involvement in schooling[†]	83	
Social and emotional learning supports[†]	82	
Anti-bullying climate[†]	78	

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

[#]*The scale was based on five survey questions for in-school respondents.*

[ψ]*The scale was based on four questions for remote respondents.*

[Φ]*In-school only.*

Table A15.1

Key Indicators of School Climate and Substance Use by Gender – Continued

| | Grade 5 | |
	Female %	Male %
School Safety and Cyberbullying		
Feel safe at school[†][Φ]	76	
Feel safe on way to and from school[†][Φ]	90	
Been hit or pushed[Φ]	32	
Mean rumors spread about you	36	
Called bad names or target of mean jokes	38	
Saw a weapon at school[§][Φ]	10	
Cyberbullying[¶]	32	
School Disciplinary Environment		
Rule clarity[†]	74	
Students well behaved[†]	43	
Students treated fairly when break rules[†]	61	
Students treated with respect[†]	78	
Substance Use		
Alcohol or drug use[φ]	19	
Marijuana use[φ]	0	
Cigarette use[φ]	0	
Vaping[φ]	0	

Notes: Cells are empty if there are less than 10 respondents.

[Φ]*In-school only.*

[†]*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

[§]*Past year.*

[¶]*Past 30 days.*

[φ]*Lifetime.*

Table A15.2

Key Indicators of Routines, Remote Learning, and Mental Health by Gender

| | Grade 5 | |
| | Female | Male |
	%	*%*
Routines		
Eating of breakfast[|]	67	
Late bedtime (after 10 pm)	38	
Learning from Home		
Weekdays worked on schoolwork (5 days)^{¶δ}		
Synchronous instruction (4 days or more)^{‖δ}		
Meaningful opportunities^{†δ}		
Mental Health		
Frequent sadness[†]	14	
Wellness[†]	81	

Notes: Cells are empty if there are less than 10 respondents.

[|]*This morning.*

[¶]*Past 30 days.*

^δ*Remote only.*

[‖]*Past 7 days.*

[†]*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

Mental Health Supports Module

1. Module Sample

Table D1.1

Student Sample for Mental Health Supports Module

	Grade 5
Student Sample Size	
Target sample	76
Final number	21
Response Rate	28%

2. Perceptions of Depression

Table D2.1

Feeling Stressed or Lonely, Past Month

	Grade 5 %
In the past month, how often did you feel very stressed?	
Never	33
Sometimes	48
Most of the time	5
All of the time	14
In the past month, how often did you feel very lonely?	
Never	67
Sometimes	19
Most of the time	0
All of the time	14

Question ES D.1, 2: In the past month, how often did you feel very stressed?... In the past month, how often did you feel very lonely?

Note: Cells are empty if there are less than 10 respondents.

3. Supports and Perceptions about Depression Help

Table D3.1

Knowledge of Supports for Depression

	Grade 5 %
No	20
Yes	80

Question ES D.3: Do you know who to get help from at school when you feel very sad, stressed, lonely, or depressed?
Note: Cells are empty if there are less than 10 respondents.

Table D3.2

Personal Help-Seeking Attitudes

	Grade 5 %
If you felt very sad, stressed, lonely, or depressed, would you... **(Mark All That Apply.)**	
Talk to a teacher or another adult from your school	45
Talk to your parents or someone in your family	75
Get help from a counselor or therapist	30
Talk to your friends	70
Be afraid to get help	10
Not know what to do	20

Question ES D.8: If you felt very sad, stressed, lonely, or depressed, would you... (Mark All That Apply.)... Talk to a teacher or another adult from your school?... Talk to your parents or someone in your family?... Get help from a counselor or therapist?... Talk to your friends?... Be afraid to get help?... Not know what to do?
Notes: Cells are empty if there are less than 10 respondents.
Total percentages may exceed 100% for "mark all that apply" items.

Table D3.3

Positive Perceptions about Seeking Help for Depression

	Grade 5 %
If you felt very sad, stressed, lonely, or depressed,...	
could talking to an adult help you feel better?	
No	10
Yes	50
I don't know	40
would kids at your school be nice to you?	
No	5
Yes	55
I don't know	40

Question ES D.6, 7: If you felt very sad, stressed, lonely, or depressed, could talking to an adult help you feel better?... If you felt very sad, stressed, lonely, or depressed, would kids at your school be nice to you?
Note: Cells are empty if there are less than 10 respondents.

Table D3.4

Attitudes Toward Seeking Help for Depression Among Peers

	Grade 5 %
If someone your age felt very sad, stressed, lonely, or depressed,...	
could talking to an adult help them feel better?	
No	5
Yes	53
I don't know	42
would kids at your school be nice to them?	
No	11
Yes	47
I don't know	42

Question ES D.4, 5: If someone your age felt very sad, stressed, lonely, or depressed, could talking to an adult help them feel better?... If someone your age felt very sad, stressed, lonely, or depressed, would kids at your school be nice to them?
Note: Cells are empty if there are less than 10 respondents.

4. Professional Help-Seeking for Depression

Table D4.1

Seeking Professional Help for Depression, Past Year

	Grade 5 %
In the past year,...	
did you want to talk to a counselor or therapist about your feelings?	
No	68
Yes	21
I don't know	11
did you get help from a counselor or therapist when you needed it?	
No, because I didn't need help	72
No, I didn't get help when I needed it	17
Yes, I got help when I needed it	11
where did you get help from a counselor or therapist? (Mark All That Apply.)	
Nowhere	67
At school	17
From a counselor or therapist not from my school	6
Somewhere else	6
I don't know	6

Question ES D.9-11: In the past year, did you want to talk to a counselor or therapist about your feelings?... In the past year, did you get help from a counselor or therapist when you needed it?... In the past year, where did you get help from a counselor or therapist? (Mark All That Apply.)... Nowhere... At school (in person, by phone, or online)... From a counselor or therapist not from my school (in person, by phone, or online)... Somewhere else... I don't know.

Notes: Cells are empty if there are less than 10 respondents.

Total percentages may exceed 100% for "mark all that apply" items.

Table D4.2

School Referral to a Counselor or an Adult Professional

	Grade 5 %
No	50
Yes	17
I don't know	33

Question ES D.12: In the past year, did an adult at school refer or connect you to a counselor or therapist outside of school to talk about your feelings?

Note: Cells are empty if there are less than 10 respondents.

Social Emotional Health Module

1. Module Sample

Table F1.1

Student Sample for Social Emotional Health Module

	Grade 5
Student Sample Size	
Target sample	76
Final number	27
Response Rate	36%

2. Summary of Key Indicators

Table F2.1

Key Indicators of Social Emotional Health

	Grade 5 *%*	Table
Covitality[†‡]	81	
Belief in self[†]	84	F2.2
Belief in others[†‡]	80	F2.2
Empathy[†]	93	F5.1
Engaged living[†]	64	F2.2
Growth mindset[Γ]	86	F7.1
Collaboration[†]	81	F8.1
Problem solving[†]	73	F9.1
Social emotional distress[†]	20	F10.1
Life satisfaction[⊤]	76	F10.2

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables for domains or subdomains, or item-level results for the survey questions that comprise each scale.

[†]*Average percent reporting "Yes, most of the time" or "Yes, all of the time."*

[‡]*Average percent reporting "Pretty much true" or "Very much true."*

[Γ]*All survey questions that comprise the scale were reverse-coded in computing the scale score.*

[⊤]*Average percent of respondents reporting "Satisfied" or "Very satisfied."*

Table F2.2
Covitality Domain and Subdomains

	Grade 5 %	Table
Belief in self[†]	84	
Self-efficacy[†]	83	F3.1
Persistence[†]	85	F3.2
Belief in others[†‡]	80	
School supports[†]	64	F4.1
Peer supports[‡]	88	F4.2
Emotional competence		
Empathy[†]	93	F5.1
Engaged living[†]	64	
Optimism[†]	71	F6.1
Gratitude[†]	85	F6.2
Zest[†]	38	F6.3

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables for domains or subdomains, or item-level results for the survey questions that comprise each scale.

[†]*Average percent reporting "Yes, most of the time" or "Yes, all of the time."*

[‡]*Average percent reporting "Pretty much true" or "Very much true."*

3. Belief in Self

Table F3.1

Self-Efficacy Scale Questions

	Grade 5 %
Self-efficacy	
Average reporting "Yes, most of the time" or "Yes, all of the time"	83
Can you do most things if you try?	
No, never	4
Yes, some of the time	8
Yes, most of the time	42
Yes, all of the time	46
Can you work out your problems?	
No, never	4
Yes, some of the time	15
Yes, most of the time	42
Yes, all of the time	38
Are there many things you do well?	
No, never	4
Yes, some of the time	15
Yes, most of the time	27
Yes, all of the time	54

Question F.8-10: Can you do most things if you try?... Can you work out your problems?... Are there many things you do well?

Note: Cells are empty if there are less than 10 respondents.

Table F3.2
Persistence Scale Questions

	Grade 5 %
Persistence	
Average reporting "Yes, most of the time" or "Yes, all of the time"	85
Do you finish all your school assignments?	
No, never	4
Yes, some of the time	7
Yes, most of the time	30
Yes, all of the time	59
When you get a bad grade, do you try even harder the next time?	
No, never	4
Yes, some of the time	11
Yes, most of the time	15
Yes, all of the time	70
Do you keep working and working on your schoolwork until you get it right?	
No, never	4
Yes, some of the time	19
Yes, most of the time	33
Yes, all of the time	44
Do you keep doing your schoolwork even when it's really hard for you?	
No, never	4
Yes, some of the time	7
Yes, most of the time	30
Yes, all of the time	59

Question ES A.63-66: Do you finish all your school assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your schoolwork even when it's really hard for you?
Note: Cells are empty if there are less than 10 respondents.

4. Belief in Others

Table F4.1
School Supports Scale Questions

	Grade 5 %
School supports	
Average reporting "Yes, most of the time" or "Yes, all of the time"	64
Do the teachers and other grown-ups at school tell you when you do a good job?	
No, never	4
Yes, some of the time	30
Yes, most of the time	30
Yes, all of the time	37
Do the teachers and other grown-ups at school listen when you have something to say?	
No, never	15
Yes, some of the time	26
Yes, most of the time	26
Yes, all of the time	33
Do the teachers and other grown-ups at school believe that you can do a good job?	
No, never	4
Yes, some of the time	30
Yes, most of the time	11
Yes, all of the time	56

Question ES A.33, 42, 43: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school believe that you can do a good job?

Note: Cells are empty if there are less than 10 respondents.

Table F4.2

Peer Supports Scale Questions

	Grade 5 %
Peer supports	
Average reporting "Pretty much true" or "Very much true"	88
I have a friend my age who really cares about me.	
Not at all true	0
A little true	9
Pretty much true	17
Very much true	74
I have a friend my age who helps me when I am having a hard time.	
Not at all true	9
A little true	0
Pretty much true	30
Very much true	61
I have a friend my age who talks with me about my problems.	
Not at all true	9
A little true	9
Pretty much true	17
Very much true	65

Question F.23-25: I have a friend my age who really cares about me... I have a friend my age who helps me when I am having a hard time... I have a friend my age who talks with me about my problems.

Note: Cells are empty if there are less than 10 respondents.

5. Emotional Competence

Table F5.1

Empathy Scale Questions

	Grade 5 %
Empathy	
Average reporting "Yes, most of the time" or "Yes, all of the time"	93
Do you try to understand how other people feel?	
No, never	0
Yes, some of the time	4
Yes, most of the time	30
Yes, all of the time	67
Do you feel bad when someone else gets their feelings hurt?	
No, never	0
Yes, some of the time	4
Yes, most of the time	11
Yes, all of the time	85
Do you try to understand what other people go through?	
No, never	0
Yes, some of the time	15
Yes, most of the time	22
Yes, all of the time	63

Question ES F.3-5: Do you try to understand how other people feel?... Do you feel bad when someone else gets their feelings hurt?... Do you try to understand what other people go through?
Note: Cells are empty if there are less than 10 respondents.

6. Engaged Living

Table F6.1

Optimism Scale Questions

	Grade 5 %
Optimism	
Average reporting "Yes, most of the time" or "Yes, all of the time"	71
When you have a problem at school, do you think it will get better in the future?	
No, never	13
Yes, some of the time	21
Yes, most of the time	21
Yes, all of the time	46
Do you expect that you will feel happy during class time?	
No, never	8
Yes, some of the time	29
Yes, most of the time	29
Yes, all of the time	33
Do you feel positive that good things will happen to you at school?	
No, never	13
Yes, some of the time	17
Yes, most of the time	33
Yes, all of the time	38
Do you feel positive that you will have fun with your friends at school?	
No, never	4
Yes, some of the time	13
Yes, most of the time	25
Yes, all of the time	58

Question ES F.16, 18, 20, 22: When you have a problem at school, do you think it will get better in the future?... Do you expect that you will feel happy during class time?... Do you feel positive that good things will happen to you at school?... Do you feel positive that you will have fun with your friends at school?

Note: Cells are empty if there are less than 10 respondents.

Table F6.2

Gratitude Scale Questions

	Grade 5 %
Gratitude	
Average reporting "Yes, most of the time" or "Yes, all of the time"	85
Do you feel thankful to go to your school?	
No, never	4
Yes, some of the time	15
Yes, most of the time	22
Yes, all of the time	59
Are you thankful when you get to learn new things at school?	
No, never	0
Yes, some of the time	16
Yes, most of the time	28
Yes, all of the time	56
Are you thankful to have nice teachers at your school?	
No, never	0
Yes, some of the time	8
Yes, most of the time	17
Yes, all of the time	75

Question ES F.6, 14, 17: Do you feel thankful to go to your school?... Are you thankful when you get to learn new things at school?... Are you thankful to have nice teachers at your school?...
Note: Cells are empty if there are less than 10 respondents.

Table F6.3
Zest Scale Questions

	Grade 5 *%*
Zest	
Average reporting "Yes, most of the time" or "Yes, all of the time"	38
Do you get really excited when you learn something new at school?	
No, never	17
Yes, some of the time	42
Yes, most of the time	13
Yes, all of the time	29
Do you wake up in the morning excited to go to school?	
No, never	17
Yes, some of the time	33
Yes, most of the time	38
Yes, all of the time	13
Do you get excited about your schoolwork?	
No, never	38
Yes, some of the time	42
Yes, most of the time	13
Yes, all of the time	8

Question ES F.15, 19, 21: Do you get really excited when you learn something new at school?... Do you wake up in the morning excited to go to school?... Do you get excited about your schoolwork?

Note: Cells are empty if there are less than 10 respondents.

7. Growth Mindset

Table F7.1
Growth Mindset Scale Questions

	Grade 5 %
Growth mindset[Γ]	
Average reporting "A little true" or "Not at all true"	86
Challenging myself won't make me any smarter.	
Not at all true	52
A little true	17
Pretty much true	26
Very much true	4
There are some things I am not capable of learning.	
Not at all true	52
A little true	35
Pretty much true	9
Very much true	4
If I am not naturally smart in a subject, I will never do well in it.	
Not at all true	78
A little true	22
Pretty much true	0
Very much true	0

Question ES F.26-28: Challenging myself won't make me any smarter... There are some things I am not capable of learning... If I am not naturally smart in a subject, I will never do well in it.

Notes: Cells are empty if there are less than 10 respondents.

[Γ]*All survey questions that comprise the scale were reverse-coded in computing the scale score.*

8. Collaboration

Table F8.1

Collaboration Scale Questions

	Grade 5 %
Collaboration	
Average reporting "Yes, most of the time" or "Yes, all of the time"	81
Do you get along or work well with students who are different from you?	
No, never	0
Yes, some of the time	19
Yes, most of the time	26
Yes, all of the time	56
Do you enjoy working with other students?	
No, never	0
Yes, some of the time	22
Yes, most of the time	19
Yes, all of the time	59
Do you listen to other students' ideas?	
No, never	0
Yes, some of the time	15
Yes, most of the time	22
Yes, all of the time	63

Question ES F.1, 2, 7: Do you get along or work well with students who are different from you?... Do you enjoy working with other students?... Do you listen to other students' ideas?

Note: Cells are empty if there are less than 10 respondents.

9. Problem Solving

Table F9.1

Problem Solving Scale Questions

	Grade 5 %
Problem solving	
Average reporting "Yes, most of the time" or "Yes, all of the time"	73
Do you know where to go for help with a problem?	
No, never	0
Yes, some of the time	16
Yes, most of the time	20
Yes, all of the time	64
Do you try to work out your problems by talking or writing about them?	
No, never	21
Yes, some of the time	29
Yes, most of the time	25
Yes, all of the time	25
When you need help, do you find someone to talk with about it?	
No, never	12
Yes, some of the time	4
Yes, most of the time	28
Yes, all of the time	56

Question ES F.11-13: Do you know where to go for help with a problem?... Do you try to work out your problems by talking or writing about them?... When you need help, do you find someone to talk with about it?
Note: Cells are empty if there are less than 10 respondents.

10. Social and Emotional Health

Table F10.1
Social Emotional Distress Scale Questions

	Grade 5 %
Social emotional distress	
Average reporting "Yes, most of the time" or "Yes, all of the time"	20
I feel lonely.	
Never	19
Sometimes	67
Often	10
Always	5
I cry a lot.	
Never	29
Sometimes	48
Often	14
Always	10
I am unhappy.	
Never	29
Sometimes	57
Often	10
Always	5
Nobody likes me.	
Never	57
Sometimes	38
Often	0
Always	5
I worry a lot.	
Never	10
Sometimes	52
Often	19
Always	19

Question ES F.34-38: I feel lonely... I cry a lot... I am unhappy... Nobody likes me... I worry a lot.
Note: Cells are empty if there are less than 10 respondents.

Table F10.1

Social Emotional Distress Scale Questions – Continued

	Grade 5 %
I have problems sleeping.	
Never	29
Sometimes	48
Often	5
Always	19
I feel scared.	
Never	45
Sometimes	35
Often	10
Always	10
I worry when I am at school.	
Never	57
Sometimes	24
Often	5
Always	14

Question ES F.39-41: I have problems sleeping... I feel scared... I worry when I am at school.

Note: Cells are empty if there are less than 10 respondents.

Table F10.2
Life Satisfaction Scale Questions

	Grade 5 %
Life satisfaction	
Average reporting "Satisfied" or "Very satisfied"	76
I would describe my satisfaction with...	
my family life as...	
Very dissatisfied	0
Dissatisfied	0
A little dissatisfied	4
A little satisfied	17
Satisfied	9
Very satisfied	70
my friendships as...	
Very dissatisfied	0
Dissatisfied	4
A little dissatisfied	4
A little satisfied	9
Satisfied	22
Very satisfied	61
my school experience as...	
Very dissatisfied	0
Dissatisfied	9
A little dissatisfied	5
A little satisfied	23
Satisfied	27
Very satisfied	36

Question ES F.29-31: I would describe my satisfaction with my family life as... I would describe my satisfaction with my friendships as... I would describe my satisfaction with my school experiences as...
Note: Cells are empty if there are less than 10 respondents.

Table F10.2

Life Satisfaction Scale Questions – Continued

	Grade 5 %
I would describe my satisfaction with...	
my myself as...	
Very dissatisfied	5
Dissatisfied	0
A little dissatisfied	5
A little satisfied	18
Satisfied	32
Very satisfied	41
where I live as...	
Very dissatisfied	0
Dissatisfied	0
A little dissatisfied	0
A little satisfied	14
Satisfied	32
Very satisfied	55

Question ES F.32, 33: I would describe my satisfaction with myself as... I would describe my satisfaction with where I live as...

Note: Cells are empty if there are less than 10 respondents.

Tobacco-Use Prevention Education Module

1. Module Sample

Table H1.1

Student Sample for Tobacco-Use Prevention Education Module

	Grade 5
Student Sample Size	
Target sample	76
Final number	19
Response Rate	25%

2. Tobacco Use and Vaping

Table H2.1

Use of Cigarettes and Vape Products, Past 30 Days

	Grade 5 %
In the last 30 days, have you...	
smoked a cigarette?	
No	100
Yes	0
vaped?	
No	100
Yes	0

Question ES H.1, 2: Have you smoked a cigarette in the last 30 days?... Have you vaped in the last 30 days?
Note: Cells are empty if there are less than 10 respondents.

3. Peer Smoking/Vaping Behavior and Attitudes

Table H3.1

Peer Smoking and Vaping Behavior

	Grade 5 %
Do any of your friends smoke cigarettes?	
No	
Yes	
Do any of your friends vape?	
No	95
Yes	5
In the last 30 days, have you seen any students...	
smoke cigarettes at school? *(In-School Only)*	
No	100
Yes	0
vape at school? *(In-School Only)*	
No	100
Yes	0

Question ES H.5-8: Do any of your friends smoke cigarettes?... Do any of your friends vape?... In the last 30 days, have you seen any students smoke cigarettes at school?... In the last 30 days, have you seen any students vape at school?

Note: Cells are empty if there are less than 10 respondents.

Table H3.2

Peer Disapproval of Tobacco Use and Vaping

	Grade 5 %
How wrong would your close friends feel it would be if you...	
smoked cigarettes?	
Very wrong	84
Wrong	11
A little wrong	5
Not at all wrong	0
vaped?	
Very wrong	84
Wrong	11
A little wrong	5
Not at all wrong	0

Question ES H.9, 10: How wrong would your close friends feel it would be if you smoked cigarettes?... How wrong would your close friends feel it would be if you vaped?
Note: Cells are empty if there are less than 10 respondents.

4. Household Smoking and Vaping Rules

Table H4.1

Rules About Cigarette Smoking and Vaping in the Home

	Grade 5 %
Is smoking cigarettes allowed inside your home?	
No	84
Yes	5
Don't know	11
Is vaping allowed inside your home?	
No	89
Yes	5
Don't know	5

Question ES H.3, 4: Is smoking cigarettes allowed inside your home?... Is vaping allowed inside your home?
Note: Cells are empty if there are less than 10 respondents.

5. Perceived Accessibility and Intention to Use

Table H5.1

Perceived Difficulty of Obtaining Cigarettes and Vape Products

	Grade 5 %
How easy or difficult would it be if you wanted to...	
get a cigarette?	
Very easy	5
Fairly easy	5
Fairly difficult	11
Very difficult	79
get a vape?	
Very easy	11
Fairly easy	11
Fairly difficult	16
Very difficult	63

Question ES H.13, 14: If you wanted to get a cigarette, how easy or difficult would it be?... If you wanted to get a vape, how easy or difficult would it be?

Note: Cells are empty if there are less than 10 respondents.

Table H5.2

Intentions to Smoke and Vape

	Grade 5 %
Do you think you will...	
smoke a cigarette at any time during the next year?	
Definitely not	95
Probably not	5
Probably yes	0
Definitely yes	0
vape at any time during the next year?	
Definitely not	100
Probably not	0
Probably yes	0
Definitely yes	0

Question ES H.11, 12: Do you think you will smoke a cigarette at any time during the next year?... Do you think you will vape at any time during the next year?

Note: Cells are empty if there are less than 10 respondents.

6. Tobacco-Use Prevention Education Activities

Table H6.1

Dangers of Smoking and Vaping Discussed

	Grade 5 %
In the last 12 months, did any of your classes or school activities talk about...	
how smoking cigarettes is bad for a person's health?	
No	33
Yes	67
how vaping is bad for a person's health?	
No	39
Yes	61

Question ES H.15, 16: In the last 12 months, did any of your classes or school activities talk about how smoking cigarettes is bad for a person's health?... In the last 12 months, did any of your classes or school activities talk about how vaping is bad for a person's health?

Note: Cells are empty if there are less than 10 respondents.

Appendix

2021-22 CHKS Elementary Survey Response Rates

Eligible Schools	5th %
Cappy Culver Elementary	79
Lillian Larsen Elementary	25

Notes: Response rates are presented by grade level. Eligible schools listed are based on CBEDS 2021-22 public school and 2020-21 enrollment data files. Directly funded charter schools have been excluded from the list.