# CALIFORNIA STUDENT SURVEY (CSS) IN CHKS FORMAT

**TECHNICAL REPORT 2005-2006** 

**Module A: Core** 







#### **Section A**

#### 2005-2006 CSS

Table A1.1

**Student Sample Characteristics** 

	Grade 7	Grade 9	Grade 11
Student Sample Size			
Final Number	3,791	3,143	3,704

#### 2. Sample Characteristics

Table A2.1

Age of Sample

	Grade 7	% Gra	de 9 %	Grade 11	%
12 years or younger	73		0	0	
13 years old	25		3	1	
14 years old	2		70	0	
15 years old	0		25	3	
16 years old	0		2	71	
17 years old	0		0	24	
18 years or older	0		0	1	

Question HS/MS A.3: How old are you?

Table A2.2

Gender of Sample

	Grade 7	%	Grade 9	%	Grade 11 %
Male	48		46		48
Female	52		54		52

Question HS/MS A.4: What is your sex?

Table A2.3

Ethnic/Racial Characteristics of Sample

	Grade 7	% Grade 9 %	Grade 11 %
American Indian or Alaska Native	7	4	4
Native Hawaiian or Pacific Islander	3	3	3
Asian	14	13	13
Black or African American (non-Hispanic)	9	9	11
Hispanic or Latino/Latina	37	43	40
White or Caucasian (non-Hispanic)	30	33	36
Other	16	10	8
Selected more than one	13	12	11

Question HS/MS A.6: How do you describe yourself? (Mark all that apply)

Note: Column totals may add up to more than 100% because students could select more than one response.

Table A2.4

Frequency of Residence Changes, Past 12 Months

	Grade 7	%	Grade 9	%	Grade 11 %
0 times	70		73		78
1 time	20		19		16
2 or more times	11		8		6

Question HS/MS A.9: During the past 12 months, how many times have you moved (changed where you live)?

Table A2.5

Grades, Past 12 Months

	Grade 7	%	Grade 9	%	Grade 11	%
Mostly A's	26		18		13	
A's and B's	31		29		26	
Mostly B's	7		9		10	
B's and C's	19		23		25	
Mostly C's	5		6		10	
C's and D's	8		10		11	
Mostly D's	2		3		2	
Mostly F's	3		3		2	

Question HS A.91/MS A.80: During the past 12 months, how would you describe the grades you mostly received in school?

Table A2.6 *Home* 

	Grade 9 %	Grade 11 %
Parent's home	94	93
Other relatives' home	4	5
Friend's home	0	1
Foster home, group care, or waiting placement	1	1
Shelter or on the street	0	0
Car or Van	0	0
Hotel or motel	0	0
Migrant labor housing	0	0
Other transitional or temporary housing	0	0

Question HS A.10: Where do you live? (A home includes an apartment, trailer or mobile home.)

Table A2.7

Truancy, Past 12 Months

	Grade 7	% Grade 9	%	Grade 11 %
0 times	80	62		41
1-2 times	11	18		21
A few times	6	12		21
Once a month	1	2		6
Once a week	1	2		5
More than once a week	1	4		7

Question HS A.92/MS A.81: During the past 12 months, about how many times did you skip school or cut classes?

Table A2.8

Days Home Alone During Normal School Week

	Grade 7	%	Grade 9	%	Grade 11	%
Never	47		na		na	
1 day	18		na		na	
2 days	11		na		na	
3 days	7		na		na	
2 days 3 days 4 days 5 days	4		na		na	
5 days	13		na		na	

Question MS A.76: In a normal school week, how many days are you home after school for at least one hour without an adult there?

### 3. Alcohol and Other Drug Use

Table A3.1

Any AOD Use, Lifetime

	Grade 7 %	Grade 9 %	Grade 11 %
None	78	53	32
Any AOD Use	22	47	68
Alcohol (one full drink)			
0 times	84	59	37
1 time	7	10	8
2 to 3 times	5	12	13
4 or more times	4	20	42
Marijuana			
0 times	93	78	60
1 time	3	5	6
2 to 3 times	2	5	7
4 or more times	2	12	26
Inhalants (to get high)			
0 times	93	90	91
1 time	3	3	3
2 to 3 times	2	3	2
4 or more times	2	4	4
Cocaine			
0 times	na	96	92
1 time	na	1	3
2 to 3 times	na	1	2
4 or more times	na	1	3
Methamphetamines or any amphetamines			
0 times	na	97	93
1 time	na	1	2
2 to 3 times	na	1	1
4 or more times	na	1	4

Question HS A.25-29/MS A.24-26: During your life, how many times have you used or tried...? na=not asked of middle school students

Table A3.1 - Continued

Any AOD Use, Lifetime

	Grade 7	% Grad	le 9 %	Grade 11 %
LSD or other psychedelics				
0 times	na		97	95
1 time	na		1	2
2 to 3 times	na		1	1
4 or more times	na		1	2
Ecstasy				
0 times	na		97	94
1 time	na		1	2
2 to 3 times	na		1	2
4 or more times	na		1	2
Presciption painkillers				
0 times	96		90	83
1 time	2		3	4
2 to 3 times	1		3	4
4 or more times	1		4	8
Heroin				
0 times	na		98	98
1 time	na		1	1
2 to 3 times	na		1	0
4 or more times	na		0	1
Other illegal drugs				
0 times	98		94	92
1 time	1		2	3
2 to 3 times	1		2	2
4 or more times	0		2	4

Question HS A.31-35/MS A.27, 29: During your life, how many times have you used or tried...? na=not asked of middle school students

Table A3.2

Any Current AOD Use, Past 30 Days

	Grade 7 %	Grade 9 %	Grade 11 %
None	87	72	57
Any AOD Use	13	28	43
Alcohol (at least one drink)	11	24	37
Marijuana	4	13	20
Inhalants	4	5	4
Cocaine	na	2	4
Methamphetamines or any amphetamines	na	2	4
LSD or other psychedelics	na	2	3

Question HS A.41, 43-47/MS A.35, 37-38: During the past 30 days, on how many days did you use...? na=not asked of middle school students

Table A3.3

Frequency of Current Alcohol and Marijuana Use, Past 30 days

	Grade 7	% Grade 9	% Grade 11 %
Alcohol			
None	89	76	63
1 or 2 days	8	14	19
3 to 9 days	2	6	12
10 to 19 days	1	3	4
20 or more days (daily)	0	1	2
Marijuana			
None	96	87	80
1 or 2 days	2	6	8
3 to 9 days	1	3	5
10 to 19 days	0	2	3
20 or more days (daily)	0	2	5

Question HS A.41, 43/MS A.35, 37: During the past 30 days, on how many days did you use...?

Table A3.4

Ever Very Drunk or Sick from Drinking Alcohol

	Grade 7	%	Grade 9	%	Grade 11	%
0 times	93		79		59	
1 to 2 times	5		13		22	
3 to 6 times	1		5		10	
7 or more times	1		3		9	

Question HS A.36/MS A.30: During your life, how many times have you been very drunk or sick after drinking alcohol?

Table A3.5

Ever "High" from Using Drugs

	Grade 7	% Gra	de 9 %	Grade 11 %
0 times	94		80	62
1 to 2 times	4		8	11
3 to 6 times	1		4	8
7 or more times	1		9	19

Question HS A.37/MS A.31: During your life, how many times have you been high (loaded, stoned, or wasted) from using drugs?

Table A3.6

Current Binge (Episodic Heavy) Drinking, Past 30 Days

	Grade 7	%	Grade 9	%	Grade 11	%
0 days	96		88		77	
1 to 2 days	2		7		11	
3 or more days	1		5		12	

Question HS A.42/MS A.36: During the past 30 days, on how many days did you use five or more drinks of alcohol in a row, that is, within a couple of hours?

Table A3.7

Desired Level of Alcohol Consumption, Drinking Style or Preference

	Grade 7	% Grad	le 9	% Gra	ade 11	%
Don't drink alcohol	76		53		35	
Just a sip or two	14		19		16	
Enough to feel it a little	6		17		26	
Enough to feel it a lot	2		7		15	
Until really drunk	1		4		7	

Question HS A.51/MS A.42: How do you like to drink alcohol?

Table A3.8

Usual Level of Highness When Using Drugs

	Grade 9 %	Grade 11	%
Don't use drugs	77	64	
Not high at all	3	4	
A little high	7	8	
Moderately high	6	13	
Very high	6	11	

 $\textit{Question HS A52: If you use marijuana or other drugs, how high (stoned, faded, wasted, trashed) do you usually \textit{get?}}$ 

Table A3.9

Ever Driven after Drinking (Respondent or by Friend)

	Grade 9 %	Grade 11 %
Never	80	70
Any 1 time	20	30
1 time	6	9
2 times	4	6
3 to 6 times	4	8
7 or more times	5	7

Question HS A.64: In your life, how many times have you driven a car when you had been drinking alcohol, or been in a car driven by a friend when he or she had been drinking?

Table A3.10

Ever Been a Passenger in a Car Driven by Someone Who Had Been Drinking

	Grade 7	%
Never	64	
Any 1 time	36	
1 time	14	
2 times	8	
3 to 6 times	6	
7 or more times	8	

Question MS A.54: In your life, how many times have you ridden in a car driven by someone who had been drinking alcohol?

Table A3.11

Any Current Alcohol and Marijuana Use on School Property, Past 30 Days

	Grade 7	% Grade 9	% Grade 1	11 %
Alcohol				
0 days	97	93	9:	1
1 to 2 days	2	5	6	
3 or more days	1	2	3	
Marijuana				
0 days	98	94	93	3
1 to 2 days	1	3	3	,
3 or more days	1	3	4	

Question HS A.49-50/MS A.40-41: During the past 30 days, on how many days on school property did you... have at least one drink of alcohol? ...smoke marijuana?

Table A3.12

Ever Drunk or High on School Property

	Grade 7	% Grade 9	% Grade 11 %	, 2
0 times	97	87	75	
1 to 2 times	2	7	12	
3 to 6 times	0	3	5	
7 or more times	1	3	7	

Question HS A.38/MS A.32: During your life, how many times have you been drunk on alcohol or high on drugs on school property?

Table A3.13

Perceived Harm of Frequent Alcohol and Marijuana Use

	Grade 7	%	Grade 9 %	Grade 11 %
Alcohol				
Extremely harmful	67		51	50
Harmful	20		28	29
Somewhat harmful	7		14	14
Mainly harmless	2		5	4
Harmless	3		2	2
Marijuana				
Extremely harmful	83		67	56
Harmful	10		17	20
Somewhat harmful	3		9	13
Mainly harmless	1		4	6
Harmless	3		4	5

Question HS A.54-55/MS A.44-45: How harmful do you think it is to use the following substances frequently (daily or almost daily)?

Table A3.14

Peer Disapproval of Using Alcohol and Marijuana

	Grade 7	%	Grade 9	% Grade 11 %
Alcohol				
A lot	61		38	24
Some	16		23	21
Not much	9		19	26
Not at all	14		20	29
Marijuana				
A lot	73		56	44
Some	9		17	19
Not much	5		11	17
Not at all	13		15	20

Question HS A.62-63/MS A.52-53: How much would your friends disapprove of you for using... Alcohol. Marijuana.

Table A3.15
Student Perception of Percent of Marijuana Use Among Peers

	Grade 7	%	Grade 9	% Grade 1	1 %
None of them	48		14	7	
10 percent	22		15	7	
20 percent	9		10	7	
30 percent	6		9	7	
40 percent	4		8	8	
50 percent	6		15	14	1
60 percent	1		7	8	
70 percent	1		7	11	
80 percent	1		8	14	1
90 percent	1		6	14	1
All of them	1		2	4	

Question HS A.60/MS A.50: About what percent of students in your grade...

Ever tried marijuana?

Table A3.16

Occurrence of Problems While Using Alcohol/Drugs

	Grade 9	% Grade 11	%
Does not apply, never used alcohol/drugs			
Problems with emotions, nerves, mental health			
Trouble or problems with the police			
Money problems			
Get into trouble in school			
Problems with school work			
Fight with other kids			
Damage a friendship			
Physically hurt or injure yourself			
Unwanted or unprotected sex			
Forget what happened or pass out			
Other problems			
More than one problem			
Never had problems when I've used alcohol/drugs			
Ougstion HS A65. Has using also had marriage an other drugs over agreed you to have	C 4 C 11 : 11 9		

Question HS A65: Has using alcohol, marijuana, or other drugs ever caused you to have any of the following problems? (Mark all that apply.) Please note: Because all that apply are marked, total percentages may exceed 100%.

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Table A3.17
Occurrence of Experiences While Using Alcohol/Drugs

	Grade 9	% Grade 11	%
Does not apply, have not used alcohol or drugs	65	46	
Had to increase use to get same effect as before	5	11	
Spent a lot of time getting, using, or being "hung over" from using	3	7	
Used alcohol or drugs a lot more than intended	4	9	
Used alcohol or drugs when alone	5	11	
Alcohol/drug use often kept you from going to school, working, recreational activities or hobbies	2	5	
Didn't like they way you felt when not high or drunk	2	6	
Thought about reducing or stopping	6	12	
Told self not going to use but used anyway	5	9	
Spoke with someone about reducing or stopping use	3	6	
Attended counseling, program, or group to reduce/stop use	1	1	
More than one experience	7	16	
Use alcohol or drugs but have not experienced any of these things	18	25	

 $\textit{Question HS A66: If you use alcohol, marijuana, or another drug, have you had any of the following \textit{experiences?}}$ 

(Mark all that apply.)

Please note: Because all that apply are marked, total percentages may exceed 100%.

Table A3.18

Perceived Difficulty of Obtaining Alcohol and Marijuana

	Grade 7	%	Grade 9 %	Grade 11 %
Alcohol				
Very difficult	25		9	6
Fairly difficult	15		10	8
Fairly easy	16		26	28
Very easy	14		37	48
Don't know	30		19	10
Marijuana				
Very difficult	34		12	6
Fairly difficult	14		12	7
Fairly easy	10		22	23
Very easy	8		29	48
Don't know	34		25	16

Question HS A.57-58/MS A.47-48: How difficult is it for students in your grade to get any of the following substances if they really want them?

Table A3.19
Offered Illegal Drugs on School Property, Past 12 Months

	Grade 7	% Grade 9	% Grade 11 %
0 times	90	72	64
1 time	5	11	11
2 to 3 times	2	9	12
4 or more times	2	7	13

Question HS A.74/MS A.62: During the past 12 months, how many times on school property have you... been offered, sold, or given an illegal drug?

Table A3.20
Selected Alcohol and Drug Use Measures, by Gender and Grade

	7th Grade		9th C	Grade	11th Grade	
	Female %	Male %	Female %	Male %	Female %	Male %
Lifetime and Current ATOD Use						
During your life did you ever						
drink alcohol (one full drink)?	15	16	43	39	64	62
use inhalants?	7	7	12	7	10	9
smoke marijuana?	6	8	21	22	36	44
During the past 30 days, did you						
drink alcohol (one full drink)?	11	11	27	21	36	39
use inhalants?	5	3	5	4	3	4
smoke marijuana?	3	4	12	13	16	25
Level of Involvement (High Risk Patterns)						
During your life have you ever						
been very drunk or sick after drinking alcohol?	7	7	23	19	41	42
been high from using drugs?	5	7	20	20	34	41
During the past 30 days, did you drink 5 or more drinks of alcohol in a couple of hours?	4	4	13	11	21	25
ATOD Use at School						
During your life, have you ever been drunk/high on school property?	3	4	13	12	24	26
During the past 30 days, did you use marijuana on school property?	1	3	6	6	5	9
Perceived Harm						
Frequent (daily or almost daily) use of is harmful.*						
alcohol	96	94	93	93	95	92
marijuana	97	95	93	91	91	86

<sup>\*</sup>combines "Extremely Harmful," "Harmful," and "Somewhat Harmful"

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#### 4. Tobacco Use

Table A4.1

Ever Used Cigarettes or Smokeless Tobacco, Lifetime

	Grade 7	%	Grade 9	%	Grade 11	%
A cigarette, even one or two puffs						
0 times	85		70		56	
1 time	8		12		11	
2 to 3 times	4		6		10	
4 or more times	3		12		23	
A whole cigarette						
0 times	94		84		71	
1 time	3		4		5	
2 to 3 times	2		4		6	
4 or more times	2		8		19	
Smokeless tobacco						
0 times	98		94		90	
1 time	1		2		3	
2 to 3 times	0		2		2	
4 or more times	0		2		5	

Question HS A.22-24/MS A.21-23: During your life, how many times have you used or tried...?

Table A4.2

Any and Daily Use of Cigarettes and Smokeless Tobacco, Past 30 Days

	Grade 7	% Grade 9	% Grade 11 %
Cigarettes			
Any	4	10	17
Daily	0	1	4
Smokeless Tobacco			
Any	2	3	4
Daily	0	0	0

Question HS A.39-40/MS A.33-34: During the past 30 days, on how many days did you use...

Table A4.3

Current Smoking on School Property, Past 30 Days

	Grade 7	% Grade 9	% Grade 11 %
None	98	95	94
Any	2	5	6
1 or 2 days	1	2	3
3 to 9 days	0	1	2
10 to 19 days	0	1	1
20 to 30 days	0	1	1

Question HS A.48/MS A.39: During the past 30 days, on how many days on school property did you smoke cigarettes?

Table A4.4

Peer Disapproval of Using Cigarettes

	Grade 7	% Grade 9	% Grade 11 %	6
A lot	67	53	47	
Some	13	21	24	
Not much	7	13	15	
Not at all	12	13	14	

Question HS A.61/MS A.51: How much would your friends disapprove of you for using... Cigarettes.

Table A4.5

Perceived Harm of Frequent Cigarette Smoking

	Grade 7	%	Grade 9	%	Grade 11	%
Extremely harmful	70		58		59	
Harmful	21		28		28	
Somewhat harmful	5		9		9	
Mainly harmless	2		2		2	
Harmless	2		2		2	

Question HS A.53/MS A.43: How harmful do you think it is to use the following substances frequently (daily or almost daily)? Cigarettes.

Table A4.6

Perceived Difficulty of Obtaining Cigarettes

	Grade 7	% Grade 9	% Grade 11 %
Very difficult	27	9	5
Fairly difficult	14	10	5
Fairly easy	15	27	25
Very easy	13	33	52
Don't know	31	22	13

Question HS A.56/MS A.46: How difficult is it for students in your grade to get any of the following substances if they really want them? Cigarettes.

Table A4.7

Estimated Prevalence of Peer Cigarette Smoking at Least Once a Month

	Grade 7	%	Grade 9	% Grade 11 %
None of them	46		14	8
10 percent	26		20	16
20 percent	9		13	12
30 percent	6		14	15
40 percent	3		11	12
50 percent	6		14	17
60 percent	1		5	6
70 percent	1		4	7
80 percent	0		3	5
90 percent	0		1	3
All of them	1		1	1

Question HS A.59/MS A.49: About what percent of students in your grade ...

Smoke cigarettes at least once a month?

Table A4.8
Selected Tobacco Use Measures, by Gender and Grade

	7th	7th Grade		Grade	11th Grade	
	Female 9	% Male %	Female %	Male %	Female %	Male %
During your life, did you ever smoke a cigarette?	6	7	16	17	27	32
During the past 30 days, did you smoke a cigarette?	4	4	11	9	15	19
During the past 30 days, did you smoke cigarettes daily?	0	0	1	1	4	5
During the past 30 days, did you smoke cigarettes on school property?	2	2	5	4	5	8
Frequent use of cigarettes is harmful.*	96	95	95	95	96	96

<sup>\*</sup>combines "Extremely Harmful," "Harmful," and "Somewhat Harmful"

### 5. Violence and Safety

Table A5.1

Verbal Harassment on School Property, Past 12 Months

	Grade 7	%	Grade 9	%	Grade 11	%
Had mean rumors/lies spread about you						
0 times	54		59		64	
1 time	21		19		15	
2 to 3 times	13		12		11	
4 or more times	12		10		9	
Had sexual jokes/comments/gestures made to you						
0 times	60		57		56	
1 time	14		12		11	
2 to 3 times	10		12		13	
4 or more times	16		19		21	
Been made fun of because of your looks/way talk						
0 times	62		65		67	
1 time	15		14		12	
2 to 3 times	9		10		10	
4 or more times	14		12		11	

Question HS A.70-72/MS A.58-60: During the past 12 months, how many times on school property have you...?

Table A5.2

Physical Violence on School Property, Past 12 Months

	Grade 7	%	Grade 9	% Grade 11 %
Been pushed, shoved, hit, etc.				
0 times	58		69	76
1 time	17		13	11
2 to 3 times	12		10	7
4 or more times	13		9	7
Been afraid of being beaten up				
0 times	74		80	87
1 time	15		12	8
2 to 3 times	6		5	3
4 or more times	6		3	2
Been in physical fight				
0 times	71		76	81
1 time	13		10	8
2 to 3 times	9		7	6
4 or more times	7		7	4

Question HS A.67-69/MS A.55-57: During the past 12 months, how many times on school property have you...

Table A5.3

Property Damage on School Property, Past 12 Months

	Grade 7	%	Grade 9 %	Grade 11 %
Had property stolen/damaged				
0 times	70		74	76
1 time	16		15	13
2 to 3 times	8		6	7
4 or more times	5		4	3
Damaged school property on purpose				
0 times	86		83	84
1 time	7		9	7
2 to 3 times	4		4	5
4 or more times	3		4	4

Question HS A.73, 75/MS A.61, 63: During the past 12 months, how many times on school property have you...?

Table A5.4

Weapons Possession on School Property, Past 12 Months

	Grade 7	% Grade 9	% Grade 11	%
Carried a gun				
0 times	97	96	96	
1 time	1	2	1	
2 or more times	1	2	3	
Carried any other weapon				
0 times	93	89	88	
1 time	4	5	4	
2 or more times	3	6	8	

Question HS A.76-77/MS A.64-65: During the past 12 months, how many times on school property have you...?

Table A5.5

Awareness and Use of Weapons on School Property, Past 12 Months

	Grade 7	%	Grade 9	%	Grade 11	%
Seen someone with a weapon						
0 times	74		67		68	
1 time	14		14		13	
2 or more times	12		19		19	
Been threatened/injured with a weapon						
0 times	90		90		92	
1 time	5		6		4	
2 or more times	4		4		4	

Question HS A.79, 78/MS A.67, 66: During the past 12 months, how many times on school property have you...

Table A5.6

Peer Disapproval of Weapon Possession

	Grade 7	% G	Grade 9	%	Grade 11	%
A lot	66		61		62	
Some	15		18		18	
Not much	7		11		11	
Not at all	12		10		10	

Question HS A.86/MS A.74: How much would your friends disapprove of you for carrying a weapon to school?

Table A5.7

Reason for Harassment on School Property, Past 12 Months

	Grade 7	% Grade 9	% Grade 11 %
Race, Ethnicity, or National Origin			
0 times	85	85	86
1 time	7	7	6
2 or more times	8	8	8
Religion			
0 times	91	93	92
1 time	5	3	4
2 or more times	4	3	3
Gender			
0 times	92	93	93
1 time	5	4	4
2 or more times	4	3	3
Sexual Orientation *			
0 times	92	92	94
1 time	4	3	3
2 or more times	5	5	3
Physical/Mental Disability			
0 times	96	97	97
1 time	2	2	2
2 or more times	2	2	2
Any of the Above Five Hate-Crime Reasons	27	25	24
Any Other Reason			
0 times	76	78	83
1 time	10	9	6
2 or more times	14	12	11
Any Harassment	38	35	30

Question HS A80-85/MS A.68-73 During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?

<sup>\* &</sup>quot;Because you are gay or lesbian or someone thought you were."

Table A5.8

Gang Involvement, Current

	Grade 7	%	Grade 9	%	Grade 11 %	%
No	92		91		91	
Yes	8		9		9	

Question HS A.88 /MS A.77: Do you condsider yourself a member of a gang?

Table A5.9

Physical Violence by Boy/Girlfriend, Past 12 Months

	Grade 7	%	Grade 9	%	Grade 11	%
Does not apply, didn't have a boy/girlfriend	55		44		39	
No	41		51		55	
Yes	4		5		6	

Question HS A.89/MS A.78: During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?

Table A5.10

Perceived Safety of School

	Grade 7	%	Grade 9	%	Grade 11	%
Very safe	22		16		16	
Safe	36		34		38	
Neither safe nor unsafe	32		41		38	
Unsafe	5		5		5	
Very unsafe	4		3		3	

Question HS A.87/MS A.75: How safe do you feel when you are at school?

Table A5.11

Violence-Related Behavior and Experiences, by Gender and Grade

	7th Grade		9th Grade		11th Grade	
	Female %	Male %	Female %	Male %	Female %	Male %
During the past 12 months at school, have you been harassed or bullied for any of the following reasons?						
Race, ethnicity, or national origin	14	16	13	18	12	17
Religion	8	9	6	7	6	9
Gender	10	6	9	6	9	4
Gay/lesbian, or someone thought you were	8	9	7	8	5	7
Physical/mental disability	4	5	3	4	2	5
Any other reason	26	23	22	22	18	16
During the past 12 months at school have you been in a physical fight?	19	39	18	30	14	24
During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?	3	5	5	5	7	6
Feels safe at school	60	58	50	51	52	56
Currently belong to a gang?	6	9	8	11	6	12

#### 6. Physical and Mental Health

Table A6.1

Eating/Drinking of Fruits and Vegetables at Least Once per Day, Past 24 Hours

	Grade 7	% Grade 9	% Grade 11 %
100% fruit juices	74	68	69
Fruit	83	77	73
Vegetables	81	76	74
Five or more portions of any	58	52	46

Question HS A.16, 18-19/MS A.15, 17-18: During the past 24 hours (yesterday), how many times did you...

Table A6.2

Drinking of Milk and Eating of Yogurt, Past 24 Hours

	Grade 7	% Grade 9	% Grade 11 %
0 times	14	19	24
1 time	20	20	23
2 times	22	23	22
3 times	16	16	14
4 times	8	7	6
5 or more times	21	15	11

Question HS A.14/MS A.13: During the past 24 hours (yesterday), how many times did you drink milk or eat yogurt? (In any form, including in cereal.)

Table A6.3

Drinking of Soda Pop, Past 24 Hours

	Grade 7	% Grade 9	%	Grade 11 %
0 times	34	35		36
1 time	27	24		26
2 times	17	16		16
3 times	8	10		9
4 times	4	5		4
5 or more times	10	11		9

Question HS A.15/MS A.14: During the past 24 hours (yesterday), how many times did you drink soda pop?

Table A6.4

Eating of Fried Potatoes, Past 24 Hours

	Grade 7	% Grade 9	% Grade 11 %
0 times	35	36	38
1 time	30	31	29
2 times	13	14	15
3 times	10	8	8
4 times	4	3	4
5 or more times	9	8	6

Question HS A.17/MS A.16: During the past 24 hours (yesterday), how many times did you eat french fries, potato chips, or other fried potatoes?

Table A6.5

Eating of Breakfast

	Grade 7	% Grade 9	% Grade 11 %
No	37	44	47
Yes	63	56	53

Question HS A.20/MS A.19: Did you eat breakfast today?

Table A6.6

Exercise on at Least Three of the Past Seven Days

	Grade 7	%	Grade 9	%	Grade 11	%
Exercise or do a physical activity for at least 20 minutes that made you sweat and breathe hard	77		74		61	
Participate in a physical activity for at least 30 minutes that did not make you sweat and breathe hard	56		58		52	
Either	82		81		70	

Question HS A.11-12/MS A.10-11: On how many of the past 7 days did you...?

Table A6.7

Frequency of Exercise to Strengthen or Tone Muscles, Past Seven Days

	Grade 7	%	Grade 9	%	Grade 11 %	o o
0 days	15		17		26	
1 - 2 days	24		23		24	
3 or more days	61		60		50	

Question HS A.13/MS A.12: On how many of the past 7 days did you...do exercises to strengthen or tone your muscles? (For example, push-ups, sit-ups, or weight lifting.)

Table A6.8

Frequency of Sad and Hopeless Feelings, Past 12 Months

	Grade 7	%	Grade 9	%	Grade 11 %
No	73		69		66
Yes	27		31		34

Question HS A.90/MS A.79: During the past 12 months, did you ever feel so sad and hopeless almost every day for two weeks or more that you stopped doing some usual activities?

Table A6.9
Students With Asthma

	Grade 7	%	Grade 9	%	Grade 11	%
No	69		73		74	
Yes	17		21		21	
Don't know	14		7		5	

Question HS A.21/MS A.20: Has a doctor ever told you or your parent/guardian that you have asthma?

Table A6.10
Student Body Mass Index

	Grade 7	% Grade 9	% Grade 11	%
Underweight	4	2	3	
Acceptable	67	68	69	
At risk of overweight	16	15	16	
Overweight	12	14	12	

Questions at End of Survey: How tall are you without your shoes on? How much do you weigh without your shoes on?

Table A6.11
Selected Physical Health and Nutrition Measures, by Gender and Grade

	7th Grade		9th Grade		11th Grade	
	Female %	Male %	Female %	Male %	Female %	Male %
Exercise on at Least Three of the Past Seven Days						
Exercise or do a physical activity for at least 20 minutes that made you sweat and breathe hard	76	78	71	78	54	69
Participate in a physical activity for at least 30 minutes that did not make you sweat and breathe hard	56	55	57	58	49	55
Either	82	82	79	83	66	75
Did you eat breakfast today?	59	68	52	62	53	54
During the past 12 months, did you ever feel so sad and hopeless almost every day for two weeks or more that you stopped doing some usual activities?	30	23	37	23	39	28

#### 7. State and National Comparisons

Table A7.1

Alcohol, Tobacco and Drug Use, Comparison with 2003 State CSS\* and National YRBS

	Grade 7 %	Gra	de 9 %	Grade 11 %		
	CSS	CSS	YRBS	CSS	YRBS	
Lifetime and Current ATOD Use						
During your life did you ever						
smoke a cigarette? (PI)	6	18	52ª	29	$60^{a}$	
chew tobacco or snuff?	1	4	~	8	~	
drink alcohol (glass)?	17	43	65	63	79	
use inhalants?	6	9	14	9	11	
smoke marijuana? (PI)	9	23	31	39	45	
During the past 30 days, did you						
smoke a cigarette? (PI)	5	10	17	15	24	
chew tobacco or snuff?	2	2	7	3	8	
drink alcohol (glass)? (PI)	10	25	36	37	47	
use inhalants?	3	4	5	5	3	
smoke marijuana? (PI)	4	12	19	20	24	
Level of Involvement (High Risk Patterns)						
During your life have you ever						
been very drunk or sick after drinking?	7	21	~	41	~	
been high from using drugs?	7	20	~	37	~	
During the past 30 days, did you						
drink 5 drinks in a couple of hours?	3	11	20	23	32	
ATOD Use at School						
During your life, have you ever been drunk/high on school property?	3	12	~	23	~	
During the past 30 days, did you smoke cigarettes on school property?	2	4	8	6	8	
Perceived Harm						
Frequent (daily or almost daily) use of is harmful.						
cigarettes	95	95	~	96	~	
alcohol	94	92	~	94	~	
marijuana	96	92	~	92	~	

<sup>(</sup>PI) SDFSCA/TUPE Performance Indicator recommended by CDE. ~ This question was not asked on the YRBS.

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<sup>&</sup>lt;sup>a</sup>YRBS asks about smoking even a puff or two.

<sup>\*</sup>The California Student Survey includes 9th and 11th graders in Continuation/Alternative schools with the data from Comprehensive/Traditional high school students.

Violence-Related Behavior and Experiences, and Protective Factors, Comparison with 2003 State CSS\* and National YRBS

	Grade 7 %	Gra	de 9 %	Grade 11 %		
	CSS	CSS	CSS YRBS		YRBS	
Violence-Related						
During the past 12 months at school, have you						
been harassed because of race, ethnicity, gender, sexual orientation, or disability?	27	24	~	23	~	
been in a physical fight?	28	26	18	20	10	
been afraid of being beaten up? (PI)	25	19	~	14	~	
During the past 12 months on school property, did you carry any weapon (gun, knife, or club)?	10	11	~	13	~	
How safe do you feel when you are at school? Very Safe. (PI)	23	17	~	13	~	
Have you ever belonged to a gang?	10	13	~	9	~	
Protective Factors						
High level of caring relationships with teacher or other adult at school (PI)	29	23	~	29	~	
High level of high expectations with teacher or other adult at school (PI)	42	34	~	37	~	
High level of opportunities for meaningful participation with teacher or other adult at school (PI)	18	16	~	17	~	
High level of school connectedness (Total School Assets) at school (PI)	30	23	~	27	~	

<sup>(</sup>PI) SDFSCA/TUPE Performance Indicator recommended by CDE. ~ This question was not asked on the YRBS.

Table A7.2

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<sup>\*</sup>The California Student Survey includes 9th and 11th graders in Continuation/Alternative schools with the data from Comprehensive/Traditional high school students.

## CALIFORNIA STUDENT SURVEY (CSS) IN CHKS FORMAT

TECHNICAL REPORT 2005-2006

**Module B: Resilience & Youth Development** 







## **Section B**

	Grade 7	Grade 9	Grade 11
Student Sample Size			
Final Number	3,568	3,007	3,572

Table B1
Summary of External Assets

Percent of students scoring High, Moderate, and Low in Assets (%)	Grade 7			Grade 9			Grade 11		
	Н	M	L	Н	M	L	Н	M	L
School Environment									
Total Assets	32	45	23	24	51	25	29	50	22
Caring Relationships: Adult in School	33	48	19	25	54	21	33	52	15
High Expectations: Adult in School	46	39	14	35	51	14	41	47	12
Meaningful Participation	15	48	37	13	44	43	13	44	43
Community Environment									
Total Assets	61	26	13	56	29	15	57	30	13
Caring Relationships: Adult in Community	61	26	13	57	29	14	58	29	13
High Expectations: Adult in Community	62	25	13	58	28	14	58	29	12
Meaningful Participation	47	34	20	41	36	23	40	37	23
School Connectedness Scale	38	41	21	31	51	18	31	50	19