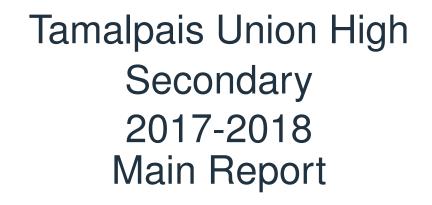


# CALIFORNIA HEALTHY KIDS SURVEY







This report was prepared by WestEd, a research, development, and service agency, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education Coordinated School Health and Safety Office. For contract information, contact:

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#### HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from this school/district's 2017-18 *California Healthy Kids Survey* (CHKS), presented in tables organized by topic.

The CHKS, along with its two companion surveys–*California School Staff Survey* (CSSS) for staff and the *California School Parent Survey* (CSPS)–is a service of the California Department of Education (CDE). These three surveys form the *California School Climate, Health, and Learning Surveys* (*CalSCHLS*) *System*, the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents at the local level to provide key data on school climate and safety, learning supports and barriers, and stakeholder engagement, as well as youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major school-related domains and constructs assessed by CalSCHLS.

These surveys grew out of CDE's commitment to helping schools promote the successful cognitive, social, emotional, and physical development of all students; create more positive, engaging school environments for students, staff, and parents; and ensure college and career readiness. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the survey website (<u>chks.wested.org</u>), including *Helpful Resources for Local Control and Accountability Plans* (<u>chks.wested.org/resources/LCAP-Cat\_SCHLS.pdf</u>). The California Safe and Supportive Schools website (<u>CaliforniaS3.wested.org</u>) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS Technical Assistance Center offers a Data Workshop to help identify local needs and develop action plans to meet those needs, including a *Listening to Students Workshop* for involving student voice in the process (see below).

#### THE SURVEY

The California Department of Education (CDE) has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of these student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The secondary-school CHKS consists of a required general Core Module

and a series of optional, supplementary topic-focused modules that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

#### Core Module

As outlined in Exhibit 1, the Core Module consists of key questions, identified by an expert advisory committee, that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, college and career readiness, positive development, and well-being. The great majority of the questions are school-specific, including the following indicators:

- Student grades, truancy, attendance rate and reasons for missing school, academic motivation, and school connectedness, as indicators of engagement;
- The levels of students' three fundamental developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- Perceived safety and the frequency and type of harassment and bullying at school; and
- Levels of violence, substance use, and crime-related behavior (e.g., weapons possession) at school.

The Core Module also includes a wide range of demographic questions to help districts identify and address the needs of significant and vulnerable student subgroups, including those required to be included in the LCAP efforts. These include race/ethnicity, gender, and socioeconomic status; homeless, migrant, and foster status; and English language proficiency.

What's New? For 2017-18, the following improvements are made to the Core Module:

- Added questions assessing frequency of school absences; lifetime frequency of heroin use, and vaping, eating, or drinking marijuana; perceived harm and availability of e-cigarettes; being an immigrant as a reason for being harassed or bullied;
- Modified sexual orientation question to better assess gender identity; and
- Expanded Opportunities for Meaningful Participation scale questions for better reliability.

#### Supplemental School Climate Module

To further support school improvement efforts and the LCAP process, a supplementary School Climate Module is available. It provides additional data on student academic mindset, school academic supports, discipline/order, supports for social-emotional learning, bullying prevention and positive peer relationships, respect for diversity, and the quality of the physical environment (download from chks.wested.org/administer/download/supplemental/#clim). These questions are also included in the staff survey, so you can compare staff and student perceptions on the same constructs.

#### Supplemental Social Emotional Health Module (SEHM)

The SEHM greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional competencies linked to student mental health and well-being, academic success, and college and career readiness. It includes 56 items that capture the totality of core adolescent psychological assets.

### SURVEY ADMINISTRATION AND SAMPLING

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Student participation was voluntary, anonymous, and confidential.

- Table A1.1 gives the target sample of students and the final number and percent of students who completed the survey (the participation response rate).
- Appendix I lists all the secondary schools in the district that were eligible to participate in the survey and the percentage of students enrolled in each of them that completed the survey (included in the district report).
- Appendix II provides detailed information about the survey content areas (included in the district report).

#### THE REPORT

The survey results are reported in tables, organized by topic, that provide the percentages responding to each question response option by grade level. Because it is just as important to identify the positive behaviors of youth as it is to identify the risks they face, the tables reporting risk-behavior data include the percentages of youth who responded negatively (did not engage in the behavior).

#### **Racial/Ethnic and Gender Results**

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender (see Sections 9 and 10). Schools can request supplementary reports disaggregating all their CHKS results by the race/ethnicity or gender of students or by other demographic categories (see Next Steps below).

#### UNDERSTANDING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results, such as changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind. A more detailed discussion of these topics can be found in the *CHKS Guidebook to Data Use and Dissemination* (download <u>chks.wested.org/resources/chks\_guidebook\_3\_datause.pdf</u>).

#### Sample Characteristics.

Among the most important factors affecting the quality of survey results is the level and type of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70%. One indication of the survey's representativeness is how accurately the sample reflects the gender and ethnic composition of the student enrollment. Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

#### Changes Between Survey Administrations.

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in

the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

### RESOURCES

The CHKS website contains numerous guidebooks and other resources for using and understanding survey results.

- *CHKS Guidebook to Data Use and Dissemination* provides step-by-step instructions on how to interpret survey results and effectively disseminate them (download <u>chks.wested.org/resources/chks\_guidebook\_3\_datause.pdf</u>).
- CHKS factsheets (<u>chks.wested.org/using-results/factsheets</u>) analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level.
- *Making Sense of School Climate* provides a discussion of all the CalSCHLS survey items that relate to school climate (download <u>californiaS3.wested.org/resources/S3\_schoolclimateguidebook\_final.pdf</u>).
- *Helpful Resources for Local Control and Accountability Plans* (<u>chks.wested.org/resources/LCAP\_Cal\_SCHLS.pdf</u>) describes how survey items align with LCAP priorities and indicators. Also available is an LCAP-related PowerPoint presentation (<u>chks.wested.org/training-support/workshops-presentations</u>).
- The *School Climate Connection Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on the CHKS or CaliforniaS3 websites.
- CDE's **California Safe and Supportive Schools** website (<u>CaliforniaS3.wested.org</u>) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.

### **NEXT STEPS**

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some followup steps you should take and some custom services (additional fees apply) available from the CalSCHLS TA Center to help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

#### Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

First and foremost, engage students, staff, parents, and community stakeholders in reviewing and exploring the meaning of the results and obtain their input into how the school might better meet the identified needs and into the development of a detailed action plan. This communicates to stakeholders that you value their input into how to improve the schools and gives them an opportunity for meaningful participation. This helps enhance pupil engagement and parent involvement, two LCAP priorities. Their input, in turn, will help in identifying school needs and developing an effective response. It will also promote higher

rates of participation the next time the survey is administered, as stakeholders will see how the data has been used for positive purposes.

As part of this process, it is highly recommended that you conduct a structured *Listening to Students Workshop* in which you explore with students, as adults observe, the meaning of survey results and obtain their input on how to address the needs identified by the survey and school improvement in general. These workshops were found to be a highly effective in fostering school climate improvements as part of CDE's Safe and Supportive School Projects (see <u>CaliforniaS3.wested.org</u>). For more information, email schoolclimate@wested.org.

#### Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the content of the following sources of related data.

- **Staff and Parent Surveys**. The results of this student survey should be compared to those obtained from the CalSCHLS surveys of school staff and parents. It is important to determine how consistent are student, staff, and parent perceptions and experiences. If you did not administer these companion surveys, consider doing so next time.
- Elementary CHKS Results. Examine how the results from 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> graders compare with those from 5<sup>th</sup> graders on common indicators to see the developmental trajectory in the results and explore what programs at the elementary level might help mitigate problems that are evident among older students.
- Other Data. Examine how the results compare with other data typically collected by schools that relate to the variables assessed, such as discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.

#### Data Workshop

To assist in your review of the survey results, you can request the CalSCHLS TA Center to conduct a structured, customized Data Workshop. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies.

For more information, contact your CalSCHLS TA Center (call 888.841.7536) or email schoolclimate@wested.org.

#### **Request Additional Reports and Data**

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services (additional fees apply) are available through the CalSCHLS TA Center to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

#### School Reports and School Climate Report Cards

If the schools in the district vary significantly in demographics, programs, or other characteristics, consider requesting individual reports for each school (a fee applies). Two types of reports are available:

• A full report with all the survey results; and

• A short, user-friendly, graphic **School Climate Report Card** that provides results across eight domains of school climate and provides an overall **School Climate Index** score based on those domains. (View a sample report: visit (californiaS3.wested.org/resources/California State SCRC\_1314.pdf).

#### **District School Climate Report Card**

For districts that survey all their schools, a district-level School Climate Report Card can be requested. This is a powerful, useful tool for guiding efforts to meet the school climate and pupil engagement priorities for the Local Control and Accountability Plan.

#### **Disaggregated Reports**

The staff of the Regional TA Centers can produce full reports that look at how results vary by demographic subgroups (e.g., race/ethnicity as discussed above, or by youth who are low in academic motivation compared those who are high). This is particularly important given the LCAP requirement that districts identify and address the needs of underserved, vulnerable subgroups. This helps in understanding the meaning of the results and developing interventions that target groups most in need.

#### Analyze Dataset

The complete dataset is available electronically for additional analysis (there is a small fee for preparation). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis from the CalSCHLS TA Center as a custom service.

#### Add Questions to Your Next Surveys

Determine what additional information is needed from students to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

	Student Core	Student School Climate	Student Social Emotional Health	Staff Survey	Parent Survey
Student Well-Being					
Academic mindset			$\checkmark$		
Academic motivation	$\checkmark$	$\checkmark$		$\checkmark$	$\checkmark$
Academic performance (grades)	$\checkmark$				
Alcohol, tobacco, and drug use	$\checkmark$			$\checkmark$	$\checkmark$
Attendance (absences, truancy, reasons absent)	$\checkmark$			$\checkmark$	
Behavioral self-control			$\checkmark$		
Collaboration			$\checkmark$		
Emotional self-regulation			✓		
Empathy			✓		
Gratitude			✓		
Optimism			$\checkmark$		
Perceived safety	✓			✓	✓
Persistence			$\checkmark$		
Problem Solving			$\checkmark$		
School connectedness	✓				
Self-awareness			$\checkmark$		
Self-efficacy			$\checkmark$		
Social-emotional competencies and health			$\checkmark$	✓	
Social emotional distress			$\checkmark$		
Violence and victimization (bullying)	✓			$\checkmark$	✓
Zest			$\checkmark$		
School Climate					
Academic rigor and norms				✓	✓
College and career supports		$\checkmark$		$\checkmark$	$\checkmark$
Family support			$\checkmark$		
High expectations	✓			✓	$\checkmark$
Meaningful participation and decision-making	✓			✓	✓
Parent involvement	1			$\checkmark$	$\checkmark$
Quality of physical environment	· · · · · · · · · · · · · · · · · · ·	$\checkmark$		 ✓	 ✓
Relationships among staff				 ✓	
Relationships among students		✓	✓	· ✓	✓
Relationships between students and staff	$\checkmark$		-	· ✓	· · ·
Respect for diversity and cultural sensitivity		✓		· ✓	·
Teacher and other supports for learning		 ✓		 ✓	 ✓
School Climate Improvement Practices					•
Bullying prevention		✓		✓	✓
Discipline and order (policies, enforcement)		 ✓		· ✓	· · ·
Services and policies to address student needs		-		· ✓	
Social-emotional/behavioral supports		✓		 ✓	✓
Staff supports		•		 ✓	•

Exhibit 1 Major School-related Domains and Constructs Assessed by CalSCHLS in Secondary Schools

### ACKNOWLEDGMENTS

The CHKS and this report were developed by WestEd, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education Coordinated School Health and Safety Office. For more information, call the toll-free helpline at 888.841.7536, or visit the website at <u>chks.wested.org</u>.

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# Survey Module Administration

Table 1         CHKS Survey Modules Administered	
Survey Module	Administered
A. Core (Required)	Х
B. Alcohol and Other Drugs (AOD) Module	
C. Building Healthy Communities (BHC) Module	
D. Cal-Well Module	
E. Closing the Achievement Gap (CTAG) Module	
F. District Afterschool Module (DASM)	
G. Drug Free Communities (DFC) Module	
H. Gang Risk Awareness Module	
I. Gender & Sex-Based Harassment Module	
J. Military Connected School Module	
K. Physical Health & Nutrition Module	
L. Resilience & Youth Development Module	
M. Safety & Violence Module	
N. School Climate Module	
O. Sexual Behavior Module	
P. Social Emotional Health Module	
Q. Tobacco Module	
Z. Custom Questions	Х

# **Core Module Results**

# 1. Survey Sample

Table A1.1Student Sample for Core Module

	Grade 7	Grade 9	Grade 11	NT <sup>A</sup>
Student Sample Size				
Target sample	_	1,330	1,114	55
Final number	_	1,070	867	25
Response Rate	_	80%	78%	45%

Note: <sup>A</sup>NT includes continuation, community day, and other alternative school types.

# 2. Summary of Key Indicators

#### Table A2.1

Key Indicators of School Climate and Student Well-Being

	Grade 7	Grade 9	Grade 11	NT	Table
	%	%	%	%	
School Engagement and Supports					
School connectedness <sup>†</sup>	_	22	26	18	A4.6
Academic motivation <sup>†</sup>	_	35	33	39	A4.6
Chronic truancy (twice a month or more often) <sup>§</sup>	_	6	16	33	A4.2
Caring adult relationships <sup>‡</sup>	_	30	36	35	A4.5
High expectations <sup>‡</sup>	_	39	42	40	A4.5
Meaningful participation <sup>‡</sup>	_	10	14	13	A4.5
Facilities upkeep	_	18	25	21	A4.13
School Safety and Substance Use					
School perceived as very safe or safe	_	68	76	71	A5.1
Experienced any harassment or bullying <sup>§</sup>	_	37	27	21	A5.2
Had mean rumors or lies spread about you <sup>§</sup>	_	36	31	46	A5.3
Been afraid of being beaten up <sup>§</sup>	_	10	4	13	A5.4
Been in a physical fight <sup>§</sup>	_	8	4	4	A5.4
Seen a weapon on campus <sup>§</sup>	_	13	7	17	A5.6
Been drunk or "high" on drugs at school, ever	_	13	22	50	A6.9
Mental and Physical Health					
Current alcohol or drug use <sup>¶</sup>	_	30	57	83	A6.5
Current binge drinking <sup>¶</sup>	_	12	33	46	A6.5
Very drunk or "high" 7 or more times	_	15	34	71	A6.7
Current cigarette smoking <sup>¶</sup>	_	3	9	33	A7.3
Current electronic cigarette use <sup>¶</sup>	_	24	33	67	A7.3
Experienced chronic sadness/hopelessness <sup>§</sup>	_	29	35	25	A8.4
Considered suicide <sup>§</sup>	na	15	12	21	A8.5

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup>Average percent of respondents reporting "Strongly agree."

<sup>‡</sup>Average percent of respondents reporting "Very much true."

§Past 12 months.

¶Past 30 days.

na—Not asked of middle school students.

# 3. Demographics

#### Table A3.1

Gender of Sample

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Male	_	49	49	52
Female	_	51	51	48

Question HS/MS A.3: What is your sex?

Note: Cells are empty if there are less than 10 respondents.

#### Table A3.2

Hispanic or Latino

	Grade 7	Grade 9 %	Grade 11 %	NT %
No	- -	86	88	64
Yes	_	14	12	36

*Question HS/MS A.5: Are you of Hispanic or Latino origin? Note: Cells are empty if there are less than 10 respondents.* 

#### Table A3.3

Race				
	Grade 7 %	Grade 9 %	Grade 11 %	NT %
American Indian or Alaska Native	_	1	2	5
Asian	_	4	4	0
Black or African American	_	1	2	14
Native Hawaiian or Pacific Islander	_	1	1	0
White	_	73	76	50
Mixed (two or more) races	_	20	15	32

*Question HS/MS A.6: What is your race? Note: Cells are empty if there are less than 10 respondents.* 

#### Table A3.4

#### Living Situation

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
A home with one or more parent or guardian	_	97	97	83
Other relative's home	_	0	1	8
A home with more than one family	_	1	1	4
Friend's home	_	0	0	0
Foster home, group care, or waiting placement	_	0	0	0
Hotel or motel	_	0	0	0
Shelter, car, campground, or other transitional or temporary housing	_	0	0	4
Other living arrangement	_	1	1	0

*Question HS/MS A.8: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.* 

Note: Cells are empty if there are less than 10 respondents.

#### Table A3.5

#### Highest Education of Parents

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Did not finish high school	_	2	2	25
Graduated from high school	_	3	4	17
Attended college but did not complete four-year degree	_	4	5	4
Graduated from college	_	87	86	46
Don't know	_	4	3	8

Question HS/MS A.9: What is the highest level of education your parents or guardians completed? (Mark the educational level of the parent or guardian who went the furthest in school.) Note: Cells are empty if there are less than 10 respondents.

# Table A3.6Free or Reduced Price Meals Eligibility

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	_	85	87	50
Yes	_	9	8	38
Don't know	_	5	5	13

Question HS/MS A.10: Do you receive free or reduced-price lunches at school? (Receiving free or reduced-price lunches means that lunch at school is provided to you for free or you pay less for it.) Note: Cells are empty if there are less than 10 respondents.

#### Table A3.7

#### Participation in Migrant Education Program, Past 3 Years

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	_	94	98	96
Yes	_	1	1	0
Don't know	_	5	1	4

*Question HS/MS A.11: In the past three years, were you part of the Migrant Education Program or did your family move to find seasonal or temporary work in agriculture or fishing? Note: Cells are empty if there are less than 10 respondents.* 

#### Table A3.8

#### Language Spoken at Home

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
English	_	90	92	71
Spanish	_	4	3	17
Mandarin	_	0	0	0
Cantonese	_	0	0	0
Taiwanese	_	0	0	0
Tagalog	_	0	0	0
Vietnamese	_	0	0	0
Korean	_	0	0	0
Other	_	5	4	13

*Question HS/MS A.12: What language is spoken most of the time in your home? Note: Cells are empty if there are less than 10 respondents.* 

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
How well do you				
understand English?				
Very well	_	96	97	96
Well	_	3	3	4
Not well	_	0	0	0
Not at all	_	0	0	0
speak English?				
Very well	_	95	94	79
Well	_	4	5	21
Not well	_	1	0	0
Not at all	_	0	0	0
read English?				
Very well	_	92	93	83
Well	_	7	7	13
Not well	_	1	1	4
Not at all	_	0	0	0
write English?				
Very well	_	90	93	75
Well	_	9	7	17
Not well	_	1	1	8
Not at all	_	0	0	0
English Language Proficiency Status				
Proficient	_	93	93	79
Not proficient	_	7	7	21

# Table A3.9English Language Proficiency – All Students

*Question HS/MS A.13-16: How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English.* 

Notes: Cells are empty if there are less than 10 respondents.

English Language Proficiency was determined by creating a scale score using four survey questions - how well do you understand... speak... read... and write English. Response options are reverse coded so higher values indicate higher English proficiency level ("Not at all" (1); "Not well" (2); "Well" (3); and "Very well" (4)). The scale score was computed by averaging the survey responses. Respondents are categorized as "Proficient" or "Not Proficient" based on the English language proficiency scale.

Proficient: students with average item response > 3.5; and

*Not Proficient: students with average item response*  $\leq$  3.5.

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
How well do you				
understand English?				
Very well	_	81	83	
Well	_	15	14	
Not well	_	3	2	
Not at all	_	2	2	
speak English?				
Very well	_	79	71	
Well	_	14	23	
Not well	_	4	5	
Not at all	_	4	2	
read English?				
Very well	_	72	60	
Well	_	18	32	
Not well	_	7	6	
Not at all	_	3	2	
write English?				
Very well	_	68	66	
Well	_	23	29	
Not well	_	7	5	
Not at all	_	2	0	
English Language Proficiency Status				
Proficient	_	72	63	
Not proficient	_	28	37	

#### Table A3.10

English Language Proficiency – Students Speaking a Language Other Than English at Home

Question HS/MS A.13-16: What language is spoken most of the time in your home?... How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English. Notes: Cells are empty if there are less than 10 respondents.

English Language Proficiency was determined by creating a scale score using four survey questions - how well do you understand... speak... read... and write English. Response options are reverse coded so higher values indicate higher English proficiency level ("Not at all" (1); "Not well" (2); "Well" (3); and "Very well" (4)). The scale score was computed by averaging the survey responses. Respondents are categorized as "Proficient" or "Not Proficient" based on the English language proficiency scale.

Proficient: students with average item response > 3.5; and

Not Proficient: students with average item response  $\leq 3.5$ .

# Table A3.11Number of Days Attending Afterschool Program

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 days	_	81	89	71
1 day	_	2	2	4
2 days	_	3	1	17
3 days	_	3	2	0
2 days 3 days 4 days 5 days	_	3	1	0
5 days	_	8	4	8

*Question HS/MS A.17: How many days a week do you usually go to your school's afterschool program? Note: Cells are empty if there are less than 10 respondents.* 

#### Table A3.12

#### Military Connections

			Grade 11	NT
No	% _	<u>%</u> 98	<u>%</u> 99	<u>%</u> 91
Yes	_	1	1	9
Don't know	_	1	0	0

*Question HS A.128/MS A.117: Is your father, mother, or guardian currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?* 

Note: Cells are empty if there are less than 10 respondents.

# Table A3.13Sexual Orientation

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Straight (not gay)	_	84	80	75
Gay or Lesbian	_	2	2	0
Bisexual	_	4	7	21
I am not sure yet	_	6	6	0
Something else	_	1	2	0
Decline to respond	_	2	3	4

*Question HS A.129/MS A.118: Which of the following best describes you? Note: Cells are empty if there are less than 10 respondents.* 

#### Table A3.14

#### Gender Identity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No, I am not transgender	_	96	96	88
Yes, I am transgender	_	1	1	4
I am not sure if I am transgender	_	2	1	0
Decline to respond	_	1	1	8

Question HS A.130/MS A.119: Some people describe themselves as transgender when their sex at birth does not match the way they think or feel about their gender. Are you transgender? Note: Cells are empty if there are less than 10 respondents.

## 4. School Performance, Supports, and Engagement

#### Table A4.1

Grades, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Mostly A's	_	43	35	0
A's and B's	_	31	35	30
Mostly B's	_	8	13	9
B's and C's	_	11	11	30
Mostly C's	_	3	4	0
C's and D's	_	3	2	22
Mostly D's	_	1	1	4
Mostly F's	_	1	1	4

*Question HS/MS A.18: During the past 12 months, how would you describe the grades you mostly received in school?* 

Notes: Cells are empty if there are less than 10 respondents.

#### Table A4.2

#### Truancy, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	_	62	38	21
1-2 times	_	20	26	13
A few times	_	11	15	33
Once a month	_	2	4	0
Twice a month	_	3	7	4
Once a week	_	1	5	4
More than once a week	_	2	4	25

*Question HS/MS A.21: During the past 12 months, about how many times did you skip school or cut classes? Notes: Cells are empty if there are less than 10 respondents.* 

# Table A4.3Absences, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
I did not miss any days of school in the past 30 days	_	39	31	21
1 day	_	28	27	21
2 days	_	18	23	33
3 or more days	_	15	20	25

*Question HS/MS A.19: In the past 30 days, how often did you miss an entire day of school for any reason? Notes: Cells are empty if there are less than 10 respondents.* 

#### Table A4.4

#### Reasons for Absence, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Does not apply; I didn't miss any school	-	38	29	17
Illness (feeling physically sick), including problems with breathing or your teeth	_	48	54	58
Were being bullied or mistreated at school	_	1	1	4
Felt very sad, hopeless, anxious, stressed, or angry	_	11	15	17
Didn't get enough sleep	_	15	24	38
Didn't feel safe at school or going to and from school	_	1	1	8
Had to take care of or help a family member or friend	_	3	3	13
Wanted to spend time with friends	_	2	6	21
Use alcohol or drugs	_	1	3	21
Were behind in schoolwork or weren't prepared for a test or class assignment	_	8	20	17
Were bored or uninterested in school	_	5	12	29
Had no transportation to school	_	2	2	13
Other reason	-	16	15	13

*Question HS/MS A.20: In the past 30 days, did you miss a day of school for any of the following reasons? (Mark All That Apply.)* 

Notes: Cells are empty if there are less than 10 respondents. Total percentages may exceed 100% for "mark all that apply" items.

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
Total school supports					
Average Reporting "Very much true"	_	26	31	29	
High	_	32	38	38	
Moderate	_	53	50	42	
Low	_	15	11	21	
Caring adults in school					
Average Reporting "Very much true"	-	30	36	35	A4.7
High	_	38	43	46	-
Moderate	_	53	50	46	
Low	_	9	6	8	
High expectations-adults in school					
Average Reporting "Very much true"	-	39	42	40	A4.8
High	_	49	51	46	
Moderate	_	45	45	50	
Low	_	6	5	4	
Meaningful participation at school					
Average Reporting "Very much true"	_	10	14	13	A4.9
High	_	9	13	13	
Moderate	_	43	42	38	
Low	_	49	44	50	

Table A4.5School Environment Scales (Developmental Supports)

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

#### Table A4.6

School Connectedness, Academic Motivation, and Parent Involvement Scales

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
School Connectedness					
Average Reporting "Strongly agree"	_	22	26	18	A4.10
High	_	58	60	54	
Moderate	_	37	32	46	
Low	_	5	8	0	
Academic Motivation					
Average Reporting "Strongly agree"	_	35	33	39	A4.11
High	_	34	31	38	
Moderate	_	44	42	38	
Low	_	22	27	25	
Parent Involvement in School					
Average Reporting "Strongly agree"	-	12	14	15	A4.12
High	_	31	35	29	
Moderate	_	45	43	58	
Low	_	23	22	13	

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

# Table A4.7Caring Relationships Scale Questions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Caring adults in school	/0	70	70	70
Average Reporting "Very much true"	_	30	36	35
At my school, there is a teacher or some other adult				
who really cares about me.				
Not at all true	_	8	5	4
A little true	_	30	22	21
Pretty much true	_	38	40	42
Very much true	_	24	34	33
who notices when I'm not there.				
Not at all true	_	9	7	4
A little true	_	26	25	17
Pretty much true	_	36	36	38
Very much true	_	28	32	42
who listens to me when I have something to say.				
Not at all true	_	5	4	4
A little true	_	18	16	25
Pretty much true	_	40	39	42
Very much true	_	37	41	29

Question HS/MS A.35, 37, 39: At my school, there is a teacher or some other adult... who really cares about me... who notices when I am not there... who listens to me when I have something to say. Notes: Cells are empty if there are less than 10 respondents.

Table A4.8

#### High Expectations Scale Questions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
High expectations-adults in school	70	70	70	,,,
Average Reporting "Very much true"	_	39	42	40
At my school, there is a teacher or some other adult				
who tells me when I do a good job.				
Not at all true	_	6	4	4
A little true	_	20	18	21
Pretty much true	_	41	40	33
Very much true	_	33	38	42
who always wants me to do my best.				
Not at all true	_	3	2	0
A little true	_	15	14	18
Pretty much true	_	35	36	41
Very much true	_	47	48	41
who believes that I will be a success.				
Not at all true	_	6	5	4
A little true	_	18	16	33
Pretty much true	_	37	38	25
Very much true	_	39	41	38

Question HS/MS A.36, 38, 40: At my school, there is a teacher or some other adult... who tells me when I do a good job... who always wants me to do my best... who believes that I will be a success. Notes: Cells are empty if there are less than 10 respondents.

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Meaningful participation at school	70	70	70	70
Average Reporting "Very much true"	_	10	14	13
At school				
I do interesting activities.				
Not at all true	_	12	13	13
A little true	_	31	29	42
Pretty much true	_	35	33	29
Very much true	_	22	26	17
I help decide things like class activities or rules.				
Not at all true	_	46	40	42
A little true	_	31	34	38
Pretty much true	_	16	15	13
Very much true	_	7	11	8
I do things that make a difference.				
Not at all true	_	27	27	26
A little true	_	42	36	30
Pretty much true	_	23	23	26
Very much true	_	8	15	17
I have a say in how things work.				
Not at all true	_	40	41	38
A little true	_	34	34	33
Pretty much true	_	19	15	13
Very much true	_	8	10	17
I help decide school activities or rules.				
Not at all true	_	62	59	58
A little true	_	24	24	25
Pretty much true	_	10	9	8
Very much true	_	5	8	8

Table A4.9Meaningful Participation Scale Questions

Question HS/MS A.41-45: At school... I do interesting activities... I help decide things like class activities or rules... I do things that make a difference... I have a say in how things work... I help decide school activities or rules.

Notes: Cells are empty if there are less than 10 respondents.

#### Table A4.10

#### School Connectedness Scale Questions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
School Connectedness		/0		/0
Average Reporting "Strongly agree"	_	22	26	18
I feel close to people at this school.				
Strongly disagree	_	3	5	0
Disagree	_	7	9	29
Neither disagree nor agree	_	17	14	29
Agree	_	45	38	38
Strongly agree	_	29	34	4
I am happy to be at this school.				
Strongly disagree	_	4	6	0
Disagree	_	6	8	13
Neither disagree nor agree	_	20	17	21
Agree	_	44	44	46
Strongly agree	_	25	25	21
I feel like I am part of this school.				
Strongly disagree	_	4	7	4
Disagree	_	7	8	8
Neither disagree nor agree	_	27	23	33
Agree	_	44	40	38
Strongly agree	_	19	21	17
The teachers at this school treat students fairly.				
Strongly disagree	_	4	4	4
Disagree	_	8	9	0
Neither disagree nor agree	_	22	23	21
Agree	_	50	45	54
Strongly agree	_	15	19	21
I feel safe in my school.				
Strongly disagree	_	3	3	0
Disagree	_	6	5	0
Neither disagree nor agree	_	18	16	25
Agree	_	50	46	50
Strongly agree	_	23	30	25

Question HS/MS A.22-26: How strongly do you agree or disagree with the following statements?... I feel close to people at this school... I am happy to be at this school... I feel like I am part of this school... The teachers at this school treat students fairly... I feel safe in my school.

Note: Cells are empty if there are less than 10 respondents.

#### Table A4.11

#### Academic Motivation Scale Questions

	Grade 7	Grade 9	Grade 11	NT
A and amin Mativation	%	%	%	%
Academic Motivation		25	22	20
Average Reporting "Strongly agree"	_	35	33	39
I try hard to make sure that I am good at my schoolwork.				
Strongly disagree	_	3	2	0
Disagree	_	3	6	9
Neither disagree nor agree	_	8	12	0
Agree	_	39	35	39
Strongly agree	_	47	45	52
I try hard at school because I am interested in my work.				
Strongly disagree	_	8	7	8
Disagree	_	14	20	17
Neither disagree nor agree	_	23	20	21
Agree	_	33	30	17
Strongly agree	_	22	24	38
I work hard to try to understand new things at school.				
Strongly disagree	_	4	3	4
Disagree	_	5	6	8
Neither disagree nor agree	_	15	17	21
Agree	_	44	43	29
Strongly agree	_	32	31	38
I am always trying to do better in my schoolwork.				
Strongly disagree	_	3	2	4
Disagree	_	5	7	4
Neither disagree nor agree	_	15	19	21
Agree	_	37	37	42
Strongly agree	_	40	34	29

Question HS/MS A.31-34: How strongly do you agree or disagree with the following statements?... I try hard to make sure that I am good at my schoolwork... I try hard at school because I am interested in my work... I work hard to try to understand new things at school... I am always trying to do better in my schoolwork. Notes: Cells are empty if there are less than 10 respondents.

Table A4.12

Parent Involvement	Scale	Questions
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	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Parent Involvement in School				
Average Reporting "Strongly agree"	_	12	14	15
Teachers at this school communicate with parents about what students are expected to learn in class.				
Strongly disagree	_	5	6	4
Disagree	_	20	16	13
Neither disagree nor agree	_	30	29	39
Agree	_	34	35	26
Strongly agree	_	11	13	17
Parents feel welcome to participate at this school.				
Strongly disagree	_	3	3	0
Disagree	_	9	10	4
Neither disagree nor agree	_	36	36	71
Agree	_	38	37	13
Strongly agree	_	14	14	13
School staff takes parent concerns seriously.				
Strongly disagree	—	4	5	0
Disagree	_	11	11	4
Neither disagree nor agree	_	37	30	42
Agree	_	38	39	38
Strongly agree	_	10	15	17

Question HS/MS A.28-30: How strongly do you agree or disagree with the following statements?... Teachers at this school communicate with parents about what students are expected to learn in class... Parents feel welcome to participate at this school... School staff takes parent concerns seriously. Notes: Cells are empty if there are less than 10 respondents.

# Table A4.13Quality of School Physical Environment

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
My school is usually clean and tidy.				
Strongly disagree	_	3	3	4
Disagree	_	9	6	0
Neither disagree nor agree	_	19	19	29
Agree	_	52	47	46
Strongly agree	_	18	25	21

Question HS/MS A.27: How strongly do you agree or disagree with the following statements?... My school is usually clean and tidy.

Notes: Cells are empty if there are less than 10 respondents.

# 5. School Violence, Victimization, and Safety

#### Table A5.1

Perceived Safety at School

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Very safe		18	32	38
Safe	_	51	44	33
Neither safe nor unsafe	_	27	19	29
Unsafe	_	3	3	0
Very unsafe	_	2	1	0

*Question HS A.99/MS A.88: How safe do you feel when you are at school? Notes: Cells are empty if there are less than 10 respondents.* 

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
Race, ethnicity, or national origin				
0 times	-	89	90	96
1 time	—	4	4	4
2 or more times	_	8	6	0
Religion				
0 times	_	93	95	92
1 time	_	3	2	8
2 or more times	_	4	3	0
Gender (being male or female)				
0 times	_	88	90	96
1 time	_	4	4	4
2 or more times	_	8	6	0
Because you are gay or lesbian or someone thought				
you were				
0 times	_	92	93	100
1 time	_	3	3	0
2 or more times	_	5	4	0
A physical or mental disability				
0 times	_	96	96	96
1 time	_	2	2	4
2 or more times	_	2	2	0
You are an immigrant or someone thought you were				
0 times	_	96	96	100
1 time	_	2	2	0
2 or more times	_	2	2	0
Any of the above six reasons	_	28	22	13

## Table A5.2Reasons for Harassment on School Property, Past 12 Months

Question HS A.115-120/MS A.105-110: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin... Your religion... Your gender... Because you are gay or lesbian or someone thought you were... A physical or mental disability... You are an immigrant or someone thought you were.

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Any other reason				
0 times	_	77	86	83
1 time	_	8	5	13
2 or more times	_	15	9	4
Any harassment	_	37	27	21

## Table A5.2Reasons for Harassment on School Property, Past 12 Months – Continued

Question HS A.115-121/MS A.105-111: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin... Your religion... Your gender... Because you are gay or lesbian or someone thought you were... A physical or mental disability... You are an immigrant or someone thought you were... Any other reason. Notes: Cells are empty if there are less than 10 respondents.

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
During the past 12 months, how many times on school property have you				
had mean rumors or lies spread about you?				
0 times	_	64	69	54
1 time	_	19	15	13
2 to 3 times	_	10	10	21
4 or more times	_	7	5	13
had sexual jokes, comments, or gestures made to you?				
0 times	_	66	70	67
1 time	_	12	11	13
2 to 3 times	_	10	10	13
4 or more times	_	13	10	8
been made fun of because of your looks or the way you talk?				
0 times	_	64	76	83
1 time	_	14	8	0
2 to 3 times	_	9	7	8
4 or more times	_	12	8	8
been made fun of, insulted, or called names?				
0 times	_	66	75	83
1 time	_	13	9	4
2 to 3 times	_	8	8	4
4 or more times	_	14	9	8

 Table A5.3

Verbal Harassment at School, Past 12 Months

Question HS A.103-105, 114/MS A.93-95, 104: During the past 12 months, how many times on school property have you... had mean rumors or lies spread about you... had sexual jokes, comments, or gestures made to you... been made fun of because of your looks or the way you talk... been made fun of, insulted, or called names? Notes: Cells are empty if there are less than 10 respondents.

Table A5.4

	Grade 7 %	Grade 9 %	Grade 11 $\%$	NT %
During the past 12 months, how many times on school				
property have you				
been pushed, shoved, slapped, hit, or kicked by				
someone who wasn't just kidding around?		0.4	02	0.0
0 times	_	84	93	88
1 time	_	8	4	8
2 to 3 times	_	5	1	0
4 or more times	_	3	1	4
been afraid of being beaten up?				
0 times	—	90	96	88
1 time	_	6	1	4
2 to 3 times	_	2	1	4
4 or more times	_	2	1	4
been threatened with harm or injury?				
0 times	_	94	96	88
1 time	—	3	2	4
2 to 3 times	—	2	1	0
4 or more times	—	1	1	8
been in a physical fight?				
0 times	_	92	96	96
1 time	_	5	2	4
2 to 3 times	_	2	1	0
4 or more times	_	1	1	0
been threatened or injured with a weapon (gun,				
knife, club, etc.)?				
0 times	-	97	99	88
1 time	_	2	1	4
2 to 3 times	_	0	0	0
4 or more times	_	1	0	8
been offered, sold, or given an illegal drug?				
0 times	_	60	69	75
1 time	_	14	10	4
2 to 3 times	_	11	10	13
4 or more times	_	15	11	8

Question HS A.100-102, 107, 111, 113/MS A.90-92, 97, 101, 103: During the past 12 months, how many times on school property have you... been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around... been afraid of being beaten up... been in a physical fight... been offered, sold, or given an illegal drug... been threatened or injured with a weapon (gun, knife, club, etc.) ... been threatened with harm or injury? Note: Cells are empty if there are less than 10 respondents.

Table A5.5

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Had your property stolen or deliberately damaged				
0 times	_	78	86	75
1 time	_	12	9	17
2 to 3 times	_	7	3	4
4 or more times	_	3	1	4
Damaged school property on purpose				
0 times	_	95	95	96
1 time	_	3	2	4
2 to 3 times	_	1	2	0
4 or more times	_	1	1	0

Property Damage on School Property, Past 12 Months

Question HS A.106, 108/MS A.96, 98: During the past 12 months, how many times on school property have you... had your property stolen or deliberately damaged, such as your car, clothing, or books... damaged school property on purpose?

Note: Cells are empty if there are less than 10 respondents.

#### Table A5.6

#### Weapons Possession on School Property, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Carried a gun				
0 times	_	100	99	96
1 time	_	0	0	0
2 to 3 times	_	0	0	0
4 or more times	_	0	0	4
Carried any other weapon (such as a knife or club)				
0 times	_	96	97	96
1 time	_	2	1	0
2 to 3 times	_	1	1	0
4 or more times	_	2	1	4
Seen someone carrying a gun, knife, or other weapon				
0 times	_	87	93	83
1 time	_	7	4	13
2 to 3 times	_	4	2	0
4 or more times	_	3	1	4

Question HS A.109, 110, 112/MS A.99, 100, 102: During the past 12 months, how many times on school property have you... carried a gun... carried any other weapon (such as a knife or club)... seen someone carrying a gun, knife, or other weapon?

### 6. Alcohol and Other Drug Use

#### Table A6.1

Summary Measures of Level of AOD Use and Perceptions

	Grade 7 %	Grade 9 %	Grade 11 %	NT %	Table
Lifetime illicit AOD use to get "high" <sup>†</sup>	_	46	75	92	A6.2
Lifetime alcohol or drugs (any use)	_	49	75	92	A6.2
Lifetime very drunk or high (7 or more times)	_	15	34	71	A6.7
Lifetime drinking and driving involvement	_	11	38	46	A6.11
Current alcohol or drugs	_	30	57	83	A6.5
Current heavy drug uses	_	11	23	58	A6.5
Current heavy alcohol use (binge drinking)	_	12	33	46	A6.5
Current alcohol or drug use on school property	_	9	11	21	A6.8
Harmfulness of occasional marijuana use <sup>‡</sup>	_	16	11	21	A6.12
Difficulty of obtaining marijuana <sup>§</sup>	_	2	2	8	A6.13

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup>*Excludes prescription pain medication, Diet Pills, and prescription stimulant.* 

 $^{\ddagger}Great$  harm.

<sup>§</sup>Very difficult.

#### Table A6.2

#### Summary of AOD Lifetime Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol		41	71	88
Marijuana	_	32	60	88
Inhalants	_	5	4	22
Cocaine, Methamphetamine, or any amphetamines	na	3	6	52
Heroin	na	1	1	14
Ecstasy, LSD, or other psychedelics	na	5	11	42
Prescription pain killers, Diet Pills, or other prescription stimulant	na	13	23	67
Cold/Cough Medicines or other over-the-counter medicines to get "high"	na	5	6	26
Any other drug, pill, or medicine to get "high"	_	4	5	39
Any of the above AOD use	_	49	75	92
Any illicit AOD use to get "high" <sup>†</sup>	_	46	75	92

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup>*Excludes prescription pain medication, Diet Pills, and prescription stimulant.* 

Table A6.3 Lifetime AOD Use

	Grade 7	Grade 9	Grade 11	NT
Alcohol (one full drink)	%	%	%	%
0 times		59	29	13
1 time		9	6	0
2 to 3 times		10	11	13
4 or more times		22	55	75
Marijuana (smoke, vape, eat, or drink)			55	15
0 times	_	68	40	13
1 time		5	5	0
2 to 3 times		6	9	8
4 or more times		21	46	79
Inhalants	_	<i>L</i> 1	40	17
0 times		95	96	78
1 time		2	2	9
2 to 3 times		1	1	4
4 or more times		2	1	9
		Δ	1	9
<b>Cocaine, Methamphetamine, or any amphetamines</b> 0 times	20	97	94	48
1 time	na			40
	na	1	1	
2 to 3 times	na	1	1	13
4 or more times	na	1	4	35
Heroin		00	00	06
0 times	na	99	99	86
1 time	na	0	0	5
2 to 3 times	na	0	0	5
4 or more times	na	0	0	5
Ecstasy, LSD, or other psychedelics				
0 times	na	95	89	58
1 time	na	2	5	17
2 to 3 times	na	2	3	4
4 or more times	na	1	4	21

Question HS A.49-52, 54, 55/MS A.50-52: During your life, how many times have you used the following? One full drink of alcohol (such as a can of beer, glass of wine, wine cooler, or shot of liquor)... Marijuana (smoke, vape, eat, or drink)... Inhalants (things you sniff, huff, or breathe to get "high" such as glue, paint, aerosol sprays, gasoline, poppers, gases)... Cocaine, Methamphetamine, or any amphetamines (meth, speed, crystal, crank, ice)... Heroin... Ecstasy, LSD, or other psychedelics (acid, mescaline, peyote, mushrooms). Notes: Cells are empty if there are less than 10 respondents.

Table A6.3Lifetime AOD Use - Continued

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Prescription pain medication or opioids, tranquilizers, or sedatives	10	/0	///	/0
0 times	na	94	88	38
1 time	na	2	5	8
2 to 3 times	na	1	3	13
4 or more times	na	3	4	42
Diet Pills				
0 times	na	97	96	87
1 time	na	1	1	0
2 to 3 times	na	1	0	4
4 or more times	na	2	3	9
Ritalin <sup>TM</sup> or Adderall <sup>TM</sup> or other prescription stimulant				
0 times	na	92	84	59
1 time	na	3	3	0
2 to 3 times	na	1	4	14
4 or more times	na	4	9	27
Cold/Cough Medicines or other over-the-counter medicines to get "high"				
0 times	na	95	94	74
1 time	na	2	2	4
2 to 3 times	na	2	2	13
4 or more times	na	1	2	9
Any other drug, pill, or medicine to get "high" or for other than medical reasons				
0 times	_	96	95	61
1 time	_	1	2	4
2 to 3 times	_	2	1	13
4 or more times	_	1	2	22

Question HS A.56-60/MS A.54: During your life, how many times have you used the following?... Prescription pain medication or opioids (Vicodin<sup>TM</sup>, OxyContin<sup>TM</sup>, Percodan<sup>TM</sup>, Lortab<sup>TM</sup>), tranquilizers, or sedatives (Xanax<sup>TM</sup>, Ativan<sup>TM</sup>)... Diet Pills (Didrex, Dexedrine, Zinadrine, Skittles, M&M's)... Ritalin<sup>TM</sup> or Adderall<sup>TM</sup> or other prescription stimulant... Cold/Cough Medicines or other over-the-counter medicines to get "high"... Any other drug, pill, or medicine to get "high" or for other than medical reasons. Notes: Cells are empty if there are less than 10 respondents.

Table A6.4Lifetime Marijuana Consumption

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
During your life, how many times have you used marijuana in any of the following ways				
Smoke it?				
0 times	_	74	43	21
1 time	_	5	7	0
2 to 3 times	_	5	10	4
4 or more times	_	17	40	75
In an electronic or e-cigarette or other vaping device?				
0 times	_	71	50	25
1 time	_	6	7	0
2 to 3 times	_	6	8	8
4 or more times	_	17	35	67
Eat or drink it in products made with marijuana?				
0 times	_	82	60	21
1 time	_	7	11	8
2 to 3 times	_	5	10	21
4 or more times	_	6	18	50

Question HS A.64-66/MS A.58-60: During your life, how many times have you used marijuana in any of the following ways... Smoke it?... In an electronic or e-cigarette or other vaping device?... Eat or drink it in products made with marijuana?

#### Table A6.5

#### Current AOD Use, Past 30 Days

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
Alcohol (one or more drinks of alcohol)	_	23	47	71
Binge drinking (5 or more drinks in a row)	_	12	33	46
Marijuana (smoke, vape, eat, or drink)	_	22	40	79
Inhalants	_	2	1	17
Prescription drugs to get "high" or for reasons other than prescribed	na	2	3	26
Other drug, pill, or medicine to get "high" or for reasons other than medical	_	2	2	22
Any drug use	_	22	40	83
Heavy drug use	_	11	23	58
Any AOD Use	_	30	57	83
Two or more substances at the same time	na	8	19	30

Question HS A.70-76/MS A.64-68: During the past 30 days, on how many days did you use... one or more drinks of alcohol... five or more drinks of alcohol in a row, that is, within a couple of hours... marijuana (smoke, vape, eat, or drink)... inhalants (things you sniff, huff, or breathe to get "high")... prescription drugs to get "high" or for reasons other than prescribed ... any other drug, pill, or medicine to get "high" or for reasons other than medical... two or more substances at the same time (for example, alcohol with marijuana, ecstasy with mushrooms)?

Notes: Cells are empty if there are less than 10 respondents.

Heavy drug use was calculated based on pattern of combined current drug use on three or more days (marijuana, inhalants, prescription pain medicine to get "high" (high school only) and any other illegal drug/pill to get "high").

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol (one or more drinks)				
0 days	_	77	53	29
1 or 2 days	_	17	23	38
3 to 9 days	_	5	20	17
10 to 19 days	_	1	3	8
20 or more days	_	0	1	8
Binge drinking (5 or more drinks in a row)				
0 days	_	88	67	54
1 or 2 days	_	10	18	29
3 to 9 days	_	2	12	4
10 to 19 days	_	0	2	4
20 or more days	_	0	1	8
Marijuana (smoke, vape, eat, or drink)				
0 days	_	78	60	21
1 or 2 days	_	11	18	25
3 to 9 days	_	6	12	17
10 to 19 days	_	3	4	13
20 or more days	_	2	6	25

## Table A6.6Frequency of Current AOD Use, Past 30 Days

Question HS A.70-72/MS A.64-66: During the past 30 days, on how many days did you use... one or more drinks of alcohol... five or more drinks of alcohol in a row, that is, within a couple of hours... marijuana (smoke, vape, eat, or drink)?

Table A6.7Lifetime Drunk or "High"

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Very drunk or sick after drinking alcohol	70	70	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	/0
0 times	_	77	49	29
1 to 2 times	_	14	21	21
3 to 6 times	_	6	15	21
7 or more times	_	4	15	29
"High" (loaded, stoned, or wasted) from using drugs				
0 times	_	71	45	13
1 to 2 times	_	9	13	8
3 to 6 times	_	6	10	8
7 or more times	_	14	32	71
Very drunk or "high" 7 or more times	_	15	34	71

Question HS A.61, 62/MS A.55, 56: During your life, how many times have you been... very drunk or sick after drinking alcohol... "high" (loaded, stoned, or wasted) from using drugs? Note: Cells are empty if there are less than 10 respondents.

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	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol				
0 days	_	98	98	96
1 to 2 days	_	2	2	4
3 or more days	_	0	1	0
Marijuana (smoke, vape, eat, or drink)				
0 days	_	93	90	88
1 to 2 days	_	5	6	8
3 or more days	_	2	3	4
Any other drug, pill, or medicine to get "high" or for reasons other than medical?				
0 days	_	99	99	92
1 to 2 days	_	1	1	8
3 or more days	_	0	0	0
Any of the above	_	9	11	21

## Table A6.8Current AOD Use on School Property, Past 30 Days

Question HS A.80-82/MS A.72-74: During the past 30 days, on how many days on school property did you use... at least one drink of alcohol... marijuana (smoke, vape, eat, or drink)... any other drug, pill, or medicine to get "high" or for reasons other than medical?

Note: Cells are empty if there are less than 10 respondents.

#### Table A6.9

#### Lifetime Drunk or "High" on School Property

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times	_	87	78	50
1 to 2 times	_	7	11	13
3 to 6 times	_	3	5	8
7 or more times	_	4	7	29

Question HS A.63/MS A.57: During your life, how many times have you been... drunk on alcohol or "high" on drugs on school property?

Table A6.10

**Cessation Attempts** 

	Grade 7	Grade 9	Grade 11	NT
Alcohol	%	%	%	%
Does not apply, don't use	na	77	55	38
0 times	na	18	39	33
1 time	na	4	4	13
2 to 3 times	na	1	1	13
4 or more times	na	1	1	4
Marijuana				
Does not apply, don't use	na	75	56	25
0 times	na	17	32	38
1 time	na	5	7	4
2 to 3 times	na	2	3	21
4 or more times	na	1	2	13

Question HS A.96, 97: How many times have you tried to quit or stop using... alcohol... marijuana? Notes: Cells are empty if there are less than 10 respondents. na—Not asked of middle school students.

Table A6.11Drinking While Driving, Lifetime

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Driven a car when you had been using alcohol or drugs, or been in a car driven by a friend who had been using				
Never	na	89	62	54
1 time	na	5	11	8
2 times	na	3	9	8
3 to 6 times	na	2	9	4
7 or more times	na	1	9	25
Have ridden in a car driven by someone who had been using alcohol or drugs				
Never	_	na	na	na
1 time	_	na	na	na
2 times	_	na	na	na
3 to 6 times	_	na	na	na
7 or more times	_	na	na	na

Question HS A.98/MS A.87: During your life, how many times have you ever driven a car when you had been using alcohol or drugs, or been in a car driven by a friend when he or she had been using?... In your life, how many times have you ridden in a car driven by someone who had been using alcohol or drugs?

Notes: Cells are empty if there are less than 10 respondents.

Table A6.12

Perceived Harm of AOD Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Alcohol - drink occasionally				
Great	_	16	12	25
Moderate	_	32	24	33
Slight	_	39	47	33
None	_	14	17	8
Alcohol - 5 or more drinks once or twice a week				
Great	_	62	53	42
Moderate	_	26	34	29
Slight	_	7	9	21
None	_	5	4	8
Marijuana - use occasionally				
Great	_	16	11	21
Moderate	_	29	18	8
Slight	_	35	42	25
None	_	20	29	46
Marijuana - use daily				
Great	_	48	36	33
Moderate	_	30	34	13
Slight	_	12	19	13
None	_	10	11	42

Question HS A.87-90/MS A.79-82: How much do people risk harming themselves physically and in other ways when they do the following?... Drink alcohol (beer, wine, liquor) occasionally... Have five or more drinks of alcohol once or twice a week... Use marijuana occasionally (smoke, eat, or drink) ... Use marijuana daily. Note: Cells are empty if there are less than 10 respondents.

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
Alcohol				
Very difficult	_	2	2	13
Fairly difficult	_	5	4	8
Fairly easy	_	26	26	25
Very easy	_	53	61	54
Don't know	_	15	7	0
Marijuana				
Very difficult	_	2	2	8
Fairly difficult	_	5	2	0
Fairly easy	_	25	23	8
Very easy	_	50	64	79
Don't know	_	18	9	4

# Table A6.13Perceived Difficulty of Obtaining Alcohol and Marijuana

Question HS A.93, 94/MS A.85, 86: How difficult is it for students in your grade to get any of the following if they really want them?... Alcohol... Marijuana.

### 7. Tobacco Use

#### Table A7.1

#### Summary of Key CHKS Tobacco Indicators

	Grade 7	Grade 9	Grade 11	NT	Table
	%	%	%	%	
Use Prevalence and Patterns					
Ever smoked a whole cigarette	_	8	22	74	A7.2
Current cigarette smoking <sup>†</sup>	_	3	9	33	A7.3
Current cigarette smoking at school <sup>†</sup>	—	1	1	13	A7.4
Ever tried smokeless tobacco	_	4	11	23	A7.2
Current smokeless tobacco use <sup>†</sup>	_	2	3	4	A7.3
Current smokeless tobacco use at school <sup><math>\dagger</math></sup>	_	1	1	0	A7.4
Ever used electronic cigarettes	_	39	52	74	A7.2
Current use of electronic cigarettes <sup>†</sup>	_	24	33	67	A7.3
Current use of electronic cigarettes at school <sup>†</sup>	_	13	15	33	A7.4
Cessation Attempts					
Tried to quit or stop using cigarettes	na	3	6	25	A7.5
Attitudes and Correlates					
Harmfulness of occasional cigarette smoking <sup><math>\ddagger</math></sup>	_	21	24	17	A7.6
Harmfulness of smoking 1 or more packs/day <sup>‡</sup>	_	79	88	67	A7.6
Difficulty of obtaining cigarettes <sup>§</sup>	_	3	3	17	A7.8

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup>Past 30 days.

<sup>‡</sup>Great harm.

<sup>§</sup>Very difficult.

Table A7.2Lifetime Tobacco Use

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
A cigarette, even one or two puffs				
0 times	_	na	na	na
1 time	—	na	na	na
2 to 3 times	-	na	na	na
4 or more times	_	na	na	na
A whole cigarette				
0 times	_	92	78	26
1 time	_	3	5	9
2 to 3 times	_	2	6	13
4 or more times	_	3	11	52
Smokeless tobacco				
0 times	_	96	89	77
1 time	_	2	4	5
2 to 3 times	_	1	3	9
4 or more times	_	1	4	9
An electronic cigarette or other vaping device				
0 times	_	61	48	26
1 time	_	6	7	0
2 to 3 times	_	7	8	4
4 or more times	_	25	38	70

Question HS A.46-48/MS A.46-49: During your life, how many times have you used the following? A cigarette, even one or two puffs... A whole cigarette... Smokeless tobacco (dip, chew, or snuff)... Electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens.

Notes: Cells are empty if there are less than 10 respondents.

### Table A7.3

Any Current Use and Daily Use

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Cigarettes				
Any	_	3	9	33
Daily (20 or more days)	_	0	1	4
Smokeless tobacco				
Any	_	2	3	4
Daily (20 or more days)	_	0	0	4
Electronic cigarettes or other vaping device				
Any	_	24	33	67
Daily (20 or more days)	_	5	9	29

Question HS A.67-69/MS A.61-63: During the past 30 days, on how many days did you use... cigarettes... smokeless tobacco (dip, chew, or snuff)... electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens?

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Cigarettes				
0 days	_	99	99	88
1 or 2 days	_	1	1	4
3 to 9 days	_	0	0	4
10 to 19 days	_	0	0	0
20 or more days	_	0	0	4
Smokeless tobacco				
0 days	_	99	99	100
1 or 2 days	_	0	0	0
3 to 9 days	_	0	1	0
10 to 19 days	_	0	0	0
20 or more days	_	0	0	0
Electronic cigarettes or other vaping device				
0 days	_	87	85	67
1 or 2 days	_	5	4	8
3 to 9 days	_	2	3	13
10 to 19 days	_	2	2	4
20 or more days	_	2	5	8

## Table A7.4Current Smoking on School Property, Past 30 Days

Question HS A.77-79/MS A.69-71: During the past 30 days, on how many days on school property did you use... cigarettes... smokeless tobacco (dip, chew, or snuff)... electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens?

#### Table A7.5

#### Cigarette Smoking Cessation Attempts

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Does not apply, don't use	na	91	84	63
0 times	na	6	10	13
1 time	na	1	3	13
2 to 3 times	na	1	2	8
4 or more times	na	1	2	4

Question HS A.95: How many times have you tried to quit or stop using cigarettes?

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of middle school students.

#### Table A7.6

#### Perceived Harm of Cigarette Smoking

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
Smoke cigarettes occasionally				
Great	_	21	24	17
Moderate	_	47	47	25
Slight	_	23	22	29
None	_	9	7	29
Smoke 1 or more packs of cigarettes each day				
Great	_	79	88	67
Moderate	_	11	6	13
Slight	_	3	2	8
None	_	7	4	13

*Question HS A.83, 84/MS A.75, 76: How much do people risk harming themselves physically and in other ways when they do the following?... Smoke cigarettes occasionally... Smoke 1 or more packs of cigarettes each day. Note: Cells are empty if there are less than 10 respondents.* 

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Use e-cigarettes or vaping device occasionally compared to smoking cigarettes				
Great	_	22	22	17
Moderate	_	40	40	33
Slight	_	29	30	33
None	_	9	8	17
Use e-cigarettes or vaping devices several times a day compared to smoking cigarettes				
Great	_	52	52	21
Moderate	_	32	33	38
Slight	_	10	10	25
None	_	6	5	17

## Table A7.7 Perceived Harm of E-Cigarette Use Compared to Smoking

*Question HS A.85, 86/MS A.77, 78: How much do people risk harming themselves physically and in other ways when they do the following?... Use e-cigarettes (electronic) or vaping device occasionally compared to smoking cigarettes... Use e-cigarettes or vaping devices several times a day compared to smoking cigarettes. Note: Cells are empty if there are less than 10 respondents.* 

	Grade 7	Grade 9	Grade 11	NT
	%	%	%	%
Cigarettes				
Very difficult	_	3	3	17
Fairly difficult	_	16	11	4
Fairly easy	_	33	31	21
Very easy	_	21	36	54
Don't know	_	27	19	4
E-Cigarettes or vaping device				
Very difficult	_	1	2	13
Fairly difficult	_	2	3	13
Fairly easy	_	17	20	13
Very easy	_	67	67	58
Don't know	_	12	9	4

## Table A7.8Perceived Difficulty of Obtaining Cigarettes and E-Cigarettes

*Question HS A.91, 92/MS A.83, 84: How difficult is it for students in your grade to get any of the following if they really want them?... Cigarettes.... E-cigarettes (electronic) or vaping device Note: Cells are empty if there are less than 10 respondents.* 

### 8. Other Physical and Mental Health Risks

#### Table A8.1

#### Cyber Bullying, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
0 times (never)		73	74	58
1 time	_	13	15	17
2 to 3 times	_	8	8	13
4 or more times	_	6	3	13

*Question HS A.122/MS A.112: During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone? Note: Cells are empty if there are less than 10 respondents.* 

#### Table A8.2

#### Alone After School

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Never	_	na	na	na
1 day	_	na	na	na
2 days	_	na	na	na
3 days	_	na	na	na
1 day 2 days 3 days 4 days 5 days	_	na	na	na
5 days	-	na	na	na

*Question MS A.89: In a normal week, how many days are you home after school for at least one hour without an adult there?* 

Notes: Cells are empty if there are less than 10 respondents.

na—Not asked of high school students.

## Table A8.3Eating of Breakfast

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	_	26	32	46
Yes	_	74	68	54

*Question HS A.126/MS A.115: Did you eat breakfast today? Note: Cells are empty if there are less than 10 respondents.* 

#### Table A8.4

#### Chronic Sad or Hopeless Feelings, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	_	71	65	75
Yes	_	29	35	25

Question HS A.124/MS A.114: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities? Note: Cells are empty if there are less than 10 respondents.

#### Table A8.5

#### Seriously Considered Attempting Suicide, Past 12 Months

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
No	na	85	88	79
Yes	na	15	12	21

*Question HS A.125: During the past 12 months, did you ever seriously consider attempting suicide? Notes: Cells are empty if there are less than 10 respondents. na—Not asked of middle school students.* 

#### Table A8.6

#### Gang Involvement

	Grade 7 %	Grade 9	Grade 11	NT %
No		95	<u>96</u>	92
Yes	_	5	4	8

*Question HS A.123/MS A.113: Do you consider yourself a member of a gang? Note: Cells are empty if there are less than 10 respondents.* 

### 9. Race/Ethnic Breakdowns

#### Table A9.1

#### School Supports and Engagement by Race/Ethnicity - 7th Grade

	Grade 7						
Percent of Students (%)	H/L	AI/AN	Asian	AA	NH/PI	White	Mixed
School Environment							
Total school supports <sup>‡</sup>	—	-	_	_	-	-	-
Caring adults in school <sup>‡</sup>	_	-	_	_	_	_	_
High expectations-adults in school <sup>‡</sup>	_	-	_	_	_	_	_
Meaningful participation at school <sup><math>\ddagger</math></sup>	_	-	_	_	_	_	_
School Connectedness <sup>†</sup>	_	-	_	_	_	_	_
Academic Motivation $^{\dagger}$	-	-	_	_	_	_	_
Parent Involvement in School $^{\dagger}$	_	-	_	_	_	-	_

Notes: Cells are empty if there are less than 10 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races. <sup>†</sup>Average percent of respondents reporting "Strongly agree." <sup>‡</sup>Average percent of respondents reporting "Very much true."

#### Table A9.2

#### School Supports and Engagement by Race/Ethnicity - 9th Grade

				Grade 9					
Percent of Students (%)	НЛ	NV/IV	Asian	ΥV	Id/HN	White	Mixed		
School Environment									
Total school supports <sup>‡</sup>	25		22	20		26	29		
Caring adults in school <sup>‡</sup>	29		26	22		29	32		
High expectations-adults in school <sup>‡</sup>	37		32	33		39	43		
Meaningful participation at school <sup>‡</sup>	10		7	5		10	11		
School Connectedness <sup>†</sup>	20		22	18		23	21		
Academic Motivation $^{\dagger}$	35		38	33		35	35		
Parent Involvement in School $^{\dagger}$	16		15	6		11	14		

Notes: Cells are empty if there are less than 10 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races. <sup>†</sup>Average percent of respondents reporting "Strongly agree." <sup>‡</sup>Average percent of respondents reporting "Very much true."

	Grade 11						
Percent of Students (%)	H/L	AI/AN	Asian	AA	NH/PI	White	Mixed
School Environment							i
Total school supports <sup>‡</sup>	31	29	27	31		31	28
Caring adults in school <sup>‡</sup>	38	41	30	33		36	32
High expectations-adults in school <sup>‡</sup>	45	38	32	33		43	40
Meaningful participation at school <sup>‡</sup>	12	6	19	27		15	11
School Connectedness <sup>†</sup>	24	20	18	11		28	21
Academic Motivation $^{\dagger}$	32	36	41	30		34	26
Parent Involvement in School $^{\dagger}$	17	17	14	10		15	11

Table A9.3School Supports and Engagement by Race/Ethnicity - 11th Grade

Notes: Cells are empty if there are less than 10 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races. <sup>†</sup>Average percent of respondents reporting "Strongly agree." <sup>‡</sup>Average percent of respondents reporting "Very much true."

#### Table A9.4

#### School Supports and Engagement by Race/Ethnicity - Non-Traditional

		NT					
Percent of Students (%)	H/L	AI/AN	Asian	AA	NH/PI	White	Mixed
School Environment							
Total school supports <sup>‡</sup>						35	
Caring adults in school <sup>‡</sup>						47	
High expectations-adults in school <sup>‡</sup>						47	
Meaningful participation at school <sup>‡</sup>						12	
School Connectedness $^{\dagger}$						16	
Academic Motivation $^{\dagger}$						40	
Parent Involvement in School $^{\dagger}$						20	

Notes: Cells are empty if there are less than 10 respondents. H/L: Hispanic or Latino; AI/AN: American Indian or Alaska Native; AA: Black or African American; NH/PI: Native Hawaiian or Pacific Islander; Mixed: Mixed (two or more) races. <sup>†</sup>Average percent of respondents reporting "Strongly agree." <sup>‡</sup>Average percent of respondents reporting "Very much true."

#### Table A9.5

Feeling Safe or Very Safe at School by Race/Ethnicity
---

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	_	65	73	
American Indian or Alaska Native	_		62	
Asian	_	66	78	
Black or African American	_	60	54	
Native Hawaiian or Pacific Islander	_			
White	_	68	76	70
Mixed (two or more) races	_	70	79	

Note: Cells are empty if there are less than 10 respondents.

#### Table A9.6

#### Harassment Due to Six Reasons at School in the Past 12 Months by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	_	34	34	
American Indian or Alaska Native	_		38	
Asian	_	34	15	
Black or African American	_	36	69	
Native Hawaiian or Pacific Islander	_			
White	_	26	19	10
Mixed (two or more) races	_	34	30	

Notes: Cells are empty if there are less than 10 respondents.

The six reasons include race, ethnicity or national origin; religion; gender (being male or female); sexual orientation; a physical or mental disability; and immigrant status.

## Table A9.7 Any Harassment or Bullying at School in the Past 12 Months by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	_	41	37	
American Indian or Alaska Native	_		38	
Asian	_	34	15	
Black or African American	_	55	69	
Native Hawaiian or Pacific Islander	_			
White	_	36	24	20
Mixed (two or more) races	_	40	38	

Note: Cells are empty if there are less than 10 respondents.

#### Table A9.8

#### Any Alcohol Use at School in the Past 30 Days by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	_	5	3	
American Indian or Alaska Native	_		8	
Asian	_	0	0	
Black or African American	_	0	8	
Native Hawaiian or Pacific Islander	_			
White	_	2	2	
Mixed (two or more) races	_	3	5	

#### Table A9.9

Cigarette Smoking in the Past 30 Days by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	_	5	14	
American Indian or Alaska Native	_		15	
Asian	_	2	3	
Black or African American	_	8	8	
Native Hawaiian or Pacific Islander	_			
White	_	3	9	50
Mixed (two or more) races	_	3	10	

Notes: Cells are empty if there are less than 10 respondents.

#### Table A9.10

#### Any Alcohol Use in the Past 30 Days by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	_	17	37	
American Indian or Alaska Native	_		31	
Asian	_	8	24	
Black or African American	_	8	46	
Native Hawaiian or Pacific Islander	_			
White	_	24	51	80
Mixed (two or more) races	_	22	38	

#### Table A9.11

Any Marijuana Use in the Past 30 Days by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	_	22	39	
American Indian or Alaska Native	_		31	
Asian	_	10	15	
Black or African American	_	33	46	
Native Hawaiian or Pacific Islander	_			
White	_	21	41	90
Mixed (two or more) races	_	24	41	

Notes: Cells are empty if there are less than 10 respondents.

#### Table A9.12

#### Chronic Sad or Hopeless Feelings in the Past 12 Months by Race/Ethnicity

	Grade 7 %	Grade 9 %	Grade 11 %	NT %
Hispanic or Latino	_	33	39	
American Indian or Alaska Native	_		54	
Asian	_	17	19	
Black or African American	_	30	27	
Native Hawaiian or Pacific Islander	_			
White	_	28	35	20
Mixed (two or more) races	_	32	40	

### 10. Gender Breakdowns

#### Table A10.1

#### School Supports and Engagement by Gender

	Grad	Grade 7		Grade 9		Grade 11		NT	
	Female	Male	Female	Male	Female	Male	Female	Male	
	%	%	%	%	%	%	%	%	
School Environment									
Total school supports <sup>‡</sup>	_	_	27	26	31	30	34	25	
Caring adults in school <sup>‡</sup>	_	_	29	31	36	35	44	25	
High expectations-adults in school <sup><math>\ddagger</math></sup>	_	_	41	38	43	41	47	33	
Meaningful participation at school <sup><math>\ddagger</math></sup>	_	_	10	9	14	15	10	17	
School Connectedness <sup>†</sup>	_	_	21	23	23	28	23	12	
Academic Motivation <sup>†</sup>	_	_	41	29	39	27	44	33	
Parent Involvement in School <sup>†</sup>	_	_	11	13	13	16	19	11	

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup>Average percent of respondents reporting "Strongly agree."

<sup>‡</sup>Average percent of respondents reporting "Very much true."

#### Table A10.2

Select Perceived Safety, Harassment, Alcohol and Other Drug Use, and Mental Health Measures by Gender

	Grade 7		Grade 9		Grade 11		NT	
	Female %	Male %	Female %	Male %	Female %	Male %	Female %	Male %
Perceived Safety at School								
Feel safe or very safe at school	—	_	65	72	70	83	50	92
Harassment/Bullying at School								
During the past 12 month at school, have you been								
harassed/bullied for any of the six reasons	_	-	31	25	24	20	8	17
harassed/bullied for any reasons	_	_	38	36	29	26	17	25
Current ATOD Use								
During the past 30 days, did you								
have at least one drink of alcohol at school	_	_	3	2	2	3	0	9
smoke cigarettes	_	_	4	2	8	10	33	33
have at least one drink of alcohol	_	_	28	17	53	41	75	67
use marijuana	_	_	23	20	40	39	83	75
Mental Health								
Chronic sad or hopeless feelings, past 12 months	_	_	38	20	43	27	33	17

### Z. Tamalpais Union High Custom Questions

### 1. Module Sample

Table Z1.1

Student Sample for Custom Questions

	Grade 7	Grade 9	Grade 11	NT <sup>A</sup>
Student Sample Size				
Target sample	_	1,330	1,114	55
Final number	_	1,036	821	24
Response Rate	_	78%	74%	44%

*Note:* <sup>*A</sup></sup><i>NT includes continuation, community day, and other alternative school types.*</sup>

# 2. Custom Questions

#### Table Z.2.1

Teachers and other adults encourage me to work hard in school so I can be successful in college or at the job I choose. - How strongly do you agree or disagree with the following statements?

	Grade			
	9th %	11th %	NT %	Total %
Strongly disagree	4	4	8	4
Disagree	5	4	0	4
Neither agree nor disagree	15	14	25	15
Agree	45	46	33	45
Strongly agree	31	32	33	32

Question HS/MS Z.I.1.

Note: Columns are not displayed if there are less than 10 respondents.

#### Table Z.2.2

I have been disrespected or mistreated by an adult at this school because of my race, ethnicity, or nationality. -How strongly do you agree or disagree with the following statements?

		Grade		
	9th %	11th %	NT %	Total %
Strongly disagree	67	62	58	65
Disagree	18	18	21	18
Neither agree nor disagree	7	11	17	9
Agree	4	4	4	4
Strongly agree	4	4	0	4

Question HS/MS Z.I.2.

Note: Columns are not displayed if there are less than 10 respondents.

#### Table Z.2.3

Outside of my home and school, there is an adult who really cares about me. - How true do you feel these statements are about you personally?

	Grade			
	9th %	11th %	NT %	Total %
Not at all true	4	4	8	4
A little true	8	7	13	8
Pretty much true Very much true	14 73	15 74	25 54	15 73

Question HS/MS Z.I.3.

Outside of my home and school, there is an adult who tells me when I do a good job. - How true do you feel these statements are about you personally?

	Grade			
	9th %	11th	NT	Total
		% % %	%	%
Not at all true	6	6	17	6
A little true	12	11	25	11
Pretty much true	19	21	13	20
Very much true	63	63	46	63

Question HS/MS Z.I.4.

Note: Columns are not displayed if there are less than 10 respondents.

#### Table Z.2.5

Outside of my home and school, there is an adult who notices when I am upset about something. - How true do you feel these statements are about you personally?

		Grade		
	9th %	11th %	NT %	Total %
Not at all true	10	11	25	10
A little true	16	14	8	15
Pretty much true	22	23	17	22
Very much true	53	52	50	52

Question HS/MS Z.I.5.

Note: Columns are not displayed if there are less than 10 respondents.

#### Table Z.2.6

Outside of my home and school, there is an adult who believes that I will be a success. - How true do you feel these statements are about you personally?

		Grade		
	9th %	11th %	NT %	Total %
Not at all true	5	5	8	5
A little true	11	8	21	10
Pretty much true	19	22	29	20
Very much true	66	64	42	65

Question HS/MS Z.I.6.

Outside of my home and school, there is an adult who always wants me to do my best. - How true do you feel these statements are about you personally?

	Grade			
	9th %	11th %	NT %	Total %
Not at all true	4	4	8	4
A little true	8	7	17	8
Pretty much true	16	17	29	17
Very much true	72	71	46	71

Question HS/MS Z.I.7.

Note: Columns are not displayed if there are less than 10 respondents.

#### Table Z.2.8

Outside of my home and school, there is an adult whom I can trust. - How true do you feel these statements are about you personally?

		Grade		
	9th %	11th %	NT %	Total %
Not at all true	7	7	17	7
A little true	13	13	17	13
Pretty much true	19	19	21	19
Very much true	61	61	46	61

Question HS/MS Z.I.8.

Note: Columns are not displayed if there are less than 10 respondents.

#### Table Z.2.9

I know where to go for help with a problem and I can find someone to talk with. - How true do you feel these statements are about you personally?

	Grade			
	9th %	11th %	NT %	Total %
Not at all true	6	4	8	5
A little true	16	13	21	15
Pretty much true	32	33	33	32
Very much true	47	49	38	48

Question HS/MS Z.I.9.

I have a friend about my own age that really cares for me. - How true do you feel these statements are about you personally?

	Grade			
	9th %	11th %	NT %	Total %
Not at all true	5	4	13	4
A little true	9	8	8	9
Pretty much true	20	22	25	21
Very much true	66	66	54	66

Question HS/MS Z.I.10.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.11**

In my home there is a parent or some other adult who believes that I will be a success. - How true do you feel these statements are about you personally?

		Grade		
	9th %	11th %	NT %	Total %
Not at all true	2	2	4	2
A little true	6	6	25	6
Pretty much true	17	19	21	18
Very much true	75	73	50	74

Question HS/MS Z.I.11.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.12**

In my home there is a parent or some other adult who listens to me when I have something to say. - How true do you feel these statements are about you personally?

	Grade			
	9th %	11th %	NT %	Total %
Not at all true	3	3	13	4
A little true	10	10	25	10
Pretty much true	20	22	21	21
Very much true	67	65	42	66

Question HS/MS Z.I.12.

I am involved in music, art, literature, sports or a hobby. - How true do you feel these statements are about you personally?

		Grade		
	9th %	11th %	NT %	Total %
Not at all true	6	5	29	6
A little true	6	7	25	6
Pretty much true	12	13	17	12
Very much true	77	75	29	76

Question HS/MS Z.I.13.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.14**

I have goals and plans for the future. - How true do you feel these statements are about you personally?

		Grade		
	9th %	11th %	NT %	Total %
Not at all true	5	2	21	4
A little true	12	9	8	11
Pretty much true	21	20	17	20
Very much true	62	69	54	65

Question HS/MS Z.I.14.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.15**

#### I believe I will be a success. - How true do you feel these statements are about you personally?

		Grade		
	9th %	11th %	NT %	Total %
Not at all true	6	5	17	5
A little true	14	15	17	14
Pretty much true	27	25	17	26
Very much true	54	55	50	54

Question HS/MS Z.I.15.

	Grade			
	9th %	11th %	NT %	Total %
Not at all true	2	2	8	2
A little true	4	4	17	5
Pretty much true	13	12	17	12
Very much true	81	81	58	81

# Table Z.2.16I know I will graduate from high school. - How true do you feel these statements are about you personally?

Question HS/MS Z.I.16.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.17**

I plan to go to college or some other school after high school. - How true do you feel these statements are about you personally?

	Grade			
	9th %	11th %	NT %	Total %
Not at all true	3	1	8	2
A little true	5	5	21	5
Pretty much true	14	15	4	14
Very much true	77	79	67	78

Question HS/MS Z.I.17.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.18**

#### I know I will find a good job after I graduate.

		Grade		
	9th %	11th %	NT %	Total %
Yes	80	73	92	77
No	20	27	8	23

Question HS/MS Z.I.18.

Were you treated with respect all day yesterday? - Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. The top of the ladder represents the best possible life for you and the bottom of the ladder represents the worst possible life for you. On which step of the ladder would you say you personally feel you stand at this time.

	Grade			
	9th	11th	NT	Total
	%	%	%	%
0	2	1	4	2
1	1	1	0	1
2	1	1	4	1
3	2	2	0	2
4	3	2	0	3
5	6	7	13	7
6	5	7	13	6
7	11	14	4	12
8	19	19	4	19
9	22	17	25	20
10	28	30	33	29

Question HS/MS Z.I.19.

Note: Columns are not displayed if there are less than 10 respondents.

#### Table Z.2.20

Do you have health problems that keep you from doing any of the things other people your age can normally do? - Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. The top of the ladder represents the best possible life for you and the bottom of the ladder represents the worst possible life for you can be bottom of the ladder represents the worst possible life for you say you personally feel you stand at this time.

		Grade		
	9th	11th	NT	Total
	%	%	%	%
0	45	42	67	44
1	6	5	0	6
2	4	5	4	4
3	4	5	4	4
4	2	2	4	2
5	3	5	0	4
6	2	3	0	2
7	4	5	13	5
8	5	6	4	5
9	6	5	0	5
10	20	17	4	19

#### Question HS/MS Z.I.20.

	On how many of the past	7 days did you	participate in a physical	l activity for at least 30 minutes?
--	-------------------------	----------------	---------------------------	-------------------------------------

		Grade		
	9th	11th	NT	Total
	%	%	%	%
0 days	4	9	25	7
1 day	4	7	13	5
2 days	6	10	8	8
3 days	12	16	4	13
4 days	13	10	8	12
5 days	18	17	8	17
6 days	15	10	8	13
7 days	30	20	25	25

Question HS/MS Z.I.21.

Note: Columns are not displayed if there are less than 10 respondents.

# Table Z.2.22On how many of the past 7 days did you walk, bicycle, or skateboard home from school?

		Grade		
	9th %	11th	NT %	Total
		%		%
0 days	37	62	58	48
1 day	9	5	13	7
2 days	7	3	4	5
3 days	7	4	4	6
4 days	8	3	0	5
5 days	15	10	0	13
6 days	3	2	0	3
7 days	14	9	21	12

Question HS/MS Z.I.22.

During the past seven days on how many days were you physically active for a total of at least 60 minutes per
day? Do not include school P.E. (Add up all the time you spent in any kind of physical activity other than in
school P.E. that increased your heart rate and made you breathe hard some of the time.)

		Grade		
	9th %	11th	NT	Total
		%	%	%
0 days	10	15	29	12
1 day	6	9	13	8
2 days	10	13	4	11
3 days	13	16	4	14
4 days	14	11	21	13
5 days	17	15	8	16
6 days	12	8	0	10
7 days	18	13	21	16

Question HS/MS Z.I.23.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.24**

During the past 24 hours (yesterday), how many times did you eat fruits and vegetables, including salads or nonfried potatoes? (Do not count fruit juice.)

		Grade		
	9th %	11th	NT	Total
		%	%	%
0	4	5	13	5
1	9	8	21	9
2	16	17	8	16
3	22	25	8	23
4	18	19	21	18
5	12	11	0	11
6	5	4	8	4
7	15	11	21	13

Question HS/MS Z.I.24.

Yesterday, how many times did you drink a bottle or glass of plain water? Count tap, bottled and unflavored sparkling water.

	Grade				
	9th %	11th	NT	Total	
		%	%	%	
0	3	1	4	2	
1	5	5	4	5	
2	10	10	13	10	
3	16	16	13	16	
4	18	21	13	19	
5	16	16	17	16	
6	10	9	4	9	
7	5	6	9	5	
8 or more	17	18	22	18	

#### Question HS/MS Z.I.25.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.26**

Yesterday, how many glasses or cans of soda (such as Coke) or other sweetened drinks (such as fruit punch or sports drinks) did you drink? (Do not count diet and sugar-free drinks.)

		Grade		
	9th	11th	NT	Total
	%	%	%	%
0	56	62	33	58
1	27	24	33	26
2	10	9	21	10
3	3	3	4	3
4	2	1	8	2
5	1	0	0	0
6	0	0	0	0
7	0	0	0	0
8 or more	1	1	0	1

Question HS/MS Z.1.26.

# Table Z.2.27Which of the following are you trying to do about your weight?

	Grade			
	9th %	11th %	NT %	Total %
Lose weight	34	36	50	35
Gain weight	17	18	29	17
Stay the same weight	15	17	0	16
I am not trying to do anything about my weight	33	30	21	32

Question HS/MS Z.I.27.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.28**

Go without eating (fasting), eat less food, fewer calories, or foods low in fat. - During the past 30 days, did you do any of the following things to lose weight or to keep from gaining weight?

		Grade		
	9th %	11th %	NT %	Total %
No	80	79	71	79
Yes	20	21	29	21

#### Question HS/MS Z.I.28.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.29**

Take any diet pills, powders, or liquids without a doctors advice (does not include meal replacement products, such as Slim Fast.) - During the past 30 days, did you do any of the following things to lose weight or to keep from gaining weight?

		Grade		
	9th	11th	NT	Total
	%	%	%	%
No	98	98	96	98
Yes	2	2	4	2

Question HS/MS Z.I.29.

Vomit or take laxatives. - During the past 30 days, did you do any of the following things to lose weight or to keep from gaining weight?

		Grade		
	9th %	11th %	NT %	Total %
No	96	96	83	96
Yes	4	4	17	4

Question HS/MS Z.I.30.

Note: Columns are not displayed if there are less than 10 respondents.

#### Table Z.2.31

#### How do you describe your weight?

	Grade			
	9th %	11th %	NT %	Total %
Very underweight	2	1	4	1
Slightly underweight	21	16	29	19
About the right weight	57	63	46	60
Slightly overweight	18	17	17	18
Very overweight	2	2	4	2

Question HS/MS Z.I.31.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.32**

Cut, burned, or scratched yourself on purpose? - In your lifetime have you ever intentionally, or on purpose, done any of the following?

		Grade		
	9th	11th	NT	Total
	%	%	%	%
No	81	78	67	79
Yes	19	22	33	21

Question HS/MS Z.I.32.

		Grade		
	9th %	11th %	NT %	Total %
No	94	92	88	93
No Yes	6	8	13	7

Attempted suicide? - In your lifetime have you ever intentionally, or on purpose, done any of the following?

Question HS/MS Z.I.33.

Note: Columns are not displayed if there are less than 10 respondents.

#### Table Z.2.34

#### If I see someone being excluded, left out, or bullied at school:

	Grade			
	9th	11th	NT	Total
	%	%	%	%
I know how to make them feel included and I am comfortable and confident in acting right now	45	46	50	46
I know how to make them feel included but I am not com- fortable and confident acting right now	37	38	30	37
I don't know what to do to make them feel included	18	16	20	17

Question HS/MS Z.I.34.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.35**

#### Have you ever threatened or bullied anyone at school?

		Grade		
	9th %	11th %	NT %	Total %
No	86	87	74	86
No Yes	14	13	26	14

Question HS/MS Z.I.35.

		Grade		
	9th	11th	NT	Total
	%	%	%	%
0	95	88	63	91
1-3	4	7	17	5
4-5	0	2	4	1
6-9	0	1	13	1
10 or more	1	2	4	1

LSD, Ecstasy or other psychedelics (acid, mescaline, peyote, mushrooms) - During your lifetime, how many times have you used or tried the following substances?

Question HS/MS Z.I.36.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.37**

Heroin (smack, junk, China White, black tar) - During your lifetime, how many times have you used or tried the following substances?

		Grade		
	9th %	11th %	NT %	Total %
0	99	99	88	99
1-3	0	0	4	0
4-5	0	0	8	0
6-9	0	0	0	0
10 or more	1	1	0	0

Question HS/MS Z.I.37.

Note: Columns are not displayed if there are less than 10 respondents.

#### Table Z.2.38

Prescription pain killers (Vicodin, OxyContin Percodan, Lortab) - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?

		Grade			
	9th %	11th %	NT %	Total %	
0	96	93	58	95	
1-3	2	4	13	3	
4-5	0	1	8	1	
6-9	1	1	8	1	
10 or more	1	1	13	1	

Question HS/MS Z.I.38.

		Grade		
	9th %	11th %	NT %	Total %
0	99	99	100	99
1-3	0	0	0	0
4-5	0	0	0	0
10 or more	1	0	0	0

Barbiturates (Seconol, Nembutol, Amital, red, yellow jackets) - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?

Question HS/MS Z.I.39.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.40**

Tranquilizers, or sedatives, (tranks, libs, Xanax, Valium, Ativan, Librium, Klonipin, benzodiazepine/benzos) -During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?

		Grade		
	9th %	11th %	NT %	Total %
0	97	94	57	95
1-3	2	3	13	3
4-5	1	1	17	1
6-9	0	1	4	0
10 or more	1	1	9	1

Question HS/MS Z.I.40.

Cold/Cough Medicines (Triple-C's Coricidin Cough, Sudafed, TheraFlu, Tylenol Cough) - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?

		Grade		
	9th	11th	NT	Total
0	%	%	%	%
0 1-3	95 3	95 3	67 21	95 3
4-5	1	1	13	1
6-9	0	1	0	1
10 or more	1	1	0	1

Question HS/MS Z.I.41.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.42**

Diet Pills (Didrex, Dexedrine, Zinadrine) - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?

		Grade		
	9th %	11th %	NT %	Total %
0	99	99	100	99
1-3	0	0	0	0
4-5	0	1	0	0
6-9	0	0	0	0
10 or more	1	0	0	0

Question HS/MS Z.I.42.

		Grade		
	9th	11th	NT	Total
	%	%	%	%
0	94	89	65	91
1-3	3	6	13	5
4-5	1	2	4	2
6-9	0	1	4	1
10 or more	2	2	13	2

Ritalin or Adderall - During your life, how many times have you used or tried the following pills or medications without a doctor's order to get "high" or "stoned"?

Question HS/MS Z.I.43.

Note: Columns are not displayed if there are less than 10 respondents.

#### Table Z.2.44

During the past 30 days, on how many days did you use cocaine (any form, coke, crack, rock, base, snort)?

		Grade		
	9th	11th	NT	Total
	%	%	%	%
0 days	98	96	67	97
1 day	1	1	4	1
2 days	0	1	13	1
3-9 days	0	1	8	1
10-19 days	0	0	8	0
20-30 days	1	1	0	1

#### Question HS/MS Z.I.44.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.45**

During the past 30 days, on how many days did you use methamphetamine or amphetamines (meth, speed, crystal, crank, ice)?

		Grade		
	9th	11th	NT	Total
	%	%	%	%
0 days	99	98	100	99
1 day	0	1	0	0
2 days	0	0	0	0
3-9 days	0	0	0	0
10-19 days	0	0	0	0
20-30 days	1	1	0	1

Question HS/MS Z.I.45.

During the past 30 days, on how many days did you use ecstasy, LSD or other psychedelics (acid, mescaline, peyote, mushrooms)?

		Grade		
	9th	11th	NT	Total
	%	%	%	%
0 days	98	96	75	97
1 day	1	2	25	2
2 days	0	0	0	0
3-9 days	0	1	0	0
10-19 days	0	0	0	0
20-30 days	1	1	0	1

Question HS/MS Z.I.46.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.47**

Has using alcohol, marijuana or other drugs ever caused you to have any of the following problems? (Mark All That Apply.)

	Grade			
	9th	11th	NT	Total
	%	%	%	%
Doesn't apply; I have never used alcohol or drugs	67	36	25	53
Have problems with emotions, nerves or mental health	9	14	25	11
Get into trouble or have problems with the police	5	8	17	6
Have money problems	3	7	13	5
Miss school	3	5	33	4
Have problems with schoolwork	6	8	25	7
Fight with other kids	2	2	21	2
Damage a friendship	7	7	17	7
Physically hurt or injure yourself	3	5	8	4
Have unwanted or unprotected sex	2	5	13	3
Forget what happened or pass out	12	21	21	16
Have other problems	5	8	21	7
I've used alcohol or drugs but never had any problems	18	35	29	26

Question HS/MS Z.I.47.

Notes: Columns are not displayed if there are less than 10 respondents. Total percentages may exceed 100% for "mark all that apply" items.

	Grade			
	9th %	11th %	NT %	Total %
I don't use alcohol or other drugs	69	39	26	56
No, but I do use	29	57	57	42
Yes, I felt like I needed help	2	3	17	3

Have you ever felt that you needed help (such as counseling or treatment) for your alcohol or other drug use?

Question HS/MS Z.I.48.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.49**

#### If you drink alcohol or use drugs how do you most frequently get it? (Select the main one.)

	Grade			
	9th	11th	NT	Total
	%	%	%	%
At school or school events	2	1	4	2
At parties or events outside school	9	26	4	16
At your own home	4	3	0	3
From friends or another teenager at their home	14	21	26	17
From adults who give it or buy it for me	1	2	4	1
Buy it myself from a store	0	6	22	3
Take it without paying for it from a store	2	1	0	2
At bars, restaurants, clubs or gambling casinos	0	1	0	0
Other	4	6	26	5
I don't drink alcohol	63	34	13	49

Question HS/MS Z.I.49.

Note: Columns are not displayed if there are less than 10 respondents.

#### Table Z.2.50

In your opinion, how likely is it that a student would find help at your school from a counselor, teacher, other adult or a restorative program to stop or reduce using alcohol or other drugs?

	Grade			
	9th %	11th %	NT %	Total %
Very likely	12	12	39	12
Likely	30	25	30	28
Not likely	42	46	17	43
Don't know	16	17	13	17

Question HS/MS Z.I.50.

	· · /·	1	• • • • • •	1 /	1 / /1	•	9
The last time you used	a prescription	<i>mealcation that</i>	was not prescribe	a to vou.	, wnat was the	primary re	zason:

	Grade			
	9th	h 11th	NT	Total
	%	%	%	%
I did not take prescription medication that was not prescribed	88	87	57	87
to me				
To relieve pain	5	3	9	4
To relieve other physical symptoms	1	1	0	1
To relieve anxiety or depression	2	3	9	3
For fun, getting high, peer pressure (friends were doing it)	3	5	22	4
To prevent or relieve withdrawal symptoms	0	0	4	0

Question HS/MS Z.I.51.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.52**

#### From whom did you obtain the prescription medication?

	Grade			
	9th	11th	NT	Total
	%	%	%	%
I did not take prescription medication that was not prescribed	88	87	52	87
to me				
From a friend OR relative	7	7	22	7
From an acquaintance	1	2	9	2
From a street dealer or other person I didnt know	1	1	9	1
Online	0	1	0	0
Other	2	2	9	2

Question HS/MS Z.I.52.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.53**

How wrong do your parents feel it would be for you to drink beer, wine or hard liquor (for example, vodka, whiskey or gin) regularly?

	Grade				
	9th %	11th %	NT %	Total %	
Very wrong	55	32	26	44	
Wrong	27	30	30	28	
A little bit wrong	15	31	39	23	
Not at all wrong	3	7	4	5	

Question HS/MS Z.I.53.

# Table Z.2.54How wrong do your parents feel it would be for you to smoke cigarettes?

	Grade			
	9th %	11th %	NT %	Total %
Very wrong	82	79	57	80
Wrong	15	17	17	16
A little bit wrong	2	3	22	3
Not at all wrong	1	1	4	1

Question HS/MS Z.I.54.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.55**

#### How wrong do your parents feel it would be for you to smoke marijuana?

		Grade		
	9th %	11th %	NT %	Total %
Very wrong	58	39	22	49
Wrong	24	28	9	26
A little bit wrong	14	25	43	19
Not at all wrong	4	9	26	6

#### Question HS/MS Z.I.55.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.56**

How wrong do your parents feel it would be for you to use prescription drugs that were not your own or for nonmedical reasons?

	Grade			
	9th	9th 11th % %	NT %	Total %
	%			
Very wrong	87	90	87	89
Wrong	10	7	9	9
A little bit wrong	2	2	4	2
Not at all wrong	1	1	0	1

Question HS/MS Z.1.56.

During the past 12 months, have you talked with at least one of your parents or guardians about the dangers of tobacco, alcohol, or other drugs.

		Grade		
	9th %	11th %	NT %	Total %
Yes	81	79	65	80
No	19	21	35	20

Question HS/MS Z.I.57.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.58**

#### How wrong do your friends feel it would be for you to smoke one or two packs of cigarettes a day?

	Grade			
	9th %	11th %	NT %	Total %
Very wrong	77	72	57	74
Wrong	16	19	17	17
A little bit wrong	5	5	9	5
Not at all wrong	2	4	17	3

Question HS/MS Z.I.58.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.59**

#### How wrong do your friends feel it would be for you to have one or two alcoholic drinks regularly?

	Grade			
	9th %	11th	11th         NT           %         %	Total %
		%		
Very wrong	50	26	22	39
Wrong	23	21	4	22
A little bit wrong	17	26	30	21
Not at all wrong	10	27	43	18

Question HS/MS Z.1.59.

	Grade			
	9th %	11th %	NT %	Total %
Very wrong	33	12	9	24
Wrong	18	12	5	15
A little bit wrong	20	20	5	20
Not at all wrong	28	55	82	41

# Table Z.2.60How wrong do your friends feel it would be for you to smoke marijuana?

Question HS/MS Z.I.60.

Note: Columns are not displayed if there are less than 10 respondents.

#### Table Z.2.61

During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

	Grade			
	9th	11th	NT	Total
	%	%	%	%
I did not smoke cigarettes during the past 30 days	96	91	74	93
Less than 1 cigarette per day	2	4	4	3
1 cigarette per day	1	2	13	2
2-5 cigarettes per day	1	2	9	2
6 to 10 cigarettes per day	0	1	0	0
11 to 20 cigarettes per day	0	0	0	0
More than 20 cigarettes per day	0	0	0	0

Question HS/MS Z.I.61.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.62**

#### If you now smoke cigarettes, would you like to quit smoking?

	Grade			
	9th %	11th %	NT %	Total %
I don't smoke cigarettes; does not apply	96	92	74	94
No	2	5	17	3
Yes	2	3	9	2

Question HS/MS Z.I.62.

	Grade			
	9th %	11th %	NT %	Total %
Very hard	2	2	0	2
Hard	5	3	9	4
Easy	27	23	39	25
Very easy	67	73	52	69

# Table Z.2.63How hard would it be for you to refuse or say "no" to a friend who offered you a cigarette to smoke?

Question HS/MS Z.I.63.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.64**

During the past 12 months, did you have lessons about tobacco and its effects on the body?

		Grade		
	9th %	11th %	NT %	Total %
Yes	74	45	35	61
No	13	37	48	24
Not sure	13	18	17	15

Question HS/MS Z.I.64.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.65**

#### Have you ever been slapped, kicked or physically hurt by a boyfriend or girlfriend, not just a friend?

		Grade		
	9th %	11th %	NT %	Total %
Yes	6	6	30	6
No	94	94	70	94

Question HS/MS Z.1.65.

# Table Z.2.66Has this happened in the past 12 months?

		Grade		
	9th %	11th %	NT %	Total %
Yes	4	4	13	4
No	10	9	35	10
It has never happened to me	87	87	52	87

*Question HS/MS Z.I.66.* 

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.67**

#### The last time this happened, did you talk to anyone about it?

		Grade		
	9th %	11th %	NT %	Total %
Yes	2	3	9	3
No	6	6	26	7
It has never happened to me	92	91	65	91

Question HS/MS Z.I.67.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.68**

During the past 12 months has your boyfriend or girlfriend pressured or forced you in a way that made you feel uncomfortable?

		Grade		
	9th %	11th %	NT %	Total %
Yes	7	7	14	7
No	93	93	86	93

Question HS/MS Z.I.68.

During the past 12 months has your boyfriend or girlfriend controlled your life in a way that you didn't want them to?

		Grade		
	9th %	11th %	NT %	Total %
Yes	7	10	36	8
No	93	90	64	92

Question HS/MS Z.I.69.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.70**

During the past 12 months did one of your parents have injuries or live in fear of being hurt by your other parent or someone they were dating?

		Grade		
	9th %	11th %	NT %	Total %
Yes	3	2	9	3
No	97	98	91	97

Question HS/MS Z.I.70.

Note: Columns are not displayed if there are less than 10 respondents.

#### Table Z.2.71

#### About how old were you the first time you had a drink of an alcoholic beverage (other than a sip or two)?

	Grade			
	9th %	11th	NT	Total
		%	%	%
Never	57	26	17	43
10 or Under	4	3	4	3
11	2	2	9	2
12	3	4	4	3
13	9	8	17	9
14	18	16	26	17
15	7	24	13	14
16	0	14	9	6
17	0	3	0	1

Question HS/MS Z.I.71.

	Grade			
	9th %	11th	NT	Total
		%	%	%
Never	91	71	30	81
10 or Under	1	1	0	1
11	0	1	4	1
12	0	1	9	1
13	1	2	9	2
14	5	3	9	4
15	1	7	26	4
16	0	10	9	5
17	0	4	4	2

# Table Z.2.72About how old were you the first time you smoked part or all of a cigarette?

Question HS/MS Z.I.72.

Note: Columns are not displayed if there are less than 10 respondents.

## Table Z.2.73

#### About how old were you the first time you used smokeless tobacco or other tobacco products?

		Grade		
	9th %	11th	NT	Total
		% %	%	%
Never	88	74	39	81
10 or Under	1	0	0	1
11	0	0	4	0
12	0	1	9	1
13	3	1	4	2
14	6	3	4	5
15	2	9	13	5
16	0	9	13	4
17	0	2	13	1

Question HS/MS Z.I.73.

		Grade		
	9th	11th	NT	Total
	%	%	%	%
Never	69	40	17	56
10 or Under	1	1	4	1
11	0	0	13	1
12	1	1	0	1
13	6	4	9	5
14	16	13	30	15
15	6	20	4	12
16	0	17	17	8
17	0	3	4	1
18 or Over	0	0	0	0

# Table Z.2.74About how old were you the first time you used marijuana or hashish?

Question HS/MS Z.I.74.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.75**

#### About how old were you the first time you used any other illegal drug or pill to get "high"?

		Grade		
	9th	11th	NT	Total
	%	%	%	%
Never	90	85	48	87
10 or Under	1	1	0	1
11	0	0	0	0
12	0	1	0	0
13	1	1	0	1
14	5	2	26	4
15	2	4	13	3
16	0	5	13	2
17	0	2	0	1

Question HS/MS Z.I.75.

Table Z.2.76Do you feel excluded, left out or socially isolated at school?

	Grade			
	9th %	11th %	NT %	Total %
Never	37	38	52	38
Sometimes	50	49	30	49
Often	10	10	13	10
Always	3	3	4	3

Question HS/MS Z.I.76.

	Grade				
	9th %	11th %	NT %	Total %	
Every day	23	20	17	22	
Weekly	32	32	13	32	
Monthly	25	27	9	26	
Never	19	21	61	20	

# Table Z.2.77 Do you see other students your age being excluded, left out or socially isolated at school?

Question HS/MS Z.I.77.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.78**

How wrong do you think your peers would feel it would be for you to use prescription drugs that were not your own or for non-medical reasons?

		Grade		
	9th %	11th %	NT %	Total %
Very wrong	31	26	9	28
Wrong	34	33	22	33
A little bit wrong	24	30	43	27
Not wrong at all	11	11	26	11

Question HS/MS Z.II.1.

Note: Columns are not displayed if there are less than 10 respondents.

#### **Table Z.2.79**

How do you feel about someone your age using prescription drugs that were not their own or for non-prescription medical reasons?

		Grade		
	9th	11th	NT	Total
	%	%	%	%
Neither approve nor disapprove	23	20	71	22
Somewhat disapprove	32	33	8	32
Strongly disapprove	46	46	21	46

Question HS/MS Z.II.2.

# Appendix I

# 2017-18 CHKS Secondary Survey Response Rates

Eligible Schools	7th %	9th %	11th %	NT %
Redwood High	70	80	78	10
San Andreas High (Continuation)				45
Sir Francis Drake High		78	81	
Tamalpais High		83	74	
Tamiscal High (Alternative)		100	77	

Notes: Response rates are presented by grade level. Eligible schools listed are based on CBEDS 2017-18 public school and enrollment data files. Directly funded charter schools have been excluded from the list.

# Appendix II

# California Healthy Kids Survey Content Overview

This brief guide to key CHKS Core Module indicators is designed to help survey users more easily understand and interpret their findings.<sup>1</sup> References are provided to the tables in CHKS reports where results for the indicators discussed can be found. References are also made to relevant CHKS reports and factsheets and What Works Briefs (guides to best practices) that provide further information. These valuable resources can be downloaded, respectively, from the CHKS and California Safe and Supportive Schools websites (chks.wested.org/using-results/factsheets; californiaS3.wested.org/tools/research; californias3.wested.org/tools/wwb).

Special attention is directed toward indicators related to the requirements of California's Local Control and Accountability Plans (LCAP).<sup>2</sup> For a summary of state-level LCAP-related baseline data, see CHKS Factsheet #15.

# MAIN CONTENT FOCUS: SCHOOL CLIMATE AND THE NEEDS OF THE WHOLE CHILD

The main purpose of the CHKS Core Module is to assess indicators of school climate, pupil engagement, and student supports, all three key priorities required of Local Control and Accountability Plans. It seeks to provide schools with essential data to determine the degree to which they provide the conditions and supports that all youth need to succeed in school and developmentally thrive. Twenty-nine items assessing seven domains are used to calculate a School Climate Index (SCI) score that is included in a *School Climate Report Card* that districts can request at the district and school level. The items used in the SCI assess school connectedness, developmental supports (e.g., caring adult relationships), perceived safety, bullying, and victimization.

School climate, as measured by the CHKS, is strongly related to student performance on standardized academic tests. Data show that, for high school students, as CHKS School Climate Index (SCI) scores increased—as the schools became safer, more supportive, and more engaging—test performance as measured by the state's Academic Performance Index (API) increased as well (School Climate Factsheet #3).

In a ground-breaking analysis, a positive school climate was a distinguishing characteristic of California secondary schools that "beat the odds" and consistently performed better on the state's standardized tests than *would be predicted* based on the characteristics of their students (i.e., comparing schools with similar student demographics). The higher (more positive) the CHKS School Climate Index score, the greater the probability there was for beating the odds. School climate was more strongly associated with beating the odds than a school's level of personnel resources (School Climate Factsheet #6).<sup>3</sup>

<sup>&</sup>lt;sup>1</sup> To see how local results compare with state averages in California, download a copy of the latest Biennial Statewide CHKS report (chks.wested.org/reports). The Biennial report provides results from a randomly-selected, representative state sample. County level reports are also available on the CHKS website.

<sup>&</sup>lt;sup>2</sup> For a guide to how CalSCHLS survey items align with LCAP indicator requirements, download Helpful Resources for Local Control and Accountability Plans at surveydata.wested.org/resources/LCAP\_Cal\_SCHLS.pdf.

<sup>&</sup>lt;sup>3</sup> Voight, Austin, & Hanson, (2013). Download www.wested.org/online\_pubs/hd-13-10.pdf

More generally, the CHKS Core Module provides data to help understand the degree to which schools address the needs of the Whole Child. CHKS data show that California secondary schools made greater progress in raising standardized test scores over a one-year period when they had higher percentages of students who: (1) were less engaged in risky behaviors such as substance use and violence; (2) were more likely to eat nutritiously and exercise; and (3) reported experiencing caring adult relationships and high expectations at school. These results suggest that addressing the health and developmental needs of youth is a critical component of a comprehensive strategy for meeting accountability demands for improved academic performance (CHKS Factsheet #3).

## **GRADE-LEVEL PATTERNS**

More than twenty years of survey administration has demonstrated that as youth progress through secondary school, they become: (1) less likely to feel connected to school and be academically motivated; and (2) more likely to report truancy, involvement in substance use, and chronic sadness and hopelessness.

- Seventh graders report the highest rates of harassment and victimization, as well as participation in a physical fight and seeing a weapon on campus.
- Ninth graders report the lowest rates of developmental support and perceived safety.
- In interpreting the results for **11th graders** take into consideration that many youth who are most disengaged and involved in high risk behaviors may have already dropped out of school or did not participate in the survey because of truancy or absenteeism.
- Across risk behaviors and problem indicators, **nontraditional (continuation school) students** reported prevalence rates at least twice those of 11th graders in a comprehensive school setting. They also exhibited lower perceived school safety, school connectedness, and developmental supports. Continuation school students are a highly vulnerable population in need of a wide range of academic, social, emotional, and behavioral supports and intervention services (CHKS Factsheet #7).

## DEMOGRAPHIC CHARACTERISTICS AND POPULATION SUBGROUP DIFFERENCES

### **Demographic Characteristics** (Tables A3.1-3.14)

A wide range of data on the demographic and background characteristics of the survey respondents is provided (in 14 tables) to help users gain a better sense of how representative the survey sample is compared to the student population overall. This also enables users to analyze their data to determine how survey results vary by important subgroups in the school and help them identify, and target programs at, the youth most in need. School districts can use these data to meet the Local Control and Accountability Plan (LCAP) requirement to demonstrate actions across state priorities in regard to six numerically significant subgroups: ethnicity, socioeconomically (SES) disadvantaged, English learners, pupils with disabilities, foster youth, and homeless youth—all categories assessed by the CHKS. In the standard CHKS report, and in the Query CHKS system, breakdowns for selected key indicators are provided by race/ethnicity and gender. Districts/schools

can request reports disaggregating all their results by demographic characteristics from their Regional CHKS Technical Assistance Center.

### Racial-Ethnic Identification (Tables A3.2-3.3)

Respondents self-report their identification with six racial/ethnic groups plus mixed (two or more) race. Comparing these data with other evidence of the racial-ethnic composition of student enrollment provides insight into how representative are the survey results. In one study of CHKS data, both academic performance and school well-being—the degree to which students feel safe at, supported by, and connected to the school—varied consistently and persistently across schools by racial/ethnic groupings. They were lowest in schools with large proportions of African American and Hispanic students, as well as in low-income schools. Controlling for socioeconomic status and other school demographic characteristics reduced these racial/ethnic group differences, but they still remained. This suggests that school climate factors related to student well-being may also play a role in the racial-ethnic achievement gap. One strategy to close the gap thus may be to enhance learning supports that foster caring adult relationships, high expectations, meaningful participation, safety, and connectedness in schools serving large proportions of low-income African American and Hispanic students (CHKS Factsheet #8).

In the majority of cases, with notable exceptions for Asians, *the racial/ethnic gaps in performance, engagement, perceived support, and safety are greater within-schools than between-schools.* African American, Latino, and Asian students feel less safe, engaged, and supported than their White peers *within the same school.* Inequities in these factors, for the various racial/ethnic groups, can possibly contribute to the achievement gap. Further, these findings suggest that practices designed to ensure equal access to academic resources, opportunities, learning supports, and promotion of common experiences may be effective in ameliorating the gap (CHKS Factsheet #13).

### Foster Care Youth (Table A3.4)

Compared to youth who live with their parents, foster care youth report much higher rates of substance abuse, poor school attendance and grades, more violence-related behaviors, more harassment, and higher depression risk. They were also more likely to be low in caring adult relationships and total environmental assets (CHKS Factsheet #6).

## SPECIFIC CONTENT AREAS

### Self-Reported Grades (Table A4.1)

The CHKS asks students to indicate what grades they mostly received in school in the past 12 months. Although self-reports are not as accurate as actual report card data, they provide a general sense of the school performance of the survey respondents from their self-perception. To learn more about the factors that might be causing poor performance, request a CHKS report showing how all the survey results vary by level of performance.

### Absenteeism and Truancy (Tables A4.2-4.3)

Before top teachers with quality curriculums and engaging activities can even attempt to improve academic performance, the students have to show up. The CHKS report provides data to identify what proportion of respondents are at risk of chronic absenteeism (missed 3 or more of the past 30

school days), what were the reasons for absences, and the level of truancy. Users can request reports looking at the characteristics of youth based on the absenteeism and truancy to guide efforts to improve the LCAP pupil engagement priority.

Poor attendance is a marker of a wider variety of other problems, including low school connectedness and learning engagement. Both the US Department of Education and the California Office of the Attorney General have launched initiatives designed to raise awareness about and combat chronic absenteeism, generally defined as missing 10% of school days. According to a report by Attendance Works, the nation's large and persistent education achievement gaps are rooted in a largely hidden crisis of chronic absenteeism, especially among low-income and minority children.<sup>4</sup> Biennial State CHKS data (Table A4.3) indicate that generally, after illness, the most important reasons for being absent in secondary school are not getting enough sleep and anxiety or stress, followed by being behind in school work, and being bored or uninterested in school.

Among high school staff statewide, truancy is the top-rated of fourteen potential school problems assessed by the California School Staff Survey (Table A8.4). Truancy has been identified as one of the most powerful predictors of both poor achievement and delinquency.<sup>5</sup> Truants are also more likely to use drugs and have deviant friends.

### **Developmental Supports** (Tables A4.5, A4.7-4.9)

Research shows that when schools (or families or communities) provide three developmental supports measured by the CHKS—caring adult relationships, high expectations, and opportunities for meaningful participation—students are more likely to report more positive academic, social-emotional, and health outcomes, including higher grades, school connectedness, attendance, and perceived safety. CHKS results overall suggest that the great majority of students do not receive sufficient levels of support and that the supports received are lower in high school than in middle school, even though student need for them is arguably higher (CHKS Factsheets #1 and #3; School Climate Factsheets #1 and #2, What Works Briefs #1 and #2).

### School Connectedness (Table A4.6)

School connectedness is one of the indicators of school climate that a California school district must address in its LCAP. Research shows that school connectedness is associated with multiple positive academic, social-emotional, and health outcomes. The CHKS five-item School Connectedness Scale is an important differentiator between low-performing and high-performing high schools and has value as an indicator of school quality. School connectedness appears to have increased in California in the second half of the last decade, but it still declines markedly after elementary school. A substantial majority of high school students are not highly connected to their schools. This may be related at least in part to their lower levels of developmental support. The lowest rates of both connectedness and test scores are in low-income schools. The online Query

<sup>&</sup>lt;sup>4</sup> Attendance Works & Everyone Graduates Center. (2017, September). *Portraits of Change: Aligning School and Community Resources to Reduce Chronic Absence*. Available at www.attendanceworks.org/research/attendance-works-reports

<sup>&</sup>lt;sup>5</sup> Robins & Ratcliff, (1978). Long Range Outcomes Associated With School Truancy. Rockville, MD: Public Health Service (DHEW). Garry, E. M., & Department of Justice, Washington, DC. Office of Juvenile Justice and Delinquency Prevention. (1996). Truancy: First Step to a Lifetime of Problems. Cairns, R. B., Cairns, B. D., & Neckerman, H. J. (1989). Early school dropout: Configurations and determinants. Child Dev, 60(6), 1437-52.

CHKS system shows how key survey indicators vary by school connectedness (see School Climate Factsheet #5, What Works Brief #4).

### Perceived Safety (Table A5.1)

Perceived safety is another indicator districts/schools are required to monitor as part of their LCAP. Perceived school safety is more than the antithesis of violence. Perceived school safety is psychological as well as physical. Feelings of insecurity can have multiple sources, not all of which correctly reflect the level of danger and violence on a school campus, such as verbal bullying. Both physical and psychological safety are essential for high quality teaching and learning. If students report low levels of perceived school safety, pay close attention to all the indicators related to bullying and victimization, as well as mental health. Schools may want to request comparisons of students' perceptions of their own safety with the actual level of violence and other safety-related indicators self-reported by students. A follow-up focus group or Student Listening Circle asking why students do not feel safe is recommended (see School Climate What Works Brief #3).

### Violent and Nonviolent Misbehavior on School Property (Tables A5.2-5.6)

The CHKS asks students a wide range of questions to ascertain the scope and nature of physical and verbal violence and victimization that occurs on campus, as well as vandalism. Physical violence and weapons on campus (Tables A5.4, A5.6) have long been a major public concern. Equally disruptive are the uncounted acts of bullying, teasing, and other nonviolent misbehavior among youth, such as substance use and sales on campus.<sup>6</sup> These behaviors adversely affect not only students' ability to learn and willingness to attend school, but also the overall school environment, the ability of teachers to teach, and the willingness of adults to enter the teaching profession<sup>7</sup> (see School Climate What Works Briefs #5 and #6).

### Harassment (Tables A5.2-5.3)

Nonviolent harassment in any form—threats, intimidation, rumors, and ostracism—can instill a sense of vulnerability, isolation, frustration, and fear among its victims, leading to engagement in health risk behaviors or avoidance behaviors such as missing school and social isolation. This type of misbehavior, vastly more common than any other, ruins the school day for many students. In *Bruised Inside* (2000), the National Association of Attorneys General describes harassment by peers as one of the two causes for kids to express anger using guns, knives, and fists.<sup>8</sup>

The CHKS asks about the frequency with which students experienced any bullying/harassment related to six bias-related categories (gender, race/ethnicity, disability, sexual identity, religion, immigrant status), as well as for any other reason. Analysis of this data show that victims of harassment are more likely to not feel safe at, and connected to, school; to have higher truancy; and to experience lower developmental (resilience) supports at school. They report higher rates of fighting and weapons possession at school, as well as risk of depression. Students who report bias-related harassment, particularly for disability and sexual orientation, have poorer well-being than

<sup>&</sup>lt;sup>6</sup> Juvonen, J., & Graham, S. (2001). *Peer harassment in school: The plight of the vulnerable and victimized*. New York: Guilford Press.

<sup>&</sup>lt;sup>7</sup> Barton, P. E. (2001). Facing the hard facts in education reform. Princeton, NJ: Educational Testing Service.

<sup>&</sup>lt;sup>8</sup> Horn, D. M., National Association of Attorneys General., & Washington (State). (2000). *Bruised inside: What our children say about youth violence, what causes it, and what we need to do about it: A report of the National Association of Attorneys General (NAAG)*. Washington, DC: National Association of Attorneys General.

students who were only harassed for other reasons (CHKS Factsheets #4 and #10; see also School Climate What Works Brief #7).

### Substance Abuse (Tables A6.1-6.11)

The misuse of alcohol and other drugs continues to be among the most important issues confronting the nation. For schools, the problem is particularly relevant. Years of research have shown that adolescent substance use is closely connected to academic performance and contributes to raising the level of truancy and absenteeism, special education, disciplinary problems, disengagement and dropout rates, teacher turnover, and property damage. Reflecting this, on the California School Staff Survey (Table A9.12), high school staff statewide are more likely to perceive alcohol and drug use as moderate to severe problems at their schools than all of seven violence-related indicators (49% for both alcohol and drugs in 2004-06), ranking them among the top 3 of 14 problem indicators.

Use at school is especially troubling (Tables A6.8-6.9). It reflects a level of drug involvement so pervasive that the potential repercussions for violation of school rules are disregarded by these youths. This is behavior that threatens not only the user's learning ability but also school efforts to educate all youth. An analysis of CHKS data found that that substance use and intoxication at school, being offered drugs at school, and lifetime intoxication, were significantly related to changes in California achievement test scores one year later. Schools with proportionately large numbers of students who reported these behaviors exhibited smaller gains in test scores than other schools<sup>9</sup> (CHKS Factsheet #3; see also School Climate What Works Brief #8).

## Cigarette Smoking (Tables A7.1-7.4)

Current smokers are significantly more likely than nonsmokers to engage in alcohol and other drug use, be involved in violence and gang membership, and experience school-related problems and disengagement. To a lesser extent, current smokers are also more likely than nonsmokers to be victims of violence and harassment, feel unsafe at school, and experience incapacitating sadness and loneliness. These results suggest that efforts to reduce student smoking may be more successful if embedded in approaches that address a broad range of risk behaviors and problems (CHKS Factsheet #2 and #5).

### Mental Health (Tables A8.4-8.5)

The CHKS Core provides two measures for assessing mental health among students: (1) whether they experience chronic, incapacitating sadness or hopelessness; and (2) whether they ever contemplated suicide. Students who experience chronic sadness, compared to their peers who do not, are at elevated risk of a wide range of educational, health, social, and emotional problems, including lower school attendance, performance, and connectedness. They also report lower levels of the developmental supports in their schools and communities that have been shown to mitigate these problems. Similar findings are found among youth who have contemplated suicide (CHKS Factsheets #11 and #12).

<sup>&</sup>lt;sup>9</sup> Hanson, T. L., Austin, G. A., & Lee-Bayha, J. (2004). *Ensuring that No Child is Left Behind: How are Student Health Risks & Resilience Related to the Academic Progress of Schools*. San Francisco: WestEd.